



SEVEN ANGELIC RAY MEDITATION



PRELIMINARY

Find a comfortable place to sit.

Begin a 4 x 4 breathing pattern:

- Breath in 4 beats
- Hold 4 beats
- Breath out 4 beats
- Hold 4 beats.

Center yourself in your Heart Chakra.

MEDITATION

I call upon The Four Towers to aid, guide and protect me on all levels as I perform this meditation.

Lord Michael, please take station to the front; Lord Raphael behind me; Lord Gabriel to my right and Lord Uriel to my left.

And So It Is.

I activate open myself through my Soul Star and connect with my Higher Self:

I AM the Monad

I AM the Soul

I AM Light Divine.

I AM Love,

I AM Will,

I AM Fixed Design

(Feel the connection take place as you become more soul-infused.)

I call upon the Archangel Michael who serves the first angelic blue ray of protection and power to send the Blue Ray down through my Soul Star, down through my Crown Chakra, down my Central Channel, connecting with and charging each of my Chakras, filling every fiber of my Being with the first angelic blue ray, continuing down and out through my Earth Star Chakra, connecting to Mother Earth and washing all negativity out of my energetic template to be used and reprocessed by those beings who work for the greatest good, under the Law of One and for the Christ-consciousness.

And So It Is.

I ask Archangel Michael to bestow on me a Blessing for my highest and greatest good to help accelerate my spiritual growth.

Pause for a moment to bask in the light of the first angelic blue ray as it flows through you.

I call upon the Archangel Jophiel who serves the second angelic Yellow Ray of illumination and wisdom to send the Yellow Ray down through my Soul Star, down through my Crown Chakra, down my Central Channel, connecting with and

charging each of my Chakras, filling every fiber of my Being with the second angelic Yellow Ray, continuing down and out through my Earth Star Chakra, connecting to Mother Earth and washing all negativity out of my energetic template to be used and reprocessed by those beings who work for the greatest good, under the Law of One and for the Christ-consciousness.

And So It Is.

I ask Archangel Jophiel to bestow on me a Blessing for my highest and greatest good to help accelerate my spiritual growth.

Pause for a moment to bask in the light of the second angelic Yellow Ray as it flows through you.

I call upon the Archangel Chamuel who serves the third angelic pink ray of love to send the Pink Ray down through my Soul Star, down through my Crown Chakra, down my Central Channel, connecting with and charging each of my Chakras, filling every fiber of my Being with the third angelic pink ray, continuing down and out through my Earth Star Chakra, connecting to Mother Earth and washing all negativity out of my energetic template to be used and reprocessed by those beings who work for the greatest good, under the Law of One and for the Christ-consciousness.

And So It Is.

I ask Archangel Chamuel to bestow on me a Blessing for my highest and greatest good to help accelerate my spiritual growth.

Pause for a moment to bask in the light of the third angelic pink ray as it flows through you.

I call upon the Archangel Gabriel who serves the fourth angelic White Ray of harmony and purity to send the White Ray

down through my Soul Star, down through my Crown Chakra, down my Central Channel, connecting with and charging each of my Chakras, filling every fiber of my Being with the fourth angelic White Ray, continuing down and out through my Earth Star Chakra, connecting to Mother Earth and washing all negativity out of my energetic template to be used and reprocessed by those beings who work for the greatest good, under the Law of One and for the Christ-consciousness.

And So It Is.

I ask Archangel Gabriel to bestow on me a Blessing for my highest and greatest good to help accelerate my spiritual growth.

Pause for a moment to bask in the light of the fourth angelic White Ray as it flows through you.

I call upon the Archangel Raphael who serves the fifth angelic Green Ray of healing and truth to send the Green Ray down through my Soul Star, down through my Crown Chakra, down my Central Channel, connecting with and charging each of my Chakras, filling every fiber of my Being with the fifth angelic Green Ray, continuing down and out through my Earth Star Chakra, connecting to Mother Earth and washing all negativity out of my energetic template to be used and reprocessed by those beings who work for the greatest good, under the Law of One and for the Christ-consciousness.

And So It Is.

I ask Archangel Raphael to bestow on me a Blessing for my highest and greatest good to help accelerate my spiritual growth.

Pause for a moment to bask in the light of the fifth angelic Green Ray as it flows through you.

I call upon the Archangel Uriel who serves the sixth angelic Gold Ray of peace to send the Gold Ray down through my Soul Star, down through my Crown Chakra, down my Central Channel, connecting with and charging each of my Chakras, filling every fiber of my Being with the sixth angelic Gold Ray, continuing down and out through my Earth Star Chakra, connecting to Mother Earth and washing all negativity out of my energetic template to be used and reprocessed by those beings who work for the greatest good, under the Law of One and for the Christ-consciousness.

And So It Is.

I ask Archangel Uriel to bestow on me a Blessing for my highest and greatest good to help accelerate my spiritual growth.

Pause for a moment to bask in the light of the sixth angelic Gold Ray as it flows through you.

I call upon the Archangel Zadkiel who serves the seventh angelic Violet Ray of freedom to send the Violet Ray down through my Soul Star, down through my Crown Chakra, down my Central Channel, connecting with and charging each of my Chakras, filling every fiber of my Being with the seventh angelic Violet Ray, continuing down and out through my Earth Star Chakra, connecting to Mother Earth and washing all negativity out of my energetic template to be used and reprocessed by those beings who work for the greatest good, under the Law of One and for the Christ-consciousness.

And So It Is.

I ask Archangel Zadkiel to bestow on me a Blessing for my highest and greatest good to help accelerate my spiritual growth.

Pause for a moment to bask in the light of the seventh angelic Violet Ray as it flows through you.

I send my Love and Gratitude to the Archangels for the Cleansing and Healing of their Seven Angelic Rays and for their Blessing for my spiritual growth.

Pause for a moment to feel that you are “lighter” and more balanced.

I send my Love and Gratitude to my Higher

Self, and I ask that my conscious connection with my Higher Self continue to grow and that I become more soul-infused and self-realized, with a greater understanding of my purpose during this incarnation.

I send my Love and Gratitude to the Four Towers for their protection during this meditation and coming to my aid when I call.

I close this meditation with Love and Gratitude.

**Aum Shanti OM. Aum Shanti OM.
Aum Shanti OM.**

