

The background of the image is a dark, almost black, space filled with intricate, glowing light trails. These trails are primarily in shades of blue and purple, with some brighter, yellowish-white highlights. They form a dense, vertical column that tapers slightly towards the top and bottom, resembling a stylized human figure or a column of energy. The trails are highly textured and appear to be in motion, creating a sense of depth and complexity. The overall effect is ethereal and futuristic.

# Pineal Gland Book I

The  
Transcendental  
Gateway





## Introduction

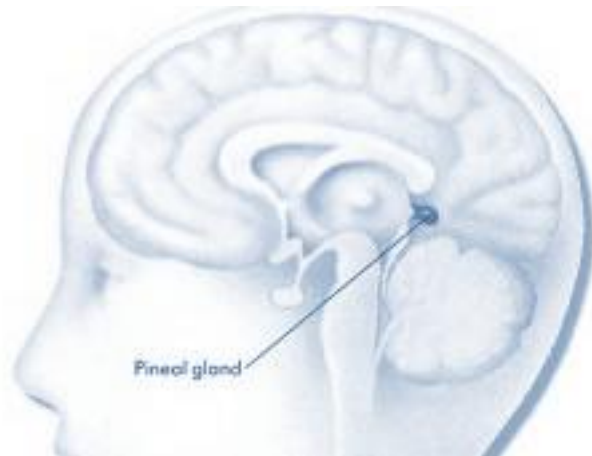
The Pineal Gland is a little organ situated between the right and left hemispheres of the brain, in the exact center of the brain, and has long been thought to have been a vestigial remnant of a once larger section of the brain. The common perception is that the Pineal Gland is an evolutionary leftover just like the appendix, but actually this does not seem to be the truth. The Pineal Gland is a cone-shaped pea that sits on the roof of the 3rd ventricle of the brain, directly behind the root of the nose (3rd eye chakra) floating in a small lake of cerebrospinal fluid, sitting in this location just like an island. Some call it the 3rd eye or the mind's eye, the Pineal Gland was the last endocrine gland to have its functions discovered as it is located deep at the center of the brain, almost hidden away like it were a secret from which comes the word secretion, which is what the Pineal Gland does.

Contrary to Western science and medicine, the Pineal Gland is the Master gland. The Pineal Gland is your 3rd eye or Seat of Clairvoyance<sup>1</sup>. It is also known as the Eye of Ra or Heru (God). It allows you to commune with the Creator and with positive force spirits in other dimensions.

It is our body's biological clock and has been called a skylight of the brain

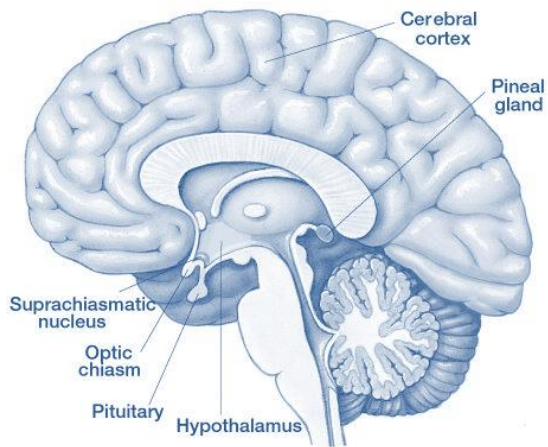
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<sup>1</sup> The power to see objects or events that cannot be perceived by the senses.



because, as with all mid-line structures bordering the 3rd and 4th ventricles of the brain, it doesn't have a blood-brain barrier. Instead it relies on a constant supply of blood via, considering its miniscule size, a particularly rich vascular network. It was considered for many years to be as redundant as our appendix, but this theory is brought sharply into question because, in our body's infinite wisdom, the Pineal Gland has been supplied with the best blood, oxygen and nutrient mix available other than that received by our kidneys. The fact is that nowadays we realize that we are not using the Pineal Gland as it was intended to be used. The Pineal Gland has been part of many researches and it is said to be the gateway of the soul, in its journey into physical life and out of physical life.

In animals, the Pineal Gland plays a major role in sexual development, metabolism, hibernation patterns and seasonal breeding. These correspond to instinctual intelligence. The Pineal



Gland is to be found in the oldest part of the brain.

The Pineal Gland also plays an important role in the regulation of our sleeping patterns and consequently our dreamtime incursions. This gland is responsible to produce two hormones: Melatonin and DMT; the Pineal Gland produces the mystical anti-aging secretions that preserve life. Melatonin is essential for our sleep-wake cycle and peaks in the middle of the night when we are in our deepest stages of REM sleep. DMT is structurally similar to melatonin. The biochemical precursor to both molecules is serotonin, a key neurotransmitter whose conduits are involved in mood and targeted in the treatment of psychiatric disorders. DMT (N-dimethyltryptamine) also structurally resembles other psychedelic drugs, such as LSD and psilocybin, and is the active agent in the *ayahuasca* brews the Amazon shamans use to provoke out-of-body experiences.

This is why the Biblical Jacob saw God face to face on the island of Pe-ni-el and his life was preserved.

*"So Jacob called the place Peniel, saying, "It is because I saw God face to face, and yet my life was spared."*

~Genesis 32:30

The Pineal Gland is unique in that it sits alone in the brain whose other parts are paired. It is the first gland to be formed in the fetus<sup>2</sup> and its beginning is distinguishable at 3 weeks. When our individual life force enters our fetal body at 7 weeks, approximately 49 days, the moment in which we become truly human, it passes through the Pineal and triggers the first primordial flood of DMT (N-dimethyltryptamine). Later, at birth, the Pineal releases more DMT. DMT is also capable of mediating pivotal experiences of deep meditation, shamanic states of consciousness, psychoses, spiritual emergence and near death experiences<sup>3</sup>. It is believed

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<sup>2</sup> Interestingly, there is a correlation between the soul's emergence in various spiritual traditions and pineal formation. Specifically, the gland is developed in the fetus 49 days after conception. This is the time Tibetan Buddhists believe it takes after death for the soul to finish its sojourn and reincarnate into the next body. This period also approximates the 40 days espoused by early Christians, such as St. Augustine, that it takes that it takes for the soul to enter the fetus.

<sup>3</sup> Under normal conditions, enzymes will quickly degrade DMT. While we do not know when or under what circumstances



that during the last moments of an individual experience the transitioning from physical life to other life, the Pineal expels the last volume of DMT, in order to facilitate the shift of consciousness from the physical perspective to a transcendental one<sup>4</sup>. The Pineal Gland is also sensitive to electromagnetic energy and large changes in the earth's natural electromagnetic field could either have the effect of awakening the gland and its higher functions or have the opposite effect and close it down altogether. Researchers have actually found magnetite clusters near the Pineal Gland, like homing pigeons, humans have residual ability to orient to geomagnetic directional cues, an ability lost with Pineal dysfunction. Early

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DMT rises naturally, it is tempting to hypothesize that when it becomes elevated for some reason, extraordinary experiences may occur. For example, in the case of dying, Dr. Strassman speculates that the physiology that keeps DMT levels in check (e.g., degradative enzymes) during life start to break down, allowing full DMT expression, and, in turn, the out-of-body perceptions reported in near-death experiences.

<sup>4</sup> The pineal gland is very energy sensitive. Throughout the ages, it has been assigned a spiritual role that transcends its hormonal function. In Hindu traditions it's associated with the extrasensory third eye of which perception of the world is not limited to the physical senses. For example, the God Shiva is portrayed with a third eye in the forehead. The pineal gland is linked with the crown chakra called the Thousand Petals Lotus, which transforms and downloads energy from the ethers into our consciousness.

medieval documents and alchemical texts refer to the "fallen" or lost Sofia – the allegorical term for the lost wisdom and innocence of mankind. Sofia is also represented by the fairytale "The Sleeping Beauty" where a prince has to toil through a hazardous ancient haunted forest to reach the sleeping princess. She has been sleeping for 100 years in a tower and can only be awakened by a kiss (the Breath).

Not only Humans, but all the animals have Pineal Glands; for them, it serves as a compass that guide them through migratory processes, as they are in perfect syntony with the earth's magnetic fields .In animals, the Pineal Gland have photo-receptors (sensors) in a physiological configuration pretty much alike to the Retina of the eyes. The Pineal is literally the third eye

The Pineal gland is located in an area filled with liquid, this way it is able to translate every electro-magnetic wave into neuro-chemical stimuli.

The Spiritual realm commonly expresses itself through the scalar and magnetic fields; the Pineal gland is an organ that is able to capture these waves and frequencies just like a cellular phone, and consequently translate these vibrations into the grid of neurons through a very sophisticated system of Neuro-Chemical stimuli.



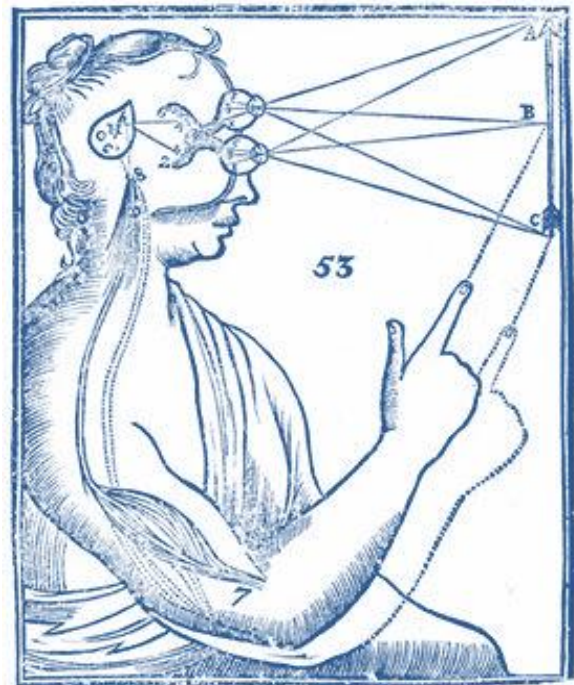
Recent medical researches point that the Pineal is connected to two neuro-centers, located conveniently in each of the ears; These centers plus the gland in itself form a triangle, having the two hearing center forming a base of it. Everything that affects the eardrum, or tympanic membrane, will inevitably affect the Pineal Gland.

In our world, everything expresses itself to a very particular vibration; the same way, every single one of us also is influenced by the different frequencies and vibrations of our environment. The more the sound and vibration intensifies; more the work of the Pineal Gland increases, forming a circle that reflects back bringing the conscious projection.

The Pineal Gland frequently appears as the central connection with the many other dimensions, in despite of her discreet anatomy always wrapped on veils of spirituality and transcendence in many mystical and religious schools through thousands of years. The Pineal Gland is cited in many doctrines, Yoga as the Ajna Chakra, the guide to self-realization states of consciousness; esoteric wisdom, Numerology and it certainly appears as common ground in many areas of human knowledge.

The Pineal is the regulator of our internal timing, and has the dominion over many fundamental functions that interfere and guarantees the surviving of the individuals; such as the Endocrinal

regulation of reproduction functionality, sexual behavior, sleep patterns, and our immune system. Some disturbances on the Pineal can cause SAD (seasonal affective disorder), stress, sleep disturbances, epilepsy and many other clinical manifestations.



## **Metaphysics, Philosophy and the Pineal Gland**

The Pineal Gland has for long been associated with esoteric knowledge surrounding the spiritual, metaphysical aspects of consciousness and the Self. Metaphysicians throughout the ages have called the Pineal Gland the third eye and the Seat of the Soul. It is said that all the vital psychic energies are channeled from the other chakras and





up to the Pineal Gland. This gland is also called the third eye because its structure resembles a lot the physiological constitution of our regular eyes: it has a membrane that functions as a retina, it has its fluids and also retains rods and cellular elements just as regular eyes.

Helena Blavatsky, the co-founder of the Theosophical movement described the role of the gland in an evolutionary context in her book, *The Secret Doctrine* in 1888;

*"the third eye acted no longer," ... because man had sunk too deep in the mire of matter."*

*"The third eye ...gradually petrified soon disappeared ...the eye was drawn deep into the head and is now buried under the hair..."*

*"...owing to the gradual disappearance of spirituality and increase in materiality..., it became an atrophied organ."*

*"The third eye is dead...but it has left behind a witness to its existence...the Pineal Gland."*

From the time of Dionysius to the time of Plato, the cultures of the Mediterranean consented to the doctrine that claimed the existence of an order of ultimate reality which lies beyond apparent reality. This "paranormal" reality was accessible to the consciousness only

when the "normal" routines of mental data processing were dislocated. It was Plato's pupil Aristotle who changed his teacher's game, separating physics from metaphysics. The philosophical temper of our present civilization, being scientifically and technically oriented, is basically Aristotelian.

Plato held that the vital principle was in the brain and that brain and spinal cord were coordinators of vital force, at the same time as Strato placed it in the forepart of the brain, between the eyebrows. Hippocrates placed the consciousness or soul in the brain and Herophilus made the calamus scriptorius the chief seat of the soul. Erasistratos located the soul in the cerebellum, or the little brain, and stated that it was concerned in the coordination of movement. Galen, the great forerunner of modern medical methods, argued for the fourth ventricle of the brain as the home of the soul in man. Hippolytus<sup>5</sup> said:

*"The membranes in the head are gently moved by the spirit which advances toward the Pineal Gland. Near this is situated the entrance to the cerebellum which admits the current of spirit and distributes [it into the spinal column. This cerebellum by an ineffable and inscrutable process attracts through the Pineal Gland the spiritual and life giving substance".*

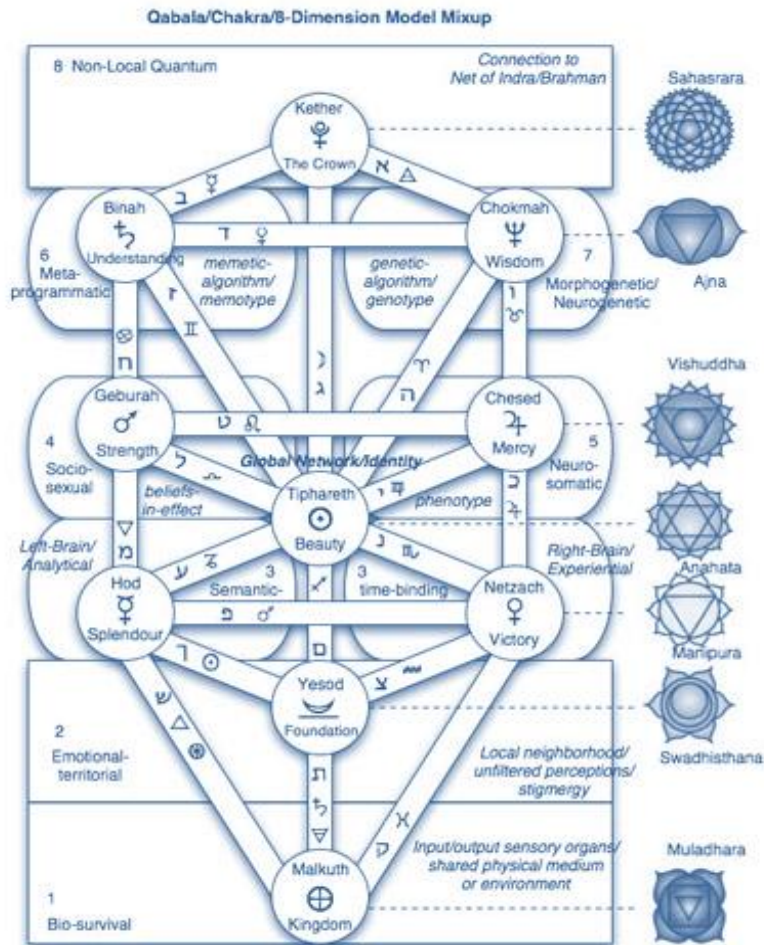
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<sup>5</sup> 3rd century A.D.



St. Augustine regarded the soul as located in the middle ventricle. The Arabian philosophers<sup>6</sup>, who so strongly molded thought in the middle Ages, identified the ventricles of the brain as the seat of the soul or conscious life.

Dr. Hollander tells us that: "The reason why the ancient philosophers, from whom the Arabs adopted this localization, placed the faculties in certain cells, meaning cavities or ventricles, probably was to give more room for the pneuma, the gaseous substance, to expand and evolve.



<sup>6</sup> There is a constant friction near the pineal gland, on account of the incessant onslaught of the cosmic rays, which enters at various points of the astral body, one of them being near the first Centre or Chakra. Thus there is an unending clash of vibrations around the pineal gland, if one's head is uncovered. If the head is covered preferably with a headgear, made of white cotton, the friction is reduced to a minimum and the Aipi remains unpolluted. The pineal gland power is developed by Kharenangh (aura, glory) which is the product of spiritual acts (prayers, participating in religious ceremonies), contribution to social and religious activities and Practicing (Tarikats) tenets of our religion in daily life. (Effect of Wearing Cap on Zarathustri Urvaan by Ervad (Dr.) Hoshang J. Bhadha)

Roger Bacon<sup>7</sup> regarded the center of the brain as the place where the soul could be found. Ludovico Vives "regarded the soul as the principle, not only of conscious life, but of life in general; the heart is the center of its vital or vegetative activity, the brain of its intellectual activity."

The philosopher René Descartes<sup>8</sup>, who dedicated much time to the study of

<sup>7</sup> - Hollander, Bernard, M.D., In Search of the Soul, Vol. I, p. 119.

<sup>8</sup> French philosopher René Descartes (1596-1650) emphasized the pineal gland in his



the Pineal Gland, called it the "Seat of the Soul". He believed that it was the point of connection between the intellect and the body. It acts as a receiving mechanism capable of monitoring electro-magnetic fields and helping align bodies in space. With its central hormone, Melatonin, the Pineal not only regulates sleep/ wake cycles and the aging process, but also appears to act as the Mistress Gland<sup>9</sup> orchestrating the body's entire endocrine system and as a result, energetically speaking, the chakra system. It is also responsible for shamanic states, visions, kundalini awakening and prophetic dreams.

Ancient people knew of the importance of the Pineal Gland. Delores Ashcroft-Nowicki says that "to the priests of Heliopolis, the embalmers of ancient Egypt (who were the forerunners of today's pathologists), the Star Chamber of Isis (the Holy of Holies) and the Halls of Anubis and Thoth were not just fanciful terms given to mythical locations but were actually places within the living brain where the priests and priestesses travelled to be taught by the gods."

The following is a description of The Star Chamber of Isis given by a priest of Isis

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writings, calling it the Seat of the Soul and "The part of the body in which the soul directly exercises its functions."

<sup>9</sup> or Sofia

undergoing the Rite of the Meeting of Mind with Mind:

"The corridor is long and narrow and gleams like the inside of a shell drawn from the depths of the sea. The curtains that guard the entrance are of the softest gossamer, so fine that they seem like mist on a lake at dawn. As I pass through them I come into the presence of the Gods. The walls are of silver and give off faint silver light that illuminates this holy place. Beneath my feet is the sandy silt of the sacred Nile, and all about me I hear the heartbeat of Isis. Behold, I dwell in the Star Chamber of the Goddess."

The above sounds remarkably like the physical description of the Pineal Gland, which lies deep within the head, an important link to our deepest selves. The five centers in the body and two in the brain emit electrical sparks. Each one of the seven centers has six smaller centers surrounding it and thus forming a six point stars. This secret was known to the ancient sage who symbolized them in their scriptures.





## Pineal Gland and the Other Chakras

The tree of life, the nerve center, has its root in the endocrines. (See figure 1)

Its trunk is in the spinal cord and its numerous branches in the nervous system and the cranial brain which what they refer to as the "throne of the most high." The ancient zodiac has a relation to the body glands and their functions.

This was one of the more principle purposes for which it was designed. They also knew that everything in the universe is related to the physical body. The stars, sun and moon are constituted of the same elements as the physical body of man and the rules by the same laws.

For example: The four six signs of the zodiac related to the four principle glands in the physical body. (See figure 2)

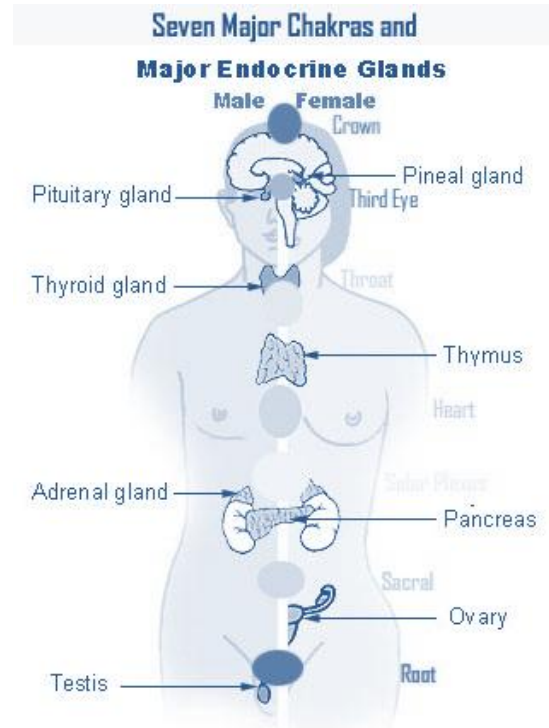


Figure 1



Figure 2



1. Pineal represents electromagnetic frequency. It is also called the solar fire. Location: center of the brain.
2. Pituitary represents the air. Location: base of the brain.
3. Prostate represents water - generation. Location: base of the spine
4. Gonads represent earth - sperm. Location: Sacrum.

## The Pineal Gland and the Existence of the Third Eye

### The Healing of a Blind Man at Bethsaida

*"They came to Bethsaida, and some people brought a blind man and begged Jesus to touch him. He took the blind man by the hand and led him outside the village.*

*When he had spit on the man's eyes and put his hands on him, Jesus asked, "Do you see anything?" He looked up and said, "I see people; they look like trees walking around."*

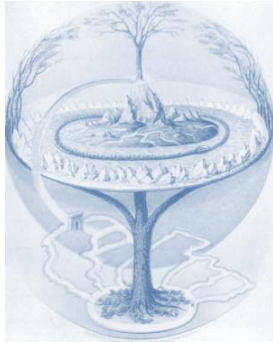
*Once more Jesus put his hands on the man's eyes. Then his eyes were opened, his sight was restored, and he saw everything clearly."*

~ Mark 8:22-25

What happened the first time Master Jesus touched the man? What went wrong that prompted the Master to do it again? Could have it been that Jesus awoke not the single vision that pertains to the physical, but instead awoke the spiritual sight?

If you are familiar with the pictures of the "Divine Presence I AM" you maybe see what that man did: he saw the real structure of the subtle bodies, a vision can be defined as beyond the perception of the real physical five senses. We cannot help but wonder if, when Master Jesus touched the man, that he awoke the Pineal Gland a little too much, and so he touched the "blind man" again, correcting his vision to mere 3D physical reality. A Pineal Gland





fully activated allows you to have access to Mystic visions, the Spiritual world, the World Tree, and the Akashic Records, where all the knowledge of the

ages is stored. The symbol of the World Tree is ancestral and it is an ancient as the diagram of the tree of life.

The Pineal Gland is more than a gland, it is a hyper-dimensional Stargate built into our human physiology which enables us to time travel, to access different realities and to reach out to our spiritual nature. It is said that this technology was once reverse-engineered by the ancient Atlantean society.

The Pineal Gland is filled with "water" which enables itself to flip back and forth between realities from space/time to time/space<sup>10</sup>. The stargate functions by the use of this liquid. When shielded off from all electromagnetic references to our existing 3rd dimensional space/time, the water can shift and have a connection made to an inverted reality of time/space. When time/space has been entered, there is access to one dimension of space and ability of movement through time. This is

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<sup>10</sup> Space/time has 3 dimensions of space and 1 dimension of time. Time/space has 3 dimensions of time and 1 dimension of space.

accomplished through tiny molecules within the Pineal Gland "water" called micro-clusters<sup>11</sup>. These micro-clusters are depicted in Platonic solid geometry shapes. The micro-clusters form a resonant gateway which allows transition into time/space. To safely activate this, one should concentrate on balancing the centers of the body. Some may call this the awakening of the energy of Kundalini. During this process, a series of complex electromagnetic intersecting rings of energy spin around the water within the Pineal Gland which causes the Pineal Gland to "gate over" into time/space where your access to linear time can be directed to some degree by your conscious focus.

We are evolving into multi-sensory entities, beginning to see beyond the limiting 5 senses and awakening our 6th sense, the all-seeing mind's eye.

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<sup>11</sup> The Pineal Gland is found to have piezoelectric calcite crystals which act like transmitters or receivers to channel light or information coming through in waves from the center of the galaxy or any other resonating trans-dimensional entity. What may seem as an unusual tickling sensation at the frontal lobe is simply the activation of the Ajna Chakra or the Pineal Gland.





## **The Pineal Gland as our Zeitgeber**

The Pineal Gland functions as our internal clock.

As a refined Chronos-biological mechanism, the Pineal Gland captures the radiation of the sun and the moon, regulating our daily mundane activities.

We live in three dimensions of space/time, meaning three dimensions of space and one dimension of time. Time/space has three dimensions of time and one dimension of space. The three spatial dimensions have an intimate relation to the fourth, which is our time. The Pineal Gland is the only structure inside the human body that can transcend this dimension, and it is able to align with different frequencies, capturing information and impressions that are beyond the realm of perception of the five senses.

Descartes affirmed that the Pineal was the definite point of connection between the Soul and physical body, because of its transcendental function and nature.

The Pineal Gland is filled with a fluid which enables it to flip back and forth between realities from space/time to time/space. The internal Stargate functions by the use of this liquid. When shielded from all electromagnetic references to our existing 3rd dimensional space/time, the fluid can

shift and have a connection made to an inverted reality of time/space. When time/space has been entered, there is access to one dimension of space and ability of movement through time. This is accomplished through tiny molecules within the Pineal Gland fluid called micro-clusters.

## **The Dimensions of Time**

When referring to the dimension of time, as perceived through an esoteric lens, we cannot say that this dimension is necessarily linear, or even that it can be realized as one standard unity for all the beings. There is an archetypical concept that references different Gods of Time, to express the diversity and flexibility of the concept of time. There is the God Chronos, which reigns over the past, present and future, in a linear way. The Past being yesterday or a minute ago; the present, the Now moment where we live in; and the future, being the stage where dreams, actions and expectations will manifest.

In a similar way, there is another God that represents the Kingdoms of Time, beyond the linear concept. This is the god Kairos; representing the psychological time, the internal time, or time as it is perceived by the Soul dimension, not necessarily the linear and direct terrestrial one.

Zeitgeber is the German word that can be defined as "time giver," or "synchronizer". In truth, it can be any



exogenous (external) cue that synchronizes an organism's endogenous (internal) time-keeping system (clock) to the earth's 24-hour light/dark cycle. For instance, the Sun is an external Zeitgeber, influencing the Pineal Gland which reigns over the sleep cycle by means of the secretion of Melatonin. This hormone gives the body the sense of rhythm and time.

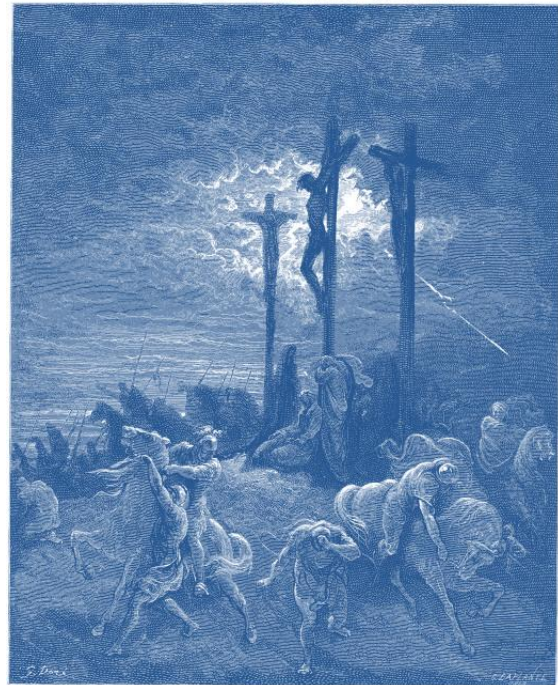
There is another strong internal Zeitgeber, our genes; these are the vital elements that design and give the profile rhythm of each person.

The strongest Zeitgeber, for both plants and animals, is light. Non-photic Zeitgebers include temperature, social interactions, pharmacological manipulation, exercise, and eating/drinking patterns. To maintain the clock-environment synchrony, Zeitgebers induce changes in the concentrations of the molecular components of the clock to levels consistent with the appropriate stage in the 24-hour cycle, a process termed entrainment.

## Evolutionary Problems and the Calcification of the Pineal Gland

It is a fact that our modern lifestyle is not something that helps in our abilities to develop or even use the Pineal Gland in its full potential. All of us may naturally

"The Darkness at the Crucifixion" by Gustave Doré



experience the hardening of this gland as we age. The Pineal Gland begins to harden with calcified tissue starting at adolescence. These strange calcified deposits between 3-5 mm are called "brain sand". There are asymmetrical crystals in the Pineal Gland that are piezo-electric. They send out electronic voltage creating electromagnetic waves. On the other hand, whenever a person is exposed to an electro-magnetic field, EMF, such as that of the earth; the gland vibrates, sending out electromagnetic signals to the rest of the body. When the Pineal Gland is stimulated geomagnetically, it produces alkaloids similar to plant psychedelics. Any strong change in the earth's EMF may produce a charge of the DMT hormone into our system, enabling us to be more psychically active. This is not



something uncommon: all life within the range of earth's vibrational influence attempts to match base-frequencies with that of the earth through a process is called *entrainment*. In other words, each of our cells is constantly shifting patterns of energy to achieve harmonic resonance with the reference signals of our earth.

The Pineal Gland is the seat of spirituality. When the Pineal Gland is calcified, instead of being spiritual, one ends up being just religious. The calcification of this gland can be understood and is mentioned in the Book of Revelation as the "Mark of the Beast". It can appear on the forehead in the place of where was supposed to be the location of the third eye. The Mark of the Beast is said to appear on people that gave in to materialistic way of living.

## **Recommendations and Notes**

Eating the deficient Western diet of high consumption of meat, dairy products, refined grains, starches, sugar, salt, soda pop, beer, coffee etc, creates an excessive caustic acids environment in your body (uric, carbonic, and lactic) that corrodes and excoriates the Pineal Gland tissue and inevitably results in calcification of the Pineal Gland.

Drugs also play a major role in calcifying the Pineal Gland. Drugs become acidic once inside the human body. Alkalinity

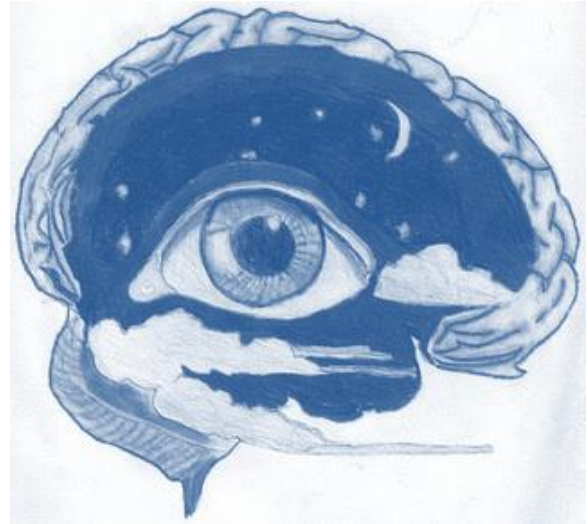
(alkaline foods) neutralizes Pineal Gland calcification and allows "the Christ (Consciousness) to roll back the Stone (Calcification) from the mouth of the Cave (Pineal Gland) allowing Lazarus (inner consciousness, spirituality) to rise from the Dead (unconscious state)". We can take the Crucifixion of Christ also in a symbolic way; HE was crucified in the mount Golgotha, which means "place of [the] skull"; among two thieves, one that represents the greed and pride and the other that represents guilt and repentance. It makes one think, since the Pineal Gland is located in the middle way of the ear canals, or where we receive and process our information from the exterior sources.

Activated charcoal, for example, is very alkalizing element filled and spinning with electrons, it can be ingested every other day, which can facilitate the cleansing of the functions of the gland; there are no side effects to using it at all. Other good elements to add to your diet are seaweeds (blue-green algae, spirulina, chlorella, Irish Moss, Iceland Moss, Kelp, Dulse, etc.). They are also very alkalizing, as well as Alfalfa and Wheat grass. The herbs such as Uva Ursi, Mullein, and Devil's Claw greatly de-acidify the body and loosen and expel hardened mucus around the Pineal Gland. Hardened mucus is nothing but a "crust of boogers" around the Pineal Gland.





Pineal revitalizing and stimulating exercises include chanting (OM, RA, etc.), placing and wearing a magnet on the Pineal Gland for a few hours throughout the day; deep breathing (yoga), as Prana represents “Jesus in the physical and limited state, that goes into the nostrils of the nose and dies and descends into hell or Hades (base of the spine – the sexual conductor) where it is electricalized (resurrected) and split open releasing the Kundalini force or spirit (Christ) that ascends via the human spine into heaven (brain area) and sits on the right side of God (Pineal Gland)”.



The essential oil Sandalwood also facilitates Pineal Gland opening and functioning, facilitating spiritual wisdom, knowledge and understanding. This is why the Biblical Solomon (Sol=Sun, O=of, Mon=Man) had his temple made out of sandalwood. Solomon surrounded himself in the vibration and pleasant smell of sandalwood and therefore became known as the wisest man who ever lived, according to the Bible. Sandalwood or the essential oil thereof, facilitates and fosters intuitive and spiritual/divine thinking.