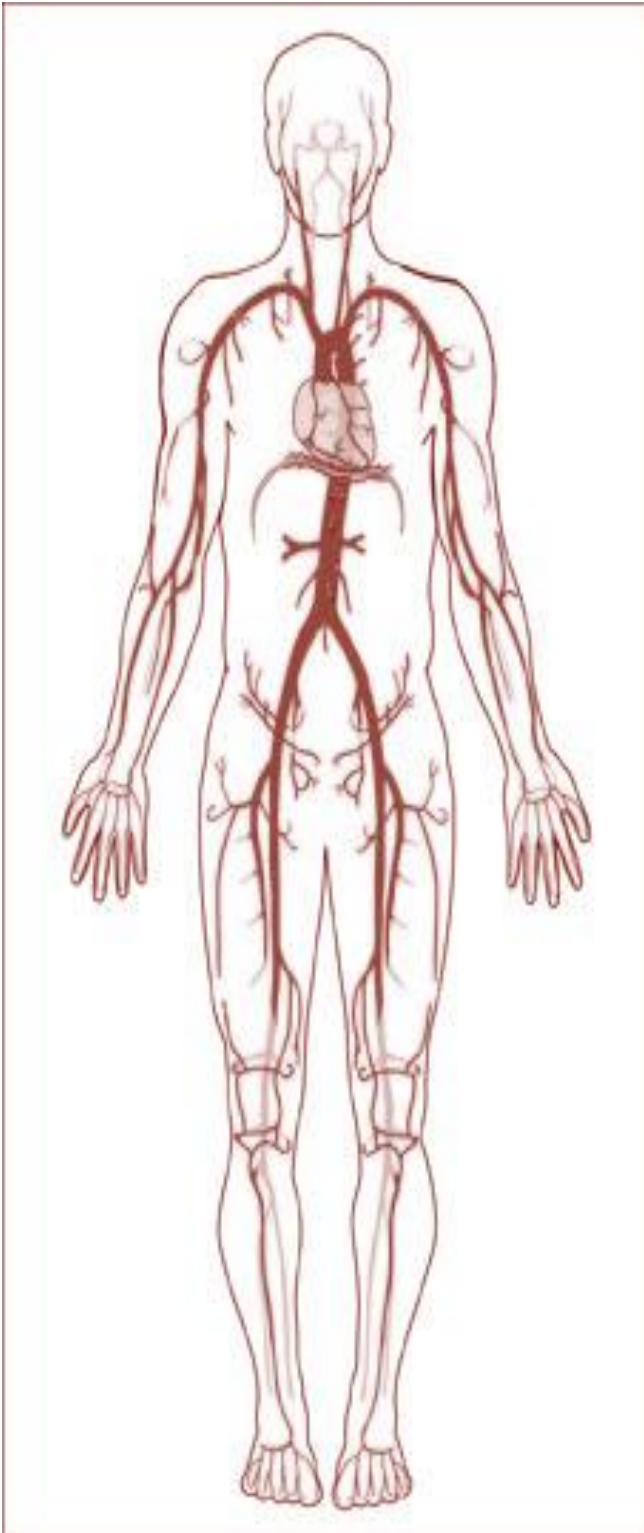


# Blood Cleansing



# Attunement



## **BLOOD CLEANSING**

## **SELF-ATTUNEMENT**

The main purpose of this attunement is to connect yourself with a higher level of vibration, through the cleansing of your blood stream and of all the genetic material, or residues, that may be impeding the regeneration and weaving of the new spiritual tissues of your auric field.

The blood cleansing procedure is one of the many ways to work upon your physical system to improve your natural abilities and spiritual advancement.

The reason behind this is to completely connect the individual with a pure stream of energy that flows freely from its Divine Soul Source.

The procedure described through this e-book, can easily be applied and utilized in other sectors of one's life. The exercises will bring a transformational onset of neuro-dynamics and will undoubtedly create new pathways in how to deal with hereditary and customary vibrational patterns.

## **TRANSFORMATIONAL BREATHING / SACRED RHYTHM**

Breathing deeply and profoundly with or without any type of affirmation or intention, can be in itself a very cleansing process. Through different breathing techniques, we can access diverse types of emotions and attitudes, bringing them to the present



moment from where we can transform and transmute them.

Deep breathing is an intense process that allows the admission into the realms of our unconscious mind, from where the psychological, emotional and mental problems derive. Once we can open the doors of this “reservoir” of chaotic energies, we are able to purify and integrate them to a new substratum, our higher selves, through the acceptance and release of patterns that no longer serve us.

The higher self has the ability, the knowledge and wisdom to transform these remains into an integral source of untapped energy of change. As we purify the energies that are out of balance in our system, namely in our circulatory system, the interface with the Divine I AM Presence grows more intimately.

The ancient Healers talk about the transporting of the prana, as the carriers of the vital force that creates and maintains the Universe. As the vital energy permeates our physical bodies, the pranic frequencies can elevate the vibrational rate of our emotions, augmenting the healing and upgrading of dissonant patterns.

The pranic circulation emulates the same circulatory pattern developed by the blood circulatory system.

As we know, thoughts and emotions have their vibratory frequencies in duality, which is very much real and alive. When we focus our attention to or when we react to an intense emotion from another person or situation, we unconsciously create energies called thought forms. These thought forms

can organize themselves in diverse ways, depending on the will and intent they have behind their generation. When you project intense emotional charge with feelings such as hatred, jealousy, rage, passion, guilt, and even love, both parts involved on this exchange are affected.

When these feeling are projections of spiritual love and compassion, what also occurs is a beautiful synergy that will benefit both parts involved.

When the opposite occurs, a negative fury is generated and it can and will be toxic for the parties.

Usually the auric field, the subtle bodies, of the person that the fury is directed will tend to “bleed” temporarily.

In both case it is important to be mindful of the differentiation between the malign energies and the sincere reactions. For instance, when you feel disrespected, it can be perfect normal to react with irritation and resentment.

When you keep a mindful eye upon the dynamics of your internal world, you will feel that these feelings will be healed positively and cleansed out of your system in no time. The understanding of their origins as reactions, not as source, can be a truthful way to adjust your vibrational pattern.

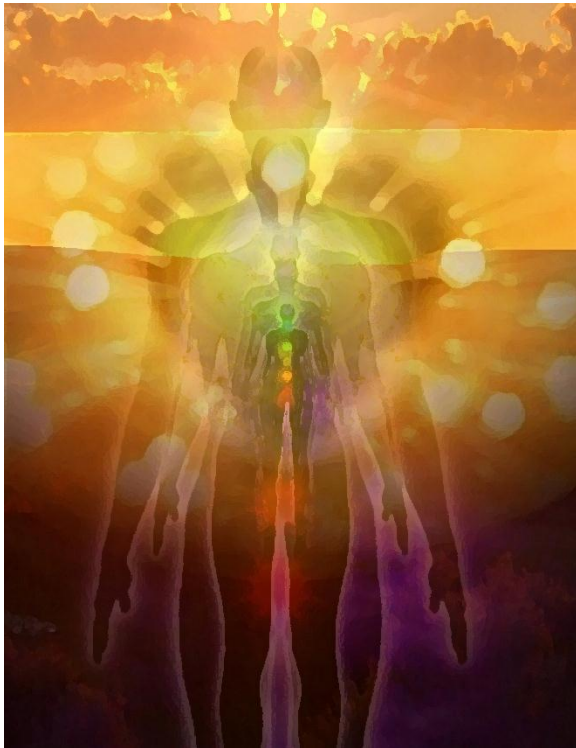
If you prefer instead to continue to feed these lower feelings, adding to it the need to be revengeful or to at least thinking about retribution, you will be engaging in a web that consciously will generate power enough to manifest a semi-permanent thought form.



## **Syntonization Exercise**

Activate your Soul Star. When working with your extra-physical body, always activate your Soul Star which is your Soul GPS. In other words, you will be channeling the energies of your soul family to assist you to create the appropriate vibrational frequency to reach the various “veils”, or layers of the SELF.

Breathe deeply and steadily for at least 5 times. Slowly, bring your awareness to your heart center and visualize your entire circulation running through this organ and



going through the veins, and reaching out to other organs, glands and brain. Keep this dynamic process in your mind consciously for at least a minute.

The flowing and circulation of your prana follows the same trajectory, circulating

through your etheric body, then the astral body, the mental body and spiritual body.

Now, open your heart center through the repetition of the mantra:

***Kadoish Kadoish Kadoish, Adonai  
Tsebayoth***

Chant this mantra 12 times, because you need to reach resonance of your 12-strand DNA, whether they are fully manifested or not. This is a syntonization exercise and you need to replicate the energy through all your multidimensional fields of consciousness.

As you repeat the mantra, try to pull the energy from your base chakra towards your heart center. If you get distracted, no worries just stop, acknowledge the distraction as one of the elements to be cleansed and start again.

Once you feel that you brought enough energy from your lower center up to the Anahata Chakra, activate the Violet Flame of the Heart.

Imagine a big pyre of violet fire, always burning and transmuting the negative into positive, shadows into light. This pyre is anchored in a place beyond duality, in a place between your breaths. Only Goodness, Healing and Purification can be generated in this dimension inside of your heart.

Now that you are completely involved with this movement, allow the Violet Flame to become like a liquid Light and travel through your veins in your physical body, first purifying and releasing everything that had broken and /or maculated your heart; physically, emotionally, mentally and spiritually.





Imagine with your mind's eye that this liquid sacred fire is reaching through every organ of your physical and extra-physical bodies, every cell and space between the cells, releasing and transmuting any element in disharmony into a new energy potential for healing, joy, expansion of love, forgiveness and gratitude in your life

Repeat to yourself, but meaning all the words, that you are a perfect soul, conceived by the pure love of Mother/Father (GOD), a pure expression of their desire. You are the holy chalice that holds the power to manifest goodness, healing and Light; not only for yourself, but also for all of those that your life will touch.

This simple exercise will activate a profound karmic cleansing in every level of your being, and as you proceed with this technique, you will progressively feel more attuned to your true life purpose and divine goals. Know that your presence at this time in this planet is due to many reasons that may even not be in your level of awareness.

This exercise will cleanse and refine your circulation system and will release negative residues that were "implanted" through time by the action or inaction of your own Ego.

The constant repetition of this exercise, as a precautional practice when you feel somewhat disconnected with your surroundings or feeling you need a profound detox of energies, may be all that you need to bounce yourself back to a higher state of healthy being.

After anchoring this initiation into your system and practicing it in your energy fields,

one will be qualified to realize it through a planetary level, effectively acting as an agent and crusader of change in this planet.

At a Planetary level, the Divine Energy originated in the Seventh Sphere of Light comes forth as a transmutational power through the flairs of Mercy, Compassion, Love, Forgiveness and Liberation. This power is called the Divine Alchemy which operated Forgiveness and Absolution through the Seventh Ray.

### **Anchoring Symbol**

After practicing the attunement and since the Violet Flame is available to all, without restriction, this blood cleansing can transmute negative attitudes and its effects into perfected patterns through the Law of Love. It is one of the most indicated rays to release the heavy karmic load of mankind.

The symbol to be anchored at the heart level is the spiral.

The spiral is a symbol of the constant flow of the universe and the forces that assist and maintain Creation.



It is in the swirls of the spiral that we find the balance between the Alpha and Omega, where there is no duality, but eternity.

To receive this attunement in its complete form, practice the meditation described above for at least three days and repeat at the end of the exercise that *you are allowing yourself to receive the attunement with the*



*loving assistance of your Higher Self, for your greater good and those that you may touch.*

To activate this symbol on a daily basis after the attunement, you will need to first activate your Soul Star, then repeat the Kadoish Mantra (to open, shield and protect yourself with the higher vibrations of the Cosmos) and activate the spiral in your heart always moving in a clockwise pattern.

The clockwise movement is the movement of Creation, while the counter-clock wise movement is a movement of destruction. It does not mean it is evil, but it means dissolving old structures.

This attunement will align you with the same vibratory field that circulates the energy of Creation and sustenance. This fiery transmission will be a gestalt in your process on your enlighten path.

### **Supporting Practices for the Attunement:**

- Exercise at least 30 minutes a day; through a walk or Tai Chi, yoga etc.
- Increase your intake of water whenever is possible. Give preference to harmonized water.
- Whenever is possible bathe in sunlight. Make regular use of salt baths along with baking soda, at least once every two weeks.
- Make regular use of foot baths to detox from heavy metals in your system.
- Avoid abuses in food and the excessive use of alcohol.

- Use noble metals around your neck when feeling devitalized.
- Reserve enough hours in your day to have a decent rest and calm sleep.
- Remember, the maintenance of your field of consciousness is the base of your spiritual health and expansion.
- Precious stones that are transparent usually have the capability to produce waves of light that amplify the power of circulation of Prana in your subtle bodies.

### **Invocation**

I am the Law and Forgiveness that transforms life through the Law of Forgiveness and Liberation. I am the Law of Forgiveness and Absolution from the Transformation Flame.

I, \_\_\_\_\_, consciously appeal through the Law of Forgiveness and the Divine Law of Grace to purify, transform and integrate all my bodies, organs, glands and cells, blood and circulatory systems through the Light of my I AM Presence.

I consciously decree back the state of Celestial Purity for my being, in all realms, frequencies, vibrations and dimensions, in this Universe and Multi-verses, in perfect alignment with Christ-consciousness and the Law of ONE.

I seal this promise in the space between breaths; anchor it in a place beyond duality of shadows and light, from where only the greater good vibrates for the benefit of all concerned.

And So It Is and thank you, God. Om Shanti Om.