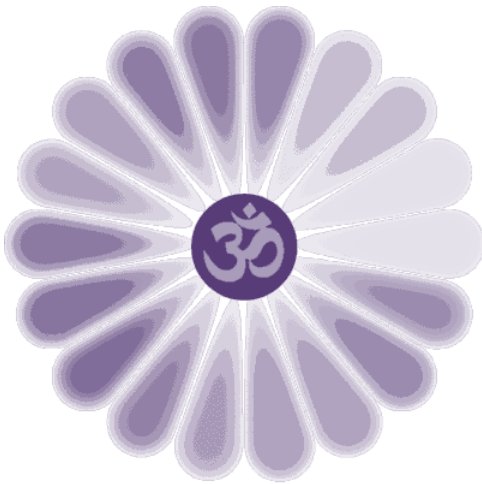




# Violet Flame Planetary Healing Meditation

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*Begin by placing the body in a comfortable position. You may sit upright or lay down, whichever encourages the most relaxed bodily state. You may wish to play some quiet music to assist you to create a feeling of peace. If you have one clear quartz crystal then places it in your left hand and holds it in the region of your throat chakra. The crystal will serve to amplify and intensify the healing effect of this meditation. (Remember to cleanse your crystals at least weekly as they tend to accumulate disharmonious energies over time).*

Begin the meditation by closing your eyes and visualising yourself way out in space, looking down upon the earth spinning upon its axis.

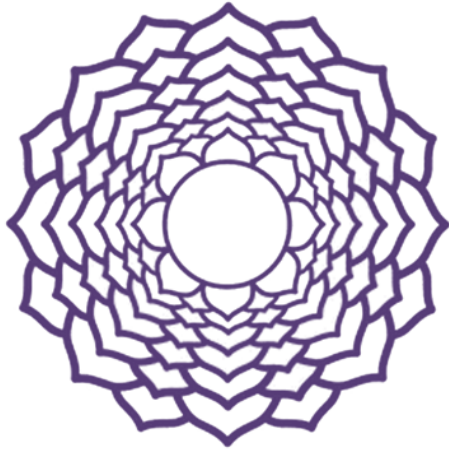
Visualise a beam of pure white light emanating from the centre of the brow and shining down upon the Earth.

Combine this light with a feeling of unconditional love welling up from the centre of the breast.

See any darkened areas upon the planet beginning to light up as you feel the Earth being freed from the chains of fear. Focus now, this light charged with unconditional love upon the mineral Kingdom of the Earth, then the Devic Kingdom, the Plant Kingdom, the Animal Kingdom, the Kingdom of Humanity, then finally the Kingdom of Souls. Now send the love and light to anyone you know to be in need of healing or anyone whom you have ill feeling towards or them towards you.

This reduces and ultimately eliminates any negative energy which is flowing towards you and frees you from the chains of the past. You must will yourself to send this love unconditionally and without expectation of return.

All of this energy ultimately returns to you as healing energy and enlightenment. Complete this segment with the following invocation:



***In the name of Christ,  
I call upon the spirits of light to  
stand guard at the doorway to my  
soul,***

***Protect me from the forces of  
darkness and deception,***

***And guide me upon the pathway  
of love, light and truth.***

***I now commit myself to the light.***

***God is within all that is, God is  
within me, God within grows  
strong.***

***The next segment involves  
working with the spiritual  
energies which condition and  
guide the evolution of  
consciousness upon this planet  
during the Age of Aquarius.***

Visualise now a great flame of violet light totally surrounding and interpenetrating the beloved Earth. After several minutes of holding this image consciously direct the flame to any trouble spots on the planet surface

such as the sites of military conflict and environmental catastrophe and see and feel this conflict resolving into harmony. Now concentrate the flame and send it down to yourself on the planet surface.

Draw the flame in through the crown chakra high atop the head; draw the flame then into each chakra in turn working down the spine.

Upon reaching the base chakra feel the flame flood into the entire bloodstream to cleanse the physical body of all disharmony. Feel now the flame moving up and out into the subtle bodies of the auric field.

Feel the flame cleansing the etheric, then emotional then the mental bodies to finally reach and flood into the soul. Complete this segment with the following affirmation:

***I am, I am all that I am,***

***One with the universal mind, one  
with the source of all life,***

***I am one with all life forms and  
they are one with me.***

***I am love, I am light, I am peace. I  
am.***

***In that which I am,***

***I invoke the light of the teachers of  
the spiritual planes and beyond***

***And I refuse all communications  
which originate upon the astral  
plane. I am.***

You may now continue on with your own meditation practice if you so choose.

This meditation attunes you to the universal energies which are pouring into the planet to heal and restore loving harmony to our beloved sphere. As we serve as the channel for these healing energies so do we also transform ourselves into beings of love and light that abide by the Law of one and vibrate with the frequencies of Christ Consciousness .



### **Violet Flame Planetary Healing Meditation**

Visualize yourself now orbiting the Planet Earth, the Earth spinning below you. Open your Heart and direct a stream of rose pink Unconditional Love to totally encapsulate the Planet, and project a stream of pure white Spiritual Light from the brow chakra,

surrounding the Planet, healing, nurturing all of the Kingdoms upon the Planet, the Mineral Kingdom, The Plant Kingdom, The Animal Kingdom, the Kingdom of Humanity, The Devic Kingdom, The Nature Energies, and The Kingdom of Souls.

Relate now in loving enlightenment with all of these Kingdoms upon the Planet. Each with an equally important necessary role within the scheme of all that is upon the Planet and all that will be and has been upon the Planet. LET LOVE RESTORE THE BALANCE.

Focus that love and light upon any situation, any circumstance or any fellow being with whom there is ill feeling. Send that love, that light and as it balances the conflict within yourself that is reflected upon the Planet, so will it return to you as nurturing, supportive energies for your own growth. LET LOVE RESTORE THE BALANCE.

You become aware that you're entirely surrounded by a vibrant living flame of Violet Light. This is the energy of the seventh Ray, the conditioning energy for evolution during this coming and present Age of Aquarius. Its purifying, refining action cleanses you of that which prevents you from freely expressing that which you truly are in essence. As you look down the Violet Flame also surrounds and pervades the entire Planet and all of its being-ness. Cleansing and aligning and purifying the conflict upon the Planet so we may enter into an age of enlightenment free from

the intense competitive struggle for existence. LET LOVE RESTORE THE BALANCE.

Draw that Violet Flame now in through the crown chakra high above the head, flowing into the head area, activating, cleansing, harmonizing where there is conflict. Direct that Violet Flame especially into the pineal gland, the physical externalization of the crown chakra within the physical form.

Draw that Flame now in through the brow chakra, centre of the brow, flooding the head and neck areas, aligning with the crown chakra so that these two centers may work in loving unison to ground and express illumination, inspiration and an intuitive knowing. Draw it particularly into the pituitary gland and the [hyper thymus] gland. LET LOVE RESTORE THE BALANCE.

Draw that Violet Flame now in through the throat chakra, the base of the throat. Seat of our communication ability, and our ability to express Love. Higher creativity. That creativity which is the driving energy for the cogs of evolution. Creative energy in all of its forms. Relate with that creativity as that Violet Flame flows through this centre, feel your entire body being inspired to lead a Spiritual life, a life of Love. IN OF AND FOR LOVE, LET THE LOVING VIOLET FLAME RESTORE THE BALANCE.

Now draw the Violet Flame in through the Heart centre, and while the Heart centre expands, awakens to the sense,

the feeling, the being-ness of Unconditional Love. Direct that Violet Flame particularly to the hypothalamus and the thyroid region of the neck. Feel that Violet Flame linking these two centers aligning the Soul with its physical representative, LET LOVE RESTORE THE BALANCE.

Feel your Heart being cleansed of suffering, of pain of ages, surrender to the Love.

Draw that Violet Flame now in through the solar plexus chakra, the seat of conflict between the Soul and the contraction of the three worlds of human endeavor centered upon the lower will in this centre. The will expressed through this centre is the collective desire nature and intent of the mental processes of the lower mind, this is not a Spiritual reality, this is a reflection of that which is how you choose to focus your energy with your thought, your deed, your feeling. Cleanse this centre now and open it to the love of the playful Spiritual serene Spiritual Being which you are in essence. MAY LOVE RESTORE THE BALANCE.

Draw that Violet Flame now in through the sacral centre, reign of the navel the seat of the desire nature, the seat of ambition, the seat of 'I want' regardless of the consequences. Many of you will still be focusing your prime creative energies through this centre. To live a truly Spiritual life, a life of Love, the Soul must direct the flow of creativity through the throat and the sacral

energies must become subordinate to the loving expression of the greater will. LET LOVE RESTORE THE BALANCE.

Now draw that Violet Flame now in through the base chakra. Cleansing you of all insecurities. Feel that Violet Flame now flowing from within the very Heart the very Core of the Planet. In through the base chakra, the base also being the link to our Mother Planet Earth and through the Violet Flame you become one with the essence of the Planet. LET LOVE RESTORE THE BALANCE.

FATHER/MOTHER GOD, THY WILL, NOT MY WILL, BE DONE.

Always the greater will. Direct that Violet Flame now to any point of disharmony within your own physical body. The Love of the Planet now flows through you. The Love of the Cosmos to whatever measure you allow, flows through you and as you stand perched, poised on that middle point between Heaven and Earth, so you discover your destiny. So do you create your destiny, so do you love your destiny. So are you content within your destiny. Yet you may aspire, you may dream, dreams woven into a tapestry of Love and that LOVE RESTORES THE BALANCE.

Let us now affirm to the Universe that which we are in essence and invoke the help and support of those motivated by Love, guided by enlightenment, those who seek to inspire, to activate full realization, fully realized understanding of that which we are and our path within the plan of creation. Seek now to relate

with a subtle reality beyond a physical form. Seek to still the mind and enter into a loving nurturing communion with the energies, the understanding which may flow through you and guide in Love, of Love and for Love, your every action, your very understanding. Become that Love. Be aware of what you feel within your body. Choose in this moment, Joy, choose Bliss as a state of being, and choose to surrender the vain illusionary desires of the three fold personality and to embrace your Spiritual reality. Simply now BE.

Begin now to return, feeling lighter, although within the body, feeling lighter, capsulated in Love, loving balance, LOVE RESTORES THE BALANCE.

See your self now surrounded by a protective nurturing sheath, tinged with deep royal blue, all of your energy centers functioning harmoniously. Feeling more stable and now return to normal consciousness, enhanced by the light, the love and the peace.

This meditation may be the basis for your daily meditation. This may be context within which you express your gratitude to Gaia and give back to the planet and its universe. This is best done each and every day at the same time. You may add whatever other meditative processes you choose however it is important that you use this as the basis is you choose to participate in the Clearing work that the Circle of Sirius are doing here on our beloved Earth