



GLOBAL ANGELIC BLESSINGS



Make yourself familiar with the angels, and behold them frequently in spirit; for, without being seen, they are present with you.

~St Francis of Sales



This meditation works directly with the quality of intention we can direct to heal our planet, with the Divine assistance and intercession of the Angelic Realm.

Find a comfortable position, and try to detach your mind of what it is on your immediate reality.

Direct your attention the Core Center of our Planet Earth. Try to see it and secure it on your mind's eyes.

Now calmly visualize the red energy of Mother Earth rising slowly through the bottom of your feet. The ascending spirals follow the counter clockwise direction. Slowly breathe this energy into your minor chakras located in your feet.

As this energy gently permeate all your physical body, allow it to reach and fulfill all your energy centers tenderly, and softly. Earth's energy will fill you with the sense of grounding and abundance and renewal. This is the way this vibration expresses and manifests love.

Now, peacefully and evenly, allow this energy to reach your crown chakra, where it will merge with the energy of your Divine Presence I AM.

Breathe this sensation and let it ripple through your entire Auric- energy field.

Visualize the Divine I AM presence as a Golden energy descending from above in a clockwise rotation, merging uniformly with Mother Earth's ascending energy.

As those energy blend themselves into your" Heart center" an alchemical marriage occurs, and a new energy is born, the copper¹ energy of healing. Your heart center

¹ According to some New Age Healers, Copper can stimulate the flow of energy and hence move

is your primordial center of empowerment and expansion. It is the space where you should reserve a place to live in gratitude with All There is.

Ask the Angelic Real to be your assistants on rippling those vibrational waves beyond your immediate reality, imagine them receiving this energy generated at your heart level and distributing it throughout creation, releasing pain, fear, suffering, sadness and any feeling of isolation. Feel the interconnectedness with all Beings.

Formulate your intention that every unbalanced energy must be released by the Beings of pure love and light and freed harmlessly to where it can be recycled reused for greater good, where ever there is a need.

Feel all this energy filling every single fiber of your bodies, and recharging every flaw, every unattended spot, let this energy fill you with plenitude.

Using your faculty of Intentional imagination, continue bringing this Gold/Copper² energy down, as a hurricane,

psychic energies thereby helping the wearer overcome lethargic tendencies, resulting in a more vitalized person with amplified thoughts. They also attribute powers of communication, channeling, cleansing, purification, increasing self-esteem and freeing the wearer of mental burdens.

² Due to the fact that copper is such a wonderful physical conductor of electricity and heat, it is also considered the conductor of the spiritualist's belief system. According to myths, copper has the ability to conduct spiritual energy back and forth between individuals, crystals, auras, the mind and the spirit world.

It is also believed that copper has the power to amplify thoughts when sending and receiving psychic communications. New Age followers

and direct it to go down to the core of Mother Earth through your Feet.

The unification of those two energies one ascending, another one descending is creating in itself a new energetic matrix, in which you are consciously building another outlet for the Divine process of expansion/ ascension/healing to assist Earth and all her sentient beings.

It is necessary to realize that you are now a conduit of pure divine love, and as a vase of grace through different frequencies and ways this love is channeled to Earth.

Breathe this energy and let it ripple to all of the beings, and keep in mind that you are now a vehicle for expansion and healing for the greater good.

About this meditation:

When practicing this meditation you are basically accomplishing:

- Opening of all the possibilities on transforming yourself into a Divine Conduit of compassion and healing.
- Balance between your internal polarities(masculine/feminine within your Being)
- Bringing more quality to all lives with the energy of Mother Earth



Uplifting matter to Spirit and Spirit to merge with Matter.

carry copper with their stones and crystals to 'straighten' the properties of them; as well they are used when crating crystal wands to be certain of their clear and straight powers. Copper is also quite instrumental in the physical and mental healing rites of many peoples of this world
