

Spiritual Discipleship





The Souls of people, on their way to Earth-life, pass through a room full of Lights; each takes a Taper, often only a spark, to guide it in the dim country of this world.

But some souls are rare fortune, are detained longer and have time to grab a handful of Tapers, which they weave into a Torch. These are the Torch-Bearers of humanity, its Poets, Seers, and Saints, who lead and lift the race out of darkness, towards the Light. They are the lawgivers and the Saviors, the Light-Bringers, Way-Showers and Truth-Tellers, and without them, Humanity would Loose its way in the Dark...

~ Plato

What does it mean to be a Spiritual Chela?

The ark of God in this age is the purified hearts of working disciples.

~ JJ Dewey

In ancient times, the word Chela was ascribed as Cheta (ceta), or Cheda (ceda), and originally was meant to portray one that was a servant. But once you start following the path of self-realization, one that aspires to be a Chela becomes a disciple, a follower and student of a mentor or teacher; or even a

follower of one or more of the ascended masters. The relationship between the master and his Chela is one of loving support, kindness and extreme compassion.

The word disciple has its origins in the word discipline. In its most general sense, discipline refers to systematic instruction given to a disciple.

Individuals that aspire and desire the privilege to be a Chela of one of the Ascended Masters must be “obedient” to the Divine Laws, cultivate Mindfulness, and to develop the disposition and availability to discipline oneself in order to reach a path of self-transformation and enlightenment.

To discipline the mind, the influx and outflow of emotions, to regulate your heart vibrations, the words, and the way we treat our physical bodies require constant work, determination and perseverance. These are very necessary elements to prepare a soul to journey through the initiation of self-realization.

The Apostle Paul of Tarsus in his writings says: “I die everyday”, but what does that mean? For those working on the spiritual path, it means that each and every day the disciple will work towards the liberation of attachments of negatives aspects of their personalities and replace them with Divine characteristics or virtues.

It may be a difficult path, but it is a path trailed by many Masters and Teachers before. It is one of the many manifestations of the Path of Service. If one individual can do it and succeed, many others can attempt it and also succeed.

The Ascended Masters’ path helps the disciple and Chela to build back, step by



step, the path back home through the working and opening of new internal gateways. They are masters of compassion and dedication, and they are filled with loving kindness towards humanity. They help abundantly all of those that are making intentional work towards becoming a Chela.

When the disciple is ready, the Master will appear and offer him the fruit of the Spirit, and the two will eat together with joy.

~ JJ Dewey

Many times the path of the initiate is a solitary path. The real Chela, however, will never suffer from loneliness because once you start the spiritual path, you are connected with the Light and all the Beings that serve the Light within the Christ Consciousness and for the greater good of all.

It is not uncommon that the Chela will not necessary see and interact with the master at will, nevertheless it will feel your presence, and will send the teaching and the internal guidance from the internal planes of its own Being. The reason this relationship is difficult is simply a matter of adjustment of the different frequencies that both the Master and Chela are operating from.

Even though I am free of the demands and expectations of everyone, I have voluntarily become a servant to any and all in order to reach a wide range of people: religious, nonreligious, meticulous moralists, loose-living immoralists, the defeated, the

demoralized-whoever. I didn't take on their way of life. I kept my bearings in Christ-but I entered their world and tried to experience things from their point of view. I've become just about every sort of servant there is in my attempts to lead those I meet into a God-saved life. I did all this because of the Message. I didn't just want to talk about it; I wanted to be in on it!

~ Corinthians 9:19-23,

The modern Spiritual Seeker, the Chela, does not need to become a recluse or to hide himself from the world in order to find the path of his ascension. By the rule of thumb,



the Master will need its Chelas to be in the world, performing different tasks, in different professional areas; but still working as a living example of his teachings. As Christ Jesus said: *Be in the world, but don't be from the world.*

There is an interesting story told by the disciples of Saint Francis of Assisi: one day, during their daily pilgrimage, after alms in the little villages of Italy; Saint Francis sent two of his Friars to the little town. They argued with him that they had visited that town before and due to the fact they were very poor, they would not have condition to help them with donations of food and regular alms. As an answer, Saint Francis said to them. "I wish you both to go there and just walk around the Plaza in circles a couple of times. The reason we are here is not to get alms but to give at the same time the testimony of our faith and to be the witness (a Model) of God's Grace to all."



“Just as gold must pass through the refiner's fire before it reaches its highest purity and value, even so must the disciple pass through every obstacle that can be thrown in his way on the path of service.”

~ JJ Dewey

The work of a dedicated Chela is the heart, the hands and the mind of his masters, embodied through the physical octave of Manifestation. It is the Chela's responsibility to hold the Light of the Divine flames on earth and to anchor this Light so that others can also benefit from it.

To be a true Chela is to carry the true Light of Christ Consciousness. Light is perfection, plenitude and abundance of pure unconditional love. Perfection is not yet the pure vibration of this world; therefore, for the keepers of the Flame, the Chelas of the Divine Light, the dedication to service to others, the loving devotion to the Source of all creation, is what maintains the influx of Light coming to Earth.

It is known that the more the Chela works in order to purify and educate his lower vehicles (the Physical and other three subtle bodies), the more Light this soul may be able to carry, ground and anchor into this world. The Light comes from the Eternal Emanation of the Divine Grace manifested through different levels of consciousness and is given to the Chela to redistribute, as a conduit, to heal others and to protect them.

“Keep checking with your souls, and when the link called in the east the Antahkarana is created, then the seeker graduates from a sheep to a disciple to a shepherd.”

~ JJ Dewey

Journeying through this pathway requires a discipline of prayers, meditations, dedication to studies and also a will to develop compassion though it's higher forms. Many spiritual exercises and techniques must be practiced to keep the focus and the right alignment of the mind with the heart. Not all of those practices will seem fruitful or even pleasurable to be done, but as cosmic

dancers, one that aspires to the path of Chela should train their spiritual muscles as ballerinas train incessantly everyday to reach the correct angle or glimpse of perfection.

Though these practices, the Chela develops and amplifies the possibilities of

exchange and communication with the higher realms. This is the truth behind the cycle of the Alpha and Omega, between the Mother /Father God or ALL THAT IS, the soul striving for enlightenment, and the recognizing of position and authority of the Son, the Christ Consciousness, utilizing the Word (God's idea in action) to perform its Will on Earth.

There will be many times that the working disciple will have to use the power of detachment. The disciple must realize that they are not their body, not their feelings and not even their mind and stand back





*and watch these feelings and thoughts
brood and move, yet make their decisions
in the light of the soul without attachments
to thoughts and feelings of their lower
bodies.*

~ JJ Dewey

The path of the initiated is a path of soul trials, and it is to be expected that the seeker, the Chela, will be tested everyday by its master. As on a regular academic curriculum, one would be expected to perform well on tests in order to receive the respective degree; and so it is on the spiritual path. The highest honor a Chela can receive through accomplishments on the path of discipleship is the receiving of the Master's Mantle, which carries the charisma and energetic signature of the teacher, the energy one is striving to identify with.

In order to be a right channel for the Light of the Master, the Chela must be an avid student, meditate upon the teachings and absorb them according to his better understanding and become the living example of the teachings, in other words, to walk the talk.

When starting the spiritual journey, the Chela is always closely assisted by his Master (or Masters) and the legion of Angels that function not only as protectors and guardians, but also as spiritual advisers. It may seem a difficult path, but in truth it is not: it is a natural unfoldment of the path of life and blossoming of spiritual advancements.

*When the disciple learns to differentiate
between the voice of the false ego and the
spirit, he can know for sure his mission is
true and useful.*

~ JJ Dewey

It is very difficult at first to identify who is your Master and Teacher. Only time can answer this question and only the Chela will be able to receive the answer, because it will naturally come as a realization of the heart. The Path of Spiritual Progress is designed to enable one to be the best conduit for Divine Grace and a true vehicle of miracles.



One becomes a true Chela in order to bless the planet and heal humanity. The Chela is an embodiment of its Master. As they become One in Light, their Higher Divine I AM Presence starts to function harmonically and in perfect balance.

The ultimately objective of the Spiritual Path of the Chela is to reveal in itself the 12 Aspects, or Rays, of the Divine Mind of Mother/Father God, to integrate these energies in their Divine Matrix template, the DNA, and to allow the full blossoming of the Divine Potential in the Chela.