Stellar Codes<sup>TM</sup> Chiron and Orion Guidebook Appendix





## THE EYES OF THE Sphinx

## THE GATEKEEPER GUIDEBOOK

The Sphinx is drowsy, Her wings are furled: Her ear is heavy, She broods on the world. "Who'll tell me my secret, The ages have kept?--I awaited the seer While they slumbered and slept..."

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~ Ralph Waldo Emerson

The Sphinx (1841)

"I am a soul, I am a star of gold" ~ Pyramid Texts, Line 886-9 Circa 2500 BCE

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Ancient Wisdom traditions teach that stars are vastly evolved beings whose radiance gives life, light and power to aid evolution. Perhaps the ancients understood a form of stellar wisdom which has been lost to history, and we might enrich and empower ourselves by returning to a visceral connection to the sky.

As the ancient Egyptians said in texts to the deceased pharaoh,

"May you seize the Sky."

## **PART 1: INFORMATION AND EXERCISES**

## THE NEED OF INTEGRATION OF THE ENERGETIC CENTERS AND BODIES

As we reach the present stage of development in our archetypical journey, we realized that we have opened portals of our inner world. We see ourselves prepared to start integrating our different bodies of Light, as we awaken our Divine Stars, reweaving the Grid of Light inside of our beings, healing old wounds and changing our DNA.

Our original matrix design is compounded of Light. As we master ourselves and energies, we assimilate all the different levels of our being and we awaken to the reality of existence: we are an eternal presence and the vehicle of this presence is our Lightbody. We learn that our physical body and our Lightbody in fact are just ONE.

Our Lightbody, along with our physical third-dimensional physical body, is

maintained by the absorption of Prana. The amount of Prana contained inside of a person's spiritual energy fields indicates the level of consciousness of the individual. Correspondingly, the intake of Prana into a person's spiritual energy fields will expand their consciousness. Before Prana can be used to expand consciousness, however, Prana must first pass through one's chakras.

Chakras were created by God to filter out discordant energies from entering one's spiritual energy fields. Discordant energies entering a person's spiritual energy fields will decrease a person's consciousness. Most people's chakras are clogged up and closed off by large amounts of discordant energies. The blockage of one's chakras can result in a closed mind. A closed mind rejects the possibility of higher dimensional levels in Creation.

The Stellar Code<sup>™</sup> Program is a comprehensive approach of integration and alignment of our Lightbody with our Sun Star, with the Central Sun and the Major Central Sun. These integrative Codes restore the truthfulness of our original template and facilitate our life journey through the Enlightened Path: Antahkarana. The entire purpose of the Stellar Light Codes are too increases the potential of Light assimilation of Prana through our system.

It is when Prana expands and fills a person's spiritual energy fields to nine times their original size, that the person *"Ascends"*. Ascension means graduating from our 3rd dimensional reality into the Heaven or Paradise of the high Astral and 5<sup>th</sup> dimensions.

Ascension into the higher dimensions means a person has reached the level of



consciousness of a Planetary Ascended Master or a Saint. In other words, when sufficient numbers of God's Golden Spheres, Prana, are infused into a person's spiritual energy fields and the person's consciousness is expanded nine-fold, the person becomes "Enlightened".

The term *Enlightenment* is an old term that refers to a Golden Glow which can emanate from the enormous numbers of Golden Spheres contained within an Ascended Master's or Saint's spiritual energy fields, as depicted in art and seen in old photographs, and expressed by their halos.

All forms of meditation and/or prayer will infuse enough Prana into an individual's spiritual energy fields over several lifetimes so the person can fully expand their consciousness and Ascend into the "Heaven" of the high Astral and 5<sup>th</sup> dimensional levels of reality.

With the vovage through the Stellar Codes<sup>™</sup> of Orion and Chiron, we are able to reach a deeper connection with ourselves at the Soul Level and open the doors of understanding of vital questions of our existence, such as why we are here, and where we came from. The Soul is your Higher Self, and it is your Higher Self that is fully aware of all that you think and do, including all the impressions that come to vou. But since your conscious awareness is paying attention mainly in the physical brain, you do not share consciously of the energies and knowledge which your Higher Self possesses. But as we develop the two head chakras, they will grow larger and finally make contact with each other by way of what is called the Antahkarana or Psychic Bridge.

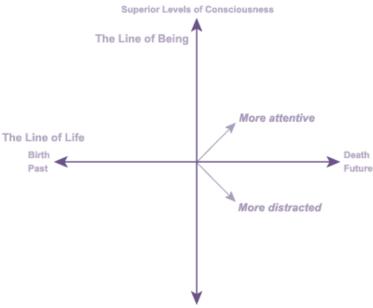
The key to the integration of Chiron and Orion Stellar Codes<sup>™</sup> is given by the connection between these two centers located in the head, in alignment with the 5<sup>th</sup>, or Throat Chakra and one can infer the necessity to stimulate and integrate all these centers with the awakening of our other chakras. This connection will function as a vibrational portal that will harmonize your frequency and facilitate the entering of new realms and amplifying our perception of Space-Time<sup>1</sup>.

Consciousness does not have any straight connection with the perception of time. It is a matter of fact that consciousness stands beyond the paradigm of time lines and temporal dimensional realities.

<sup>1</sup> So we see from the chart that consciousness has no relationship whatsoever with time. This is a huge hurdle for most people because we think in "time" we will awaken. "Someday, I will have awakened consciousness" or a have awakened experience, and that way of thinking is a fallacy. It is not dependant on time, it is dependant upon developing the consciousness itself which is independent of time, and it is separate. It runs an entirely different paradigm than time. Because of that we must take advantage of every moment. Every instant of life is an instant within which the consciousness is functioning. Thus we perceive. However, because we have such Karma, such problems that we have all created in our minds, we only perceive in accordance with our consciousness, what we have available. And because we have trapped so much of ourselves in desire, we have so little of our consciousness free. This means we perceive very little consciously. Most of the time we perceive unconsciously. That means we are asleep most of the time.

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Inferior Levels of Consciousness

The integration of Chiron and Orion Stellar Codes<sup>™</sup> is done on another plane of our existence, through the amalgamation of the energies of the Heart Center and the Thymus<sup>2</sup> Center, which functions at the lung level, and is known by tradition to be in itself the minor chakra responsible for the storage of the "story" of our past lives.

These are the basic steps to assimilate into oneself the truthful Light Codes of Stellar aptitude. Ageless Wisdom for a Modern World



The attunements of the Stellar Codes<sup>™</sup> of Chiron and Orion prepare the way for the next step of initiation, very similar to the Egyptian initiation of YOD, which is the key to the reconnection between you, your Soul and the other Soul extensions: your Family of Light. In ancient times this was the vital step to introduce the Seeker to the Path of Self-realization and Ascension.

## THE PREPARATION AND INTEGRATION OF THE ENERGETIC CENTERS AND THE SUBTLE BODIES

# EXERCISE NUMBER 1: THE GOLDEN SPIRALS

#### **PRACTICING LIGHTPRAYER**

As multidimensional beings, we are able to operate and function in a vast spectrum of vibrations. It is a common for many to pray with their minds and sometimes even with a connection with the heart. The Lightprayer is a different way of connecting with the different frequencies and vibrational realms. Everybody's Soul is a Lightbody radiating out a certain intensity of this Light, therefore Lightpraying is an act of appeal or prayer which involve the pulsation of Light in tones, geometrical shapes and frequencies combined with intention and mantras.

Doing Lightprayers in the way they are meant to be done and were brought down for this purpose to Planet Earth, will result in the gradual building of a field of the energy of Wholeness. This morphogenetic

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<sup>&</sup>lt;sup>2</sup> Do not mistake and think that the Thymus gland is related with the Anahata chakra, because many esoteric masters say that the Anahata chakra is related with the Thymus. In reality, the Anahata chakra is related with the heart and the Thymus gland with that pulmonary chakra related with the past lives. While in this case the heart is related with the blood, with the Sun, and that gives us that power of intuition, premonition or hunches. The metal of the Sun is gold. So you find here for instance, in one place, the relationship of the Moon and the Sun very close: the Thymus gland and the heart, intimately related.



field will be the result of positive and negative in harmony, and not in separation, with each other. These polarities are the two aspects of Wholeness, nothing more, and nothing less.

Lightprayers are the "nourishment" of our life. The reincarnation cycle may be transformed through this power into eternal life in Oneness. This specific exercise is recommended to be practiced at night before bedtime. It is important to oxygenate your blood stream as you do the Lightprayer; therefore we recommend practicing the following breathing technique before you start any lightprayer.

#### **OXYGENATING THE BLOODSTREAM**

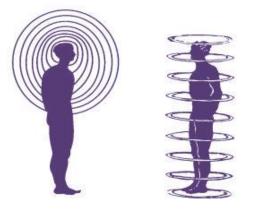
 Pucker your lips. Close the nostrils with your fingers. Inhale slowly through the mouth. Then close the mouth and exhale slowly through the nostrils. Do this ten times.

This exercise liberates the etheric current.

2) Stand or sit erect with your spine as straight as possible. Place the tip of your tongue at the roof of the mouth behind the upper front teeth. Close both nostrils with your fingers. Inhale slowly through the mouth until the lungs fill to capacity. Then exhale slowly through the mouth, intentionally contracting the abdomen at the same time. Do this ten times.

#### THE GOLDEN SPIRALS

• Activate your Soul Star and your Earth Star



- Visualize, while breathing in, a ray of Golden Light is spiraling through your body as given in the drawing.
- Visualize, while breathing in, a golden spiral thread comes out from the back of the neck, over the head, and is piercing through the throat, coming our backwards, over the head
- Visualize, while breathing in, a golden spiral thread comes out from the back of the neck, over the head, and is piercing through the breastbone (a bit under the throat),
- Visualize, while breathing in, a golden spiral thread comes out from the back of the neck, over the head, and is piercing through the spinal column, goes over the head,
- Visualize, while breathing in, a golden spiral thread comes out from the back of the neck, over the head,

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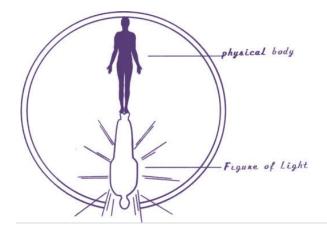
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and is piercing through the breastbone a bit lower and through the spinal column, goes over the head,

- Visualize, while breathing in, a golden spiral thread comes out from the back of the neck, over the head, and is piercing through in between the lowest part of the breastbone and Solar Plexus through the spinal column, goes over the head,
- Visualize, while breathing in, a golden spiral thread comes out from the back of the neck, over the head, and is piercing through the front side of the body (a bit lower) and through the spinal column, goes over the head,
- Visualize, while breathing in, a golden spiral thread comes out from the back of the neck, over the head, and is piercing through the abdomen and through the spinal column and is spiraling back to The Ultimate Source.

When you do this, voluntarily contract your sphincter, to help you to propel the energy of Light upstream up your spinal column.



## INTTUNEMENT OF THE HIGHER Chakras

The three higher centers, or chakras, will play an important part in this the Attunement and Empowerments. Nevertheless they will need some work, which we call Inttunement.

# THE 5TH CHAKRA: THE DOORWAY OF MEMORIES

The fifth chakra is the energy center associated with communication through sounds, vibrations and selfexpression. But the communication done here is through the process

of transmuting and receiving information through symbols. We understand communication through the 5th chakra as an act of broadening the connection, which is one of uniting principals of the upper chakras.

The 5th Chakra is called VISUDDHA, which means the "purifier" or "purification". It is a gateway through the upper chakras, meaning that nothing will pass through it, unless it is vibrationally in accord with the frequencies emanated by the higher centers. It is from the 5<sup>th</sup> chakra that we develop our AKA Cord, which is our personal connection with the universal repository of Memories of this Local Universe.

The natural element of the 5<sup>th</sup> chakra is ether, otherwise known as Akasha.

Ether as an element represents the field of vibration and is considered a universal

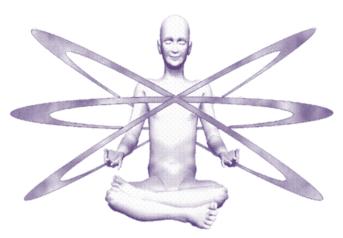
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element, differing in nature from the other four elements: Earth, Fire, Air and Water. Ether can be also understood as the allencompassing and unified field of subtle vibrations that can be found everywhere throughout the Universe. Vibration is an expression of rhythm. Our consciousness vibrates upon the substance of our bodies; energy and light affects movement and, in turn, movement affects matter.

Vibration is the underlying manifestation of form, as we Inttune ourselves with the vibrational spectrum, and through the integration of the 6<sup>th</sup> and 7<sup>th</sup> chakras, we are able to progressively perceive more light.

#### **CREATING RESONANCE IN YOUR ENERGY FIELD**



At the heart of each of us, whatever our imperfections, there exists a silent pulse of perfect rhythm, a complex of wave forms and resonances, which is absolutely individual and unique, and yet which connects us to everything in the universe. The act of getting in touch with this pulse can transform our personal experience and in some way alter the world around us.

~George Leonard, the Silent Pulse, p. xii

Every movement coexists with sounds: wherever movements manifest so does sound. The Human ears can register a wide range of sound and vibrations, but many notes above and below the audible spectrum cannot be perceived by us. This does not mean they do not exist, however. We know that fish in the ocean produce peculiar sounds, which are not perceptible to us. Even atoms rotating around their centers produce a sound, or vibrational signature. In this way, we say that even the physical elements have their own particular vibratory notes.

#### THE KEY NOTES AND THE SEVEN VOWELS OF NATURE: I-E-O-U-A-M-S (HUMANS)

I-E-O-U-A-M-S is our vibrational race name as humans.

Resonance is in all creation: each flower, mountain and river has its peculiar note which represents its synthesis. The collection of sounds are produced on our Planet is nothing more than a note in the choir of the Infinite Space.

Every world has its own key note and they are the expressions of the type of vibrational field they are resonating. It is a gathering of all those notes that amalgams what Pythagoras called the "Music of the Spheres".

In the same way, each chakra has its own seed sound, which is said to contain the essence and the secret key of the chakra. They are as follows:

- Muladhara: O as in OM
- Svadhisthana: U as in Cool
- Manipura: A as in Father

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- Anahata: E as in Play
- Visuddha: I as in Seed
- Ajna: mm
- Sahasrara: nng as in sing, or just silence.

The seven vowels of nature are IEOUAMS: they resonate with human organism. We all vibrated these seed sounds naturally when the human race was united with the Devic Realm. After the separation of these two realms, mankind lost its natural rhythm and harmony.

Clairvoyance is developed through the sound the vowel I.

Clairaudience is awakened through the sound of the vowel E.

The Heart Center develops inspiration through the vowel O.

The pulmonary chakra facilitates the faculty to remember past experiences. This is awakened through the seed sound of the vowel A.

The sound seeds that resonate through all the internal energy system are the letters M and S.

These vowels, when combined wisely with certain consonants, can integrate as mantras which are design to awaken all the energies centers from the body and beyond.

Therefore, the human being must be aware of the urgent necessity for the Seven Vowels of Nature to vibrate once again within the organism. They must resound with intensity within the resonating internal chambers, as well as in each of the Plexus or Chakra of the Astral Body.

#### THE GEOMETRY OF WORDS

Spoken words produce geometric forms. When filled with intentions, these words fill themselves with cosmic matter and crystallize in material form.

"In the beginning was the Word, and the Word was with God, and the Word was God.

He was in the beginning with God.

All things came into being through him, and without him not one thing came into being.

What has come into being ... "

~John 1:1-3

The geometric figures created by the spoken word resonate through the universe and get registered in the Akashic matter as imprints.

# DEVELOPMENT AND OPENING OF THE $5^{\text{TH}}$ Chakra

There are some exercises that we would recommend to further develop your 5<sup>th</sup> chakra and to facilitate your Inttunement when traveling between different dimensions.

#### EXERCISE NUMBER 2: THE NECK Roll



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Sit in easy pose. Begin rolling the neck clockwise in a circular motion, bringing the right ear toward the right shoulder, the back of the head toward the back of the neck, the left ear toward the left shoulder and the chin toward the chest. The shoulders should remain relaxed and motionless, and the neck should be allowed to gently stretch as the head circles around. Continue for 1 - 2 minutes, then reverse the direction and continue for 1 - 2 minutes more. Bring the head to a central position and relax.

#### **EXERCISE NUMBER 3: PRACTICE OF SILENCE**

The practice of silence is an important part of the learning process of listening and understanding. It allows the fine tuning and purification of the vibrations from audible sounds to incorporate subtle sounds and other different ways of communication, especially with higher consciousness.

Make a commitment to incorporate silence into your daily routine, start with a few minutes and maybe evolve it a day or maybe longer. It is also very useful to train a chatting mind.

## DEVELOPMENT AND OPENING OF THE 6<sup>th</sup> Chakra

The energy and vibration of the 6<sup>th</sup> chakra integrates and expresses how light and visual process connects with what we experience through perception.



"All that we see are our visualizations. We see not with the eyes, but with the soul."

#### **EXERCISE NUMBER 4: THE YOGI'S EYES**

When doing the eye exercises<sup>3</sup> keep your eyes open and don't move your head.

Sitting as in the exercises for the neck given above, open your eyes, then check on your posture. Is your spine erect? Hands on the knees? Body relaxed? Head straight? That is how you should always remain while doing eye exercises. The whole body must be motionless; nothing must move except the eyes.

Raise your eyes and find a small point that you can see clearly without straining, without frowning, without becoming tense and, of course, without moving your head. While doing this exercise look at this point each time you raise your eyes.

Next, lower your eyes to find a small point on the floor which you can see clearly when glancing down. Look at it each time you lower your eyes. Breathing should be

<sup>3</sup> This exercise is from the book of Yogi Ramanantata.

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normal. In other words, you don't have to do deep breathing.

Close your eyes and rest in darkness. Rub your palms together briskly, until you feel vour hands become warm. When the heat feels sufficient, place your palms over your eyelids, and again relax



your eyes in warmth and darkness.

From this point you can either go into a deeper meditation or return to the regular world.

## **EXERCISE NUMBER 5: ENERGY TEMPLATE DNA UPGRADE**

Invocate and Install the following program<sup>4</sup> in each receptive cell by quieting each of the twelve bodies<sup>5</sup>, activating your Soul Star and repeating out-loud items 1-23 three times6. To run the installed upgrade call upon your Higher-Self-Council7 to automatically check each item for the requested adjustments and request they make all the necessary alignments at the start of each new day.

7 The Council formed by the other 11 Soul Extensions of your original Soul

- 1) Install within the Energy Templates of my DNA Instruction Set of each of my parallel lives the active reality that The Godhead and I are ONE LOVE. I AM that I AM in Oneness with All of God's Creation. I AM the Eternal Self God Self.
  - 2) Remove all false belief systems programmed within my soul during the time resulting from the Original Separation, the ancient wound, into individualization from God and/or implanted during various evolutionary sequences in multidimensional time.
- 3) Anchor, activate and energize the ability to recall all Universal Laws, especially The Law of One, as previously installed in my superconsciousness levels and give me the higher intelligence, will, intention, and ability to apply these Laws to all my actions.
- 4) Give each multidimensional parallel life the wisdom to perfect the Divine Love that we are by releasing any stored energies that are anything less than pure Divine Love, through the processes of forgiveness, patience, and understanding; and replace excess conflict with compassion.
- 5) Bring into harmony all members of our High-Self and Spiritual Councils and provide them with the vital information and/or knowledge to insure their valued wisdom and 100% alignment in our joint activities, serving the Law of One.

<sup>&</sup>lt;sup>4</sup> This exercise was modified and upgraded from an original exercise by Lisa Renee.

<sup>&</sup>lt;sup>5</sup> The bodies referred to here are the vibrational bodies of the twelve levels of consciousness.

<sup>&</sup>lt;sup>6</sup> We recommend continuing with this Energy Upgrade Program for at least 21 days continuously. The reason for this is that it generally takes 21-28 days to revert a habit and to install a new vibrational behavior pattern.



- 6) Remove any *extra souls* <sup>8</sup>from our High-Self Spiritual Councils that no longer serve our Highest Purposes. When appropriate, replace any members removed with qualified Ascended Masters with the expertise needed to fulfill our Ascension Mission.
- 7) Open all mind locks, clear the heart blockages to the maximum levels to bring discernment of the inner voices and bring clear communication with spirit to fully cultivate our Higher Sensory Perception and our Emotional Cognition.
- 8) Clear and/or remove any extra hidden, hiding or multiple souls present within the etheric bodies of each parallel life in order to insure that our one original Soul Essence resides in each physical body. Release all merging soul extensions to their proper time and space continuum. May this be done harmlessly through loving energy.
- 9) Clear all 12 bodies and minds of all agreement, judgments or programs that could interfere with our dedication to completion of our agreed upon Soul Contracts of Ascension. Phase align and synchronize all 12 bodies and

establish beneficial communications between all minds for optimum integration.

- 10) Transmute or remove from each parallel life all harmful geopathic energies<sup>9</sup>; X-rays; ultra high and low frequencies, computer and television rays; poisons and toxins from water, food, air, and drugs, including prescribed drugs; heavy metals; atomic radiation, including radon; disease inciting organisms<sup>10</sup>; and all known toxic gasses<sup>11</sup>.
- 11) Insure that each body and mind of all parallel lives receive a constant flow of vital life force energy from God Source for the maintenance of our healthy bodies and for our joint greatest good, as we seek to channel and share energy with others.
- 12) Clear all currently running discordant energy programs previously stored in our Akashic Records that could interfere with our being in all bodies at any location, level, dimension, elevation, or frequency. Clear all the known and the unknown levels, elevations, and vibrations for the Councils for all bodies up through Multidimensional Time Matrix 360 (15 dimensions in all 24 Matrixes)<sup>12</sup>.

<sup>&</sup>lt;sup>8</sup> This is a step that has to be dealt in a very strong and decisive way. During recurrent lives, we tend to give power over our decisions to others. Even entering other pathways and vibrational lives, some of those that retained the power of our lives may continue to access and alter our decisions today. Our advice is to choose Ascended Masters to sit on the council of your Soul to guide and inspire your Lower Self, and equip you with the tools needed to realize your life purpose with success.

<sup>&</sup>lt;sup>9</sup> e.g. Ley lines, Curry grids, vortexes, etc.

<sup>&</sup>lt;sup>10</sup> e.g. worm parasites, pathogenic viruses, bacteria, protozoa, prions, fungi, yeasts, etc.

<sup>&</sup>lt;sup>11</sup> e.g. chlorine, methane, sulfur dioxide, and carbon dioxide, etc.

<sup>&</sup>lt;sup>12</sup> An allegorical way of saying in all dimensions and timelines.



- 13) Clear all duplicate programs established during any of our physical lives in each galaxy on any planet, or during *bardo*<sup>13</sup> as Spiritual Guides and during any other evolutionary part of our historical NOW.
- 14) Clear all blocks in any parallel life to our "Service to Others" orientation, multi-dimensionally.
- 15) Clear all illusion or obstacles to the Truth that the Soul is unaware of, everything the Soul is avoiding or denying, that have impeded any parallel lives during our overall spiritual progress.
- 16) Clear and/or block any openings<sup>14</sup> to any other dimension, parallel universe, or domains in which incompatible energies or negative thought forms are bleeding through and adversely affecting any parallel

life. May those tears be healed and sealed now.

- 17) Remove all disincarnate spirits, those translated from a physical form, including the demon class, dark forces, negative astral beings, killer psychic forces, and/or negative thought forms present, in anybody, that originated from any planet, dimension, or time continuum, timelines and frequencies that could interfere with our Highest Good in service to The Law of One.
- 18) Cut any negative cords attached to other souls and cut any cords attached to implants. Fuse the ends of these cords to prevent reattachment and send them to the Light, harmlessly. Clear all negative implants blocking energy flow, any implant devices, and any dark sticky implants anywhere within the 12 bodies of any parallel life. Convert any negative imprints that are adversely affecting us to positive imprints.
- 19) Clear all parallel lives of: useless vows<sup>15</sup>; limiting belief systems<sup>16</sup>; useless ties or contracts with others<sup>17</sup>; clear anti-time conflicts; all negative cell memory; curses from any source; subconscious clutter; any desire to escape; scaring from

<sup>17</sup> e.g. economical, social, and emotional

<sup>14</sup> e.g. doorways, gates, or tears

<sup>&</sup>lt;sup>13</sup> The Tibetan word Bardo means literally "intermediate state" - also translated as "transitional state" or "in-between state" or "liminal state". Used loosely, the term "bardo" refers to the state of existence intermediate between two lives on earth. According to Tibetan tradition, after death and before one's next birth, when one's consciousness is not connected with a physical body, one can experience a variety of phenomena. These usually follow a particular sequence of degeneration from, just after death, the clearest experiences of reality of which one is spiritually capable to, and up to terrifying hallucinations arising from the impulses of one's previous unskillful actions. For the prepared and appropriately trained individuals the bardo offers a state of great opportunity for liberation, since transcendental insight may arise with the direct experience of reality, while for others it can become a place of danger as the karmically created hallucinations can impel one into a less than desirable rebirth(Wikipedia)

<sup>&</sup>lt;sup>15</sup> e.g. poverty, religion, separation, marriage, loneliness, silence, chastity, celibacy, suffering, obedience, sacrifice, illness, anxiety, or fear

<sup>&</sup>lt;sup>16</sup> e.g. financial, inhibitors, polarity, karmic, genetic, religious, devils exist, educational, cultural, racial, political, astrological, and God causes pain.



soul wounds; loss of subconscious Integrity; all death wishes; spiritual parasites from any dimension; all phobias, neurotic disorders, subatomic malfunctioned creations, and all other factors that may dissipate our vital life forces.

- 20) Clear all additional negative cellular memories stored anywhere within my morphogenetic field and anchor activate and energize the 12 Strand DNA of my Avatar Blueprint<sup>18</sup> now.
- 21) Activate the Atomic Doorway<sup>19</sup> with an alpha-to-omega head-to-toe clearing & healing on all of my parallel lives in order to remove any disease, illness, injury, or mental and emotional damage present NOW or coming into NOW.
- 22) Daily transmute or remove from each parallel life all harmful negative emotional thought forms and replace them with positive thought forms based on Unconditional LOVE, PATIENCE, CONFIDENCE, HONESTY, JOY, TOLERANCE, COURAGE, KINDNESS, COMPASSIOIN, DEDICATION, AND ENTHUSIASM all inclusive in The Christ Mind Matrix.
- 23) I am in gratitude for my healthy bodies, my friends and family that encourage and support my soul purpose and life contracts. In deep reverence and gratitude for all of my Evolution Support Teams, my Higher-Self Spiritual Councils and their dedication to assist me when they are called upon.

Thank you GOD for each of my parallel lives as a unit of the LOVE I AM. ANCHOR LOCK AND SEAL THIS WORK THROUGHOUT MY HOLOGRAM. ANCHOR LOCK AND SEAL THROUGH THE TIME MATRIX.

And So It Is! Om Shanti Aum, Amen!

## ENTERING THE HALL OF Records: the Akashic Records

WHAT ARE THE AKASHIC RECORDS? Akasha is the Sanskrit word which means "aether" in both its elemental and mythological senses and "primary substance". It is part of the Divine Mind and it is written literally in the Bible as the Book of Life. The Buddhists refer to the Records as the Memory of Nature.

The Constellation of Orion is two triangles joined, like an hourglass, with the Belt of Orion in the middle.

"So The Hall of Records serves as a Preserver of Energy and Memories and Consciousness, and it is no accident that this was done through sand, that I have been covered by sand. Through the Sands of Time the hour glass has served its purpose, and the time is almost nigh. The time is almost nigh for the Crystalline Diamond Heart of God energy, containing the 2 triangles, within The Hall of Records, to be released and activated. And the knowledge has been sealed until such time as the Unity Consciousness is pre-pared to unravel, unlock and release the mysteries. Are you ready to 'Weave the World' – your New Earth?"It is one of the most powerful tools available on this planet

<sup>&</sup>lt;sup>18</sup> Your original Divine Blueprint.

<sup>&</sup>lt;sup>19</sup> The smallest dimensional portal at the atomic level.



to help us to remember our condition of Unity and Oneness with The Divine Mind. When we ascend to the energies of the Hall of Records, we opened a direct communication with our Masters and Angels.

The Akashic Records have been referred to by different names such as: "The Book of Life"; "The Cosmic Mind"; "The Universal Mind"; "The Collective Unconscious"; "The Collective Consciousness"; "The Collective Subconscious"; and the "Soul Records".

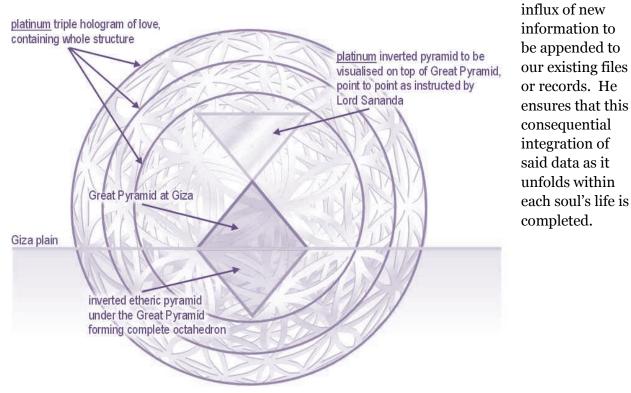
"Akasha is one of the cosmic principles and is a plastic matter, creative in its physical nature, immutable in its higher principles. It is the quintessence of all possible forms of energy, material, psychic, or spiritual; and contains within itself the germs of universal creation, which sprout forth under the impulse of the Divine Spirit."

~Alchemy and the Secret Doctrine

Regardless of how one opts to label them, these records represent our past, present and future, encompassing all knowledge of all things in every manifestation in each dimension in which we exist, or have existed, which holds true for every Soul, without exception.

For those who follow the angelic realm belief system, it is Archangel Uriel who is considered to be the one who is the guide to these records; he aids you in understanding what is contained within these sacred soul records.

Archangel Uriel is deemed the Lord of the Hall of Records and is therefore responsible for ensuring the consistent and constant



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In Egypt, the great Sphinx is considered to be a gatekeeper or watcher over the portals, holy places or gateways into other dimensions of higher frequencies where advanced knowledge and wisdom resides. Some believe that it is through these portals, accessed through the mighty Sphinx, where we will discover our individual soul records within the Halls of Knowledge. In some storage of all human experiences and provides a general record for All That Is. We may even say that the Akashic Records are the equivalent to a Cosmic or Collective Consciousness described so careful by Carl Jung.

mythologies it is said that these levels of higher dimensions could not be reached unless one could correctly answer riddles posed by the great winged Sphinx known by different names in various cultures or belief systems.

Many others simply agree that there is a Collective Consciousness Energy who watch over and maintain these sacred soul records. referred to as the Akashic Records here. It is up to vou to decide which feels best and most in alignment with your own belief system, but be aware that there are truly "Keepers of the Halls of Records" regardless of the names we as humanity would assign them.

The Akashic Records are, in essence, a universal filing system which records all things; all thoughts and emotions, words and actions. This repository is said to be the collective



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#### **AKASHIC RECORDS FAQ**

What you should <u>not</u> expect to glean from your readings of your personal Akashic Records.

The records are readily available for those who are genuinely searching for deep answers to life's questions, especially those which are deeply spiritual in nature. The records are not meant to be a "playground" of sorts or to act in the form of an oracle to divine whether someone loves you or not, whether a job is right or not, etc... For example, you should <u>not</u> expect a detailed medical diagnosis, but you may receive information about why you are ill and/or what purpose the illness serves.

As another example, you should <u>not</u> look ahead to simply unveil your future; the future is malleable and is therefore not set in stone. If you view the Akashic Records as a way to determine the outcome of your life, you are essentially forfeiting your freewill thus opting to forget that you are an active part of your life and are, ultimately, the master of your own destiny. Remember, you are free to choose the pathways of your life and the directions you may choose traverse upon your personal journey.

Note: In <u>no</u> situation should you be drawn to a co-dependent relationship with any person who may be helping you during the readings; this is extremely unhealthy and there are karmic ramifications of this action.

The readings are <u>not</u> designed, and never will be, to advise you go against your personal beliefs or provide such advice as to suggest you end a relationship or to encourage you to have affairs. Every outcome of each reading should pass through your rational mind that you may also apply reason; every decision can only be made strictly by you. Your own intuition also plays a key role in determining the value of the information you have obtained in your accessing of these records.

#### 1. HOW CAN ONE ACCESS THEIR AKASHIC RECORD?

There are many known ways to directly access these incredible records. To cite some examples of which methods may help you access your higher self and, ultimately, your Akashic Records: meditation; creative visualization; past life regressions; dream state and/or dream-weaving; the use of specific high vibration crystal energies; or working with a combination or compilation of these techniques can all work very well for completing the "journey" to review one's records.

#### 2. WHERE IS THE AKASHIC RECORDS REPOSITORY LOCATED?

The ancient peoples believed that the actual location of the Akashic Record Repository was situated among the stars found in the constellation of the Orion Belt<sup>20</sup>. Nowadays,

<sup>20</sup> The Earth Records. There is a place very near this planet that holds the individual experiences of the souls that reside here, along with the creative experiences of all the forces that ever came to that planet and worked on its experimentation whether that meant great strides of advancement for the species, or whether it meant casting a net of control and domination upon the species. Those two areas of records hold all the emotions that were used in the gathering of experience there, and the individual records are contained within the subtle body of the soul force which is very near to the physical form. The creative experiences for the sum total of experience for planet Earth outside of personal experience, resides in a band which surrounds Earth. The other set of more extensive records, the Records for Earth's Solar

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however, many argue the precise location to be somewhere between the astral plane and the mental plane; we believe that wherever it might be located, the reach of these records can permeate and seep through all dimensions and frequencies within the known universe providing a passage way, if you will, to access the desired information. These records exist in a higher vibrational string than the "collective mind" and can actually infuse themselves through the first, second and third planes of the classic astral plane model.

## 3. WHAT IS THE PURPOSE OF THE AKASHIC RECORDS?

The primary reason for choosing to access the amassed and aggregated information contained within each soul within the universe's records is so that we can opt to share our learning experiences and our spiritual growth with one another inside of this dimensional reality, hence promoting and facilitating overall collective growth and

System that we described for this planet are held in an energy band that circles around the planet. From this energy band there are what would appear to be strings and those strings connect to the other records that are held within that solar system and beyond.

The first set of strings reach out to a deposit of planetary experience which you would consider the solar system. In this band of cosmic records that contain only the planetary records for that system, there are no records for the individual souls that have inhabited those planets in the past or in the time line that you experience as the present.

There is no emotion recorded in these records, though there is the intent of the creators that established the experiences that were recorded in that deposit. There is no recording of what would be considered success or failure, just intent. evolution. Because we share the same plane of existence, we all benefit both indirectly and directly as well, based upon the level of mindfulness we choose to utilize in this existence of each other's experiences, thoughts, dreams and archetypes. Frequently, we can be very impressed by what may come from someone else's mind or consciousness, which can suddenly and adeptly translate exactly what we are feeling or experiencing in any given moment under various situations or circumstances.

# 4. WHAT ARE THE BENEFITS OF ACCESSING THESE RECORDS?

The basic purpose for reading your personal records are:

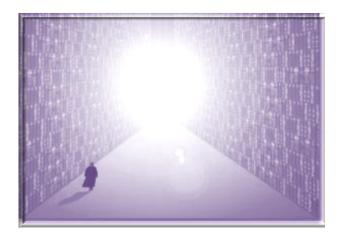
- to remember who you are in your truest form along with what your current life purpose is;
- to bring the awareness back to the fore of your mind so you remember that you are an infinite being who has lived before; to determine what the impact(s) of past actions and thoughts is (are) and that which is still present in your life.

It can also be very beneficial to consult your records:

- if you are facing a life passage, a deep challenge or transition of some sort;
- if you require spiritual guidance for future experiences;
- if you need answers regarding an illness or trauma you are experiencing;
- or if you wish to know, or remember, what your present soul purpose is for this incarnation.

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The information you will access can benefit and enhance your life because it will prompt you to take another look at your present way of living and likely create a desire deep within you to enact a shift of perspective in regard to your approach of personal development and how best to traverse the path of your unique spiritual journey. The reliable information you obtain from these records will enrich your life, bring clarity into your thought process, create opportunities to grow, to understand, to enjoy life in a deeper and happier way, and to develop acceptance and other spiritual virtues which may be currently be dormant within you.

When the energies of The Hall are activated, the cellular recollections in you will "open to it and make ready". This will cause latent energies to come to the front position. For many of you this process has already begun.

- 1. increased level of consciousness
- 2. increased awareness of self, by bringing to awareness subconscious patterns that hold you back

- 3. increased and clearer spiritual energy by releasing negative patterns
- elimination of the "drag factor" (those experiences and traumas that "hold you back" or keep you stuck in one place in your growth opportunity)
- 5. allow greater opportunities for growth and personal transformation
- 6. better ability to cope with life situations by having a clearer insight about what is happening
- 7. better, more positive perception of self, others and life situations
- 8. better quality of life with less fear of situational outcomes
- 9. decreased anxiety, depression and hopelessness about life due to a lack of self-awareness
- 10. overall increase in happiness, feelings of well-being reflected on those around you
- 11. increased sense of oneness with the collective or global community
- 12. increased sense of responsibility to assist in creating a better world

The Healing the energy of the Akashic Fields consent to us the freedom to choose *Grace* in all things; therefore, overriding any false impression we have created that causes us to believe we are separate from God/Spirit/Source.

"Man can penetrate to the eternal origins of the things which vanish with time. A man

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broadens his power of cognition in this way if he is no longer limited to external evidence where knowledge of the past is concerned. Then he can see in events what is not perceptible to the senses, that part which time cannot destroy. He penetrates from transitory to non-transitory history. It is a fact that this history is written in other characters than is ordinary history. In gnosis and in theosophy it is called the "Akasha Chronicle"...To the uninitiated, who cannot yet convince himself of the reality of a separate spiritual world through his own experience, the initiate easily appears to be a visionary, if not something worse. The one who has acquired the ability to perceive in the spiritual world comes to know past events in their eternal character. They do not stand before him like the dead testimony of history, but appear in full life. In a certain sense, what has happened takes place before him."

~ Cosmic Memory

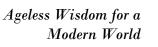
## AKASHIC RECORDS AND GRACE POINTS

There are certain meridians inside our body that have the possibility to receive and propagate extensively the energy of Grace.

The Grace Points in the hand are connected to the energy meridians of the body which are connected to the heart center. Through consciously using our intention of loving, the Grace Points aid in completing karma. They provide the unique possibility to release harmlessly all the situation and energies that are around us that are not really serving to our higher good. These intentions and Grace Points direct our physical form and, in turn, the mind, emotions and ego have to follow these intentions. As we identify a pattern or block, its cellular memory can easily release through using our Grace Points. Incomplete past creations are brought into a completed state. By using intention, we can direct the consciousness to start working from a place of peace and love for a positive uplifting life. This opens us into a new Light-filled expansion; thus allowing us to consciously create a better life. Through identifying and addressing our past "creations", we can shift to new awareness of ourselves as self realized divine beings.

These activations are accessed through the Grace of God, the freely given favor of God. There is no need to earn Grace. It is our divine right to ask for and receive Grace in our lives. The Infinite Divine Mind is always pouring upon us many Graces all the time.

These Grace Points can be used independently from or within the Akashic Record energy field. They allow for clarity, release, imprinting and the ability to relax into a peaceful state of Being. The Divine Source always brings Blessings to restore old hurts, if you are willing to restart your life and let go of what is no longer needed. All of our karma is within ourselves. Karma is just an incomplete creation, which needs to meet full circle by understanding the lesson presented through karmic challenges. Love is the law that completes and permanently releases karma.





- The main grace point (1) Releases contractions of energy that are present when one lacks clarity in a situation. It is also integrates new insights so that positive reference points become available.
- 2) Body release Grace Point (2) -Release unmoving stuck energies from the body. It is especially useful for discharging issues of judgment, beliefs, and emotions that do not serve you or anybody else. Once this grace point is activated, information behind what was causing the initial stuck may be received and dealt in a healthier way.
- 3) Genetic, or Ancestral Lineage Grace Point (3) - Release issues judgments, beliefs, emotions and false imprints on our emotional matrix. Whatever have been passed down through your DNA, or received through family connections.

#### How to Use the Grace Points

1) Hold a specific Grace Point and focus your intention on what you want to release: surrender, relax, and feel the grace flow throughout your body.

2) Use Grace Points with specific words and prayers to assist you're focusing your attention and intentions. Here is an example:

I release completely from my physical body/soul's evolution / genetic evolution; past preset and future, any and all fears, false believes about judgments about/ limiting patterns regarding (*insert item to be released here*). I surrender this now unto the Grace of God/spirit/source to be replaced by Divine Love and light.

Now surrender and feel Grace permeating your being.

3) Use your intention and gentle touch of the Grace Points to redirect the conscious mind to access information you are seeking. Asking for clarity while touching a Grace Point allows movements within the consciousness to open to new awareness of truth.

### **RECOMMENDED AUXILIARY PRACTICES**

#### JOURNALING

Among many of the practices we would especially recommend for you is to employ the art and practice of journaling as you undergo this wonderful journey of selfdiscovery and knowledge which leads to a deeper understanding of your multidimensional and temporal existences. It is

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important to take an inventory of the words, thoughts, emotions, symbols, imagery, colors, smells, and tastes which you may remember experiencing after each session you spend in your Akashic Records review. Ultimately, this journal may act as a future reference for you which can become a concrete guide to help you move through the potential challenges and experiences you will undergo in your life.

We also would strongly recommend to anyone, just before and after each session, to pose a question before writing in your journal, to take a few minutes to meditate about the issue(s) of which you are questing. After this brief meditation you may then access your astral "documentation" for review.

#### THE USE OF AN OPENING PRAYER

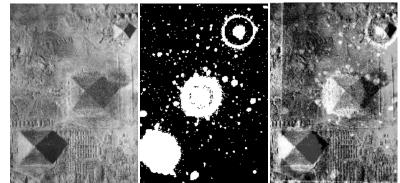
The reason we recommend the practice of using an opening prayer before accessing your Akashic Records is because through prayer, we calm the outside energies and align ourselves with the higher heart vibrations. into a star in the constellation of Sah. The dead kings, and ordinary people later, became One with the god Osiris after their death. This god had a stellar representation, the constellation Sah which is identical to our modern Orion.

Since each person had one star soul, each dead king could become one star in the body of Orion. In fact, astronomically, the general area of Orion has more stellar formation occurring than anywhere else in our local galactic neighborhood.

The ancient Egyptians referred to the precinct of On, what is now the entire plateau of Giza, as the Sakhbu, which literally translates as the "soul star place". The complex geometry of Giza, the Sakhbu or "soul star place," apparently was designed to embed and encode certain "truths" about the star fields of Orion. Among these are the relative positions of the three main pyramids at Giza to the stars of Orion's Belt.

# ORION AND THE PYRAMIDS OF GIZA

In ancient Egypt, the constellation of Orion was the "Place of Osiris," suggesting a deep connection between the constellation and the myth of death and rebirth. The Pyramid Texts, mankind's oldest religious writings, were carved on the internal walls of one Vth Dynasty pyramid and four more from the VIth Dynasty. These inscriptions record the definitive expression of an ancient star religion, whose beliefs included the translation of the dead king



Orion's Belt and Pyramids of Giza according to Bauval/Gilbert



# THE SPHINX: THE LEONEAN PROTECTOR



"There are various eyes.

Even the Sphinx has eyes: and as a result there are various truths,

And as a result there is no truth."

~Friedrich Nietzsche

The Sphinx<sup>21</sup> is the Gatekeeper of the Portal into other Dimensions, the etheric doorways that give us the admission to the multidimensional library of Higher Vibrations of Knowledge and Enlightenment encoded in a non-physical plane of existence. These records can be found in holographic format and they will be seen by you according your system of filters, which means will be express through the level of comprehension you are able to assimilate. For example, you may visit the Hall of Records and access the data through a computer, instead of reading old scrolls, or books.

This cosmic multi-vibration storehouse of energetic memories and information is known as the Halls of Knowledge. The sphinx guards the eternal truth beyond the dimensions, through the sands of time.

The winged sphinx of Boeotian Thebes, the most famous in legend, was said to have

terrorized the people by demanding the answer to a riddle taught her by the Muses. Unquestionably , one should be prepared to be questioned on the reasons one seeks answers



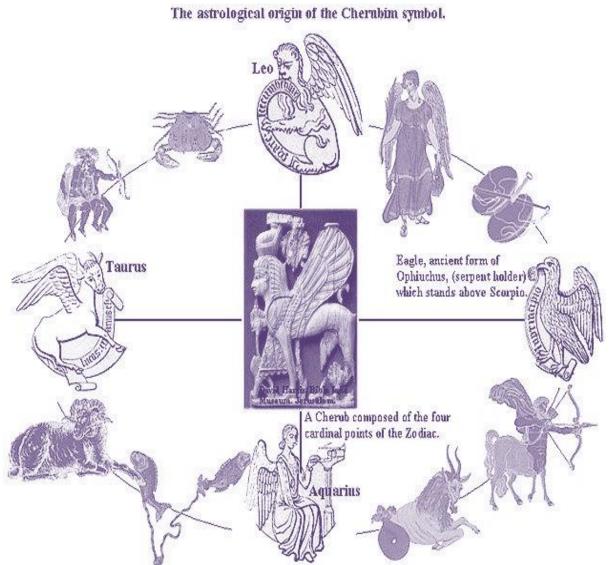
for one's own fundamental and existential questions.

The Symbology of the Lion can also enfold itself as the archetype of a Cherub<sup>22</sup> which incarnates the four Cardinal points of the Zodiac they are the "Scribes and Guardians" of the Living Records of Flame, which lie beyond all planetary Akashic modalities, frequencies and timelines residing within the Heart of the Universal Creator.

<sup>22</sup> The word *cherub* (*cherubim* is the Hebrew masculine plural) is a word borrowed from the Assyrian kirubu, from karâbu, "to be near", hence it means near ones, familiars, personal bodyguards, courtiers. servants. It was commonly used of those heavenly spirits, who closely surrounded the Majesty of God and paid Him intimate service. Hence it came to mean as much as "Angelic Spirit". The change from K of Karâbu, to K of Kirub is nothing unusual in Assyrian. The word has been brought into connection with the Egyptian Xefer bv metathesis from *Xeref=K-r-bh*. A similar metathesis and play upon sound undoubtedly exists between Kerub and Rakab, "to ride", and Merkeba, "chariot". The late Jewish explanation by analogy between Kerub and Rekûb, "a youth", worthless. The word should seems be pronounced in English as *qerub* and *querubim*, and not with a soft ch. In Christianity, the Cheribum are second of the nine orders of angels in medieval angelology.

<sup>&</sup>lt;sup>21</sup> In Ancient Egyptian mythology, the sphinx is a zoomorphic figure, usually depicted as a recumbent lioness or lion with a human head, but occasionally as a lion with the head of a falcon, hawk, or ram.





"A major difficulty is that the answer to the Riddle of the Sphinx is partly a product of the answers that we already have given to the riddle in its various forms." ~Gregory Bateson

The exceptional experience of making contact with this timeless archetypical entity will naturally inspire you to uncover all the ageless and unchanging truths of the Universe, progressively more as you realize you are one everything and everyone as with ALL THAT IS. The Sphinx may appear in different forms to you: as a guardian spirit it can assume many shapes. What you have to be aware of is the quality of your intentions accessing the Records, because if they are not regarded as "pure" and just, you may have an encounter with Chimera or Quimera<sup>23</sup> instead of the

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<sup>&</sup>lt;sup>23</sup> The Chimera or Chimaera was, according to Greek mythology, a monstrous fire-breathing female creature of Lycia in Asia Minor, composed of the parts of multiple animals. The term *chimera* has also come to mean, more



Sphinx. These are powerful archetypes and they exist because they comprise the records of Human collective unconsciousness.

The Hall of Records is a hallway that makes a cross section through Time and space that leads one's Soul to their personal Akashic Record and there, they will find a multidimensional, higher vibrational world and a massive amount of multifrequency data, from past existences to current emotional challenges.

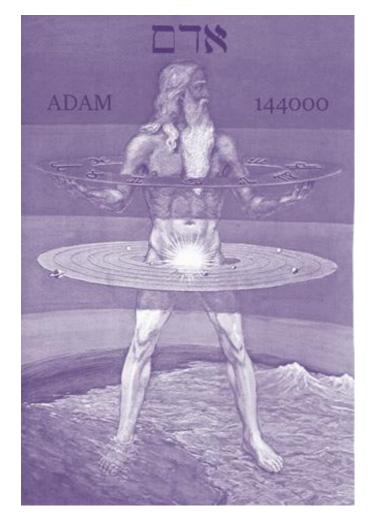
One should understand that once you cross the gates guarded by the Mythical Sphinx and get permission to discover the secrets and mysteries of your Records, one will undeniably awake a massive amount of memory cells in all your four bodies. This should be assisted by and be an adjunct to an internal therapeutic work. This incredible amount of information does not always refer directly to you, as the history of your soul is not only compounded by your previous lives and parallel lives, but also the lives of our Light Family: the live records of the other soul extensions of your Monad.

Before you present yourself to make this journey through the Hall of Records, you may need to start up with a clean slate. The Meditation affirmations below will prepare you to synchronize your energy with the energies of these portals and allow you to have a clear understanding of what are really your energies and what was aggregated randomly through various life experiences.

One can access the Akashic records through prayers, invocations and meditations, but

generally, an impossible or foolish fantasy, hard to believe.

one also should be prepared to unveil the truth about all the aspects and manifestations of their consciousness in the variety of levels it can express itself. The key is the change your vibration field, through sound or emanating light.



## OTHER GUARDIANS ENTITIES AND ENERGIES OF THE SACRED SCROLLS

The Akashic records are in a way considered a Sanctum sanctorum  $^{\rm 24}$ 

<sup>24</sup> The Latin phrase sanctum sanctorum means literally "Holy of Holies." It was originally applied in a

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#### THE ARCHANGEL METATRON

The Archangel of Thought, also known as the Voice of God. This archangelic Being is directly responsible for managing the special etheric collection of archives called the Universal Akashic Records<sup>25</sup>; where all of our thoughts and actions are recorded as of a database of a Divine computer, through a highly sensitized display of ethereal /mental essence.

It is through these records that we perceive how our feelings, outlook in life and our thoughts can continuously create our current life experiences, as well as our future ones. Your deepest thoughts, judgments and views create your external reality through an almost charismatic attraction.

When working on accessing your records, urge Metatron to facilitate you are seeking to the cause of negative thoughts, patterns

religious context to the most sacred place within a sacred building, such as a temple.(Wikipedia)

<sup>25</sup> Then there is the final deposit which we call the universal records. Others perhaps have used different terms to describe these records. These records have a very grave significance as this recording is the sum total of all creation in every phase of in-breath and out-breath of the Source's desires, plans, goals, and being. This deposit is guarded by a very special band of what you would call angels, though we do not see them as angels as such, but rather a level of Source that is the first band of Source that interacts with experience. This level is a blend of the God Force and the experimental force of God. The recording angel that places the information in this record is not the Source that interacts with these records, but rather a band twice removed from Source. What we are calling the recording angel is not Source itself, but closely related to Source.

and habits, advocate him to assist you to discern and determine how they replicate in your life, and to advise you into efficient personal methods for the clearing of those blockages.

Metatron will facilitate the opening of all mind locks, the clearing the heart blockages to the maximum levels, bringing the discernment of the inner voices and bring clear communication with your higher self to fully cultivate your Higher Sensory Perception and your perfect Emotional Cognition.

### INTUNEMENT WITH THE ENERGIES OF THE AKASHIC RECORDS

Do not undertake this journey if you are presently in a position where you need to remain fully alert; save it for a time when you can journey without disturbance, fully relaxed and able to "travel" safely.

#### **OPENING PRAYER**

Sit back, breathe deeply and relax. Let your breathing become deeper and slower; cleansing and relieving you of stress. Feel your body release all tension. Let your mind clear as you become focused your intention. Focus upon the energies of Love and Wisdom, Clarity and Insight as you move forward into setting your intention. Imagine where you are sitting is sacred space where only goodness and love can prevail. Let your ego know it is time to take position as a "watcher" that it may learn but this is not a place where it may rule you or your thoughts or feelings.

Blessed Divine Mother/Father God, Prime Source, All That Is, I am here on this sacred



occasion to seek Knowledge and Wisdom, Clarity and Insight into my purpose for being incarnate now and at any other time or in any other dimension. I seek this information with Love for my greater good and for that of All That Is. I am here to grow and to learn of my individual experiences and existences found within what we call the Akashic Records so that I may grow ever more congruent in action and deed, thought and feeling with my truest self: my Higher Self. I ask you, please, to help quide me in this effort and to provide your loving protection for my soul on this quest. I give you my humble thanks for all you are and all you are about to help me access.

Now, on the breath of life, transcending time, space and dimension and piercing all illusions, delusions, I take this journey...

And So It Is!

# INVOCATION OF THE LIGHT, THE VIOLET FLAME

We call unto the Highest Vibration, Benevolent and Loving Powers, Energies, and Beings from All Kingdoms to be present with us, please. We humbly and respectfully call to you, Saint Germaine, known to be the blessed keeper of the Violet Flame, which we collectively acknowledge to be the 7<sup>th</sup> Ray of enlightened consciousness. We hale you that we may, collectively, draw down into each of our beings - through our crowns, third eyes and divine heart spaces - the attributes of this sacred flame. Those gifts are: Wisdom and Love; Mercy and Forgiveness; Freedom and Transmutation. We trust that the Violet Flame will connect us to the purity of Mother-Father God's Love and help us to

become renewed in our health or wholeness and to fully remember who we are. We now, through the invocation of the Violet Flame, "I AM a being of Violet Fire! I AM the purity of the Godhead's desires!" call these sacred and powerful gifts into our beings.

I will this in accordance of the greater good of all.

I give you, Saint Germaine, and All That Is, great thanks for these divine gifts as I am united as One; the One we are in truth. I allow for this moment to unfold within me and me.

And So It Is.

#### VISUALIZATION

Imagine you are entering the great door of the "Divine Hall of Records". Visualize the type of door which best suits your internal vision; ascribe details including color and texture, size and shape. See it clearly and feel it beneath your hands as you enter this sacred space.

The Door<sup>26</sup> opens to your Will and you are face to face with the Gatekeeper, the Sphinx. She looks deeply into the core of your being and asks, *"Why do you seek admittance to this Hall?"* 

You reply, "I am here on this sacred occasion to seek Knowledge and Wisdom, Clarity and Insight into my purpose for being incarnate now and at any other time or in any other dimension. I seek this information with Love for my greater good and for that of All That Is. I am here to grow and to learn of my individual experiences and existences found within

<sup>26</sup> Portal

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what we call the Akashic Records so that I may grow ever more congruent in action and deed, thought and feeling with my truest self: my Higher Self. I ask you, please, to help guide me in this effort and to provide your loving protection for my soul on this quest. I give you my humble thanks for all you are and all you are about to help me access."<sup>27</sup>

The Gatekeeper steps to the side and you thank her for her admittance and support of your journey.

As the doors open to admit you, you discover you are now entering a swirling portal of light which lies just ahead of you. Breathe in its beauty. Clearly take note of all the colors swirling. Feel the appealing and soothing quality of this portal. Can you feel the pull within you to move towards it? You instinctively know you are perfectly safe to move ahead now and to enter through this portal of swirling light. You can clearly see a forming triangle before with the letters "A KA THA" spelled out carefully. This triangle is actually situated within your third eye. Enter this triangle now and take a moment to experience the sensations associated as you do so...breathe deeply and slowly, comfortably. Know you are perfectly safe.

You see before you a greatly loving, wise and powerful, benevolent and high vibrational being. They will accompany you to your personal Akashic Records upon your polite request. Visualize following this being – and any name they may provide you with should you desire to ask. Remember where your records reside in this vision so you may return with ease.

Take a moment to review one of your selected soul records, absorbing all the information you find there...continue to breathe slowly and deeply, do not worry if you do not immediately access your records for you now know how to take this journey through this visualization and you may come again whenever you desire. Review all the sensations you are experiencing here and now. Know this is only the first quick trip here...other journeys here for you will follow if you freely choose to undertake them.

Please ask for the Universal Light Energy, the Primary Energy of Divine Creation, to be present with you in the NOW. Allow yourself to fully feel and experience the entrance of this Divine Energy as it moves within and through you; filling and enveloping you. You are overflowing with Love and Wisdom in this moment.

Before the exodus of this most sacred Primary Energy of Divine Creation, please ask them for full healing and for total integration of all your past lives' karma. Be patient and gracious, respectful and humble in this presence. Let this healing - and all that is positive and loving - to enter your being now. Ask yourself in your mind, "What do I feel?" "What do I see?" "What information or sensation is moving through me in this sacred moment?"

Now, please reiterate you wish healing to be imbued within all your bodies, in every frequency, in each and every plane of existence which transcends time, space, dimension and any and all timelines. Remember to politely ask for Universal

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<sup>&</sup>lt;sup>27</sup> This is part of the Opening Prayer and was used then to set your Intention for accessing the Hall of Records.



Love, Light, Joy, Truth, Compassion and Wholeness to penetrate and embrace all beings indistinctively and without exception.

Request this Divine Presence to please liberate you of any traumatic and/or harmful situation(s) in your life, noting they are to be released harmlessly (say this three times) to a place where it(they) can be transmuted to positive energy which resonates in a vibration to benefit all beings of the universe.

Express with genuine warmth and love in your heart the deep gratitude you feel for having experienced the unique opportunity to know more about you, how you can be integrated with the Primary Source of Goodness and Love in this universe; the Energy of Creation.

Please thank all the enlightened beings, masters and auxiliary angels who are with you helping to make this contact and integration possible for you; they are the guiding lights whom are making this journey to your Akashic Records available to and for you and for your personal spiritual growth and evolution.

Remember, please, always be strong, open, humble, calm and confident when approaching and, consequently, reviewing your records; there is no room for ego here.

Now, turn back the way you envisioned you traversed to get to this divine place, bidding all farewells. Breathe deeply as you return fully to consciousness. Open your eyes slowly as you readjust to your current physical surroundings. You are peaceful and quietly joyful as you begin to ground any extra energy you may not wish to carry presently; touch the ground with both hands and keep breathing until you feel centered in your present reality, please.

(Don't forget to journal your experiences!)

#### **CLOSING PRAYER**

I take a moment now to again thank all those beings who assisted me in my journeys and helped me to understand what I have viewed within the content of my Akashic Records – or will help me to process further what I viewed there through the vehicles of my dreams, potential various signs and signals, or in moments of epiphany.

I humbly acknowledge the great work that is done in the process of keeping these most sacred and important records by these beloved beings who keep them for our spiritual growth as individuals and as a united collective. I now see with clarity that these records exist for our individual and mutual benefit in order that we may experience both healing and growth through the wisdom these sacred documents provide us. Ie now possess a greater understanding of how to better traverse the spiritual path I am on so that I may evolve and grow as one and as a unified collective.

Blessed may the Lords, Ladies and Keepers of the Hall of Records be in and with Love for eternity.

#### And So It Is!

Come fully awake and aware in yourself knowing that you can go in Peace, Joy and Love with the newly found Wisdom you

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possess, always remembering that we are ONE.



## THE ATLANTEAN PYRAMID THE Initiation in the Atlantean Pyramid

Atlantis was once a great civilization that existed in the third dimension. Its program was created by the Great Atlantean, Tehuti<sup>28</sup>, and placed in the Atlantean Pyramid which rose two miles into the sky. When the Atlantean program ended many of the Atlantean souls moved on to other programs including that of Egypt.

They were the healers, teachers, priestesses and priests, recorders of knowledge, scientists, astronomers, and artisans. Their knowledge was stored within their genetic coding to be reactivated when the next "cycle of time" was to come to an end.

At that time, they would return to roles similar to those they played in Atlantis. Through initiations similar to those in Atlantis, they would awaken their memories thus understanding who they are and what their role is now. They were to return to help souls become initiates of the sacred knowledge once again as the planet moves to the next frequency.

#### **PREPARING FOR THE INITIATION**

You might want to tape record the written portion of this initiation to guide you. You may also want to tape record what you see and hear during or after the initiation.

This initiation is best done when you are most relaxed.

Returning from the initiation may leave you disoriented as you may not come back into your physical body as quickly as you would from a meditation. Please allow time to relax afterwards, or just drift into dream state.

#### THE INITIATION

Find a quiet place free of distractions. Adjust the lighting and room temperature. Adjust your apparel. Sit down or lie down and find a position that is comfortable for you.

Quiet your mind and still your thoughts.

Relax your body. Your face, your jaw, relaxing. Your shoulders , your neck, relaxing. Your arms, your hands, feel at peace. Your torso, your hips, letting go. Your legs, your feet, totally relaxed.

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<sup>&</sup>lt;sup>28</sup> His Titles included: Lord of Sacred Words, Lord of Time, He Who reckons in Heaven, the Counter of the Stars, the Enumerator of the Earth and of what is therein, and the Measurer of the Earth, Mighty of Speech, Lord of Books Scribe of the Gods, Djeheuty pa aa, pa aa, pa aa (the Great, the Great, the Great)



Focus on your breathing. Inhale slowly and deeply through your nose . Retain the breath as long as is comfortable. Exhale through the mouth slowly and completely.

Repeat for at least two more breaths.

Close your eyes.

See yourself spiraling through space and time.

You are back in the time of Atlantis.

You search for something familiar, something that connects you to Atlantis.

Before you is a sacred temple. You enter the temple and are greeted by the High Priestess. Her energies seem so familiar. She is surrounded by crystals creating specific geometric patterns. You become aware of sounds. Their resonance vibrates with every cell in your being: opening, activating, and raising your frequency higher and higher.

The closer you get to her, the more you remember.

She speaks through sound, the language of Vril: the harmonics of creation. You begin to understand.

As you reach her, a beam of white light is created by the crystals forming a pyramid around both of you. The beam of light exits through the apex of the temple.

The High Priestess prepares you to ascend through the light. She gives you a crystal to take with you on your journey. The crystal contains a frequency that is uniquely your signature. You slowly ascend through the light until you can no longer see the High Priestess or the temple.

Your mind searches for something familiar. You see before you a pyramid of such beauty you cannot believe that it is real.

You remember. It is the Crystal Pyramid of Atlantis. It was once your home.

You enter the pyramid and are greeted by the entity known as Tehuti.

He moves through the pyramid with you allowing you to experience all of its beauty and energy.

The energies of the crystals contain all knowledge. This is the Hall of Records so many have sought.

It is the Akashic Record of the Atlantean program.

Your mind races with questions about Atlantis and your experiences there.

Tehuti takes your crystal and puts it in its resting place within the Atlantean Crystal Pyramid.

Instantaneous energies of light flood through the pyramid connecting with your mind, becoming one with all that you are.

You understand.

All knowledge is yours.

You remain in the pyramid understanding your role in Atlantis and what happened at the end of that Cycle of Time, and why you are here now.



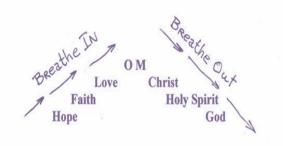
## PART II: CHIRON AND ORION ATTUNEMENTS AND INITIATIONS

### THE BREATHS OF THE ELOHIM

The Two Breaths of the Elohim are truly One Breath that helps us become One with Our Creator.

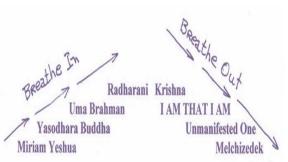
#### **1ST BREATH**

This breath of the Elohim is a very easy and gentle there is no need to breathe in a strenuous manner. As you breathe in and out say the names of the Seven Spirits Silently. In time the practice of this breath will become very relaxed and easy.



#### **2ND BREATH**

This Elohim Breath of the Godhead is an also very easy and gentle. There is no need to breathe in a strenuous manner. You will notice that the Elohim Breath of the Godhead is a little deeper than the Breath of the Elohim, the first breath. As you breathe in and out say the names of the Seven Personalities of the Godhead Silently. In time the practice of this breath will become very relaxed and easy.



#### **3RD BREATH**

Once you have learned both breaths separately you are ready for the third breath. The third breath is a little more difficult but miraculous. It is the combining of the two breaths into one breath. Begin by breathing the 2nd breath until it is smooth and comfortable then begin to add the names of the Seven Spirits into the Elohim Breath of the Godhead.

As you say the names of:

- 1. Miriam /Yeshua also hear the name of Hope along with them.
- 2. Yasodhara/Buddha also hear the name of Faith along with them.
- 3. Uma/Brahman also hear the name of Love along with them.
- 4. Radharani/Krishna also hear the name of OM along with them.
- 5. I Am That I Am also hear the name of Christ along with them.
- 6. Unmanifested One also hear the name of the Holy Spirit along with them.
- 7. Melchizedek also hear the name of God along with them.



The next step is to add the names of the Elohim. Silently say one name on each beat of your heart like this:

Breathe In:

- Hope- first beat
- Faith- second beat
- Love- third beat
- Om- fourth beat
- Christ- fifth beat
- Holy Spirit- sixth beat
- God- seventh beat

#### Breathe Out:

- Hope- first beat
- Faith- second beat
- Love- third beat
- Om- fourth beat
- Christ- fifth beat
- Holy Spirit- sixth beat
- God- seventh beat

The use of the Elohim Breath greatly increases the flow of Ki. With a little practice it becomes quite natural to breathe in this way in hands on healing, distant healing and passing of attunements. It is also a great breath for meditation and in ascending Ki energy and connecting with "The Highest Source." It is not about belief systems but about direct experience. Try for yourself and see. Another step is to bring in the Kundalini Yoga influence. This is done by using the seven names with the seven chakras. Start with the base of the spine and proceed upward to the crown on the in breath and repeat this sequence from the base of the spine to the crown on the out breath. This is a gentle process that does not force the Kundalini current to open. It is a natural unfoldment.

It is highly recommended that a person working with the Elohim Breath become familiar with the teachings of the Masters.

## **PRAYER OF THE ELOHIM**

Our Mother and Father of Heaven Holy are Your Names Your Kingdom come, Your Will be done on earth as it is in Heaven Give us this day our daily bread Forgive us our trespasses as we forgive those who trespass against us Lead us from temptation and deliver us from illusion For yours is the Kingdom, the Power and the Glory forever,

#### Amen

#### **ATTUNEMENT PROCEDURE**

The time spent in each position below is only a general guideline to give you an idea of the attunement. Use your intuition as to how long to spend in each position. This is an easy thing and just let it flow naturally. Don't let yourself concentrate on how long to stay in a position. That will distract you. Just feel your way through it. The whole attunement takes about an hour. It can last a little longer. It is a good idea to allow another hour of time to remain in a quiet space and experience the attunement energy, shifts in consciousness, adjustments



to your energy fields, etc. that may happen in this opening of the Heart and the Whole Subtle Anatomy.

> We ask to be received into the Circle of Light. (Hands together at the heart)

2. Breathe the breath of the Elohim, palms up (or if you don't know it, just a deep even breath).

> 3. Visualize the White Light coming down into the Crown-Breathe the Breath of the Elohim,

> > 4. As you open your arms up to shoulder lengthvisualize the rainbow forming between your hands. Breathe Here. Palms face up.

5. Turn the Palms face down- to ground the rainbow into the earth. Breathe again. 6. Brings hands back to the heart and say "Namaste" and bow to that light that dwells within us all.

"Then the LORD God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being."

~Genesis 2.7

#### ASPIRANT PREPARATION

The Attunement and Initiation takes about an hour. It is important that the Aspirant be in a comfortable position and puts themselves in a receptive meditative state.

The Aspirant then activates their Soul Star by reciting the Soul Mantra three times:

I am the Monad, I am the Soul, I am Light Divine. I am Love, I am Will, I am Fixed Design.



### **ATTUNEMENT PROCESS**

Choose a quiet place for the attunement.

The attunement process need not be memorized but can be read aloud.

The Student should be seated in a comfortable chair.

Read the Following Prayer out loud.

**AFFIRMATION OF THE HIGHER SELF** Unmanifested ONE,

We ask to be channels of Your Presence Your Guidance,

Your Blessing, Your Anointing,

Your Love in this healing and attunement process,

My sincere gratitude,

Amen.

#### PREPARATION

Our One Creator, through our Faith in You, We pray that you open and establish an Attunement Link with us.

Om Shanti Ohm

(Pause for the link to be established)

Our One Creator, We thank you for opening and establishing the Attunement Link with us. We pray that you also establish a permanent connection with <u>Students Name</u>.

Our One Creator, through our Faith in You, We pray that you give to <u>Students Name</u>, Spica Code, the First Degree Attunement of Stellar Code at this time.

#### Om Shanti Ohm

Spend some time in meditation, with your eyes closed. At this point, the two **Empowerments of the Antares Attunement** – Antares and Aldebaran, will take place. In your mind's eye, visualize the Antares Symbol, or Syllable<sup>29</sup>, being drawn. While doing this, with your right hand, trace the Symbol in front of you. Slowly and deliberately do this three times. Visualize the Symbol becoming a Thread connecting your Heart Chakra to your Higher Self, your I AM Presence. Feel the energetic vibration being received through your Heart Chakra and radiating out through your body, traveling up and down your Central Channel. Take a few minutes to receive and experience the Empowerment Energy into your whole being, raising your energetic signature.

Repeat this with the Aldebaran Empowerment.

Visualize the two Threads braiding themselves into a Strand. Feel the flow of Light and Love for you from your I AM Presence increase. Feel the Light safely filling you as water in a vessel and when you can hold no more, feel the Light gently being absorbed into every fiber of your Being.

When you are ready, open your eyes and come back to yourself. Complete the process with the following Prayer of Gratitude

<sup>&</sup>lt;sup>29</sup> In writing, a syllable is a written representation of a sequence of sounds, or audible vibrations. In the same way, the Symbols of the Empowerments are also Syllables, as they are representative of energetic vibratory signatures.



Our One Creator, I acknowledge and we thank you for the full attunement and activation of Spica Code, the chord of the Stellar Code in and through my whole being.

We thank you for establishing this permanent attunement and connection with and through you.

Om Shanti Ohm

I AM grateful for your continual Presence, Guidance, Blessing, Anointing and Love in this healing and attunement process.

Our One Creator, I AM sincerely Thankful for your continual Healing, Peace, Abundance, Joy, Love and Happiness and enlightenment in my Life.

I AM fully aware and receptive to receive the attunement offered by the Teachers of Humanity Healing at this time.

Fiat Lux,

Om Shanti Ohm

## THE INITIATION

After the Teacher has made the initial Bridge and the Student the resultant conduit (the Empowerment) for the two energetic frequencies of the Antares Stellar Code<sup>™</sup> and they have woven together into the Antares Strand of the Lightwarrior Cord (the Attunement), the Teacher will Seal the Strand to prevent unraveling and the resultant disconnection. The Teacher does this by impressing upon the Strand the esoteric Symbols of the Star and its corresponding Angel. The braiding and Sealing process is also aided by the Harmonizing Symbol. The techniques and symbols for this are part of the Teaching Certification for the Stellar Codes<sup>™</sup>, which is available to all that complete the Stellar Code<sup>™</sup> Matrix Mastery program.

## USING THE SYMBOLS

The Stellar Code<sup>™</sup> Attunements and Initiation are done through the realignment and rewiring of the basic energetic points in our subtle bodies. A syllable (Greek:  $\sigma\nu\lambda\lambda\alpha\beta\dot{\eta}$ ) is a unit of organization for a sequence of speech sounds, audible vibrations of a wave frequency. The Stellar Code<sup>™</sup> is a collection of these syllables that carry the tie between humans and the "Music of the Spheres<sup>30</sup>". They are more than a symbol; they are the pictographic representation of the Vibration of each one of the Stars.



The Symbols may be drawn, calligraphy style, or visualized in their entirety, but they are most effective when traced in the air. They are a visual representation of a Blessing, or Benediction. When this is done, they should be traced with the

first two fingers of the right hand. This position will feel intuitively correct as it has been the hand position for Benedictions in various Faiths throughout history.

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<sup>&</sup>lt;sup>30</sup> An ancient Greek (Pythagorean) doctrine postulating harmonious relationships among the planets governed by their proportionate speeds of revolution and their fixed distance from the earth.



## **CHIRON ATTUNEMENT SYMBOLS**

Like the centaur, Chiron is a hybrid Stellar Code<sup>™</sup>. While Chiron's main energy for the Attunement is that of a Healer and thus falls under the Cord of the Lightmaker; it also has elements of a defensive warrior and so the Initiation is into a Lightwarrior Order, the Archer Angels.

# THE BOW: KAUS AUSTRALIS AND KAUS BOREALIS

The stars of The Bow are drawn and aimed directly at the Heart of the Scorpion, Antares; connecting Orion to Antares and thus to the Angelic Hosts. Just as an earthbound army has medics that travel with their soldiers, the Hosts of Heaven have Healer/Warriors within their ranks.

The Kaus Australis Empowerment Symbol is nothing less than the representation of a Stellar Gateway through which we must pass in order to Heal our Original Wound. We must pass through the Veil of Illusion to fully understand that we are not, nor have we ever been, separate from the Godhead.

The Kaus Borealis Empowerment Symbol carries the energy of self-sacrifice for the greater good of others. The vibration of this Symbol is for the self-sacrifice of Ego in the pursuit of Selfless Service. When we are able to fully integrate the reality that Healing does not come from us, we become more perfect Conduits of Compassion and Vessels of Divine Grace.

#### ANTARES

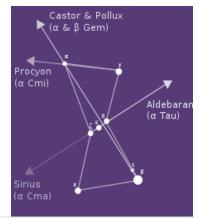
The Antares Empowerment Symbol holds the tenacity, the prudence and the strength of the heart of Scorpio, where inspiration and the will of regeneration allows the individual to progress on the path even when every single factor seems to be disadvantageous to him. The symbol of the Heart of Antares inspires a penetrating mind and the ability to discern and to understand facts, situations and people that are not necessarily clear for others, and to do this without much effort. This syllable expresses the changes and mutations of nature and its cycles, and the first outlook in the perception on how to guard and preserve these cycles. Antares dissolves illusions and gives one the clarity of purpose to help rid oneself of elements of fear and of binding forces that could be preventing progress.

### **ORION ATTUNEMENT SYMBOLS**

If you draw a line from the star Sirius to the star Aldeberan, you will find the three stars of Orion's Belt strung like jewels on a

necklace in the middle of that line.

The Pathway between the two Royal Stars and through the stars of the Belt, Mintaka, Alnilam and





Alnitak; is watched over and guarded by Zadkiel, the Archangel of Mercy.

The Orion Stellar Code is part of the Cord of the Lightwarrior, but just as Chiron is a Healer with a warrior facet, Orion is a warrior with a Healer facet. That facet is Sirius.

#### SIRIUS

Orion and Sirius have been linked in many ancient civilizations, with the most notable being Egypt: the constellation Orion representing the god Osiris and Sirius representing his consort, the goddess Isis.

The Sirius Empowerment Symbol is a Master Symbol to empower the student in Blessings and the opening of windows of opportunities to receive direct assistance from the Higher Trinity: Mother-Father-Son. This is a powerful icon because it brings down to the seeker the vibrational waves in their most pure crystalline form. Sirius anchors and allows the perfect flow of the Christ Consciousness to be present in every single Blessings, Healing and Consecration.

An interesting perspective is to mentally rotate the Sirius Empowerment Symbol and look down on it from the top. What you would see from this perspective is a spiral: the most recognized symbol of the Christ Consciousness.

#### ALDEBARAN

The Aldebaran Empowerment Symbol holds the mind of the First Ray of Will. Aldebaran is said to be the Star of Illumination because it works towards the waves of evolution. Although Antares is not part of the Orion Stellar Code<sup>™</sup>, Aldebaran is permanently linked with Antares as one Axis of the Royal Stars. This tempers the Intellect of Aldebaran with Guidance from Spirit, transforming knowledge into wisdom. The Collective Intelligences that reign over Aldebaran guides the aspirant to a realm of different perspectives, where the spirit can adapt and transform, utilizing the internal resources to harmonize its environment

# THE BELT: MINTAKA, ALNILAM AND ALNITAK

The Stellar Symbol for the Belt of Orion holds the vibrational energy for the Gateway to the Hall of Records. Just as the three Stellar energies make up one Stellar Portal, the Key to accessing the Gatekeeper is also threefold: Knowledge, Will, and the sacrifice of Ego to the Greater Good inherent in the Christ Consciousness.

## HARMONIZING SYMBOL

The symbol of the Harmonizer brings the possibility of inclusion of all elements of reality. The Energy of the Cosmic Mother/Earthly Mother, passive energy merges with the energy of the Father, an active one to bring to fruition the energy of manifestation. This symbol is a representation of the diverse energetic frequencies of the Universe expressed in the 3D matrix. It is a useful symbol for closing ceremonies, rituals and healing processes, as a seal, where not only cleansing power can be perceived, but the certainty that the divine will be done and the Universe will provide the sequential follow up for the action.

It is also an important enabler for the weaving of the Threads of the different Empowerments into the single Strand of each Stellar Code<sup>TM</sup>.



## CHIRON ATTUNEMENT Symbols

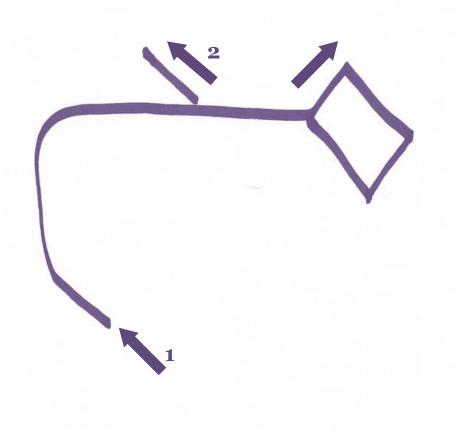
## CHIRON – ANTARES Empowerment Symbol



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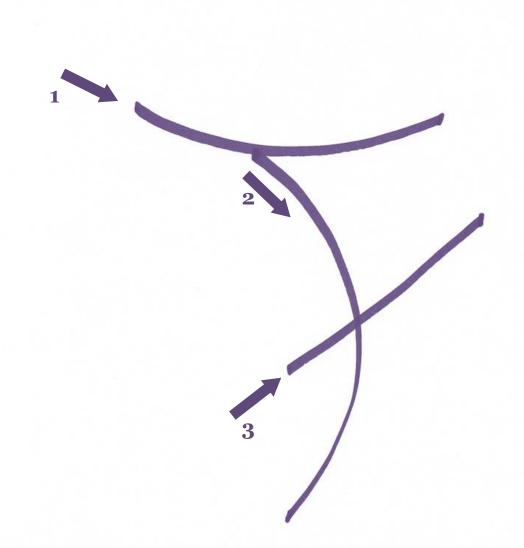
## CHIRON – KAUS AUSTRALIS Empowerment Symbol



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### CHIRON - KAUS BOREALIS Empowerment Symbol



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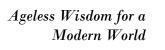


## ORION ATTUNEMENT Symbols

Orion – Sirius Empowerment Symbol

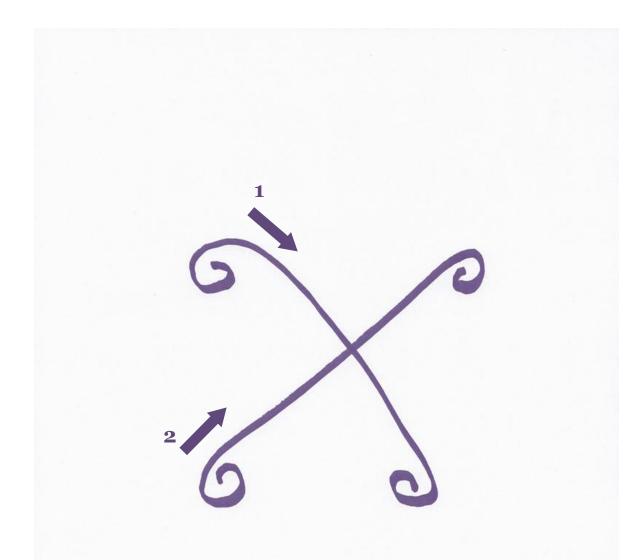


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### Orion – Aldebaran Empowerment Symbol



#### NOTE:

In the Northern Hemisphere, the initial spiral of each leg of the X is clockwise in rotation.

In the Southern Hemisphere, the same symbol is drawn in reverse, so that the spirals are counterclockwise

http://humanityhealing.net



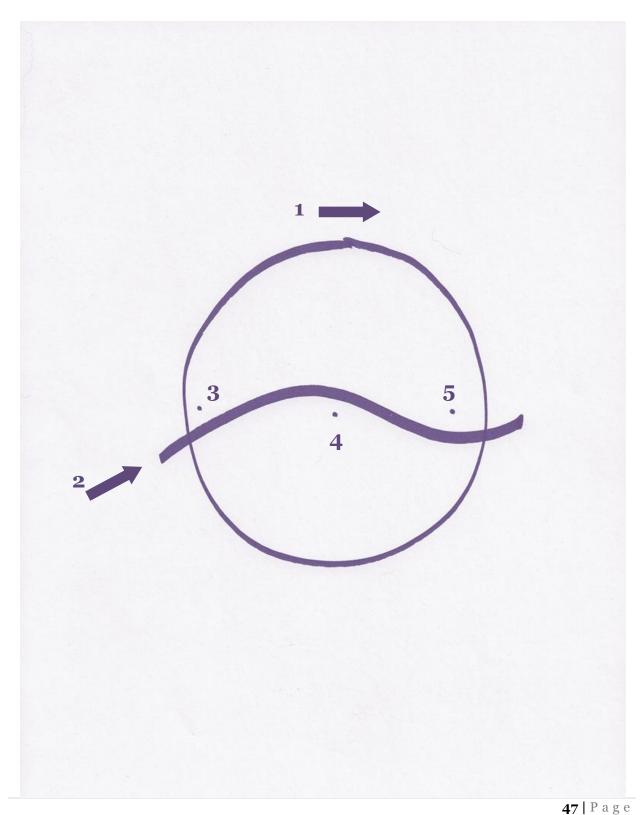
Orion Belt Empowerment -Mintaka, Alnilam and Alnitak



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## HARMONIZING SYMBOL



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