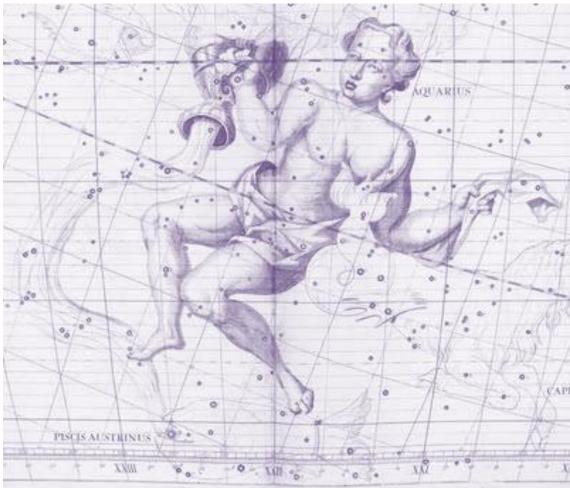
# Stellar Code™ Fomalhaut Guidebook





# THE HEAVENLY WATERS OF FOMALHAUT

Silently, one by one, in the infinite meadows of heaven, blossomed the lovely stars, the forget-menots of the angels.

~Henry Wadsworth Longfellow

## THE AQUARIAN CONSTELLATION

"Water of life am I, poured forth for a thirsty world."

The constellation of Aquarius is one of supreme importance to our solar system at this time, for it is the sign into which our sun is rapidly moving. With each passing decade, its influence gains momentum and potency. It is largely related to the changes now taking place in our world, particularly towards group consciousness, focus and service.

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**2** | Page

Ageless Wisdom for a Modern World





Aquarian illumination comes in the form of realizing humanity's essential unity and recognizing the processes of sharing and cooperation to assist all of humankind. Soul awareness developed in Capricorn becomes the working reality for the Water Bearer, and with these the true hallmarks of those aligned with the Soul: group consciousness, selfless service and self-sacrifice.

Aquarius governs the blood system and its circulation. By means of the blood, the life force is distributed throughout the entire human body. It is symbolic of the task of the liberated Aquarian who dispenses spiritual life throughout the human kingdom.

Aquarius is intricately linked to its position on the Fixed Cross, the cross of discipleship, named esoterically as the Cross of Transmutation. It is related to the process of desire becoming aspiration, and selfishness transforming into selflessness. A dramatic reorientation occurs on this cross of soul unfoldment wherein the great initiation dealing with the Christ-consciousness occurs, held as the third initiation to the personality yet from the perspective of soul, as the first initiation.

While the previous two initiations take place on the Cardinal Cross in the preceding sign of Capricorn, initiation on the Fixed Cross occurs in Aquarius. This cross is where integration with its opposite, Leo, the sign of individual unfoldment, self-expression and

assertiveness happens. For the person on the Mutable Cross, as the interplay goes on between Leo and Aquarius, there comes a deepening of all qualities and the superficialities disappear until, on the reversed wheel, the intensive selfconsciousness of Leo expands into the group awareness of Aquarius. The individual becomes the universal, losing their personal identity in the good of the whole, yet retaining their spiritual identity.

No planet is exalted in Aquarius and no planet falls in this sign, because the true Aquarian has reached a point of balance. The pairs of opposites no longer hold them, but instead are used for spiritual ends. No longer hindered by the earth of Capricorn and the water of Pisces, the tests of both incarnation and initiation have been passed and the worker now stands free, distributing energy and life, as symbolized by the two wavy lines in the Aquarius symbol.

As Uranus rules Aquarius, the influence of the seventh ray of Ceremonial Magic and

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Ritual is strong here. Uranus bestows innate spontaneous activity, and this produces evolutionary development both natural and spiritual. It is the urge to better conditions. The seventh ray brings into expression on the physical plane the major pairs of opposites, spirit and matter, and relates them to each other, eventually producing one functioning whole.

The other ruling planets of Aquarius are Jupiter (esoteric) and the moon (hierarchical). Jupiter influences develop the second ray of Love-Wisdom in the power to pour out love and wisdom on earth. The fourth ray of Harmony through Beauty and Art, as presented by way of the moon, indicates our field of service on planet earth and the mode of attaining the goal, that of conflict and struggle, in order to reach harmony and thus to express fully all truly human characteristics.

#### FOMALHAUT, THE LONELY STAR OF AQUARIUS

Aquarius is, no doubt, one of the oldest constellations to be traced in the night sky. It was a very important part of the culture and imagination of the Sumerian People. It is a constellation filled with faint little stars which are close to impossible to follow in the night sky. The star Fomalhaut<sup>1</sup>, which pertains to another constellation, helps us locate it as it is the mouth of the fish Piscis Australis, in which Aquarius pours its waters. Fomalhaut is located south of Pegasus and Pisces. In Babylonian times, this constellation represented a man, probably the God Enki, which gave the water into the mouth of the Piscis Australis. An ancient constellation, the name *Fom al-Haut*<sup>2</sup> comes from scientific Arabic الاحوت ف م fam al- $\hbar \bar{u}t$  (al-jan $\bar{u}b\bar{i}$ ) "the mouth of the (southern) fish/whale"

The Latin names are *ōs piscis merīdiāni, ōs piscis merīdionālis, ōs piscis notii* "the mouth of the southern fish".

It also represents the Babylonian fish-god Oannes, who came to Earth to teach humans how to become civilized. Piscis Australis was one of the 48 constellations listed by the 2nd century astronomer Ptolemy, and it remains one of the 88 modern constellations.

To the Moporr Aboriginal people of South Australia, it is a masculine being called "Buunjill.

In Greek mythology, this constellation is known as the Great Fish and it is portrayed as swallowing the water being poured out by Aquarius, the water-bearer constellation. In this myth, there is a reference to the great deluge<sup>3</sup> which supposedly happened upon Earth and the Human character is the Waterer that had an amphora from where the water from the flood poured forth. It was because of Fomalhaut, the Fish's mouth, that the world was saved because the Fish drank all the waters, thus preventing the world from being engulfed in the inclement waters.

4 Page

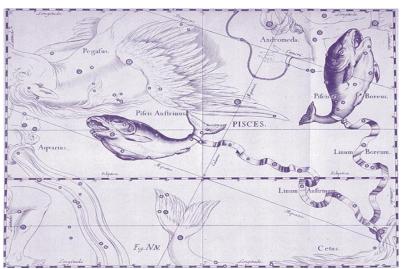
<sup>&</sup>lt;sup>1</sup> This is one of the four key stars in the heavens, also called archangel stars.

<sup>&</sup>lt;sup>2</sup> The Fish's Mouth, has long been the common name for this star, the English astronomer Smyth (1788-1865) saying that Fom Alhout Algenubi appears, with its translation Os Piscis Meridiani, in a still existing manuscript almanac of 1340.

<sup>&</sup>lt;sup>3</sup> This deluge was referred to in the Bible in the story of Noah in Genesis.



The two fish of the constellation Pisces are said to be the offspring of the Great Fish. In Egyptian mythology, this fish saved the life of the Egyptian goddess Isis, so she placed this



fish and its descendants into the heavens as constellations of stars. The Southern Fish was sacred to the Egyptians, who imagined the infamous Nile fish had swallowed the phallus of the dismembered Osiris. In Egyptian mythology, Orion is the abode of Osiris, the pharoah-god who was slain by his jackal-headed brother, Set. Osiris conquered death and, once resurrected, came to reside in Orion.

Fomalhaut is a very interesting and intriguing star because it is one of the few with very noticeable belt dust, which is a strong indication of planetary formation. It has its size very closed of the double size of our Sun, with higher temperatures of almost 9000K.

Fomalhaut has had various names ascribed to it through time. One such name in common use is the *Lonely Star of Autumn* because it is the only first-magnitude star in the autumn sky of mid-northern latitudes. It has been recognized by many cultures of the northern hemisphere, including the Arabs, Persians and Chinese. Archaeological evidence links it to rituals dating back to about 2500 BC. It is one of the Persians' four "Royal Stars"<sup>4</sup>.

Fomalhaut, according to Flammarion, was named *Hastorang* in Persia approximately 3000 B.C.E. It a Royal Star,

one of the four Guardians of Heaven, sentinels watching over the four quadrants of heavens and other stars. In Greece, approximately 500 B.C.E., it was the object of sunrise worship in the temple of Demeter at Eleusis; and still later on, with astrologers, as a herald of eminence, fortune, and power. The Chinese knew Fomalhaut as Pi Lo Sze Mun.

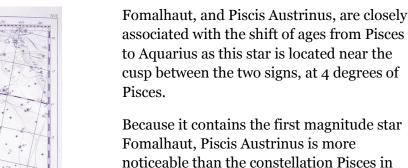
These four royal stars have been used as navigation points throughout the centuries. As the Watcher of the South, Fomalhaut marked the winter solstice, whereas now it culminates at midnight at the end of August.

<sup>4</sup> The Royal Stars of Persia are so named because roughly 5,000 years ago, during the fabled pyramid age of Egypt, these luminaries held tremendous influence. Endowed with almost archangelic power, these legendary stars of antiquity are Aldebaran, Regulus, Antares and Fomalhaut, and in the epoch of 5,000 years ago, they were considered to be guardians of the four corners of heaven and watchers of the directions, forming a heavenly cross near the ecliptic.

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5 | Page





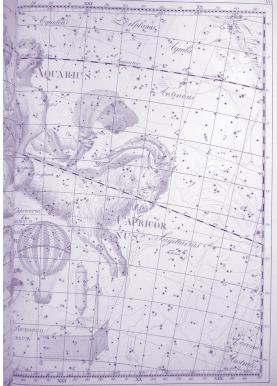
the night sky.

## FOMALHAUT, THE ARCHANGEL GABRIEL'S STAR



The Army of the Voice

The Archangel Gabriel's name means "*The Man of God*" or "*The Divine is My Strength*" and he has been portrayed as the Archangel of Hope, of Annunciation, of Revelations and also the One with the Trumpet: the broadcaster of the good news and the will of God.



In Greek mythology, Fomalhaut<sup>5</sup> was also associated with the monster Typhon, who is said to lie, buried beneath Mt. Etna in Sicily. In Syrian and Canaanite lands it was honored as the symbol of the fish-god Dagon, whose temple at Gaza was destroyed by the Biblical strongman Samson. This temple is believed to have been oriented to the rising of Fomalhaut.

Eratosthenes called this the Great Fish, and said that it was the parent of the two smaller fishes of Pisces, The Fishes. One writer speculates, "As such, swallowing Osiris's creative appendage may well be a processional symbol of the shift from the age of Aries to the age of Pisces." And now,

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<sup>&</sup>lt;sup>5</sup> Credit for information and synthesis: Mythology from Star Tales by Ian Ridpath, and Burnham's Celestial Handbook, Vol. III, by Robert Burhnam Jr, and Persia's Royal Stars by Julie Gillentine



The Archangel Gabriel enlightens us to the way of the truth inside of our hearts, so we can decide on the correct path to take when we are in serious doubt or feeling weak. He is sometime portrayed holding a lily, to symbolize the purity and virtues of the Divine within us. He is also the angel of purifications and transformations. He is the announcer, the bringer of enlightenment through gift of the spirit, the Purifier.

According to the non-canonical Book of Enoch<sup>6</sup>, it was Gabriel who, along with Michael, Raphael, Uriel and Suriel, heard the cries of humanity under the strain of the Nephilim. It was their beseeching of "the Ancient of Days" (Yahweh) that prompted God to call Enoch and make him a prophet.

In Rabbinic traditions, Gabriel is one of the four *Sarei ha-Panim*: high angels that stand at the Throne of Glory; with Gabriel standing at the left hand of God. He is the Angel of Revelation, a role he fills in Christian and Islamic traditions also, as well as the Prince of Fire<sup>7</sup>. Enoch says that Gabriel presides over "*Ikisat*", the fiery serpents or Seraphim, Cherubim, and paradise. Further on, Enoch states that Gabriel presides over "all that is powerful."<sup>8</sup> Gabriel sits at the left hand of God with Archangel Metatron, known in Cabalistic tradition to be the "Voice of God" and his official Scribe.

It is known that Gabriel and Michael functioned as the witnesses at the wedding of Adam and Eve, and he is one of the three

8 Enoch 40:9

angels who appear to Abraham bearing news of the birth of Isaac<sup>9</sup>.

In English-speaking cultures, the image of Gabriel is said to be the angel that shall blow the trumpet blast that initiates the end of time and the general resurrection at the Last Judgment, which has no source in the Hebrew Bible or the New Testament. This assertion may derive from the Norse Heimdall who, according to legend, will sound the Gjallarhorn, alerting the Æsir to the onset of Ragnarök where the world ends and is reborn. It may also be taken from Mother Shipton's Prophecies:

"For storms will rage and oceans roar, when Gabriel stands on sea and shore, and as he blows his wondrous horn, old worlds die and new be born."

The truth is that Gabriel has been related to all the divine annunciations, or *Synaxis*, in every religion that exists.

Gabriel, the holy Archistrategos, or Leader of the Heavenly Hosts, is a faithful servant of the Almighty God. He announced the future Incarnation of the Son of God to those of the Old Testament; he inspired the Prophet Moses to write the Pentateuch<sup>10</sup>, he announced the coming tribulations of the Chosen People to the Prophet Daniel<sup>11</sup>, and he appeared to St Anna with the news that she would give birth to the Virgin Mary.

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7 Page

<sup>&</sup>lt;sup>6</sup> Enoch 9:1-2

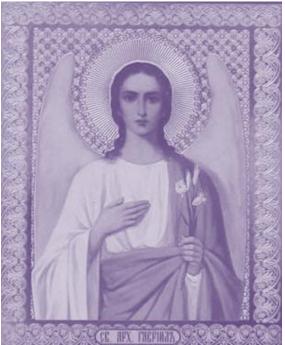
<sup>7</sup> I Enoch; Dev. R. 5

<sup>9</sup> Gen. 18; Mek. 86b

<sup>&</sup>lt;sup>10</sup> the first five books of the Old Testament

<sup>11</sup> Dan. 8:16, 9:21-24





The Arabic name for Gabriel is Jibral<sup>12</sup>, and Muslims believe Gabriel to have been the angel who revealed the Qur'an to the prophet Muhammad.

Gabriel's primary task is to deliver messages from God to his messengers. As in Christianity, Gabriel is said to be the angel that informed Mary<sup>13</sup> of how she would conceive Jesus<sup>14</sup>.

Muslims believe Gabriel to have accompanied Muhammad in his ascension to the heavens, where Muhammad also is said to have met previous messengers of God and was informed about the Islamic prayer<sup>15</sup>. Muslims also believe that Gabriel descends to Earth on the night of Laylat al-

<sup>12</sup> Also Jibril, Jibrīl, Jibrael, Djibril, Jabrilæ or Jibrail

<sup>13</sup> In Arabic, Maryam مرب<sup>2</sup>

<sup>14</sup> Isa

<sup>15</sup> Bukhari Sahih al-Bukhari, 1:8:345

Qadr, "The Night of Destiny" not "the night of power" as some people think. It is a night in the last ten days of the holy month of Ramadan in the Islamic calendar.

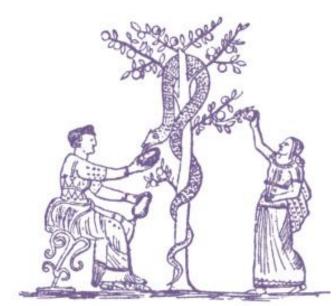
Gabriel, the master of the fourth Ray, is one of the four Angels that guards the four quadrants of the heavenly skies. He also presides over the tests and initiation that all humans face on Earth today, when they are in the physical form. In ancient Egypt, the pharaohs had to perform inevitable tests of the cardinal cross through the elements of Fire, Water, Air and Earth in real life; nowadays, we have to face these same tests inside of our sensible bodies. Gabriel introduces us to the mysteries of the of Holy Waters Initiation in the higher realm of existence, and guides us to a new stage for the growth of consciousness and awareness. It symbolizes the rebirth, the coming of spring, not yet manifested, and the baptism in the lustral waters of Spirit.

### THE ARCHETYPICAL JOURNEY: HERCULES AND THE APPLES OF THE HESPERIDES

The path of enlightenment is not easy and as is mentioned in the Bible: "many will be called but few will be chosen". The seriousness of each lesson represents a step towards the perfected Human we all yearn to become. The paths of this sacred journey bear many fruits and gifts, which are said to be recompense of the spiritual labors we perform in ourselves. They are also *jewels for the Soul*, not powers, but abilities given to us by Spirit. These Gifts are mystical apples that grow in the Garden of the Wonders of the Soul.

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Again we use the reference of Hercules and his Labors, the external flight of a pursuit for his Immortal Self and the expansion of his super-human abilities.

His eleventh labor<sup>16</sup> was to be one of the most hard and dangerous of all. The Hesperides<sup>17</sup>, or Daughters of Evening, were nymphs<sup>18</sup> assigned by the goddess Hera to

<sup>17</sup> These apples were kept in a garden at the northern edge of the world, and they were guarded not only by a hundred-headed dragon, named Ladon, but also by the Hesperides, nymphs who were daughters of Atlas, the titan who held the sky and the earth upon his shoulders.

<sup>18</sup> The Hesperides are, like the Sirens, possessed of the gift of delightful song. The apples appear to have been the symbol of love and fruitfulness, and are introduced at the marriages of Cadmus and Harmonia and Peleus and Thetis. The guard certain apples which were presented by Gaia to Zeus after his marriage with Hera. These were kept in a grove surrounded by a high wall and guarded by an immortal dragon named Ladon, whose many heads spoke simultaneously in every language: a "Babel" of tongues. The grove was located in some far western land in the mountains named for Atlas. These apples were not, as some have said, in Libya, but among the Hyperborean.

Atlas was a Titan: a member of the first generation of gods born of Earth. One of his brothers was Cronos, father of Zeus. Atlas made the mistake of siding with Cronos in the war against Zeus. In punishment, he was compelled to support the weight of the heavens by means of a pillar on his shoulders. Hercules, in quest of the apples, had been told that he would never get them without the aid of Atlas<sup>19</sup>.

When Hercules was in his way to fetch the Apples, Cygnus, son of Ares, challenged him to single combat near the river Echedorus in Macedonia, but a thunderbolt was hurled between the two and parted them.

Herodotus claims that Heracles stopped in Egypt, where King Busiris decided to make him the yearly human sacrifice, but Heracles burst out of his chains.

golden apples, the gift of Aphrodite to Hippomenes before his race with Atalanta, were also plucked from the garden of the Hesperides.

<sup>19</sup> Atlantis comes from the name of Atlas; and it means the ones that would support the maintenance of this world. The reference here relates to the columns of the Temple that sustain the life and the evolution of this planet

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9 Page

<sup>&</sup>lt;sup>16</sup> After Heracles completed his first ten Labors, Eurystheus gave him two more claiming that neither the Hydra counted (because Iolaus helped Heracles) nor the Augean stables (either because he received payment for the job or because the rivers did the work). The first of these two additional Labors was to steal the apples from the Garden of the Hesperides.



Later on Hercules seized Nereus<sup>20</sup> while he slept, and though he changed into all kinds of shapes, Hercules held him and did not release him until Nereus told the whereabouts of the Apples and the Hesperides.

As he was marching towards the land of Hesperides, he arrived on Mount Caucasus. It was on this mountain that Zeus ordered Hephaestus to chained Prometheus and nail him to a rock to punish him for he had stolen fire from the gods and gave it to man.

Prometheus was bound for many years and every single day an eagle came to him and devoured his liver, which grew by night. In that way was Prometheus punished for the theft of fire.

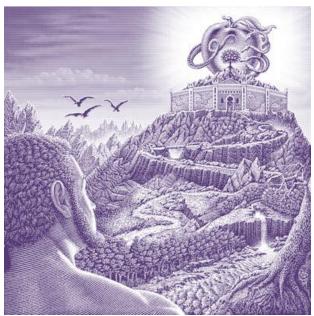
Hercules was very touched by the torment of Prometheus that with an arrow killed the eagle and released the benefactor of men.

While Prometheus was thanking Hercules, he asked him where he was going and Hercules explained to him that he was after the Golden Apples of Hesperides.

"You will not make it", said Prometheus.

"Why, is it so difficult?", asked Hercules.

"Do not enter Heras' garden, for any mortal man who enters dies. Near the garden you will find Atlas, who is immortal, and he is holding the heavens so that they would not touch the earth. Take his place, and ask him to enter the garden and fetch the apples to you."



Hercules thanked Prometheus for his advice and marched for the Hesperides. After many days he arrived on a tall mountain where Atlas was holding the heavens day and night.

# "What is it that you seek, human, in this place?", asked Atlas

Hercules explained his task to the Titan and asked of his help. The Titan was only too happy to oblige, since it meant being relieved of his burden. But first, Hercules would have to do something about the noisily vigilant dragon, Ladon. This was swiftly accomplished by means of an arrow over the garden wall.

So Hercules held the Pillar of the Heavens while Atlas went into the garden of the Hesperides to retrieve the fruit. It was not long after that Atlas returned with the apples that he stole. He saw Hercules holding the heavens and realized how pleasant it would be not to have to strain for

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**10** | P a g e

<sup>&</sup>lt;sup>20</sup> Nereus was known as the Old Man of the Sea, the shape-shifting sea god. This is a clear reference to the waters of Aquarius.



eternity keeping heaven and earth apart.

"Thank you", said Hercules, "now come and take your place."

But the Titan shook his head negatively.

"Now that I have found someone to replace me, do you think I am stupid to get back there? Anyway thank you Hercules for redeeming me of this martyrdom."

But Hercules, who was much cleverer than the Titan, said to him,

"I will stay and hold the heavens, but since I am not used to it yet and it's pressing my head could you hold them for a while so that I can go and get a pillow for my head?"

Atlas believed Hercules and took up the heavens once again on his shoulders. Hercules then took the Hesperides<sup>21</sup> apples and strolled off, omitting to return.

Hercules fetched the apples to Eurystheus, but the king was afraid to keep them so he offered them to goddess Athena. The Hesperides returned to their prominent position, and the location took on the name of the nymphs and the garden.

The archetypical journey presents to the seeker more than one challenge at this time. With Stellar Code<sup>™</sup> - Lyra, the aspirant faced the terrors of the Dweller of the Threshold. Now, we are now facing

<sup>21</sup> This version of the myth is attributed to Hesiod (Theogony, 215)



someone stronger, the second Dweller which is the one that guards humanity's collective unconscious and will only let pass those who are detached from the strong holds of materiality and fear. This is a battle that tends to happen inside of the mental plane, not on the emotional, as was the first challenge. This Stellar Code<sup>™</sup>, along with the preceding and following ones, are approbatory studies and practices to equipped one to expand the level of understanding and connection with one's divine elements, the counterparts of our soul's and Monad's Divine elements.

It is through the performance of purification and spiritual work that one can finally open the channels of communication with one's Solar Angel, or the Angel of the Presence. These are all steps that evoke on us the ancestral need to transmute our Human Souls into Diamond Souls and conquer the stage of self-realization and ascension we are all in search of.

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