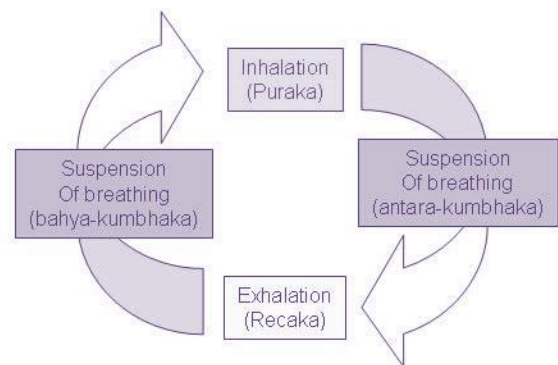
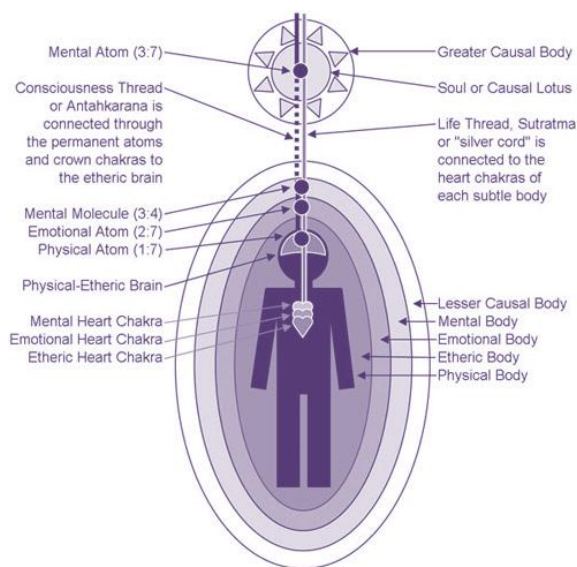




Resetting Your Energetic Template



Find a quiet place; center yourself through breathing, using the 4x4 cycling breathing pace:

4 second (breathe in) - Puraka

4 seconds (hold in) - Antara-Kumbhaka

4 seconds (breathe out) - Recaka

4 seconds (hold in) - Bahya-Kumhaka

Repeat the Monadic Mantra, the Mantra of the Soul¹ at least three times, focusing on your Core Star² center.

¹ Mantra of the Soul, as given by Master DK, as a basic principal to all energetic work done on your energetic matrix fields. "soul mantra" or "monadic mantra"

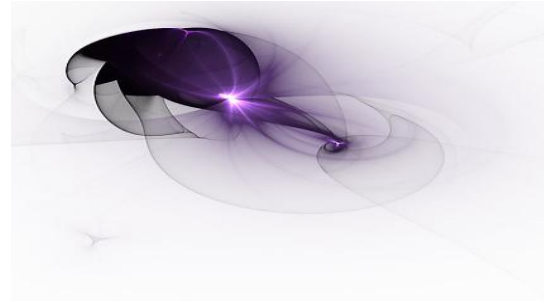
I Am the Soul (or I Am the Monad),
I Am the Light Divine,
I Am Love,
I Am Will,
I Am Fixed Design.

² The Core Star, which is the Inner Divine within all things, can be imagined as a little Sun gravitating on the top of each human being head and represents the Divine Force of Life in every individual Soul. The Core Star is located approximately 6 inches above the center of your head.



With your mind's eyes, very slowly move the core star from the top of your head to your Third Eye Chakra, position GV 20 to GV 25 (please see Graphic 3).

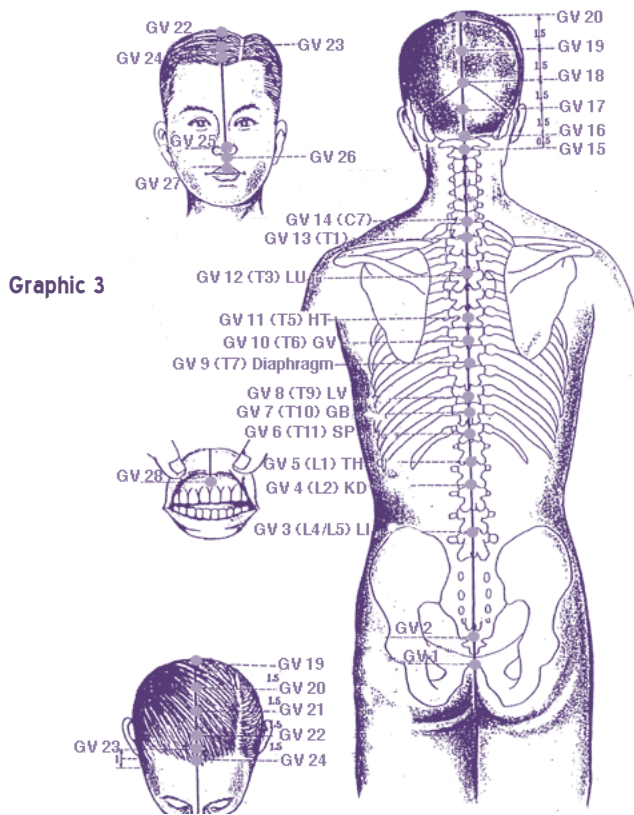
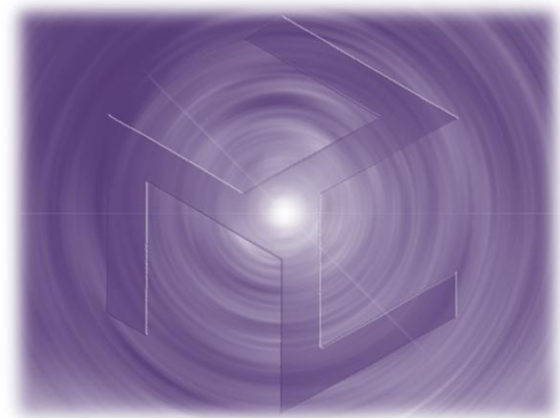
As you do this, you are clearing all the obstacles that have been accumulated in your Nadis and energetic meridians.



Set your intention and imagine filling yourself with 12th Dimensional Liquid Silver Light, the dimension where our 12 DNA strand Avatar Blueprint exists.

With your mind's eye, imagine this pure energy of Pale Silver Light descending, coating and protecting the walls of your personal Antahkarana. Imagine your Sutrama³ being reinforced and growing in strength and volume.

Spend a few moments feeling the Light fill your body. Project through your mind's eye, the Antahkarana Symbol inside of your Core Star.



Graphic 3

We ask the Masters, your personal support team (which includes your Guides and Guardian Angels, and other benevolent Beings in different realms), the Evolution Support Teams, the Starseed Identity Matrix, all Beings and Teams aligned to the Law of One Mission to work together for the highest capacity of exchange of GOD's infinite light, love and power in divine right order and harmony to prepare our bodies for Ascension.

³ Sutrama or the Silver Cord connects the physical body with the Divine essence of the Soul and Monad.

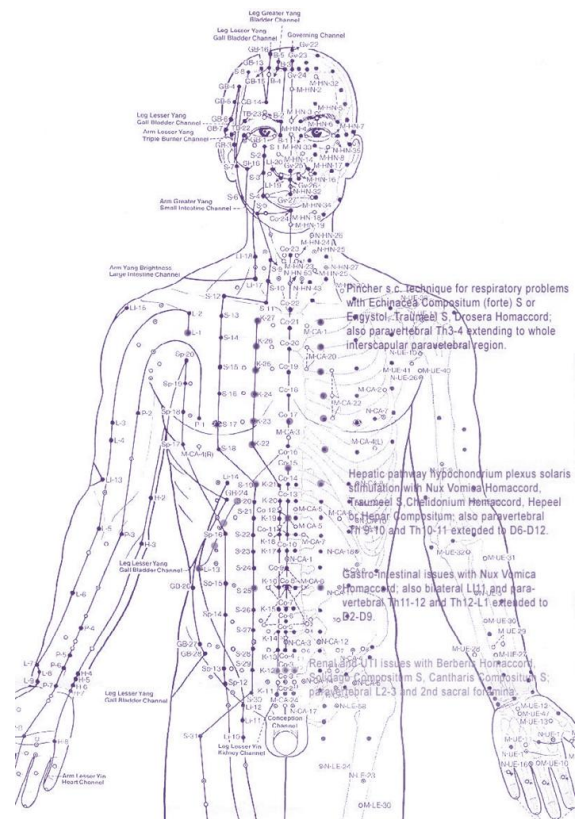


Ask our Higher Selves⁴ to check to see if any of the Jewels⁵, Wings, Energies, Soul parts⁶ or Subtle Bodies⁷ have been abducted and return them NOW, and to invalidate the beings that did the abduction; Healing and sealing your energetic matrix field from intrusion. While at this stage, also ask for all the contracts⁸ and vows between you and those beings to be considered null and void, and that any karmic debt be settled now.

Ask for assistance and visualize reweaving and reconnecting: that you become synchronized with light and open all pathways of communication between the template bodies and the 12th dimensional body.

We call back NOW all that is our self-sovereign God power and birthright.

Further return all energies and essences that were stolen or misdirected through outside control or manipulation.



Reconnect and axiatonally align all etheric meridian channels to the Frequency Hubs Axiatonal lines in order of priority as necessary (see chart for visualization help).

Recalibrate, Synchronize and Reset all defective programming that is impeding you from reaching your full potential.

I AM FREE NOW. I AM FREE NOW.

I AM FREE NOW.

Slowly recite the Soul Mantra again:

I Am the Soul,
I Am the Light Divine,
I Am Love,
I Am Will,
I Am Fixed Design.

⁴ Your Higher Selves include not just your Soul Extension, but also all the Soul Extensions related to your Oversoul, the original monad from where your Soul came from.

⁵ Jewels refer to spiritual gifts acquired through different life experiences by your Soul.

⁶ Some souls go through such traumatic experiences that they are shattered or break off pieces. The Shamanic practice of Soul Retrieval is one method for reintegrating these pieces.

⁷ Subtle Bodies refer to energetic levels

⁸ Karmic agreements



OM Shanti OM (This seals this part of your Invocation).

We request the Core Fear Matrix Removal Program and Holographic Repatterning to the Christ Mind.

Ask your Team for first for a general clearing of all fear-based programs that are hindering your spiritual growth; removing all imbalanced energies, implants and fear-based programs preventing us from completing our ascension.

Ask for the installation of the pattern work of light into your mind grid field and emotional field to remove all fear-based programs, especially the ones that were inserted in your energy field through other dimensions.

You will feel these negative energies and thought-forms moving out of the top of your head. If you feel specific fears you know about yourself, repeat the Cyclic Breathing 4x4 again for as long as you feel necessary.

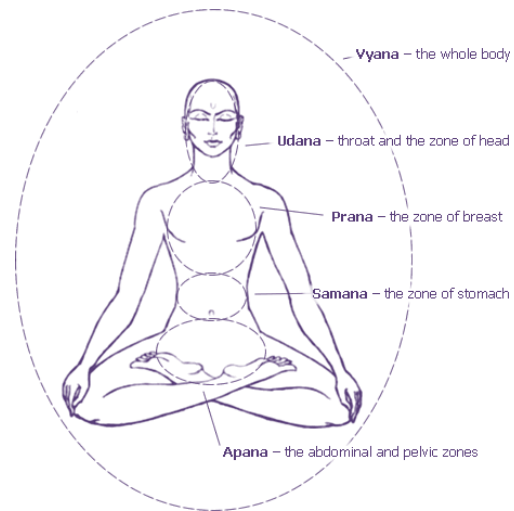
Again, request these negative energies and thought-forms to be removed and name and identify them specifically to the Masters for removal. The more specific you can be, the better the results (ex. fear to be unloved, to be rejected, to not be good enough, etc).

Request that your Teams focus on the Physical Body NOW and ask to remove any and all fear-based programs lodged there.

Ask them to review the correct operation of every chakra that is operating in 3D.

Ask that every single region of your body be scanned, that every negative programming established at the cellular level be cleared up, reset and rebooted with the Divine Light, following only the Perfect Matrix System of your Original Soul Blueprint.

First: Apana
Second: Samana
Third: Prana
Fourth: Udana
Fifth: Vyana



Breathe in Divine Light and let go of every single energy that is no longer aligned with your Divine purpose present in your NOW.

Again ask your Support Team to clear, repair and expand the right vibrational fields of your Etheric Chakras and allow every artificial energy and all that is not aligned with your greater good be removed.

Request the clearing and Healing of your astral body and the removal of all fear-based programs and spiritual weeds from your astral or emotional body.

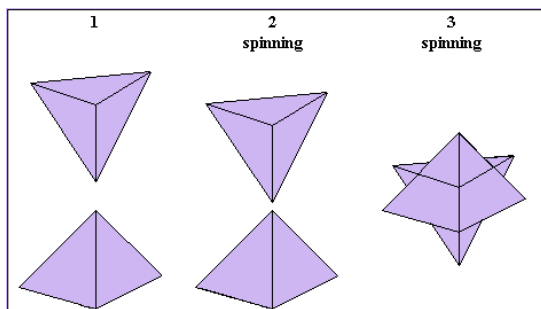


Whole-heartily request Healing of the spiritual dependencies in all levels from other beings related that they or you may have, and the negative emotions involved to be removed, transmuted and recycled by only the pure beings aligned with the central sun. Repeat three times: may this be done in Love and Light.⁹

Request the clearing and Healing of your Mental Body and remove all thought forms of an imbalanced and negative nature.

Request the clearing and Healing of your Spiritual Bodies fully, totally and completely.

Request that all old programs that no longer serve you to be removed be completely from your Soul and from the Akashic Records; that they no longer interfere with your Soul's purpose in any dimension, vibrational field, and parallel universes and realities.



Visualize spinning and magnetically aligning your Merkabah, the Double Tetrahedron to anchor and set in these corrections & activations.

NOTE: The correct Merkabah spin is clockwise spin 33 1/3 revolutions per minute for the upper half and lower

counterclockwise spin of 11 2/3 revolutions per minute for the lower half.

Keep the visualization in your consciousness as the proper rotating pulsation to gather an accretion of light into your field. Spend some time to visualizing, as best as you are able, to see the spinning Merkabah Field around you. Claim it, own it and gather the power of it for your highest purposes.

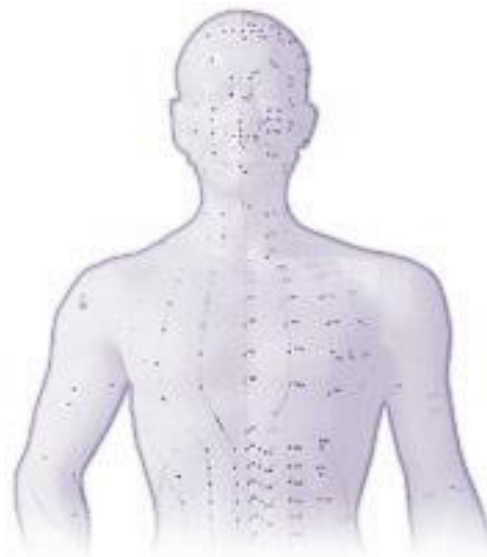
Repeat to yourself:

I give full permission for to my Teams to do this now.

I am Divinely assisted and guided at all times.

Repeat the Soul Mantra three times:

I Am the Soul,
I Am the Light Divine,
I Am Love,
I Am Will,
I Am Fixed Design.



⁹ When use properly and not just as an expression. the phrase Love and Light acts as a Seal similar to OM Shanti OM