



KAHUNA RITUAL FOR UNCONDITIONAL FORGIVENESS



WHAT IS KAHUNA?

According to Lorrin Andrews, author of the first Hawaiian dictionary published in 1865, "kahuna" is a contraction of "kahu" (to cook, especially in an earth oven) and "ana" (a particle that adds "ing" to a word). So the base meaning by this idea is "a cooking." This doesn't make much sense until you learn that "kahu" also means "to tend an oven, or to take care of the cooking."

Ancient Hawaiian thought, from our point of view, was very symbolic or figurative and a word for one type of activity or experience could be applied to other symbolically related activities or experiences. So "kahu," originally referring to taking care of an oven, became a general word for taking care of anything. Another possible origin for the word "kahuna," however, is that it is simply a combination of "kahu" (to take care of) and "na" (a particle that makes words into nouns). In that case, a basic translation of "kahuna" would be "a caretaker."

KAHUNA RITUAL FOR RELEASE OF BONDS, BLOCKAGES AND SAMSKARIC RESIDUES

This is a powerful ceremony for unconditional forgiveness and release. This ritual was conceived to be performed during 21 consecutive days, because 21 is a number that deals with closing of cycles, and it is also considered as a pattern of exchange and transformation of energies. If you miss one day, we strongly advise you to start again from square one, in order to harvest all the benefits of this ceremony. This is a ritual that will alchemize your emotional and spiritual bodies, integrating elements that are in dissonance with your life program and eliminating every feeling that is no longer needed in your current life path.

PREPARATION

Choose a tranquil place where you can concentrate and be outside of the daily demands. Light a candle or incense, if you feel guided to do it. We would recommend purple and or pink candles and Rose incense if possible. The essence of roses allows the energies of the heart to flow more harmoniously throughout the energetic field created by this ceremony.

Breathe deeply at least three times and activate your Soul star. Visualize your Soul Star above your head, more or less 6 inches above your crown chakra as a small but very luminous sun.

Breathe in the radiance of your Soul and consciously direct it to your heart center.

Declare and decree out loud:

To all the people that have hurt me in this lifetime, along with all of the beings I myself have hurt, mistreated, cause pain and

suffering, intentionally or not, I dedicate this time to open a clear space of love, forgiveness and release. And So It Is.

It is the pure intention of my heart to eliminate the obstacles, blockages and energetic bonds that are impeding my Soul to reach other levels of conscious manifestation, as I understand that the same energy may be impeding others to reach their full Soul potential as well.

At this moment I declare , decree and dream awake that I forgive all the beings that have caused me pain, suffering, mistreats and unnecessary difficulties in this lifetime. I forgive and release all beings that have rejected me, hated me, abandoned me, betrayed me, ridiculed and humiliated, inflicted fear or illusion in my life.

I specifically will to forgive those that in one way or another provoked me, through my imperfections and caused me to react violently, losing my patience; I decree the cleansing, releasing and liberation of my feeling of remorse, shame and inadequate guilt.

I recognize that I am and was an active contributor in these offenses, and that is have lost many time my sense of divine connection, being guided only by the illusionary feeling of my hurt ego.

I forgive myself for the years that I withstand mistreat aggressions and negative influences from beings I believed I depended upon, with an intention to be loved and respected by them.

I declare myself completely free of the compulsive necessity to suffer, and completely released from the obligation to live with toxic individuals and environments.

I declare in confidence and truth that now I am giving birth to a new healthy phase in my life, in good company of people with amicable

attitude, noble feelings and clear intentions; individuals that are geared to the building a brighter future to all and aligned with the greater good.

I am making a conscious commitment to not complain or engage in negative talks, gossips, or mingle with negative people. If this occurs in my life, I will consciously and unconsciously be reminded that these people are already forgiven and released from my present intimate Universe, permanently.

I am no longer a fragmented human being, I AM as of right now a complete self-aware, self-realized and sovereign being, conscious of my responsibilities and in control of my free will.

I am thankful and grateful for all the experiences and difficulties I was presented inside of this lifetime because they were the opportunities disguised as karmic life lessons needed to be mastered by my Soul. I recognize all of them as necessary footsteps on my path of self-mastery.

When reminded of the people that caused me harm, I will release them to the Light of the Creator and will remember only their positive traits and actions. I understand that every single sentient being in this lifetime are purely in the pursuit of happiness, love and understanding and many times they have lost the perspective of their needs, misinterpreting their Soul path. I voluntarily plea for their release from the bonds inside of the wheels of cause and effect.

I consciously release all of the beings that have rejected my love, care and good intentions, because I recognize their sovereign right to reject help and not to correspond to my expectations and beliefs.

I knowingly offer my forgiveness and humbly ask for the forgiveness of all the people that consciously and unconsciously I offended, damaged hurt and cause any sort of pain and

suffering, and consciously request their compassionate pardon of my actions; I now release all the hurt to the sacred flame of unconditional love, inside of the Heart of God. We are now ONE. I declare and decree that the only bonds now present in my life are ones of love and oneness; we are ONE in the love of God.

THE CLOSING

Feel the peace and relief that will come over you, the clean consciousness, and the easy breathing pattern after you release all of these energetic ties. Bask in this sensation for a while and concentrate again in your Soul Star above your crown chakra and send upwards towards the higher spheres of the cosmos the pure energy of your Soul to your Higher Self.

You will feel this connection growing stronger each day, once this exchange of purity and beauty is established. Send voluntarily, when you feel prepared, a loving declaration of hope, love and your purified Light to your Higher Self, asking its guidance and assistance to overcome new challenges and to perform your life purpose, in accordance with and in alignment with the laws of the Universe. Ask it for inspiration and support in the execution of the new projects you have for yourself. Invite it to be the catalyst of prosperity, joy and self-realization inside of your life. Consciously thank all the beings of love and Light that were involved in this process of liberation for your greater good and in exchange you will try to vibrate now on always meaning the greater good for all involved in your life and lives that you may touch. Affirm yourself once again as the only power in control of your emotion and spiritual life, as a sovereign being aligned with the pure vibration of Christ-consciousness.

"I now decree that this prayer takes its flight. Let the rain of blessings fall."

And So It Is.