



---

# THE CEREBELLUM AND THE ALTA MAJOR

---

INITIATION, ACTIVATION, AND BALANCE

*"Don't you know that you are the temple of God?*

*And that the Spirit of God dwells in you?"*

*~1 Corinthians 3:16*



The Cerebellum is called the "Jade Pillow" , Yu Chen, in Chinese and referred to by some as the Small Brain Center. The chakra of the cerebellum lies at the opening of the base of the skull, above the first cervical (neck) vertebra. It is part of a pump that draws spinal fluid and chi energy upwards, as well as promoting yin energy and helping to balance the yang energy of the Large Brain, the Cerebrum. Some Cabbalists associate this position, the base of the skull, with the Sefirah Daat or Daath, "Knowledge", which bridges the "abyss" between the seven lower and the three higher sephirot. It is also known as the Breath of God or the Mouth of God.

## ASSOCIATED PSYCHOLOGICAL STATES

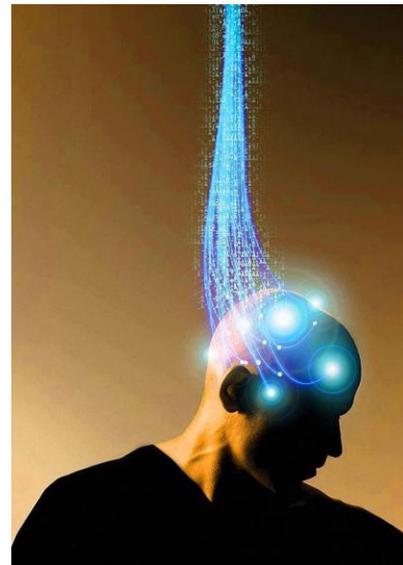
---

**Open and Balanced:** You receive spiritual inspiration and are able to acknowledge yourself as One with the Godhead, and can harmonize lower insights with an understanding of the higher purpose in your life.

**Overactive:** You are too preoccupied with higher levels of existence at the expense of the everyday human level.

**Malfunctioning:** You may suffer from illusions, delusions and fantasies, and perhaps mental unbalance and schizophrenia.

**Blocked:** You are too preoccupied with the ordinary human mundane level of existence; you may feel your life to be suffocating limited, one may suffer from headaches due to too much pressure in the upper brain.



Energetic discrepancies in the function of this vortex point can manifest as vision problems both physically and spiritually. People suffering from imbalances of the Alta Major can often suffer eye problems, floaters, migraines, headaches, feelings of lack of direction, and depression.



## THE GNOSTIC STANDPOINT

---

### FREQUENCIES OF ACTIVATION

---

The Modern Gnosis teaches a powerful mantra that helps us heal and awaken the chakra of the cerebellum, which is: RAOM GAOM:

Rrrrrraaaaaaooooooommmmmmm  
Gaaaaaaooooooommmmmmm  
mm

The combined frequencies of those two seed sounds activate the keys of connection of the three higher centers of the head, the Crown, the Ajna and the Cerebellum. Together, they composed the Golden Triangle which we discussed briefly in related articles<sup>1</sup>. The vibrational quality experienced is of the Nirioonossian sound, or world-sound.

The Nirioonossian sound is the synthesis of the earth vibrations acting upon the cerebellum of each one of us. If you lie down at night, silently, if can you suspend your thoughts for a little time, getting your mind to be still and silent, and just intend to listen to what occurs inside your cerebellum, you may start to hear and feel a very subtle sound, which is the sound of a cricket; this little sound is the Nirioonossian sound.

If you learn to listen to it, and learn how to raise its volume at will, then the doors

---

<sup>1</sup> See

<http://humanityhealing.net/2013/07/the-esoteric-significance-of-the-cerebellum-i>  
and

<http://humanityhealing.net/2013/07/the-esoteric-significance-of-the-cerebellum-ii>

of perception are going to be opened immensely. Usually, the frequency is not uniform; and initially, when one starts perceiving it, it automatically decreases its vibration. You will perceive, after some attempts, that the sound resonates in spheres, and it goes around your head in concentric circles. Once one reaches the control of this mechanism, then the secrets of perception; of traveling out of the body, allowing one to connect with Beings from the four corners of the Universe.

In the ancient Rome of the Caesars, the cricket was regarded as a sacred animal, and sold in golden cages for very expensive prices. If we could have one of those close to our ears, meditating deeply on its sound, then the sharp note of this little animal would awaken the Cerebellum through the emission of the same frequency. Ancient myths associate the cricket with the lunar energies of intuition and sensitivity. Only the male cricket can sing. The females are silent, and move through the world at night, almost invisibly, supporting the idea that they are the messengers of the Goddess.

The sound of the cricket can be compared to the sound of our consciousness. There is no surprise that even Disney used the Jimmy Cricket to be the symbol of the still small voice of our consciousness on Pinocchio story.

There is inside of the Sella Turcica<sup>2</sup>, or "Turkish Saddle", an atom that allows the

---

<sup>2</sup> The sella turcica (literally Turkish Chair) is a saddle-shaped depression in the sphenoid



"cricket" sound to put your body in a meditative state. When this happens, the body is submerged within the Astral Plane and subject to the laws of this plane of existence without losing its physiological characteristics. The brain stays in a passive like state, while the cerebellum enters a state of more intense activities.



personal esoteric practices, praying and calling it always "in the name of Christ, by the power of Christ and the glory of Christ ...".

Also in accordance with the Gnostic teachings, the seeker may want to request the assistance of a master to develop this center. The name of this master in Gnosticism is called Granadi. One should make a personal invocation and ask the Master Granadi to facilitate the stimulation of your brain cells, your neurons, the cerebellum, the Plexus nerve and glands, chakras etc.

According to the Modern Gnosis, this great Master of Light, Master Granadi, is a Master of the World of the Cosmic Mind, and must be invoked in your

---

bone of the human skull and of the skulls of other Hominidae including chimpanzees, orangutans, and gorillas. Among other things, the small bone structure, located at the base of the skull, protects the pituitary gland.

## THE BREATH OF GOD EXERCISE

---

Our atmosphere contains a force known as The Breath of God. When this Breath is consciously inhaled, it can bring health and strength to those who make use of it in the right spirit.

When this Breath is sent out, with thoughts of Love and Peace, the resulting vibrations will change the world. We invite you to work with us in the practice of The Breath of God, to help yourself and those around you, bringing true peace and brotherhood to all of God's creation.



## METHOD OF PROCEDURE

Assume a relaxed, conformable position.

Slowly draw in a deep breath from the abdomen while simultaneously holding the thought:

"I will draw in the omnipotent Breath of God"

Retain the breath for five seconds as you hold the thought:

"I send the Breath of God throughout my entire being to heal and to strengthen."

Lastly, as you slowly exhale, and with all the feeling and dedication you can muster, hold these thought vibrations:

"I send out love and peace to all humanity."

The entire exercise may be repeated several times a day if you desire, but one of the times practiced should be at 12:00 o'clock noon each day.

As we all do this, a powerful wave of love and peace vibrations will immediately sweep around the world from time zone to time zone. To begin with do not force yourself or overdo the practice. It does not need to be performed more than three minutes at a time.

The power and results possible from following this procedure are incalculable, and its value and benefits will be quickly proven if you but give it a TRY. After you have completed the

practice, be at peace with complete trust in your effort, knowing that even though the world around you may appear to be in chaos, with the Breath of God there is always a way!