



*Healing the heart of humanity one soul at a time*

## Humanity Healing Starseed Activation Program

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# *Angelic Human Activation*

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*"I wear a coat of angels' breath and warm myself with His love."  
~Emme Woodhull*



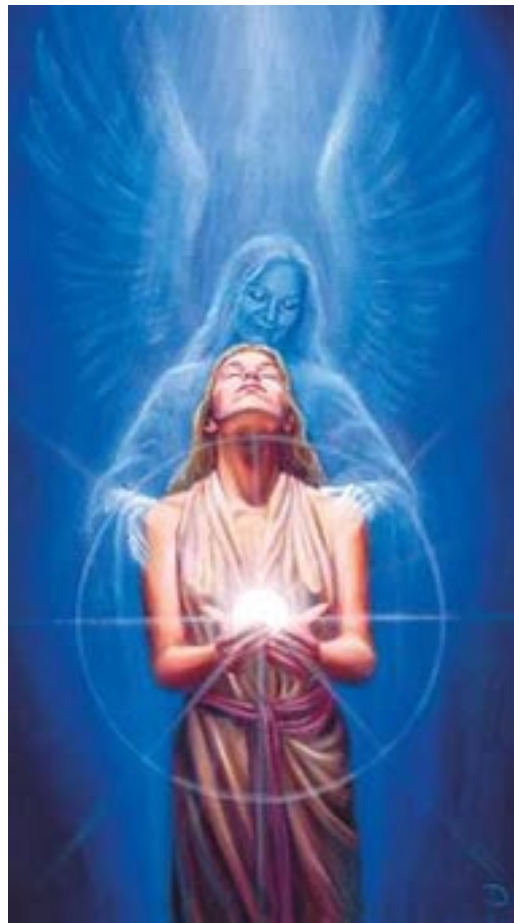
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### **Awakening and Recalibration**

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### **Angel Meditation and Attunement**

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1. First direct your attention to the crystal center of our Planet Earth.



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2. Visualize the red energy ascending from the Core of our Divine Mother in a counter clockwise manner with a direction coming up to the bottom of your feet. Note: There are many minor chakras situated there.
3. Continuously bring the Divine Sacred energy up, passing through the entire system of energy vortexes in your physical body. Bring it up and sustain it in your Crown Chakra. This is where the Divine Presence I AM resides.
4. Now with the clarity of the mind's eye, imagine the Golden Energy of the Father descending from Above and reaching down to your Crown Chakra.
5. Continue with this vibrational frequency. Bring down through your body the Divine energy from Above to reach down to the Core Crystal heart of Mother Earth.
6. Imagine and feel those two energies blending together in your higher heart. Together they generate a new energy with a copper vibration. Imagine your entire body being fulfilled with this copper energy.
7. Now imagine this powerful energy spiraling down to the Crystal Core of Mother Earth and spiraling up towards Heavens. Continue with this visualization for as long as you can hold in your mind's eye.





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### Closing Prayer

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The Closing Prayer is called The Three-Fold Flame Meditation of the Heart<sup>1</sup>.

*We call forth now to GOD and ask with  
all of our heart and soul and mind and might,  
That if this prayer be in harmony with Your Will,  
We ask that you supply this heart which is really Your Heart –  
With an activation from Your Clear Creative  
Light of All That IS directly as a current of the Love of GOD, the Wisdom of GOD  
And the Power of GOD directly into our hearts for an explosion into the Three-Fold  
Flame within the Heart.*

*We ask this for Heart Illumination so that we might let go of all discordant feelings, all feelings of  
division, separation, judgment, pain,  
Sadness, and suffering - everything and anything that keeps us feeling separate  
From You.*

*We ask this so that we can Unconditionally Love YOU, Love Your Creation, Love  
The Masters and Angels, Love our planet, and Love our Selves even more and with  
This love set our hearts free forevermore.  
Amen.*

Through this attunement, you are able to re-balance your masculine and feminine polarities. You form a solid bond with Mother Earth and will amplify your connection with the higher realms of existence.

This constant attunement will allow you to keep your channels of energy open and vibrating positively, therefore increasing your abilities to manifest situations in your life. To activate this energy on daily basis, just concentrate on your sacred heart and from there start vibrating outwards the energy that you have received.

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<sup>1</sup> The Closing Prayer: "The Three Fold Flame Meditation of the Heart is an original creation of Carol Tessier from Double Dragon International Reiki School.



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*We are each of us angels with only one wing, and we can only fly by embracing one another.  
~Luciano de Crescenzo*

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### The Wing Manual

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The Wing Manual is based on the work of Hans de Ward<sup>2</sup>

If you originate from angels, or if you have some other form of connection to the angelic realm, you will certainly have ethereal wings on Earth too.

Angel uses their wings not only to fly! If you do have wings, you should definitely use them and their power.

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<sup>2</sup> The work of Hans de Ward was originally on the website, [www.thenewearth.nl](http://www.thenewearth.nl), but this website no longer exists.



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The Angelic Power combined with White Time<sup>3</sup> is a splendid combination. It will be even better if you add the Golden Movement<sup>4</sup>. This way, before you start you are already healing.

Perhaps somebody told you or you might have found out yourself that you have Wings.

So...now have wings!

By now, you have realized that you haven't gone crazy, but maybe you are deeply in shock about the fact of your wings; or, you might have received them with a feeling of calmness and safety and insight about their actual existence. Maybe they are an old thought and feeling, an assumption, or an insight that now assumed a shape and that has become a reality for you. Maybe you now say "at last!" and understand the "meaning and the value" of your inner self, your true self. Whichever it is, you are probably wondering:

*What do I do now? What is the next step to take?*

You have probably been given, developed, been awarded with, or just noticed your wings. They have already opened on your back, like a flower that opens in full bloom. You might already be able to feel them; they could be cool, warm, heavy like a backpack, itching, tingling, or maybe you experience a different feeling, e.g., an inexplicable backache.

We are all different in what we feel and experience. Maybe you can see them visually or feel them with your physical hands. They might be small or big. Some of us even have wings that are limitless<sup>5</sup>.

The color of the wings might be different; they can have more than one color and they can change color according to different moods. If you do have wings, you are originally "without a doubt" an angel of some kind, unless you were given temporary ones.

If you are an angel, try to accept that. Put the words in your mouth and say: **"I am an angel!"**

What can you do with your wings? There is a very simple answer to that question: you can do absolutely EVERYTHING!

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<sup>3</sup> White Time is an Esoteric Technique that allows souls with the ability to travel beyond the speed of light. For more definition and explanation please refer to the work of Channie Cha Centara.

<sup>4</sup> See Power Word "Skege" in the Working with the Wings of Angels section of this document.

<sup>5</sup> Referring to Archangels



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Your wings and feathers will probably be pointing in all directions at first, especially when you think about being an angel. Initially, you won't be able to maneuver them; it will take a little while, but you soon, you will be able to handle your wild wings if you use the following "power words" to "train" them.

All ethereal light-wings are initially unmanageable. Power words work well on these kinds of wings, even if your own wing quality, due to your heritage on other planes, is more physical, or less physical, or even more subtle than the ones that have now been given to you. Keep in mind we are multi-dimensional beings having Human experiences.



*Angels have no philosophy but love.  
~Adeline Cullen Ray*



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### Working with the Wings of Angels

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The following Power Words can be used to train your wings:

**Sane:**

*Open up wings*

**Rannish:**

*START healing. Straight Forward.  
Sit by their head and hold wings along the sides of the entire bed.*

**Skege:**

*Both wings straight up. They Can Bring down Golden Light in the tips. Bring down White light for your crown chakra. Or vice -versa.*

**Rannin:**

*A Hug, Embrace. Hold wings around someone.*

**Datte/Matte:**

*Right wing out to right. (To embrace); hold above*

**Packer/Packor:**

*It is when you carefully touch another with wings or tips of wings.  
Provoke a Soothing feeling. Good way to start.*

**Mone/Done:**

*Left wing out to left (to embrace); hold above*

**Randisch:**

*Flap wings. Continually clean your wings. Ask the Highest of Highest to help. Flapping wings gets rid of spiritual rubbish on you and around you.*

**Dermi:**

*Closes the Wings completely, In order to hide them.*





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### **Darvash:**

*Wings closed, in an ordinary way.*

### **Cicka: (siska)**

*Closing the wings closely around yourself. Good for sleeping. Protection. You may also include someone.*

**NOTE: These Power Words and exercises should be practiced initially with a friend due to possible fluctuations in personal energy. In the event of light-headedness or fatigue, stop and rest before continuing.**



*The soul at its highest is found like God, but an angel gives a closer idea of Him. That is all an angel is: an idea of God.  
~Meister Eckhart*



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### Wings of LIGHT BEINGS

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This is a technique to be used when asking for assistance from other beings of light, from the Angelic realms.

**Narmach:**

*This command opens up Light-Being wings. Will have an effect on the energy of the heart chakra; energy re-routed to the wings.*

**E'sava/Sava:**

*Closes the light from the wings of the light-beings.*

### Activating the Angelic Sword

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*Sometimes even the flight of an angel hits turbulence.  
~Astrid Alauda*

The following activation is based on one by Dr. Joshua David Stone.<sup>6</sup>

Visualize yourself holding the flaming sword of Lord Michael in your right hand and say, "In the Name of God", I take in hand the Sword Of Truth and Power of Lord Michael, and I ask to use it in God's Holy Name."

***"I AM ~ against all Negativity."***

Imagine yourself growing in height to double or triple your present size. Now draw a Magic Circle upon the ground around you with the point of The Sword. See a line of flame following the point of the Sword surrounding you in a Circle of Pure Golden White Light.



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<sup>6</sup> Dr Joshua David Stone, Ph.D, "Soul Psychology". This book can be found in the Humanity Healing bookstore.



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Upon completion, clasp your hands in Prayer and Raise them above your head. Perform the following:

***Turning to the East<sup>7</sup>, pray saying***

***May the Mighty Archangel Raphael protect me from all Negativity.  
Now and always!***

***Turning to the South, pray saying***

***May the Mighty Archangel Michael protect me from all Negativity.  
Now and always!***

***Turning to the West, pray saying***

***May the Mighty Archangel Gabriel protect me from all Negativity.  
Now and always!***

***Turning to the North, pray saying***

***May the Mighty Archangel Uriel protect me from all Negativity.  
Now and always!***

***Hold your hands in prayer turning slowly in a Circle,***

***Pray Saying***

***I accept the Lord God as my Guardian and Protector, and I place His Loving Mercy all around me now  
and always!***

***Breathe the Light of God and the Love of God  
Through your entire being now!***

***SEAL IT NOW BY MAKING A GOLDEN CROSS ON YOUR BODY***

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<sup>7</sup> This Prayer references the Archangels of the Four Directions: Raphael, Michael, Gabriel, and Uriel.



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***Touching your Forehead Say: TO THEE O GOD***

***Touching your Solar Plexus Say: BE THE KINGDOM***

***Touching your Right Shoulder Say: AND THE POWER***

***Touching your Left Shoulder Say: AND THE GLORY***

***Clasping your hands in Pray Say:***

***UNTIL the AGE OF AGES ~AMEN***

Now Say:

***By the Power of the Divine Christ of God Within me, I surround myself now in a Divine Circle Of His Protection, across which no mortal error dares To set a foot ever!***

***I am his Love Protecting Here ~ I am his Love Protecting Here~***

***I am his Love Protecting Here ~***

***I invoke the Light of the Christ***

***I am a clear and perfect channel***

***Light and Love is my Guide***

***I can do all things with the Christ within, who strengthens my total being with a force field of Love Light and Power***