

Stellar Code™
Sirius
Guidebook



Preface

Each year at the Sirius / Leo alignment, a great light is offered to the Travelers of the sacred path bringing to us a new opportunity, regeneration and a possibility to correct the internal compass from the Soul and start anew.

The Soul Light within us is ever increasingly aware of the spiritual light emanating from Sirius. This light is like no other; remember the first time you glimpsed the Soul light, the brilliance, the beauty, the illumined truth it brought to the life. The spiritual light from Sirius is of such potency, it is beyond our comprehension initially.

We seek this light, and in doing this prepare for Humanity to become one with this light.

The Sirius ~ Leo alignment arise a new tide of energies and through divine grace, we can ease up a diversity of vibrational notes that can positively enhance the Soul performance in this lifetime. Through this continued effort, Humanity can improve and boost the connection with the Divine and definitely open the doors of important learning experiences: Compassion, Leadership, and clarity of Soul purpose. This Attunement is to prepare the Initiate for the task of working with humanity and in turn Planet Earth in the ultimate cosmic service: bringing us into contact with the Heart of God.

Stellar Code™ – Sirius consists of three Threads: the Sirius Empowerment, the Regulus Empowerment and the Talitha



Kumi Empowerment. These three Threads weave the first Strand for the Cord of the Lightmaker¹.

*“From Regulus, DEDICATION
From Aldebaran, INTEGRATION
From Sirius, ILLUMINATION
and from this One and that One
And all the shining singing-together Ones,
JOY”
~ Mary Esther Crump*

¹ The three Cords of the Stellar Codes are the Lightmaker, the Lightwarrior and the Lightweaver. The weaving of these Cords results in the expansion of the personal Antakarana, or Divine Connection, and through the individual, the enlargement of the World Antakarana.



Sirius – The Star

Sirius is the brightest star in the night sky. It is almost twice as bright as Canopus, the next brightest star. The name "Sirius" is derived from the Ancient Greek Σείριος *Seirios* (the "scorcher"). What the naked eye perceives as a single star is actually a binary star system, named Sirius A, and a faint white dwarf companion, named Sirius B.

Sirius appears bright due to both its intrinsic luminosity and its proximity to Earth. At a distance, the Sirius system is one of Earth's near neighbors. Sirius A is about twice as massive as the Sun and has an absolute visual magnitude. It is 25 times more luminous than our Sun but has a significantly lower luminosity than other bright stars such as Canopus or Rigel. The system is between 200 and 300 million years old. It was originally composed of two bright bluish stars. The more massive of these, Sirius B, consumed its resources and became a red giant before shedding its outer layers and collapsing into its current state as a white dwarf around 120 million years ago.

Only 8.7 light years from the Earth, Sirius is the fifth nearest star to us. Except for Alpha Centaur, it is the closest of all the stars we can see with our naked eye. The vastness of space is dramatically illustrated by the fact that even such a nearby star is 550,000 times more distant than our sun. Sirius is a member of a moving group of stars often called the Ursa Major stream, with members scattered all over the sky. The most prominent members of this stream are Alpha Ophiuchi, Beta Aurigae, Delta Leonis, and Alpha Corona Borealis — and Sirius.



Sirius is also known colloquially as the "Dog Star", reflecting its prominence in its constellation, Canis Major (Big Dog). The heliacal rising of Sirius marked the flooding of the Nile in Ancient Egypt and the "Dog Days" of summer for the Ancient Greeks,



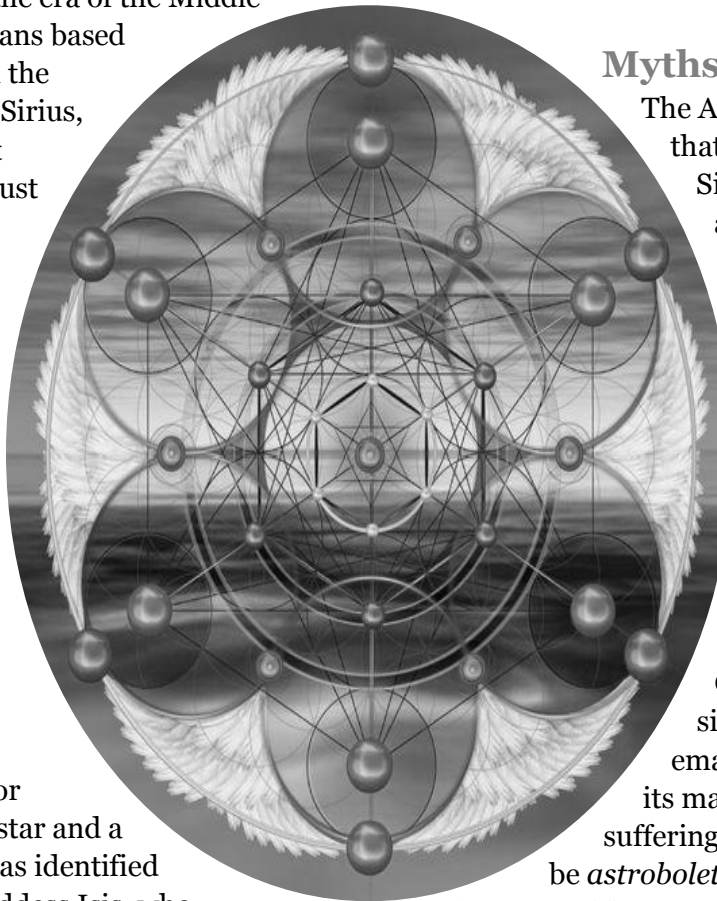
while to the Polynesians it marked winter and was an important star for navigation around the Pacific Ocean.

Sirius, known in Ancient Egypt² as *Sopdet*, is recorded in the earliest astronomical records. During the era of the Middle Kingdom, Egyptians based their calendar on the heliacal rising of Sirius, namely the day it becomes visible just before sunrise after moving far enough away from the glare of the Sun. This occurred just before the annual flooding of the Nile and the summer solstice, after a 70-day absence from the skies.

The hieroglyph for Sirius features a star and a triangle. Sirius was identified with the great goddess Isis, who formed a part of a trinity with her husband

² Sirius, considered by the ancient Egyptians to be the most important star in the sky, was astronomically the foundation of their entire religious system. Its celestial movements determined the Egyptian calendar. Sirius's heliacal rising, when Sirius again rose into visibility after being hidden by the sun's light for 70 days, marked the beginning of the Egyptian year and roughly coincided with the flooding of the Nile: major events marked by feasting and celebration.

Osiris and their son Horus, while the 70-day period symbolized the passing of Isis and Osiris through the *duat*, the Egyptian underworld.



Myths

The Ancient Greeks believed that the appearance of Sirius heralded the hot and dry summer, and feared that it caused plants to wilt, men to weaken and women to become aroused. Due to its brightness, Sirius would have been noted to twinkle more in the unsettled weather conditions of early summer. To Greek observers, this signified certain emanations which caused its malign influence. People suffering its effects were said to be *astroboletos* (αστροβολητος) or “star-struck”. It was described as “burning” or “flaming” in literature. The season following the star's appearance came to be known as the Dog Days³ of summer. The

³ Many cultures have historically attached special significance to Sirius, particularly in relation to dogs. Indeed, it is often colloquially called the “Dog Star” as the brightest star of Canis Major, the “Great Dog” constellation. It was also classically depicted as Orion's dog. The Ancient Greeks also thought that Sirius' emanations could affect dogs adversely, making them behave abnormally in the heat of summer



inhabitants of the island of Ceos in the Aegean Sea would offer sacrifices to Sirius and Zeus to bring cooling breezes, and would await the reappearance of the star in summer. If it rose clear, it would portend good fortune; if it was misty or faint then it was foretold to emanate pestilence. Coins retrieved from the island from the 3rd century BC feature dogs or stars with emanating rays, highlighting Sirius' importance. The Romans celebrated the heliacal setting of Sirius around April 25, sacrificing a dog, along with incense, wine, and a sheep, to the goddess Robigo so that the star's emanations would not cause wheat rust on wheat crops that year.

Ptolemy of Alexandria mapped the stars in Book VII and VIII of his *Almagest*, in which he used Sirius⁴ as the location for the globe's central meridian. He curiously depicted it as one of six red-colored stars, therefore categorizing it such as Arcturus and Betelgeuse.

Bright stars were important to the ancient Polynesians for navigation between the

("Dog Days"—the Romans knew these days as *dies caniculares* and the star as Canicula, "little dog"). Their excessive panting was thought to place them at risk of desiccation and disease. In extreme cases, a foaming dog may have rabies, which could infect and kill humans who'd been bitten. Homer in the *Iliad*, describes the approach of Achilles toward Troy in those very terms:

"Sirius rises late in the dark, liquid sky
On summer nights, star of stars,
Orion's Dog they call it, brightest
Of all, but an evil portent, bringing heat
And fevers to suffering humanity.

⁴ Sirius is mentioned in *Surah* (chapter) 53 of the Qur'an titled *An-Najm* ("The Star"). It is mentioned by name: "*That He is the Lord of Sirius (the Mighty Star).*" (53:49)

many islands and atolls of the Pacific Ocean. Low on the horizon, they acted as stellar compasses to assist mariners in charting courses to particular destinations. Sirius



served as the body of a 'Great Bird' constellation called *Manu*, with Canopus as the southern wingtip and Procyon the northern wingtip, which divided the Polynesian night sky into two hemispheres.

Just as the appearance of Sirius in the morning sky marked summer in Greece, so it marked the chilly onset of winter for the Māori, whose name *Takurua* described both the star and the season.



Its culmination at the winter solstice was marked by celebration in Hawaii, where it was known as *Ka'ulua*, "Queen of Heaven". Many other Polynesian names have been recorded, including *Tau-ua* in the Marquesas Islands, *Rehua* in New Zealand, and *Aa* and *Hoku-Kauopae* in Hawaii.

In the Sumerian civilization, predating the Egyptians, their epic poem, *Epic of Gilgamesh*, describes a dream of Gilgamesh where the hero is drawn irresistibly to a "heavy star" that cannot be lifted despite immense effort.

This star descends from heaven to him and is described as having a very "potent essence" and being the "God of heaven." Gilgamesh had, for his companions, 50 oarsmen in the great ship Argo (this constellation borders Canis Major, where Sirius is found). These elements comprise almost a complete description of Sirius B: a super-heavy gravitationally powerful star made of concentrated super-dense matter (essence) with the number 50 associated with it (which describes its orbital period).

Gilgamesh⁵ was the King of Uruk that ruled ancient Sumeria, in the Mesopotamia region, around 2700 BC. Not much is known about this leader, except what is described on this story, because he ruled more than 4,500 years ago. Historical truth and the mythical story get mixed up with this ancient character. According to an

⁵ The Epic of Gilgamesh is, perhaps, the oldest written story on Earth. It comes to us from Ancient Sumeria, and was originally written on 12 clay tablets in cuneiform script. The use of this story here is merely an allegory to express the influence and capabilities referred to the Sirius as Fixed star, and its power over the destinies of Humanity

ancient poem entitled *The Epic of Gilgamesh*, the ruler was a son of a human man and a goddess woman, which makes him part-god. This supposedly gave him superhuman strength and intelligence, which he used to rule his kingdom.

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"God divided the whole mixture into souls equal in number to the stars, and assigned each soul to a star."
~ Plato

Astrological facts

Sirius was called the star of Mercury⁶ or *Budha*⁷, the great Instructor of mankind before the Buddhas⁸.

At the early stages of the Lemurian race, there was a tremendous influx of force from Sirius and Venus onto our planet and the great event called Individualization took place, the human Souls were brought to Earth and our true humanity was born.

Sirius is said to hold an analogous position to our Sun as the individual human Soul

⁶ Mercury as a planet assumes the role of the one that transmits the knowledge and wisdom of the gods. It is the planet of communications, social contact, and we can say the one that reigns upon the Networking elements of Socio-dynamics.

⁷ This is the correct spelling.

⁸ The Lemurian Race



does to the persona. It is analogous to the Soul of our solar system. It is also said that our ascension is intricately connected with the collective ascension process of Sirius.

Despite the reputation of malign influence for controlling minds from the Greeks, Sirius nevertheless perform a role as a improver of the Human mind, and through the dispensation of Grace during its Zenith point on the Horizon, can greatly progress the possibilities to expand the abilities to think of the Abstract mind, which will allow the human mind to attain other dimensions and reach the “Kingdom of the Souls”.

Sirius is the star of Christ consciousness⁹ and we associate the Christ with the Heart center. Since Sirius is known as the “Dog Star¹⁰”, then the star Regulus, the “Heart of

⁹ The concept of Sirius playing a God-like role to our world is not a new one. The Dogon, the African tribe who have worshipped the invisible star Sirius B for thousands of years, claim visitations from beings of the Sirian system. In their religious dogma, they acknowledge the star as "immensely heavy, invisible, very small, yet extremely powerful." Their understanding of the two stars' orbits coincides exactly with modern astronomical findings, yet was arrived at thousands of years before the equipment needed for such measurements even existed. Their ability to recognize the awesome power of Sirius B, a star that can't even be seen, is truly remarkable. (For further reading on this subject, try Robert Temple's *The Sirius Mystery*.)

¹⁰ In Chinese astronomy the star is known as the star of the 'celestial wolf' (Chinese and Japanese: 天狼; Chinese Romanization: Tiānláng; Japanese Romanization: Tenrō; in the Mansion of Jīng (井宿). Farther afield, many nations among the indigenous peoples of North America also associated Sirius with canines; the Seri and Tohono_O'odham of the southwest note the star as a dog that follows mountain sheep, while the Blackfoot called it 'Dog-face.' The Cherokee

the Lion”, the “Lawgiver”, is the “lens”, the regulator, of energy to the Earth, stimulating a response in humanity to express this consciousness of the heart, the quality we call love. The Soul is a synonymous word for love; Christ, the Heart consciousness.



Sirius is associated with liberation. According to ancient teachings, the very concept of freedom itself resides in human consciousness because of the influence of this star system. The Sirius Attunement and Initiation is a dispensation of Grace coming from the heart of the Creation and it is bestowed to those that are in the rightful search for liberation from the many harmful patternings through a clearing of negative programming within memory cells which will allow the initiate to enter the liberating path of ascension.

The Doorway

On her writings about the Cosmic Paths, Alice Bailey discusses the importance of the connection between the great star Sirius,

paired Sirius with Antares as a dog-star guardian of either end of the "Path of Souls." The Pawnee of Nebraska had several associations; the Wolf (Skidi) tribe knew it as the 'Wolf Star', while other branches knew it as the 'Coyote Star.' Further north, the Alaskan Inuit of the Bering Strait called it 'Moon Dog.'



and the brightest star in our night sky-Our Sun and the constellation Leo.

According with her teachings, in the advanced levels of initiation, the monad (Soul or Higher Self) reveals the door which opens on the Way of Higher Advancement. This doorway exists in rarified, etheric material on the highest planes of the Cosmic Physical Plane.

As a result, the access to this door is the product of attaining a similarly high vibration of attunement, in one's vehicles. Those energetic attunements are able to, not only activate different strands of our DNA, but also awake the Soul to the truthful connection with the lower vehicles; therefore manifesting the real connections with higher realm. The powerful attunement from Sirius will certainly enrich the re-weaving of the filament of the Antahkarana¹¹ connections between the lower bodies and higher bodies; and at the time, it can awaken many potential channels of active interaction between the Monad and the Soul Extensions or personalities.

¹¹ Antahkarana, according to Master DK is a part of spiritual anatomy. It is the connection between the physical brain and the Higher Self. It is this connection that must heal and develop if we are to grow spiritually. It is also known as the "Rainbow Bridge". 'Antahkarana' is a Sanskrit term; translated literally it means that which acts or works between. It is like a spiritual filament of light that is built like a spider builds his web, hence the spider web effect that links as all to a central source of creation. It bridges the vibrations of the physical with that of higher light - or faster moving frequencies of light which we refer to as the spiritual realms and beyond.

"It is the electrical fire which forms the door of initiation for those initiations which guard the Way to the Higher Evolution."¹²

*"Before a man can tread the Path he must become that Path himself".
~Master DK*

The Antahkarana is an emblematic path in itself, nevertheless is the path back to the Unity of "ALL THAT IS". This is one of the paradoxes of the esoteric science. Tread by tread, and stage by stage, we construct that Path just as the spider spins its web.



It is that "way back" which we evolve out of ourselves; it is that Way which we also find and tread. The Antahkarana does not exist naturally within the human psyche. Instead it must be built over time. Through various spiritual disciplines, attunements and empowerments its construction is made possible.

¹² In Theosophy, it is believed the Seven Stars of the Pleiades transmit the spiritual energy of the Seven Rays from the Galactic Logos to the Seven Stars of the Great Bear, then to Sirius. From there it is sent via the Sun to the god of Earth (Sanat Kumara), and finally through the seven Masters of the Seven Rays to the human race.

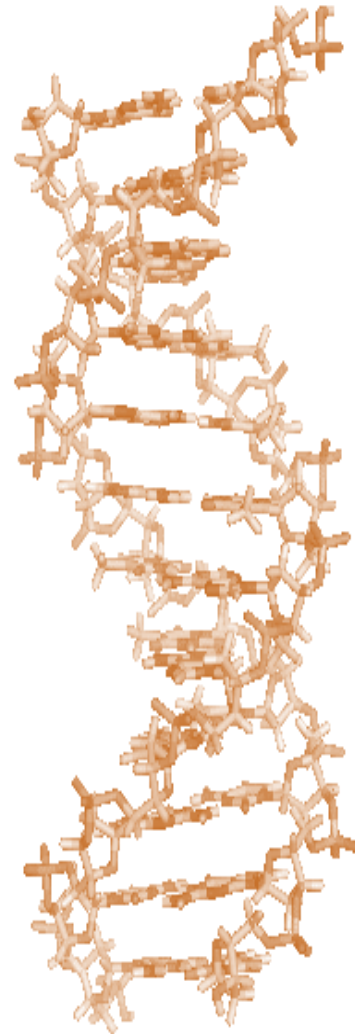


The connection between the higher realms and the lower vehicles can be compared with the story from the Old Testament of Jacob's Ladder, the opening of the internal winds, or Merkabah activation, the DNA template upgrade and the building of the tread –Antahkarana, our way back home.



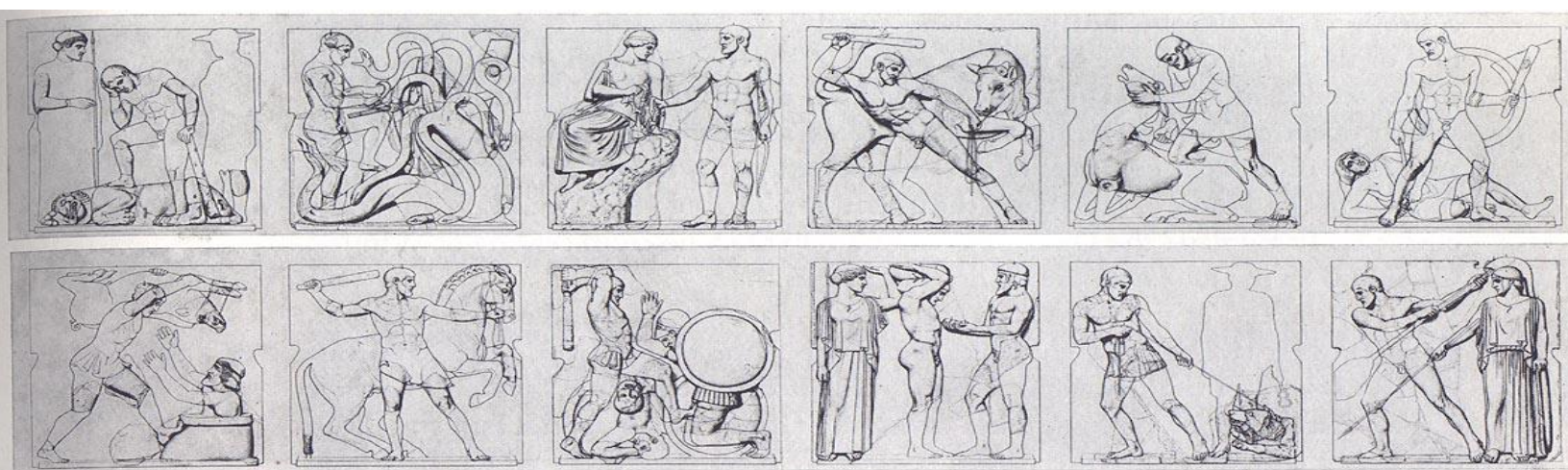
“And he dreamed that there was a ladder set up on the earth, the top of it reaching to heaven; and the angels of God were ascending and descending on it.”

~Genesis 28:12



“There is more real occultism hidden in the names give to the various stars by astronomers down the ages than has yet been realized. Esoterically Sirius uses Regulus as its lens.”

~ A quote from the Ancient Wisdom



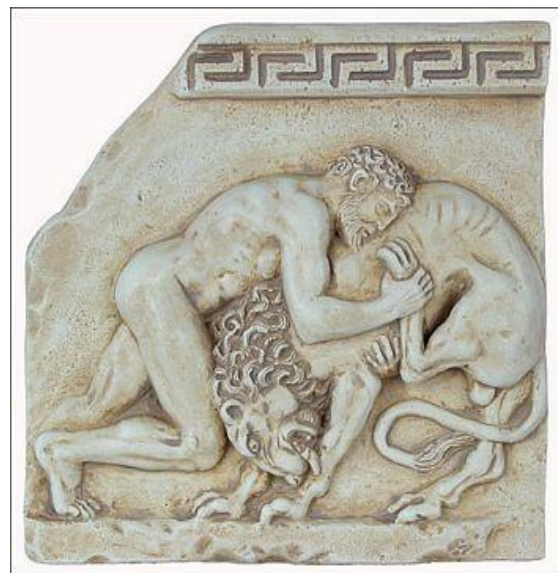
The Beginning of the Archetypical Journey: The Sirius -Regulus Symbiosis

The Twelve Labors of Hercules
(Greek: Δωδεκαθλος, dodekathlos)
are a series of archaic episodes
connected by a later continuous narrative,
concerning a penance carried out by the
greatest of the Greek heroes, Heracles,
Romanized as Hercules. The establishment

The entire zodiac can be approached and understood from the angle of light, the inner light, soul light and its unfolding, increasing radiance is the manifestation of our divine nature. Study of the 12 different lights for each of the constellations of the zodiac reveals the symbolic story of the growth of the light body within the Soul of Humanity (the Macrocosm) and within each of us (the Microcosm), and will finally make clear the very purpose of God.

*"Myth is something that never happened,
but is happening all the time."*

- Greek poet Sallistius





of a fixed cycle of twelve labors was attributed by the Greeks to an epic poem, now lost, written by Peisander, and dated about 600 BC. The first mention of this correlation was by Hesiod circa 700 BC and again by Pausanius in the 5th century BC.

Eventually the Twelve Labors of Hercules were written down in full by Appolororus (180-120 BC).

The Labors of Hercules are one of mythology's most famous accounts of the archetypal journey of a hero and is also the story of our lives.

The first account or the beginning of the archetypal Journey of the Hero starts with the request to kill a terrible beast The Lion that was terrorizing the city of Nemea. It is said that this Lion was an offspring of the Chimera¹³, and brother of the Sphinx of Thebes.

As his first Labor, Heracles was challenged to kill the Nemean lion. This was no easy task, since the beast's parentage was supernatural and it was more of a monster than an ordinary lion. It could not be killed in a usual fashion because its golden fur was impervious to attack. Its skin could not be penetrated by spears or arrows. Heracles blocked off the entrances to the lion's cave, crawled into the close confines where it would have to fight face to face and throttled it to death with his bare hands. When he returned to the King, King Eurystheus was shocked. He gave Heracles the lion's invincible pelt to wear as a cloak,

¹³ The myths of the Chimera can be found in pseudo-Apollodorus' Bibliotheca (book 1), Homer's Iliad (book 6); Hyginus' Fabulae 57; Ovid's Metamorphoses (book VI 339; IX 648); and Hesiod's Theogony 319ff.

but warned Hercules that the tasks set for him would become increasingly difficult. He then sent Heracles off to complete his next quest. Ever afterwards he wore the lion's skin as a cloak and its gaping jaws as a helmet.



The constellation of Lion is on the descending part of the ecliptic, occupies 1000 square degrees, and is placed under the feet of Ursa Major, close to the Leo Minor.

Meditation on the Sirius symbols is of ever great importance; it brings our world together.

Just as the personality comes under the influence and direction of the soul light through the understanding of many experiences in the path of existence, we will surrender the very Light of Soul to this greater Light of the One.

In time humanity as a whole will give itself up to become a distributing and radiating center in the cosmic Heart, which is its home ... this is the perfection of substance itself, a sacred Earth. The Sirius - Leo



constellation alignment prepares humanity and in turn planet earth for this perfection and ultimate cosmic service, bringing us into contact with the Heart of God. The real meaning of Heaven on Earth.

Under the influence of Leo, responsiveness grows and sensitivity increases. The world of smaller, more personal affairs is converted into the world of ever larger values and reality.

Hercules' Journey and the victory over the Lion is the metaphor of the Cosmic "traveler" that overcomes the demands of the Ego, and wears the Lion's skin as a cloak, meaning still uses the Ego, but now with "almost perfect" control of its emotions and challenges.

The Ego is a necessary part and a standard equipment to fully operate in this planet. Every coming soul receives a physical body, an Ego and a lightbody. An hypertrophic Ego can easily overthrow a Seeker out of his original path in life.



"Then every year, towards the end of the sign Leo, our brightest star Sirius reveals itself anew as it rises in the east, ushering

in a brand new day. The influences of Sirius are focused through Regulus, the heart of the Lion, found in Leo. Regulus, also known as the Lawgiver, concentrates the energy of Sirius toward the earth and acts as a regulator for these evolutionary energies.

Leo stands in a unique relationship to the sun at the heart of our solar system. The planetary and systemic alignment established at this Festival is a heart / soul alignment. The heart of humanity, the heart of the planet ~ the spiritual Hierarchy ~ and the heart of the sun create the channel which extends to Sirius, that great "star of initiation" within the universe. Sirius has a unique relationship with our planet Earth and through Sirius the pure energy of love flows through the solar centre and into the planetary heart.

This alignment is evocative of the cosmic principle of Love and Freedom, both of which flow through Sirius and Leo into our range of awareness. These two principles are making an increasing impact on human consciousness, affecting all areas of life. As we seek to work with these energies and to cooperate with the spiritual Hierarchy of the planet, the result should be the increasing manifestation in humanity of the principle of Love and the freeing of human life from the bondage of materialism and all that tends to imprison the human spirit."¹⁴

Two major streams of energy enter our planetary life:

¹⁴ From the writings of Alice Bailey- Lucius Trust 2005



1. The stream of energy coming from the soul of Planetary Logos and carrying the life principle of our planet, The Crown Chakra of Earth centered in Shambhalla.
2. The stream of energy coming from Sirius that enters directly into the Hierarchy and carries with it the principle of buddhi, of cosmic love. This, in a mysterious way, is the principle found at the heart of every atom.

The significant connection between our relatively unimportant little planet and that vast expression of Grace Dispensation is incredible, the Life manifesting through Sirius is an organized and vital expression, beyond anything humanity can vision, and is free to a completely unlimited extent, again beyond any power we can comprehend.

The influence of Sirius is not consciously felt until the seeker furthers his journey on the path of Liberation. Under the direct influence of Sirius, and with effort by the aspirant, the true nature of Spirit begins to dawn upon us, healing us from ancestral limitation, releasing from the bonds of duality and awakening our intuitive perceptions of higher mind. This awakening comes via the Hierarchy and illumines the Path to Sirius¹⁵. Sirius is our home¹⁶, our spiritual source.

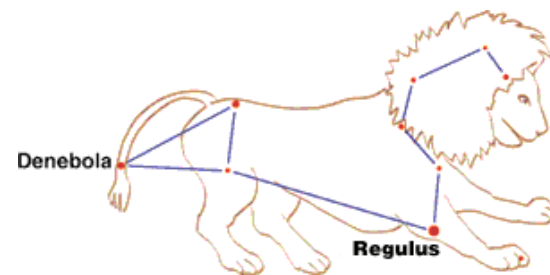
¹⁵ We are told, the “Lords of compassion” most frequently follow this Path. “The majority of liberated humanity, and therefore a large number of the initiates who have to make decision, choose this way to the cosmic center.”

¹⁶ According to the writings of A. Bailey, there are 7 “Paths of Initiation” from which a Human

Awareness of the Leo-Sirius connection builds anew type of relationship among people. This is a great and unique opportunity, to be aware of these cosmic energies and of the possibilities they offer humanity for spiritual evolution. We start to thread back the lighted way home through the Constellations and their stars.

The Star Regulus

“The Heart of the Lion.”



There is more real occultism hidden in the names give to the various stars by astronomers down the ages than has yet been realized. Esoterically Sirius uses Regulus as its lens.

~ A quote from the Ancient Wisdom

soul may opt to continue its progress through time and Eternity: The Seven Cosmic Streams/the Seven paths

Path I - The Path of Earth Service

Path II - The Path of Magnetic Work

Path III - The Path of Training for Planetary Logoi

Path IV - The Path to Sirius

Path V - The Ray Path

Path VI - The Path of the Solar Logos

Path VII - The Path of Absolute Sonship

***Author’s note: For some reason the Path to Sirius seems to be the most popular one after Earthly existence.**



"Behold, the Lion of the tribe of Judah the Root of David, hath prevailed to open the book, and to loose the seven seals thereof."

~ Revelations 5:5

Leo governs the rightful search for the heart's desire, the joy of realization and manifestation. In an environmental aspect Leo, The Lion represents Mother Nature's glorious time of abundance. The fifth zodiacal sign indicates the heart in several ways, including how we relate to our inner child, an important key in the coming Age of The Child. At the spiritual level we are reminded that "a child will lead them" and that we should be like little children (in our hearts) if we wish to enter the gates of heaven.

As the brightest star inside Leo Constellation, Regulus just about always has been associated in ancient cultures with the concept of royalty or kingly power. The name Regulus comes from the Latin Rex, or king. The star was known in Arabia as Malikiyy, the Kingly One; in Greece, as the "Star of the King"; in ancient Babylon, as Sharru or the King; to the even more ancient Akkadians of Mesopotamia it represented Amil-gal-ur, the legendary King of the Celestial Sphere who ruled before the great flood. Regulus is known as one of the four Royal Stars of the heavens, the other three being Aldebaran, Fomalhaut, and Antares. Regulus is the northern Royal Star, in the constellation Leo. These four Royal Stars are considered the sentinels watching over other stars and form a Fixed Cross in the heavens. The fixed Cross symbolize as well the four mythical creatures of the



Tetramorph¹⁷ which can be seen personified in the Egyptian monumental Sphinx.

Sirius is the star of Christ consciousness and we associate the Christ with the Heart center. Since Sirius is known as the Dog Star (God Star), then the star Regulus (the Heart

¹⁷ Like the Cross, the Tetramorph symbolizes a highly-complex system of relationships and elements which find their origin in the centre. Thus the Tetramorph alludes to the 5th element or quintessence, the element beyond the visible four natural elements of earth, air, water, and fire, to the invisible ether of the alchemists. The psychological equivalent of the Tetramorph, the Quaternary is explored in the writings of the Swiss psychologist Carl Jung used the symbolism of Babylonian astrology for his own prophetic purposes. Ezekiel describes his vision in which the likeness of four living creatures came out of the midst of the fire thus: Ezekiel 1:10. Ezekiel's vision is based upon the astrology of the ancient Babylonians in which the constellations of the Zodiac (Greek for *circle of animals*) signs of Aquarius (the man/angel) Leo the Lion, Taurus the Bull and Scorpio the Eagle are represented as being a Throne for God Himself (called a Merkabah in Hebrew)



of the Lion, the Lawgiver) is the "lens," the regulator, of energy to the Earth, stimulating a response in humanity to express this consciousness of the heart, the quality we call love. The Soul is a synonymous word for love; Christ, the Heart consciousness.

the first Ray of Will and Power which brings the possibilities to manifest the various levels of grace into our 3D reality. It is seen in a very generic way as a prevalent "masculine" energy.

The Star Talitha Kumi

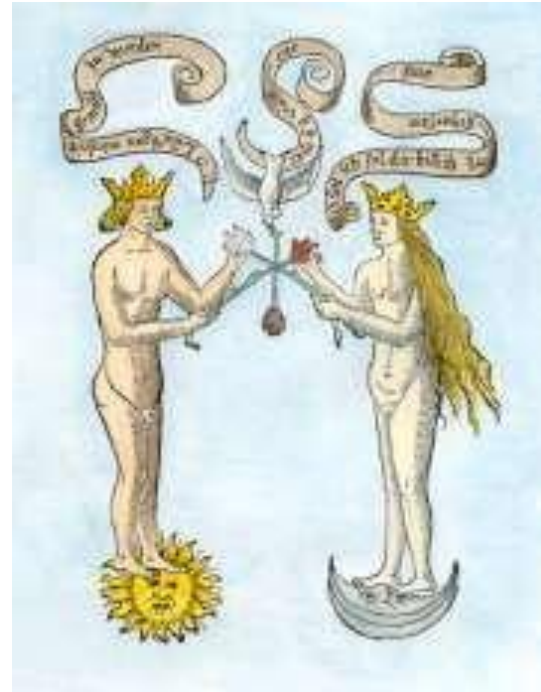
"On the seashore of endless worlds the children meet with shouts and dances.

They build their houses with sand, and they play with empty shells. With withered leaves they weave their boats and smilingly float them on the vast deep. Children have their play on the seashore of worlds."

~ Rabindranath Tagore

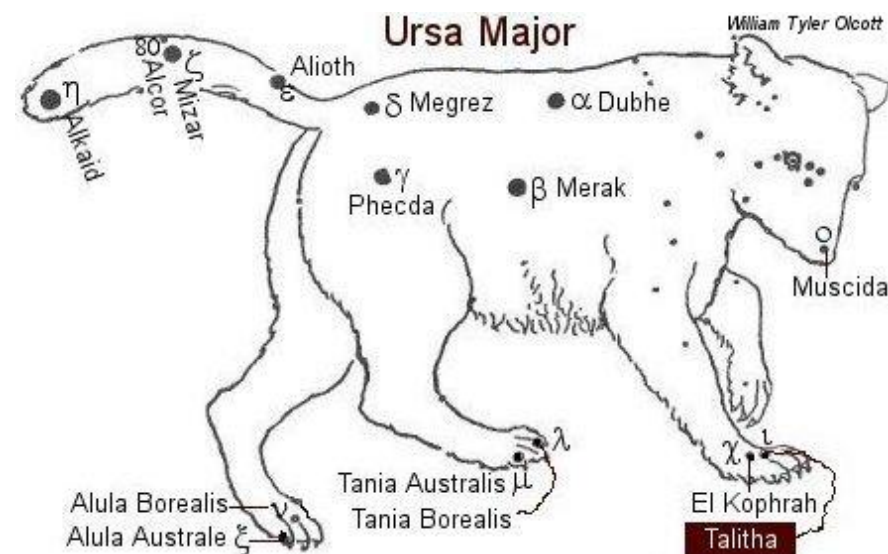
The seven stars of Ursa Major have much history and mythology in the human consciousness, inhabiting a place within one of the stronger concepts of Astrological Archetypes.

In India, these luminaries are notorious and known as the Seven Rishis, associated with



Something transcendental happens when the ray forces emanating from these stars unite, we are told, with the seven stars of the Pleiades constellation, the so-called "Seven Sisters", also rich in myths, and constituting forces which represent the "feminine" principle. This magnificent encounter is personified as the Alchemical Marriage – The Red King and the Blue Queen.

When this "force of nature" merges, the Father and Mother manifest a Son, which





astrologically is represented by the Star Sirius. In triangulation, these three constellations respond for the major attunements and influx of evolutionary energy that maintain and influence this sector of our Solar System.

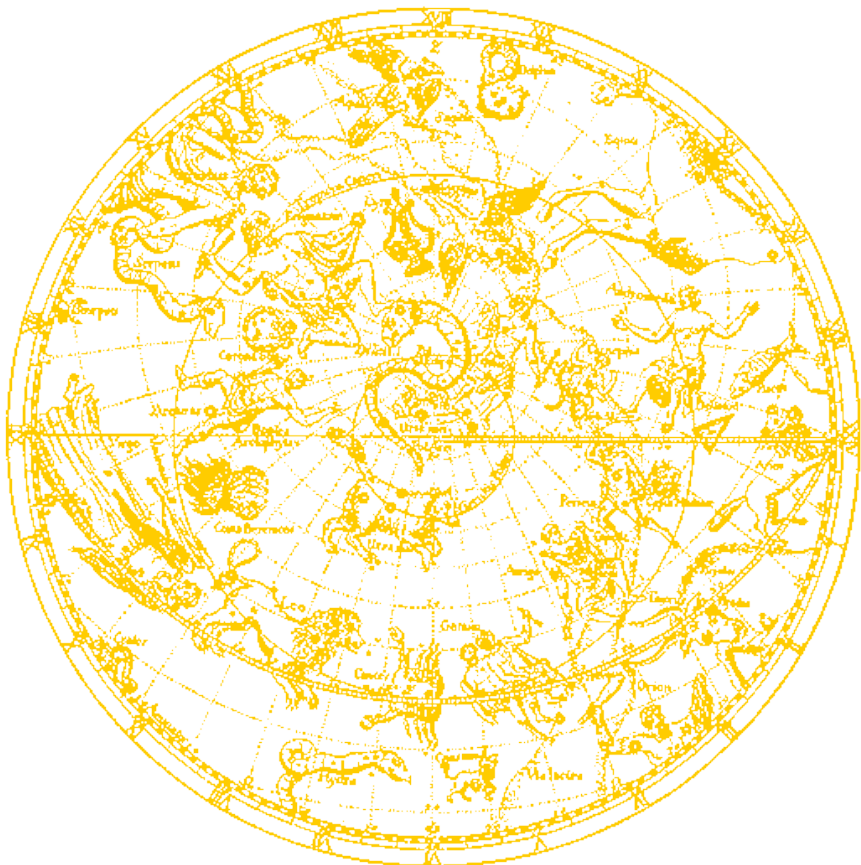
The Star Talitha, which means “Daughter of the Assembly”, is the one star found on the right front leg of the Greater Bear represents the Daughter of this Alchemical Conjunction of Rays. Talitha symbolized a divine healing that came straight from Mother/Father God and gets the manifestation of the compassion of the Son. The transcendental and hidden meaning of these statements surpasses the ordinary imaginary of the common men.

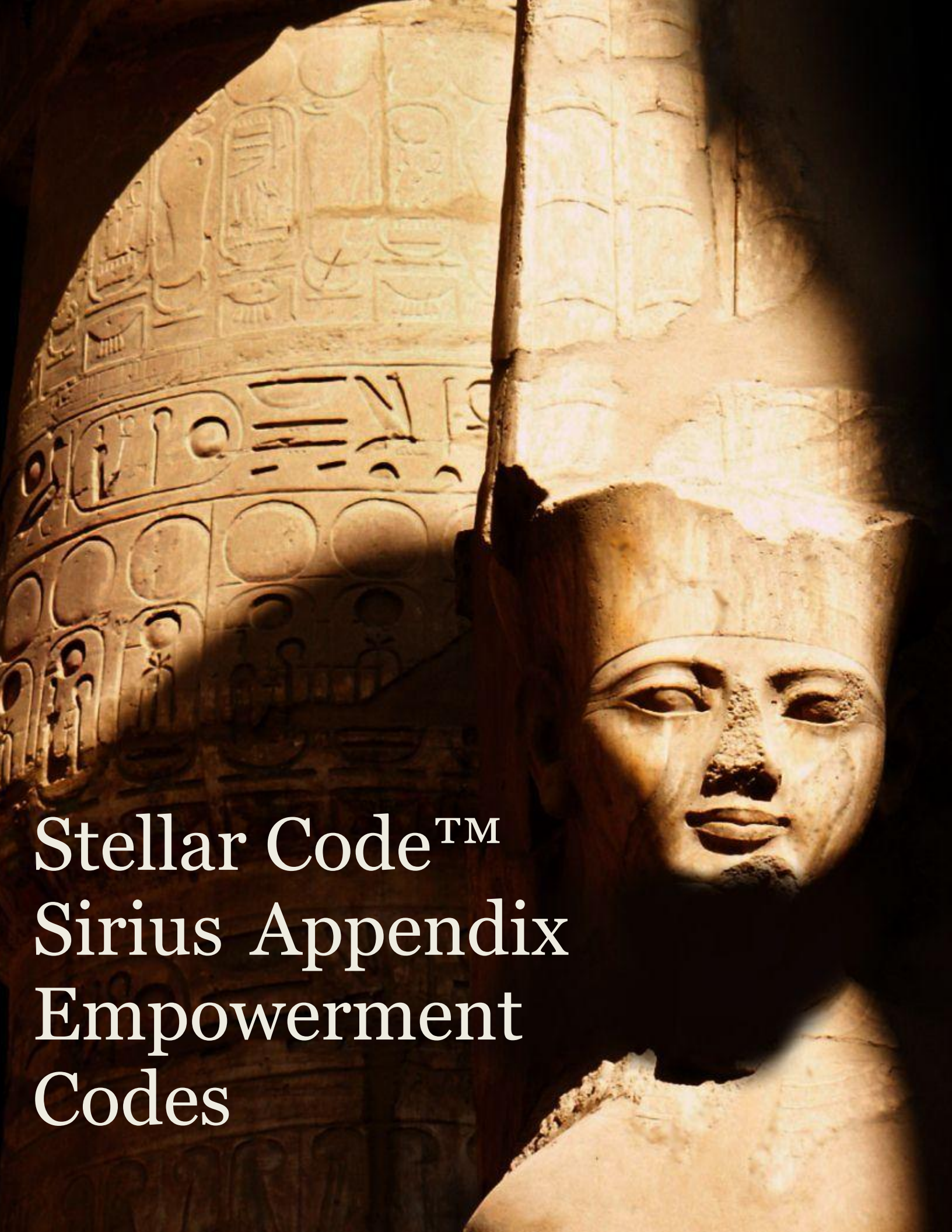
This is highlighted in one of the stories of Jesus:

Mark 5:22-23 (New American Standard Bible)
One of the synagogue officials named Jairus came up, and on seeing Him, fell at His feet and implored Him earnestly, saying, “My little daughter is at the point of death; please come and lay Your hands on her, so that she will get well and live.”



Mark 5:41 (New American Standard Bible)
Taking the child by the hand, He said to her, “Talitha kum!” (which translated means, “Little girl, I say to you, get up!”).





Stellar Code™
Sirius Appendix
Empowerment
Codes



Description of the Attunement Process

The Stellar Code™ Attunements were designed to be perfectly aligned and vibrationally adjusted to the anatomy of our subtle bodies; as the energies of these activations are absorbed and travel through all the pathways of energetic lines of your body, the Meridians and Nadis, they will reaccess and recalibrate all the energies that are out of the correct vibrations.

The Stellar Codes™ are not a new invention, neither are they a repackaging of a hodgepodge of new and old techniques, they are the continuation of the ancient methods of knowledge of transcendence given as an invisible dispensation.

The Attunements of the series of Stellar Codes™ are the substrata that allow the Individual to consciously retain these Stellar Empowerments and translate them to the needs and demands of their daily life.

The Attunements are the facilitation frequencies that are transferred from the teacher to the student to smooth the progress of the opening of new channels inside one's body allowing them to transmit further these new frequencies, once they are enabled to capture the energy and ground it in their new open channel points.

The Attunements of the Stellar Code™ are not arcane formulas performed by the Teacher that somehow magically attune the student. With each Empowerment, the Teacher simply acts as an initial "bridge" for the student to connect with the energy to be transmitted. Through this connection, the student creates their own conduit, or

Thread. The three Empowerments of the Sirius Attunement produce three individual Threads, which weave themselves into a Strand. Visualize this as three individual optical fibers merging and becoming one larger diameter fiber optic cable. The difference is that the Light flowing through the new Strand is not three times the Light flowing in each Thread – it is the Light flowing cubed!¹⁸

All Dispensations of Grace require an Act of Faith by the parties involved. Both Teacher and Student acting as one conduit of energy are able to integrate, or weave, the vibrational Strand¹⁹ and receive the Dispensation of the Attunement by the Divine Grace in action.

The Performance of the Attunement procedure is an Act of Intention and Faith by the Teacher. The Receiving of the Attunement is an Act of Intention and Faith by the Student.

The Attunements happen because our One Creator loves us beyond measure and chooses to answer our prayers of Faith. The Attunement creates a connection with the student's I AM Presence, which, in turn, is permanently connected to All That Is. This allows the student to more fully integrate themselves with Creation, or become more Soul-Infused.

¹⁸ See explanation of the vibrational signature in the Ethos Solaris

¹⁹ The Strand of the Sirius Attunement is one of the Strands that weave the Cord of the Lightmaker. In a very real sense, this Cord can also be thought of as a *Chord*, which is a musical vibrational frequency, in the *Music of the Spheres*.



Introduction to the Flame Meditation

This is a meditation to cleanse, purify and balance the inner and outer bodies. It should be done prior to the Sirius Attunement and may be integrated into the Student's spiritual practice and done as guided you afterwards.

The Flame Meditation was given to humanity through Ananda Tara Shan by the Lord Djwhal Khul in 1977.

Meditation

The Flame Meditation²⁰ is the first step of the progressive meditation system taught by Heart Flow Worldwide. The Flame Meditation uses the energies of eight flames to cleanse, purify, and balance the inner and outer bodies, enabling us to better understand, open up to, and cooperate with Spirit and spread the light. It is the daily "spiritual shower".

Preparation

You may wish to have peaceful music playing while you meditate. Sit comfortably, either with a straight back (legs and arms uncrossed) or in the lotus posture. Close

²⁰ Regarding participation in meditation, please note: If you have any serious physical and/or psychological conditions, you are advised against taking part in meditation techniques such as the Flame Meditation which call upon spiritual energies, without prior consultation with an experienced meditation teacher. Where serious illness or imbalance is present, the body and mind need to focus primarily on healing and regaining balance. In these cases, it is better to work on healing, in cooperation with health care Practitioners, through relaxation, positive thinking, stress reduction, and Yoga Nidra (a form of yoga which emphasizes progressive relaxation).

your eyes and begin to relax both your body and your mind.

Consciously inhale the white light while saying to yourself:

"Be still and know . . . ",

then exhale while saying to yourself:

". . . that I AM God."

Do this for three breaths.

Now mentally say three times: "I go within".

Visualization

Visualize a beam of pink and golden light emanating from your heart centre, going up through your crown centre (top of the head) and reaching up to the heart of your I AM Presence (your Spirit body) which may be seen as standing above you. This connects you to God.

Visualization of the Flames

Each time you ask your I AM Presence to send you a flame, visualize the flame penetrating and transmuting your aura. See yourself in the centre of the flame. Stay inside it for a while, and then affirm your union with the flame by saying,

"I AM the ... Flame".

All flames must be seen as clean and pure.

You may meditate longer on the blue, violet and pink flames.

Flame Meditation

Mentally affirm the sentences in bold type. Pause for a time between each sentence.



I AM Presence - send me the White Flame.

(The White Flame cleanses.)

I AM the White Flame.

I AM Presence - send me the Ruby Red Flame.

(The Ruby Red Flame is dynamic and gives life.

Do not sit in this flame for too long as it may over stimulate the root chakra.)

I AM the Ruby Red Flame.

I AM Presence - send me the Orange Flame.

(The Orange Flame is the vitality of the sun.)

I AM the Orange Flame.

I AM Presence - send me the Yellow Flame.

(The Yellow Flame soothes the nervous system and expands the mind.)

I AM the Yellow Flame.

I AM Presence - send me the Green Flame.

(The Green Flame gives peace, harmony, and balance.)

I AM the Green Flame.

I AM Presence - send me the Blue Flame.

(The Blue Flame is for mental balance.)

I AM the Blue Flame.

I AM Presence - send me the Violet Flame.

(The Violet Flame transmutes and consumes all negative qualities within and around you.)

I AM the Violet Flame.

I AM Presence - send me the Pink Flame.

(The Pink Flame uplifts and soothes.)

I AM the Pink Flame.

Give thanks by sending Healing to the Earth.

Ask your I AM Presence to send one or two of the eight flames into the Earth, then for a few minutes visualize the Earth surrounded by and filled with this flame, to help bring peace and spiritual understanding to all.

Benefits of using this meditation

Just as you obtain control of your body by physical exercise, so meditation leads to control of your mind, your thoughts, and emotions - in short, of your entire behavior.

The Flame Meditation will help you to change your personality by gradually transferring the divine qualities of your Higher Self to your daily consciousness, helping you to bring light to all aspects of your daily life.

This meditation has a particularly deep effect because it involves conscious cooperation between you and your Higher Self through invocations, affirmations, and



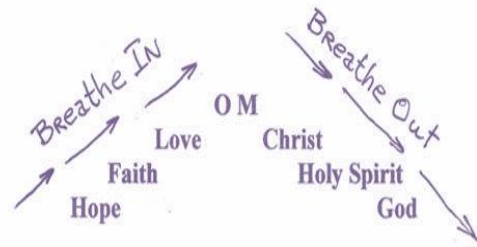
creative imagination, strengthening your mental body and your connection to Soul and Spirit.

The Flame Meditation may be done by calling down color, flame or light, each of which has a different effect.

Colors cleanse the etheric body; flames cleanse all bodies of the personality and integrate the personality; Light gives Soul vibrations, and should be used less frequently as it is very strong.

When starting to meditate with the Flame Meditation, it is advisable to start by calling down the Color rather than the Flame, until you are used to the energies. Advanced Meditators can call down the Light.

The meditation may be used once a day.



2nd Breath

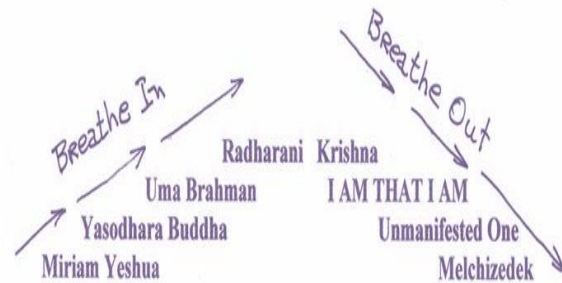
This Elohim Breath of the Godhead is an also very easy and gentle. There is no need to breathe in a strenuous manner. You will notice that the Elohim Breath of the Godhead is a little deeper than the Breath of the Elohim, the first breath. As you breathe in and out say the names of the Seven Personalities of the Godhead Silently. In time the practice of this breath will become very relaxed and easy.

The Breaths of the Elohim

The Two Breaths of the Elohim are truly One Breath that helps us become One with Our Creator.

1st Breath

This breath of the Elohim is a very easy and gentle there is no need to breathe in a strenuous manner. As you breathe in and out say the names of the Seven Spirits Silently. In time the practice of this breath will become very relaxed and easy.



3rd Breath

Once you have learned both breaths separately you are ready for the third breath. The third breath is a little more difficult but miraculous. It is the combining of the two breaths into one breath. Begin by breathing the 2nd breath until it is smooth and comfortable then begin to add the names of the Seven Spirits into the Elohim Breath of the Godhead.

As you say the names of:



1. Miriam /Yeshua also hear the name of Hope along with them.
2. Yasodhara/Buddha also hear the name of Faith along with them.
3. Uma/Brahman also hear the name of Love along with them.
4. Radharani/Krishna also hear the name of OM along with them.
5. I Am That I Am also hear the name of Christ along with them.
6. Unmanifested One also hear the name of the Holy Spirit along with them.
7. Melchizedek also hear the name of God along with them.

The next step is to add the names of the Elohim. Silently say one name on each beat of your heart like this:

Breathe In:

- Hope- first beat
- Faith- second beat
- Love- third beat
- Om- fourth beat
- Christ- fifth beat
- Holy Spirit- sixth beat
- God- seventh beat

Breathe Out:

- Hope- first beat
- Faith- second beat

- Love- third beat
- Om- fourth beat
- Christ- fifth beat
- Holy Spirit- sixth beat
- God- seventh beat

The use of the Elohim Breath greatly increases the flow of Ki. With a little practice it becomes quite natural to breathe in this way in hands on healing, distant healing and passing of attunements. It is also a great breath for meditation and in ascending Ki energy and connecting with "The Highest Source." It is not about belief systems but about direct experience. Try for yourself and see.

Another step is to bring in the Kundalini Yoga influence. This is done by using the seven names with the seven chakras. Start with the base of the spine and proceed upward to the crown on the in breath and repeat this sequence from the base of the spine to the crown on the out breath. This is a gentle process that does not force the Kundalini current to open. It is a natural unfoldment.

It is highly recommended that a person working with the Elohim Breath become familiar with the teachings of the Masters.

Prayer of the Elohim

*Our Mother and Father of Heaven Holy are
Your Names Your Kingdom come, Your
Will be done on earth as it is in Heaven
Give us this day our daily bread Forgive us
our trespasses as we forgive those who
trespass against us Lead us from*



*temptation and deliver us from illusion For
yours is the Kingdom, the Power and the
Glory forever,*

Amen

The Heart Flame



Most of the Stellar Code Attunement will be done at your heart chakra, and the reason being is that most of the process

attunement will be done at the distance. The choice to work only with the Heart chakra was made because this is the single energy center in your body that can experience an accelerated development without causing any undesirable side effect on the spiritual development of the Student.

We strongly suggest to the student to choose a personal mantra, a simple phrase that will personally connect you with this attunement; In the orthodox Mystical tradition, there is a prayer called “Christ Prayer”, by the spiritual vibrations provoked by the repetition of this mantra, will keep your heart permanently “warmed up”.

Here it is the method:

1. Choose a small prayer, mantra our short phrase for Instance: “Christ, have mercy on me”.
2. Repeat it mentally; concentrate on it enough to give it life.

3. Visualize your heart, and inside of it a little occult room.

4. Repeat this ‘prayer’ directing your mind into your Heart Cell, imagining that the prayer is being said from inside of this secret room.

5. Practice this prayer regularly, as often as you can, especially when your active mind is not concern about other things and you are relatively in peace with your environment.

The practice of this method with time will help your heart to ‘warm’ up and to light the trine heart flame.

In the beginning the sensation of warmth will occur only when you are making the prayer, but with time, the warmth will become constant and slowly will transform itself on a vivid sensation of burning. The Heart Flame is a spiritual fire and it will burn karmic residues, and any disharmonic vibration. This is by far the best Spiritual/astral purifier of all your spiritual bodies (vehicles). Through continuous practice, this personal mantra/prayer inside of your heart, it will keep your heart flame alive and automatically lid inside of the secret Cell.

When the “Burning of the heart” is established, other exercises to awaken Kundalini become useless. Because once it is awaken the light from the heart is capable to hasten the path of Spirituality, awakening Kundalini safely and other psychic abilities.

Another Eastern Traditional method to develop and anchor the heart flame is to dedicate, as soon as one gets up in the morning, the breathes of that day to become a blessing or a mantra dedicated to one’s



personal development of the heart. The effect coming from it is almost an immediate sense of connection with all and a overwhelming feeling of gratitude.

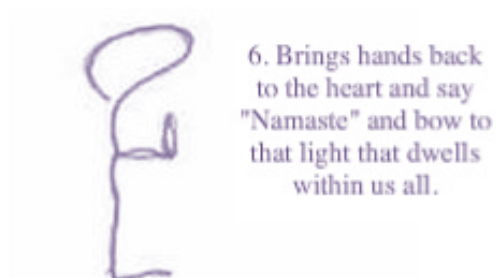
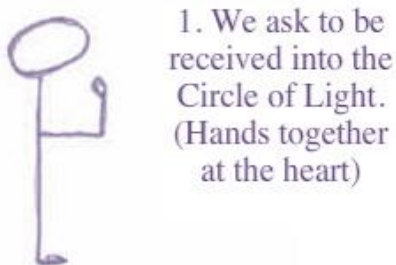
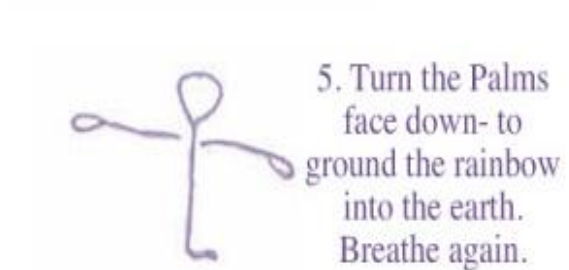
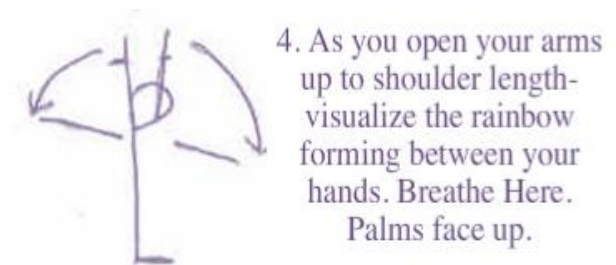
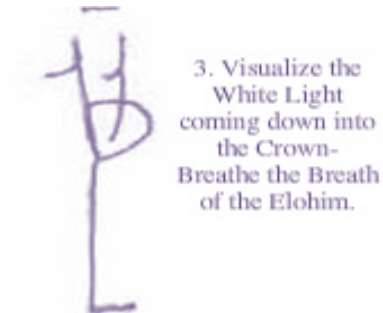
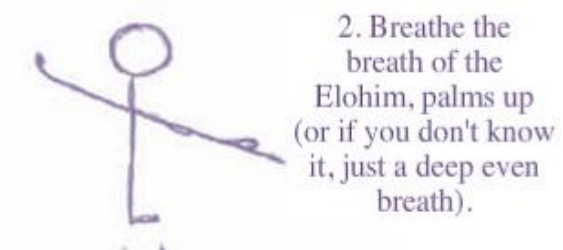
Affirmation

Affirmation of the Heart

Mother Mary and Jesus, We ask to be a channel of Your Presence Your Guidance Your Blessing Your Anointing and Your Love in this healing and attunement process, Thank You Amen

Attunement Procedure

The time spent in each position below is only a general guideline to give you an idea of the attunement. Use your intuition as to how long to spend in each position. This is an easy thing and just let it flow naturally. Don't let yourself concentrate on how long to stay in a position. That will distract you. Just feel your way through it. The whole attunement takes about an hour. It can last a little longer. It is a good idea to allow another hour of time to remain in a quiet space and experience the attunement energy, shifts in consciousness, adjustments to your energy fields, etc. that may happen in this opening of the Heart and the Whole Subtle Anatomy.





“Then the LORD God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being.”

~Genesis 2.7

Attunement Process

Choose a quiet place for the attunement.

The attunement process need not be memorized but can be read aloud.

The Student should be seated in a comfortable chair.

Read the Following Prayer out loud

Affirmation of the Higher Self

Unmanifested ONE,

*We ask to be channels of Your Presence
Your Guidance,*

Your Blessing, Your Anointing,

*Your Love in this healing and attunement
process,*

My sincere gratitude,

Amen.

Preparation

*Our One Creator, through our Faith in You,
We pray that you open and establish an
Attunement Link with us.*

Om Shanti Ohm

(Pause for the link to be established)

*Our One Creator, We thank you for
opening and establishing the Attunement
Link with us. We pray that you also*

*establish a permanent connection with
Students Name.*

*Our One Creator, through our Faith in You,
We pray that you give to Students Name ,
Sirius Code, the First Degree Attunement of
Stellar Code at this time.*

Om Shanti Ohm

Spend some time in meditation, with your eyes closed. At this point, the three Empowerments of the Sirius Attunement – Sirius, Regulus, and Talitha Kumi, will take place. In your mind’s eye, visualize the Sirius Symbol, or Syllable²¹, being drawn. While doing this, with your right hand, trace the Symbol in front of you. Slowly and deliberately do this three times. Visualize the Symbol becoming a Thread connecting your Heart Chakra to your Higher Self, your I AM Presence. Feel the energetic vibration being received through your Heart Chakra and radiating out through your body, traveling up and down your Central Channel. Take a few minutes to receive and experience the Empowerment Energy into your whole being, raising your energetic signature.

Repeat this with the Regulus
Empowerment.

Repeat this with the Talitha Kumi
Empowerment.

Visualize the three Threads braiding
themselves into a Strand. Feel the flow of

²¹ In writing, a syllable is a written representation of a sequence of sounds, or audible vibrations. In the same way, the Symbols of the Empowerments are also Syllables, as they are representative of energetic vibratory signatures.



Light and Love for you from your I AM Presence increase. Feel the Light safely filling you as water in a vessel and when you can hold no more, feel the Light gently being absorbed into every fiber of your Being.

When you are ready, open your eyes and come back to yourself. Complete the process with the following Prayer of Gratitude

Our One Creator, I acknowledge and we thank you for the full attunement and activation of Sirius Code, the first chord of the Stellar Code in and through my whole being.

We thank you for establishing this permanent attunement and connection with and through you.

Om Shanti Ohm

I AM grateful for your continual Presence, Guidance, Blessing, Anointing and Love in this healing and attunement process.

Our One Creator, I AM sincerely Thankful for your continual Healing, Peace, Abundance, Joy, Love and Happiness and enlightenment in my Life.

I AM fully aware and receptive to receive the attunement offered by the Teachers of Humanity Healing at this time.

Fiat Lux,

Om Shanti Ohm

The Initiation

After the Teacher has made the initial Bridge and the Student the resultant conduit (the Empowerment) for the three

energetic frequencies of the Sirius Stellar Code™ and they have woven together into the Sirius Strand of the Lightmaker Cord (the Attunement), the Teacher will Seal the Strand to prevent unraveling and the resultant disconnection. The Teacher does this by impressing upon the Strand the esoteric Symbols of the Star and its corresponding Angel.

The techniques and symbols for this are part of the Teaching Certification for the Stellar Codes™, which is available to all that complete the Stellar Code™ Matrix Mastery program.

Using the Symbols

The Stellar Code™ Attunements and Initiation are done through the realignment and rewiring of the basic energetic points in our subtle bodies. A syllable (Greek: συλλαβή) is a unit of organization for a sequence of speech sounds, audible vibrations of a wave frequency. The Stellar Code™ is a collection of these syllables that carry the tie between humans and the “Music of the Spheres²²”. They are more than a symbol; they are the pictographic representation of the Vibration of each one of the Stars.

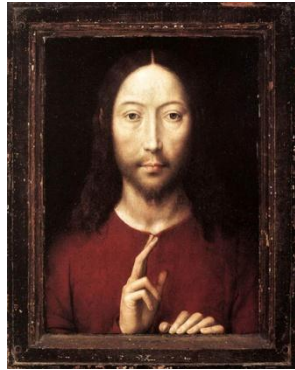
The Symbols may be drawn, calligraphy style, or visualized in their entirety, but they are most effective when traced in the air. They



²² An ancient Greek (Pythagorean) doctrine postulating harmonious relationships among the planets governed by their proportionate speeds of revolution and their fixed distance from the earth.



are a visual representation of a Blessing, or Benediction. When this is done, they should be traced with the first two fingers of the right hand. This position will feel intuitively correct as it has been the hand position for Benedictions in various Faiths throughout history.



Sirius Empowerment Symbol

The Sirius Empowerment Symbol is a Master Symbol to empower the student in Blessings and the opening of windows of opportunities to receive direct assistance from the Higher Trinity: Mother-Father-Son. This is a powerful icon because it brings down to the seeker the vibrational waves in their most pure crystalline form. Sirius anchors and allows the perfect flow of the Christ Consciousness to be present in every single Blessings, Healing and Consecration.

The Sirius Empowerment Symbol is the foundation for the other two.

An interesting perspective is to mentally rotate the Sirius Empowerment Symbol and look down on it from the top. What you would see from this perspective is a spiral: the most recognized symbol of the Christ Consciousness.

Sirius-Regulus Empowerment Symbol

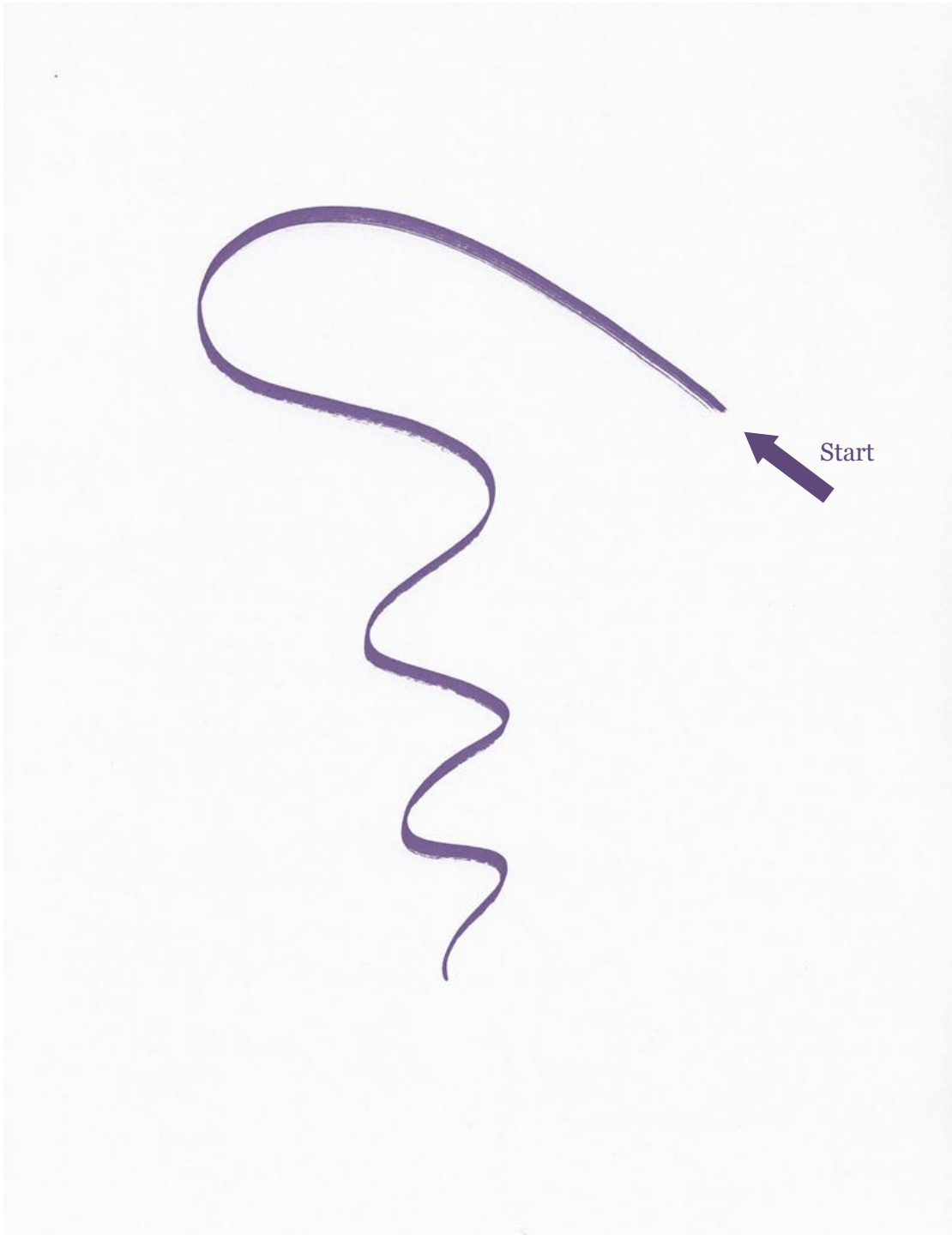
The Sirius-Regulus Empowerment serves different functions. It is a long distance symbol, and it can be used to send healing at great distances, through time, to situations, catastrophes, and events (past, present and future), because it amplifies the spiritual actions of the Sun Sirius. This symbol can also be used as a personal healing symbol, even though its reach is more understood at collective rate.

Talitha Kumi Empowerment Symbol

The Talitha Kumi Empowerment Symbol allows you to connect those same high powers activated by the Sirius symbol, bringing them down to material world and then sending them back to work be continually worked by the higher intelligences. This is also a powerful Healing Symbol. This Empowerment is able to bring about Healing without compromising the lessons to be learned from who the healing is being performed. The Talitha Kumi energy may take out the pain, but never the lesson associated with the illness or distress. Talitha Kumi allows one to understand the reasons of the body/spiritual malfunctioning and empower the healer to perform a continuous Spiritual Healing even when they are absent.



Sirius Empowerment Symbol





Regulus Empowerment Symbol





Talitha Kumi Empowerment Symbol

