



Stellar Code™
Fomalhaut
Guidebook
Appendix



THE BLESSING OF THE HOLY GRAIL

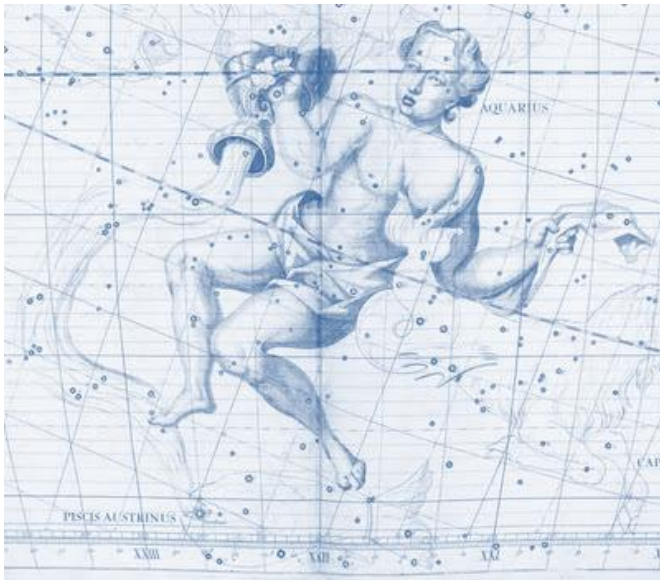
“For Behold, I have been with thee

From the Very Beginning,

And I am that which is attained

At the End of Desire.”

~ The Book of Shadows



STELLAR CODE

FOMALHAUT: THE LIGHT OF AQUARIUS

*“He shall pour the water out of His buckets,
His seed shall be in many waters,
His king shall be higher than Agag,
And His kingdom shall be exalted.”*

~Numbers 24:7

The Light of Aquarius is the Light that
shines on Earth, across the sea.

This is the light which ever shines within the
dark, and cleansing with its healing rays
that which must be purified until the dark
has gone.

This constellation is known to complement
and merge with the Great Fish. The Great
Fish, Piscis Austrinus, is portrayed as
swallowing the water being poured out by
Aquarius, the water-bearer constellation. In
this myth, there is a reference to the great
deluge¹ which supposedly happened upon
Earth and the Human character is the
Waterer that had an amphora from where

¹ This deluge was referred to in the Bible in the
story of Noah in Genesis.

the water from the flood poured forth. It
was because of Fomalhaut, the Fish's
mouth, that the world was saved because
the Fish drank all the waters, thus
preventing the world from being engulfed in
the inclement waters.

The two fish of the constellation Pisces are
said to be the offspring of the Great Fish. In
Egyptian mythology, this fish saved the life
of the Egyptian goddess Isis, so she placed
this fish and its descendants into the
heavens as constellations of stars. The
Southern Fish was sacred to the Egyptians,
who imagined the infamous Nile fish had
swallowed the phallus of the dismembered
Osiris. In Egyptian mythology, Orion is the
abode of Osiris, the pharaoh-god who was
slain by his jackal-headed brother, Set.
Osiris conquered death and, once
resurrected, came to reside in Orion.

Fomalhaut is a very interesting and
intriguing star because it is one of the few
with very noticeable belt dust, which is a
strong indication of planetary formation. It
has its size very close of the double size of
our Sun, with higher temperatures of almost
9000K.

Fomalhaut has had various names ascribed
to it through time. One such name in
common use is the *Lonely Star of Autumn*
because it is the only first-magnitude star in
the autumn sky of mid-northern latitudes. It
has been recognized by many cultures of the
northern hemisphere, including the Arabs,
Persians and Chinese. Archaeological
evidence links it to rituals dating back to



about 2500 BC. It is one of the Persians' four "Royal Stars"².

Fomalhaut, according to Flammarion, was named *Hastorang* in Persia approximately 3000 B.C.E. It a Royal Star, one of the four Guardians of Heaven, sentinels watching over the four quadrants of heavens and other stars. In Greece, approximately 500 B.C.E., it was the object of sunrise worship in the temple of Demeter at Eleusis; and still later on, with astrologers, as a herald of eminence, fortune, and power. The Chinese knew Fomalhaut as Pi Lo Sze Mun.

FOMALHAUT, THE ARCHANGEL GABRIEL'S STAR



THE ARMY OF THE VOICE

The Archangel Gabriel's name means "*The Man of God*" or "*The Divine is My Strength*"

² The Royal Stars of Persia are so named because roughly 5,000 years ago, during the fabled pyramid age of Egypt, these luminaries held tremendous influence. Endowed with almost archangelic power, these legendary stars of antiquity are Aldebaran, Regulus, Antares and Fomalhaut, and in the epoch of 5,000 years ago, they were considered to be guardians of the four corners of heaven and watchers of the directions, forming a heavenly cross near the ecliptic.

and he has been portrayed as the Archangel of Hope, of Annunciation, of Revelations and also the One with the Trumpet: the broadcaster of the good news and the will of God.



The Archangel Gabriel enlightens us to the way of the truth inside of our hearts, so we can decide on the correct path to take when we are in serious doubt or feeling weak. He is sometime portrayed holding a lily, to symbolize the purity and virtues of the Divine within us. He is also the angel of purifications and transformations. He is the announcer, the bringer of enlightenment through gift of the spirit, the Purifier.

As the heavenly messenger of the Divine Blessings, Gabriel is God's Blessor. To be introduced to the Host of Lord Gabriel is to make a vow of service of integrity of words; to acquire the power of spoken words and attainment of right speech; and the power of Blessing, or Darshan, through the exercise of Purity of Intention.

The correct vibration of the spoken word was the tool used by Joshua to foment the fall the walls of Jericho:

"When the trumpets sounded, the army shouted, and at the sound of the trumpet, when the men gave a loud shout, the wall collapsed; so everyone charged straight in, and they took the city."

~ Joshua 6:20



According to the non-canonical Book of Enoch³, it was Gabriel who, along with Michael, Raphael, Uriel and Suriel, heard the cries of humanity under the strain of the Nephilim. It was their beseeching of "the Ancient of Days" (Yahweh) that prompted God to call Enoch and make him a prophet.

In Rabbinic traditions, Gabriel is one of the four *Sarei ha-Panim*: high angels that stand at the Throne of Glory; with Gabriel standing at the left hand of God. He is the Angel of Revelation, a role he fills in Christian and Islamic traditions also, as well as the Prince of Fire⁴. Enoch says that Gabriel presides over "*Ikisat*", the fiery serpents or Seraphim, Cherubim, and paradise. Further on, Enoch states that Gabriel presides over "all that is powerful."⁵ Gabriel sits at the left hand of God with Archangel Metatron, known in Cabalistic tradition to be the "Voice of God" and his official Scribe.

It is known that Gabriel and Michael functioned as the witnesses at the wedding of Adam and Eve, and he is one of the three angels who appear to Abraham bearing news of the birth of Isaac⁶.

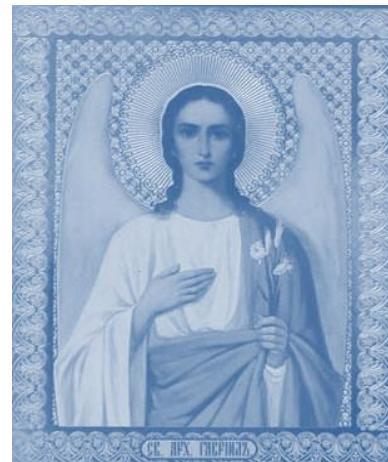
In English-speaking cultures, the image of Gabriel is said to be the angel that shall blow the trumpet blast that initiates the end of time and the general resurrection at the Last Judgment, which has no source in the Hebrew Bible or the New Testament. This

assertion may derive from the Norse Heimdall who, according to legend, will sound the Gjallarhorn, alerting the Æsir to the onset of Ragnarök where the world ends and is reborn. It may also be taken from Mother Shipton's Prophecies:

*"For storms will rage and oceans roar,
when Gabriel stands on sea and shore, and
as he blows his wondrous horn, old worlds
die and new be born."*

The truth is that Gabriel has been related to all the divine annunciations, or *Synaxis*, in every religion that exists.

Gabriel, the holy Archistrategos, or Leader of the Heavenly Hosts, is a faithful servant of the Almighty God. He announced the future Incarnation of the Son of God to those of the Old Testament; he inspired the Prophet Moses to write the Pentateuch⁷, he announced the coming tribulations of the Chosen People to the Prophet Daniel⁸, and he appeared to St Anna with the news that she would give birth to the Virgin Mary.



³ Enoch 9:1-2

⁴ I Enoch; Dev. R. 5

⁵ Enoch 40:9

⁶ Gen. 18; Mek. 86b

⁷ The first five books of the Old Testament

⁸ Dan. 8:16, 9:21-24



The Arabic name for Gabriel is Jibrāl⁹, and Muslims believe Gabriel to have been the angel who revealed the Qur'an to the prophet Muhammad.

Gabriel's primary task is to deliver messages from God to his messengers. As in Christianity, Gabriel is said to be the angel that informed Mary¹⁰ of how she would conceive Jesus¹¹.

Muslims believe Gabriel to have accompanied Muhammad in his ascension to the heavens, where Muhammad also is said to have met previous messengers of God and was informed about the Islamic prayer¹². Muslims also believe that Gabriel descends to Earth on the night of Laylat al-Qadr, "The Night of Destiny" not "the night of power" as some people think. It is a night in the last ten days of the holy month of Ramadan in the Islamic calendar.

Gabriel, the master of the fourth Ray, is one of the four Angels that guards the four quadrants of the heavenly skies. He also presides over the tests and initiation that all humans face on Earth today, when they are in the physical form. In ancient Egypt, the pharaohs had to perform inevitable tests of the cardinal cross through the elements of Fire, Water, Air and Earth in real life; nowadays, we have to face these same tests inside of our sensible bodies. Gabriel introduces us to the mysteries of the of Holy Waters Initiation in the higher realm of existence, and guides us to a new stage for the growth of consciousness and awareness. It symbolizes the rebirth, the coming of

spring, not yet manifested, and the baptism in the lustral waters of Spirit.

WATER OF LIFE

*"Water of Life Am I, Poured Forth for
Thirsty Men"*

Aquarius is a force center from which the adept draws the "water of life" and carries it to the multitude.

This is the constellation that personifies the first heavenly blessing: after the internal work, the initiation and attunement conquered through the first part of the rituals of purification and the building of the temple through the victory over the first Dweller of the Threshold.

*Our Father¹³ who is innocent and pure,
Holy is your name.*

May love be seen as all that it is.

May earth be seen as heaven is.

*Nourish this day with your bountiful
supply,*

*And allow us to receive as
we give that right to others.*

*Restore us from the perils of illusion,
And renew our perception of truth.*

*For truth is the kingdom,
and love is the power,
and Yours is the glory forever.*

The Atonement being made, the blessings have been procured, and now they can be

⁹ Also Jibril, Jibrīl, Jibrael, Djibril, Jabilæ or Jibrail

¹⁰ In Arabic, Maryam مريم

¹¹ Isa

¹² Bukhari Sahih al-Bukhari, 1:8:345

¹³ A NEW CONSCIOUSNESS LORD'S PRAYER as given by Jesus to [Glenda Green](#) in the book: "Love Without End: Jesus Speaks"



bestowed and poured forth upon the Redeemed. This is the truth, whether we think of Abel's lamb, of patriarchal sacrifices, the offerings under the Law, or of that great Sacrifice¹⁴; of which they all testified. With one voice, they all tell us that atonement made is the only foundation of Blessing.

This was pictured and foreshown in the heavens from the beginning, by a man pouring forth water from an urn, which seems to have an inexhaustible supply, and which flows forth downwards into the mouth of a fish, which receives it and drinks it all up.

To “pour forth for those that thirst” is the key for Aquarius and it connotes the theme of a generous heart. This is because Aquarius is ruled by Jupiter, sacred ruler of the second ray of love-wisdom.

Jupiter and the Sun rule over the Heart Center, along with powerful stars such as Betelgeuse.

*“You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.
Surely your goodness and love will follow
me all the days of my life,
and I will dwell in the house of the LORD
forever.”*

~Psalm 23:5-6

¹⁴ The great Sacrifice is known to be the conquering of the Ego and the control of its mind set, where one step out of their comfort zone to pursue a greater objective: Self-realization. The sacrifice is the volunteer shedding of the garment of the lower self - the EGO

The waters that pour forth from the water-bearer's urn, Aquarius, are the sum total of manifested love thus far unfolded in any individual. Is the urn full, does it “runneth over”, or is there only a trickle that pours out, given unwillingly or as a token gesture? Or perhaps it is polluted with the toxins of unredeemed aspects of the emotional-mental stasis: jealousy, criticism, hate, fear etc?

Aquarius is the modern Latin name by which the sign is known, and it has the same meaning as its precursors: *the pourer forth of water*.

*“He shall pour the water out of His buckets,
His seed shall be in many waters,
His king shall be higher than Agag,
And His kingdom shall be exalted.”
~Numbers 24:7*





In the ancient Zodiac of Denderah, it is the same symbology, although the man holds two urns and the fish below seems to have come out of an urn. The man is called *Hupei Tirion*, which means “the place of him coming down” or “poured

forth”.

In some eastern Zodiacs, the urn alone appears.

This agrees with its other names such as in Hebrew, *Deli*, the water-urn, or bucket¹⁵, and in the Arabic, *Delu*, it is the same.

There are 108 stars in this Sign, four of which are of the 3rd magnitude.

The constellation Pisces Australis is one of high antiquity and its brilliant star of the first magnitude was a subject of great study by the Egyptians and Ethiopians. It is named in Arabic *Fom al Haut*, the mouth of the fish there are 22 other stars within it.

The constellation is inseparable from Aquarius. In the Denderah Zodiac it is called *Aar*, a stream.

It sets forth the simple truth that the blessings procured by the *Man*, the coming *Seed of the Woman*,¹⁶ will be surely bestowed and received by those for whom they are intended. There will be no failure in

¹⁵ As in Numbers 24:7

¹⁶ This passage describes the archetype of the annunciation of the coming of Christ-consciousness.

their communication, or in their reception. What has been purchased, shall be secured and possessed.

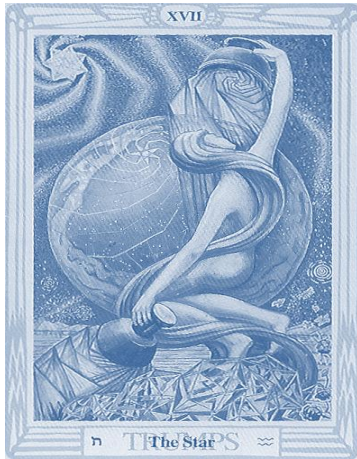


FACING THE SECOND DWELLER

"The real meaning of enlightenment is to gaze with undimmed eyes on all darkness."

~ Nikos Kazantzakis

The first challenge the seeker must face is the confrontation with the initial dweller of the threshold, which is the reflections of the Ego and the lower traits of the personality, in all its deepest aspects. Many do not conquer this step at the first try, because this can be a very scary experience. The



seeker invokes the guardian inside of the internal planes, and often a hurricane or tornado of mystical proportions shows up, or sometimes

even an earthquake. At all times, the Guardian of the Threshold has a hypnotic power and must be faced nonetheless. It will present to us all the imperfections we carried during many incarnational journeys; it is a living mirror of all the bad mannerisms, and characteristics of our “sins”. Usually the “fight” is face to face and the seeker may feel threatened and may even feel they are fighting for their lives. The battle is over when you hear a deep metallic sound, which can make you feel a huge trembling on the entire Universe.

If the seeker overcomes the first dweller, he is accepted inside of the Kingdom of God, in a room called the “Children’s Room” because he had then recovered his wholesomeness and innocence and become a living image of the purity of God’s creation such as a child. The seeker feels deeply his contact with immortality and starts perceiving an essential sensation of rebirth. The level of awareness and consciousness increases as the energy of this experience starts to integrate itself with the energetic matrix now purified. This test is performed in the astral plane.

“But Jesus said, “Let the children come to me. Don't stop them! For the Kingdom of

Heaven belongs to those who are like these children.”

~Matthew 19:14

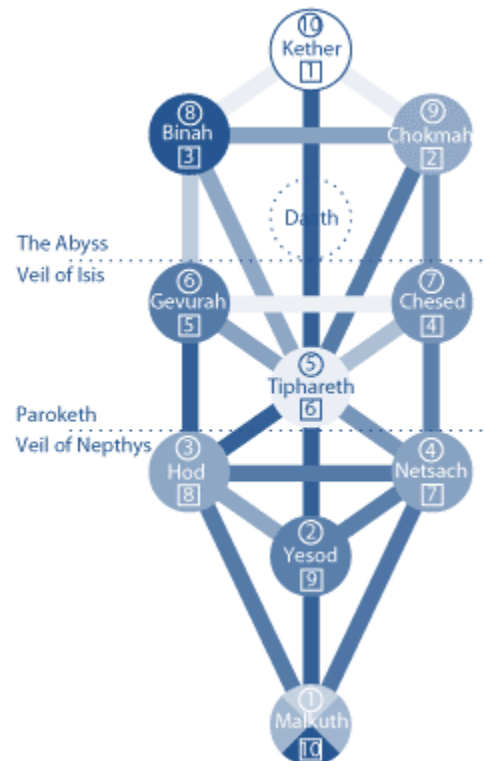
“Then Jesus called for the children and said to the disciples, “Let the children come to me. Don't stop them! For the Kingdom of God belongs to those who are like these children.”

~Luke 18:16

THE ENCOUNTERS WITH THE DWELLERS IN THE TREE OF LIFE

THE FIRST DWELLER

The first meeting with the Dweller of the Threshold is done inside of our internal astral planes, and it represents an ascended journey through the tree of life. When conquering this stage, the seeker





has conquered the first veil of Paroketh and this initiation allows him /her to start exercising the will of spirit through the assimilation of the elemental nature in ourselves and into the practice of the verb “to go”. At this stage, the seeker must have eliminated all the inertia of the Ego and its resistance to reach beyond its self references. As the result of this experience, the seeker will experience a major shift in perspective and awareness on diverse levels, but will feel more serene and centered in what is important for the accomplishment of the soul’s goals and purposes.

“The World of Paroketh is the World of the Veil, the Veil of the Tabernacle, of the Temple, before the Holy of Holies, the Veil which was rent asunder. It is the Veil of the four Elements of the Body of Man, which was offered upon the cross for the service of Man”¹⁷. The four elements are the components of the lower extension, the personality-ego.

THE SECOND DWELLER

In the mental Archetypal World, the World of Air is separated from the rest of the Tree of Life by an Abyss "of endless breadth, depth and width."

It is so deep you cannot see the bottom of the pit, you cannot see anything as you look down except for endless space. It is so wide, it appears to go in either direction forever. The other side is so far away you cannot see it. You are not even sure there is another side. Standing on the edge of this abyss, it feels like you are standing on the edge of the world looking out into nothingness. At least, this is what most of the mystics who have been there have to say.

¹⁷ Cicero

It is sad through tradition that the abyss was created by the Fall of Man, from the fifth dimension to the third dimension, dislocating Malkuth down to the bottom of the tree; and in its former place appears the enigmatic sphere of Daath. It is an empty sphere, because it can only be filled with the Knowledge and Wisdom of men, through their life experiences and learning process through the “worlds of Samsara”. The only way to cross this path is through self-knowledge and the control of your lower instincts. Through knowledge, wisdom, understanding and discernment, one can build a bridge from the common world of reality to the higher spheres of the Divine Mind.

Yet when we look at the Tree of Life, we realize paths connecting each of the three top-most spheres to each other. We also see five paths from these three crossing the Abyss; one from The Creator and two each from both the Father and Mother Archetypes.

These five paths are called The Impassible Paths because crossing the Abyss is impossible until and unless you have completed all the requirements to do so. These steps can all be summed up in the admonition to love your Creator and your neighbor as yourself.

The Abyss not only separates the World of Air from the rest of the Tree of Life, it reflects the first three spheres, Sephira, onto the next level of the Tree.

THE NATURE OF SECOND DWELLER

The Guardian or Dweller of the Threshold has a second aspect; it also dwells in the mental plane of Mankind. This encounter is one that is purely archetypal in nature. It



is not real; it is just a thought form that will present itself symbolically to you, emulating the representation of all the adverse forces that have imprisoned mankind in a chained place. In truth, when the real crossing of the Abyss comes as a concrete experience in our lives, the only thing that will cross the Abyss is our consciousness. Our bodies will never cross the Abyss nor will our personalities.

Our thoughts, ideas, memories and attitudes cross the Abyss, but our emotions and our desires do not. When we cross over the Abyss from above, all we bring with us is our thoughts, ideas, and attitudes. We leave our memories behind in the World of Air, the World of Archetypes.

In this archetypal experience, at this stage the dweller may present itself as one animal in conformity of the character of your shadow. This means that it will reveal itself according to the negative attribute of each animal, such as cunning as a fox, treacherous as a snake and so forth. This is because many of us still work the daily functions of our brains mostly as “superior thinking animals”, but nevertheless using only an animal’s basic structures of thought. This aspect must be purified and transmuted in order to ascend to higher levels of consciousness.

The second meeting with the Dweller is very powerful because in the mental plane it can present itself with much more power than when the seeker presented itself for the first encounter. The reason for this is because this time, he is not making you face your emotions, but it is actually “forcing” the seeker to evaluate and purify his mental patterns, thought process and old belief

systems, some of them gained through hereditary inheritance. If one is to continue as a co-creator on the journey of creation, one must release false thoughts, beliefs, and preconceptions. This process can be extremely challenging, since the second Dweller is the one that guards the gateway out of this planet and all the realms of the third dimension.

THE ARCHETYPICAL JOURNEY OF PERSEUS: FACING THE TWO DWELLERS



Perseus was the son of Zeus and Danaë, who by her very name, was the archetype of all the Danaans, or Mycenians. She was the only child of Acrisius, King of Argos. Disappointed by his lack of luck in having a son, Acrisius consulted the oracle at Delphi, who warned him that he would one day be killed by his daughter's son. Acrisius could not let that happen, so he locked Danaë in a bronze tower, with a bronze chamber open to the sky in the courtyard of his palace, so



that she would never marry nor have children. Danaë was childless¹⁸.

The tower had no doors, but it had one very small window. Danaë was very sad, but one day a bright shower of gold came through the small window. A man appeared. He had a thunderbolt in his hand and Danaë knew he was a god, but she didn't know which. The man said, "Yes, I am a god and I wish to make you my wife. I can make this dark prison a wonderful sunny land with many flowers".

All happened as he said; the horrible prison became fields almost as wonderful as the Elysian Fields themselves, but one day Acrisius saw light coming out of the small window. He told his men to tear down one of the walls. He walked into the tower and saw Danaë with a baby on her lap, smiling said, "I have named him Perseus." Acrisius was furious. Fearful for his future, but unwilling to provoke the wrath of the gods by killing Zeus's offspring and his own daughter, he shut Danaë and baby Perseus up in a large chest and cast them out to sea wooden chest.

Mother and child washed ashore on the island of Seriphos¹⁹, where they were taken in by the fisherman Dictys²⁰, who raised the boy to manhood. The brother of Dictys was Polydectes²¹, the king of the island.

¹⁸ This myth theme is also connected to Ares, Oenopion, Eurystheus, and Zeus.

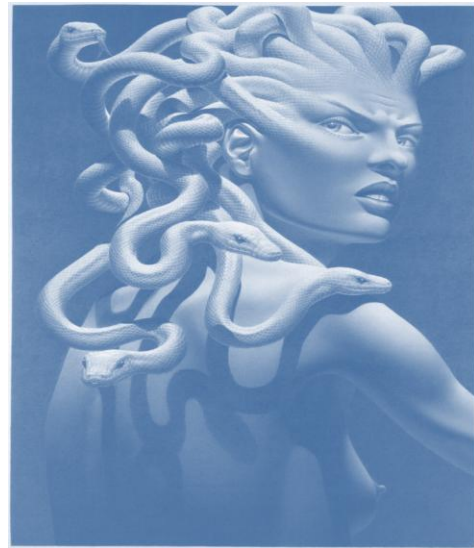
¹⁹ Seriphos also a corruption for the name Seraph

²⁰ Which translates as "fishing net".

²¹ Which translates as ("he who receives or welcomes many").

Perseus grew up to become a strong young man. Polydectes heard about Danaë and wanted her to marry him, but she rejected him. Polydectes would have married Danaë by force if Perseus wasn't there to protect her.

Polydectes decided on a plan to get rid of Perseus. He requested from Perseus the head of the mythological Gorgon Medusa as wedding gift. Being unable to give the king a gift, it was required from him to make reparations through presenting to the king the head of the mortal gorgon, Medusa.



*"And they are three, the Gorgons, each with wings
And snaky hair, most horrible to mortals.
Whom no man shall behold and draw again
The breath of life."*

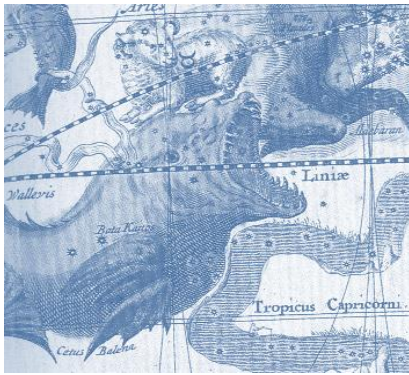
So he went off on his perilous voyage. For days he wandered, searching for the gorgons' lair. One night in an unknown country, he realized how hopeless things were. The gorgons were horrible, instead of hair they had black serpents that writhed on



their head, they had brazen hands that could have squashed poor Perseus, but worst of all, if you looked a gorgon you were instantly turned to stone.²²

The Medusa is a metaphor for an Ego that is vain, prideful and revengeful. It is said that Medusa was the main source of destruction of men, being a mortal rather her two immortal gorgon sisters. We can also say that it is a metaphor for the first Guardian of the Threshold that we all face in our lifetime, the guardian to be met while one conquers the astral plane, the fourth dimensional kingdoms.

For Perseus, also a demigod, a semi-divine being, great-grandfather of Hercules, this was his initial task: to overcome the demands of his own ego and to liberate the incredible Spirit energy contained within



Medusa's
pregnant
body,
Pegasus.

With the
symbol of
control in
his hand,
the head

²² In a late version of the Medusa myth, related by the Roman poet Ovid (*Metamorphoses* 4.770), Medusa was originally a ravishingly beautiful maiden, "the jealous aspiration of many suitors," priestess in Athena's temple, but when she and the "Lord of the Sea" Poseidon lay together in Athena's temple, Athena was enraged so she transformed Medusa's beautiful hair to serpents and made her face look so terrible if anyone were to look into her eyes directly, it would turn onlookers to stone. In some accounts Poseidon raped/ravished her. In Ovid's telling, Perseus describes Medusa's punishment by Athena as just and well-deserved.

of the Medusa, the tamed Ego; and with the helical energy, Merkabah, liberated and incarnated by the noble steed, Pegasus, Perseus was able to accomplish much more. During his journey, he was able to face the second Dweller of the Portal, one of a bigger magnitude, coming from the abysmic dimensions of our unconscious mind, the deeper ocean of the Collective, the Kraken or Cetus²³.

²³ Cetus is the fourth largest constellation in the sky. He represents the sea monster Typhon in Greek mythology and can be found paddling along the shores of Eridanus the River. Typhon was prone to rampaging across the country side and appears in several tales, one of them is described under Capricornus. Eventually Typhon was imprisoned under Mount Etna.

In the sky Cetus is linked to the constellations of Andromeda, Perseus, Cassiopea and Cepheus. After Perseus had slain Medusa and was carrying her head home, he flew over Andromeda, daughter of Cepheus and Cassiopea, chained to a rock by the sea as an offering to Cetus. Cetus appeared just as Perseus swooped down to take a closer look. Since Cetus was so large Perseus showed the head of Medusa to Cetus, so turning the monster to stone, and then rescued Andromeda from her chains.

Cetus is a constellation in the northern sky. Its name refers to Cetus, a sea monster in Greek mythology, although it is often called 'the whale' today. Cetus is located in the region of the sky known as the Water or the river, along with other watery constellations such as Aquarius, Pisces, and Eridanus.

In certain earlier Greek legends, Cetus also represented the gates, and gateposts, of the underworld: considered to be the area under the ecliptic. As such, together with other features in the Zodiac sign of Pisces, including Pisces itself and the prominent stars behind Cetus, it may have formed the basis of the myth of the capture of Cerberus in The Twelve Labours of Heracles.



This is what it archetypically means to face the Second Dweller. The only way to face it is to show and prove that you really have your owned victory upon your lower Nature and have your ego under control; that you



had conquered and assimilated this energy and therefore you are free to continue your divine journey.

This encounter has to be done after

preparation and with the use of all the Divine gifts necessary to accomplish this task. Perseus was helped by Athena, Apollo and also by the Hesperides²⁴.

According to Arab astronomers, one of the hands of the Pleiades (Al-Thurayya) extended into part of the constellation of Cetus. The Arabs also saw two pearl necklaces among the stars of Cetus: one pearl necklace was fully tied together and undamaged, but the other pearl necklace was broken and its pearls were scattered. Another generation of Arabs, like the ancient Hebrews and Greeks, portrayed an enormous Leviathan-like sea creature among the stars of Cetus

²⁴ The Hesperides is also a metaphor for the hidden gifts of the spirit, and the virtues of the soul.

THE ARCHETYPICAL JOURNEY OF HERCULES THE APPLES OF THE HESPERIDES

After eight years and one month, incessantly performing ten superhuman labors, Hercules was still not off the hook. Eurystheus demanded two more labors from the hero on the basis that he did not count the Hydra or the Augean stables as properly done, as Hercules had assistance in completing them.

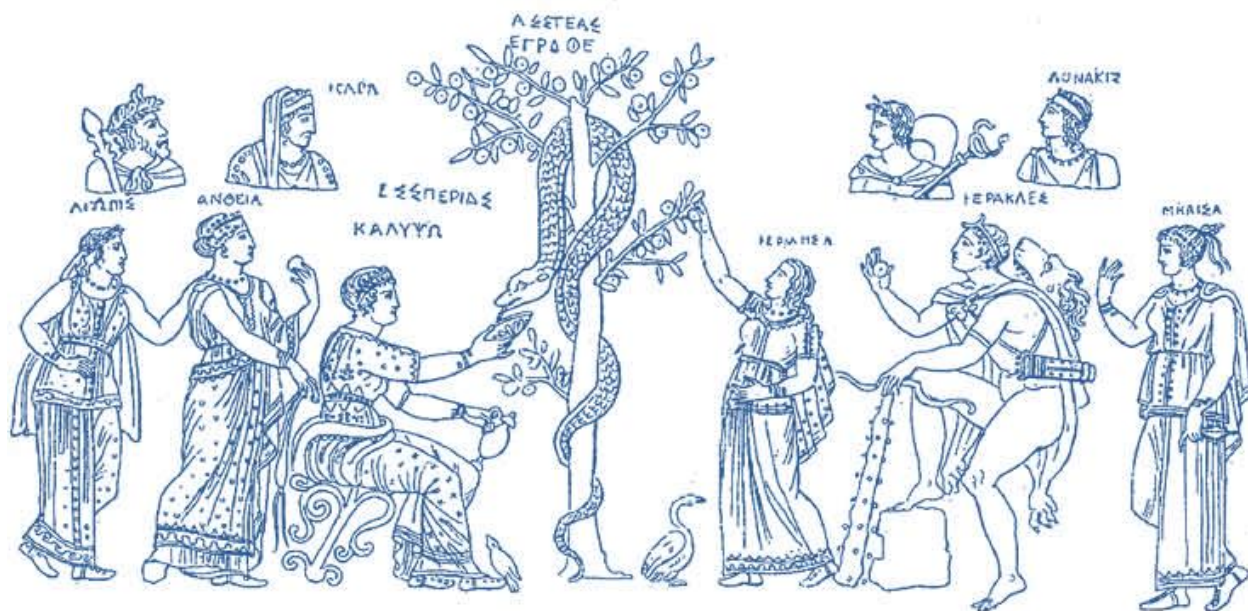
Eurystheus commanded Hercules to bring him the golden apples²⁵ which belonged to Zeus, king of the gods. As Hera had given these apples to Zeus as a wedding gift, surely this task was impossible. Hera, who disliked Hercules with mortal passion, would never permit him to steal one of her prize possessions.

These apples²⁶ were kept in a garden at the northern edge of the world, and they were guarded not only by a hundred-headed dragon named Ladon, but also by the Hesperides, nymphs who were also referred to as the Atlantides²⁷, who were daughters

²⁵ It is interesting to note the similarities between the Golden Apples of the Garden of the Hesperides and the infamous apples in the Garden of Eden.

²⁶ The Garden of the Hesperides is Hera's orchard in the west, where either a single tree or a grove of immortality-giving golden apples grew. The apples were planted from the fruited branches that Gaia gave to her as a wedding gift when Hera accepted Zeus.

²⁷ Diodorus Siculus, a Greek historian circa 1st B.C.E. wrote: "Now Hesperos (Evening) begat a daughter named Hesperis (Evening), who he gave in marriage to his brother [Atlas] and after



of Atlas, the Titan who held the sky and the earth upon his shoulders.

Atlas was a Titan, a member of the first generation of gods, born of Earth. One of his brothers was Cronos, the father of Zeus. Atlas made the mistake of siding with Cronos in a war against Zeus. In punishment, he was compelled to support the weight of the heavens by means of a pillar on his shoulders. Hercules, in quest of the apples, had been told that he would never get them without the aid of Atlas²⁸.



whom the land was given the name Hesperitis; and Atlas begat by her seven daughters, who were named after their father Atlantides, and after their mother Hesperides."

²⁸ Atlantis comes from the name of Atlas; and it means the ones that would support the maintenance of this world. The reference here relates to the columns of the Temple that sustain the life and the evolution of this planet

When Hercules was on his way to fetch the apples, Cygnus, son of Ares, challenged him to single combat near the river Echedorus in Macedonia, but a thunderbolt was hurled between the two and parted them.

Herodotus claims that Heracles stopped in Egypt, where King Busiris, another son of Poseidon, decided to make him the yearly human sacrifice, but Heracles burst out of his chains.

Later on Hercules seized Nereus²⁹ while he slept, and though he changed into all kinds of shapes, Hercules held him and did not release him until Nereus told the whereabouts of the Apples and the Hesperides.

As he was marching towards the land of Hesperides, he arrived on Mount Caucasus.

²⁹ Known as the Old Man of the Sea, the shape-shifting sea god - a clear reference to the waters of Aquarius.

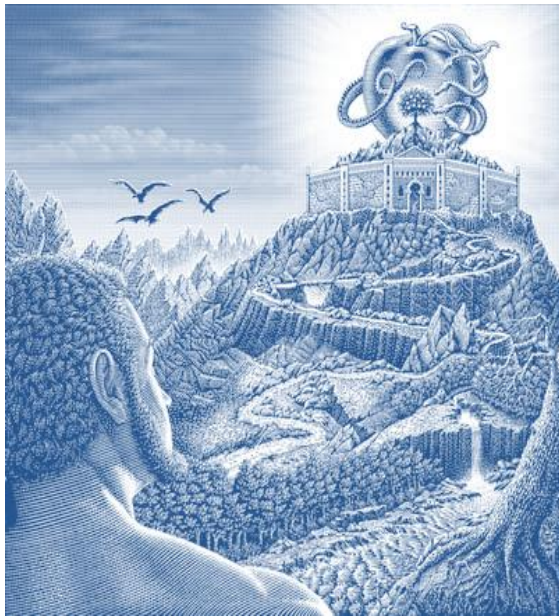


On this mountain was where Zeus ordered Hephaestus to chain Prometheus and nail him on a rock to punish him for stealing fire from the gods and giving it to man.

Prometheus was bound for many years and every single day an eagle came to him and devoured his liver, which miraculously grew back every night. In this way, was Prometheus punished for the theft of fire.

Hercules was very touched by the torment of Prometheus that he killed the eagle with an arrow and released the benefactor of men.

Prometheus, while thanking Hercules, asked him where he was going and Hercules explained to him that he was after the golden apples of Hesperides.



While Prometheus was thanking Hercules, he asked him where he was going and Hercules explained to him that he was after the Golden Apples of Hesperides.

“You will not make it”, said Prometheus.

“Why, is it so difficult?”, asked Hercules.

“Do not enter Heras' garden, for any mortal man who enters dies. Near the garden you will find Atlas, who is immortal, and he is holding the heavens so that they would not touch the earth. Take his place, and ask him to enter the garden and fetch the apples to you.”

Hercules thanked Prometheus for his advice and marched for the Hesperides. After many days he arrived on a tall mountain where Atlas was holding the heavens day and night.

“What is it that you seek, human, in this place?”, asked Atlas

Hercules explained his task to the Titan and asked of his help. The Titan was only too happy to oblige, since it meant being relieved of his burden. But first, Hercules would have to do something about the noisily vigilant dragon, Ladon. This was swiftly accomplished by means of an arrow over the garden wall.

So Hercules held the Pillar of the Heavens while Atlas went into the garden of the Hesperides to retrieve the fruit. It was not long after that Atlas returned with the apples that he stole. He saw Hercules holding the heavens and realized how pleasant it would be not to have to strain for eternity keeping heaven and earth apart.

“Thank you”, said Hercules, “now come and take your place.”

But the Titan shook his head negatively.



“Now that I have found someone to replace me, do you think I am stupid to get back there? Anyway thank you Hercules for redeeming me of this martyrdom.”

But Hercules, who was much cleverer than the Titan, said to him,

“I will stay and hold the heavens, but since I am not used to it yet and it's pressing my head could you hold them for a while so that I can go and get a pillow for my head?”

Atlas believed Hercules and took up the heavens once again on his shoulders. Hercules then took the Hesperides³⁰ apples and strolled off, omitting to return.

Hercules fetched the apples to Eurystheus, but the king was afraid to keep them so he offered them to goddess Athena. The Hesperides returned to their prominent position, and the location took on the name of the nymphs and the garden.

The archetypal journey presents to the seeker more than one challenge at this time. With Stellar Code™ - Lyra, the aspirant faced the terrors of the Dweller of the Threshold. Now, we are now facing someone stronger, the second Dweller which is the one that guards humanity's collective unconscious and will only let pass those who are detached from the strong holds of materiality and fear. This is a battle that tends to happen inside of the mental plane, not on the emotional, as was the first challenge. This Stellar Code™, along with the preceding and following ones, are

³⁰ This version of the myth is attributed to Hesiod (Theogony, 215)

approbatory studies and practices to equipped one to expand the level of understanding and connection with one's divine elements, the counterparts of our soul's and Monad's Divine elements.

It is through the performance of purification and spiritual work that one can finally open the channels of communication with one's Solar Angel, or the Angel of the Presence. These are all steps that evoke on us the ancestral need to transmute our Human Souls into Diamond Souls and conquer the stage of self-realization and ascension we are all in search of.



In the case of the seeker, along with all the spiritual gifts and attunements acquired along the journey through life, at this point in the passage, one may count on the assistance of one's incredible Divine helper: the Solar Angel, the Diamond Being of pure Light, with his adamantine Presence. He is ultimately the helper that will guide you in the journey of opening the doors of your soul.



THE ANGEL OF THE ADAMANTINE PRESENCE



THE BLESSING OF THE HOLY GRAIL

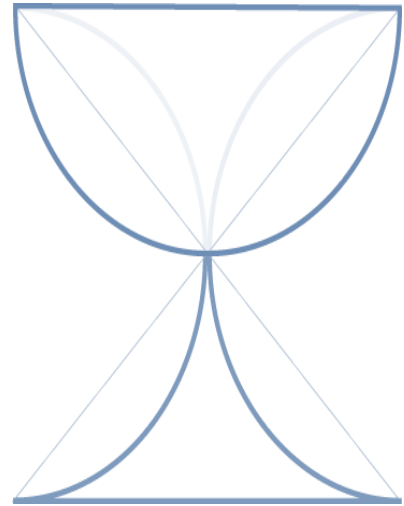
*"Life is a pure flame and we live by an
invisible Sun."*

- Sir Thomas Brown

Certainly no other concept in the spiritual genesis of the soul is more misunderstood than the Angel of the Presence. The relationship between these luminous beings and humans souls have been matter of great questioning and considered to be one of the bigger mysteries of Faith in many schools of knowledge and wisdom. For the sake of clarification, the Solar Angel is not another name for the Higher Self or Soul: it is a

different
entity and
independen
t being
altogether.

The Angel
of the
Presence,
also known
as the Solar
Angel is a
highly
evolved



being, one that has completed various stages of initiation in various degrees. He is one of the many aspects that denote the grandeur of the human constitution. He is called to existence to guide the first twelve cells, or Lotus Petals that one day will bloom to be fully self-realized and ascended souls, with its guidance and assistance. The Lotus is also called the "Chalice" or Holy Grail³¹, and

³¹ The Holy Grail is a sacred object figuring in literature and certain Christian traditions, most often identified with the dish, plate, or cup used by Jesus at the Last Supper and said to possess miraculous powers. The connection of Joseph of Arimathea with the Grail legend dates from Robert de Boron's *Joseph d'Armathie* (late 12th century) in which Joseph receives the Grail from an apparition of Jesus and sends it with his followers to Great Britain; building upon this theme, later writers recounted how Joseph used the Grail to catch Christ's blood.

The devotion to the Precious Blood was an especial phenomenon of Flemish piety in the fifteenth and sixteenth centuries that gave rise to the iconic image of Grace as the "Fountain of Life," filled with blood, pouring from the wounded "Lamb of God" or the "Holy Wounds" of Christ. Here we see another reference to the Divine watered, pouring upon humanity the sacred energy of the Christ consciousness. It is the same time a symbol that incorporates elements from the Piscean and Aquarian eras.



it has twelve distinctive luminous energies, as they are the luminous energies of the twelve soul extensions that comprise our Higher Self. When the Solar Angel builds the Chalice, the transcendent Ray of the Monad is conceived in this “womb” as the seed of the future human soul. The causal body resembles a chalice or grail, or a lotus blossom; and for that reason, it is often referred as the Egoic Lotus. It has twelve petals arranged in the tier of three; the outer tier is referred as the Knowledge petals; the next tier is referred as the Love petals and the next tier is said to be the Sacrifice or the Will petals. The last set of tiers contains the folded petals that hold the jewel in the lotus: the gateway, the consciousness of the Solar Angel. The center petals are initially closed and when the entities, the human souls extensions, start to develop, the petals open revealing the radiant adamantine light that contain all the unnumbered colors of the rainbow, not only the seven colors we perceive from our limited optical system.



The Tibetan, Dwjal Khul, refers to the opening of the center petals as a major event in the life of the Solar Angel and the definitive milestone in the evolution of the personality.

For love and for selfless service to the Logos of the Solar System, these angels were sent forth to assist the new monads to anchor the higher energy from the monads above to foster its extensions, and its turn to manifest them to the realm of experience, or third dimensional planetary life.

“Matter is the Vehicle for the manifestation of Soul on this plane of existence and Soul is the Vehicle on a higher plane for the manifestation of Spirit and these three are a Trinity synthesized by Life, which pervades them all.”

- The Secret Doctrine, from Bailey's the Soul and Its Mechanism,

Through the Law of Grace and with great compassion, our Solar Angels make a commitment to stay with these twelve soul extensions, for eons, until we ourselves graduate from Earth school.

They are our fellow travelers, but with the differences given from millennia of previous evolution, with energies and responsibilities that go beyond what a mere human experience can encompass.

These Guardian Angels are called by various names. It is the Solar Angel, a radiant being; the Mediator who is in continuous meditation trying

to come in contact with the human soul. It is also called the Integrator, the bridge-builder between the human soul and his future glory. Hence, this concept extrapolates the normal mundane concept of the regular guardian angel.

St. Peter called the Solar Angel, the “Christ within you, and the hope of glory.”

This expression is not referring to Christ, but to the One who changes you from within. Christ is the Solar Angel of the entire Humanity just as a Solar Angel serves an individual.



A "secret code" in *Leaves of Morya's Garden*³² indicates the passage through the Soul to Spirit, the Essential Divinity within:

Night fell. Christ was seated at a threshold. A scribe approached and asked: "Why dost thou sit in the passageway?" Christ answered: "Because I am the threshold of the Spirit. If thou wouldst pass, pass through me."

This same message is given in the Biblical passage, *"I am the way, the truth and the life: no one comes to the Father, but by me"*³³; that is, by way of the Soul or Christ Consciousness.

"The disciple, having developed two divine aspects, the creative activity of the personality and the impersonal, inclusive love of the Soul, now approaches the highest aspect, the "Will, the Life, the Father, the Monad, the One." ³⁴

The Solar Angels have many different names throughout different cultures. It is known in Psychology as the Super-consciousness, Inner-presence. Other names include: the Solar Deva, Agnishvatta Pitri, and Manasputra. Some psychologists have made some confusion about this concept; they think the Self in the human core is the Transpersonal Self, while the Transpersonal Self is the Solar Angel, not the human Self. The human Self is the Transcendental Self.

"The Presence of the Soul abides with me. I walk with God by night and day. I stand

³² Volume II, p. 110

³³ John 14:6

³⁴ The Rays and the Initiations, A.B., p. 105

with God upon the ways of men; the shadow of His Presence, which is the Presence of my Soul, reveals the God on every hand, in every man. I see divinity on every hand in every form."

- *Discipleship in the New Age*, Vol.

In the higher influence the Angels of the presence have over the ascending souls mainly concentrate on the three higher chakras and the three rays: the fifth, the sixth and the seventh. Below there is an excerpt From Esoteric Psychology³⁵ –The Growth of the Soul, from Alice Bailey and Master DK.

Ray Five

"The Angel of the Presence serves the three - the One above, the one below, and the One who ever is. (This refers to the fact that on the fifth plane the Angel is definitely met and known and the three aspects of the higher triad, buddhi, the abstract mind and spirit, plus the ego in the causal body, and the lower mind are here blended and fused.)

The great Triangle begins its revolutions, and its rays reach out in all directions, and permeate the *Whole*.

The man and Angel face each other, and know themselves to be the same. The light that radiates from the heart, the throat, and from the center which stands midway meet and merge. The two are one.

The Voice that speaks within the silence can be heard: 'The power that reaches from the highest point has reached the lowest. The Plan can now be known. The Whole can stand revealed. The love that stretches from

³⁵ Esoteric Psychology, Chapter 1_The Egoic Ray-The growth of the Soul Influence



the heart, the life that issues forth from God, have served the Plan. The mind that gathers all with wisdom into the boundaries of the Plan has reached the outer limits of the sphere of God's activity. That power informs my life. That love inspires my heart. That mind enlightens my entire world. I therefore serve the Plan.' "

Ray Six

"The Angel of the Presence reaches down, and, at the midway point, pierces the fog of glamour. The Path stands clear.

The One who treads the path and stops to fight, who wrestles blindly with the two who seek to hinder and to blind, sees the Way free. It stands revealed. He ceases from the clamour and the fight. He finds his way into the Presence.

Knee to knee, and foot to foot, they stand.
Hand to hand, and breast to breast,
forehead to forehead, see them stand. And
thus they merge and blend.

The trumpet call goes forth: 'The warfare is no more. The battle ends. The glamour and the clouds have disappeared. The light and glory of the *Day* is here. That light reveals the Plan. The Whole is with us now. The purpose is revealed. With all I have, I serve that Plan.' "

Ray Seven

"The Angel of the Presence lifts one hand into the blue of heaven. He plunges deep the other into the sea of forms. Thus he connects the world of form and formless life. Heaven to earth he brings; earth into heaven. This the man, who stands before the Angel, knows.

He grasps the meaning of the painted sign which the Angel holds aloft. (Then follows a phrase which is incapable of translation into modern language. It signifies that complete merging which the mystic endeavors to express in terms of the "marriage in the heavens", and which has been wrongly twisted into the false teaching anent sex magic. This phrase, expressed by a painted symbol, symbolizes complete unity between the outer and the inner, the objective and the subjective, between spirit and matter, and between the physical and the essential.)

The two are one. Naught more remains to grasp. The Word is manifest. The work is seen complete. The Whole is visioned. The magic work is wrought. Again the two are one. The Plan is served. No word need then be said."

These phrases are an attempt to express some of the realizations of the true initiate when he stands - at the third initiation - before the Angel and sees that Angel also pass away, so that naught is left but conscious knowledge and realization. Although this statement may signify but little to us at present, it will, nevertheless, serve to demonstrate the futility of dealing with the secrets of the mysteries and with initiation through the medium of words. When this is better realized, the true work of the Masonic dramas will begin to measure up to the need.

This section expresses some of the basic emerging truths which will carry meaning to the senior disciples and the initiates of the world, who are battling, at this time, in the service of the Plan. They are present in the world at this time, and their work is bearing fruit, but they need at times the incentive of



the future achievable glory to aid them to carry on.

This treatise is, therefore, somewhat abstruse and quite symbolical. It may appear difficult to comprehend, and it may mean little to some and nothing at all to others. If the disciples of the world are truly struggling and if they are applying practically the teaching given, as far as in them lies, they will find as time elapses, and their reason and intuition awaken, that such symbolic and abstruse statements become clearer and clearer, serving to convey the intended teaching. When this happens, the Angel of the Presence approaches ever closer, and lights the disciple on his way. The sense of separateness diminishes until, at last, light permeates the darkness, and the Angel dominates the life.

In Tibetan Tradition of occult meditation, the Solar Angel is referred to as the *“overshadowing soul, or soul on its own level, solar lords, manasdeva (Mind Deva) watcher, sphere of fire, Christ principal Manasputra (Mind-born Son) and Lord of the Flame”*. The Tibetans distinguish the *“human Soul”* from the *Solar Angels*. At one point or another on the journey of perfection, the human soul starts recognizing the presence of their Solar Angel, recognizing their existence and the work of this Being that has stayed through countless time watching over you and your many experiences as a human soul.

The Secret Doctrine refers to them as the Lords of Preserving Ceaseless Devotions. The great Solar Angel who embodies the real man and represents its expressions on the plane of the higher mind, is literally our Divine ancestor, the “watcher” who,

throughout long cycles of reincarnation, pours himself out in another demonstration of a great sacrifice in order to allow us to be and exist as independent human souls.

During numerous life times, these Angels are the medium of expression for the Monad, or high spirit, just as the personality’s function is for the ego. But this relationship that had a beginning in the bosom of the infinite will also one day have an end. The departure of the Solar Angel is one of the biggest events in the history of any soul. The departure of the solar angels occurs when the human soul is definitely inside of the initiatory path and has completed the fourth initiation. Only then, the Causal body has served its purpose and it is dissolved, and the Light being which is our Angel of the Presence departs to continue his own journey towards higher evolution.

The Causal body can be compared to and is linked to the destruction of the sacred temple of Solomon, when the withdraw of the Holy Spirit, Shekinah, occurred. It is said that it took King Solomon thirteen years to build his temple, his causal body, and in the end it was consumed by the holy fire. The Tibetan says that “Our God is a consuming fire”. When the Causal body reaches its purpose, it is consumed by the holy fire to release the inner light divine.

The graduation from Earth school or the exit from the wheels of Karma is a big event in the life of any soul and is accomplished after the fourth initiation. It is a joyful moment, but its magic can be tainted with the departure of the Holy Angel of the Presence. Master Christ Jesus certainly felt this pain deeply in his soul when he cried on



the cross, reciting the verses of Psalm 22:
“My God, my God, why have you forsaken me?”

*“Why are you so far from saving me,
so far from my cries of anguish?”*

*(...) Yet you brought me out of the womb;
you made me trust in you, even at my
mother’s breast.*

*From birth I was cast on you;
from my mother’s womb you have been
my God”.*

~Psalm 22

The Huna tradition also refers to the presence of the Solar Angels when they teach the existence of two souls. One that is our normal human self and another one, the higher one, that is literally interpreted as the “Soul of our Ancestors” that lives beyond the passages of death and that guides us onto a new journey after death.

The Solar Angel transfers the life from the Monad to the lower vehicle, managing the karmic lessons, cycles of incarnations and the many aspects to be orchestrated to perform the evolutionary gain of each of the soul extensions. The point of connections between our Human constitution and our Solar Angel is our Causal body; linking the permanent atoms from this higher mind to our mental unity. Nevertheless, between these two planes we still see a huge gap to be filled by us to make this integration possible. This is done through the voluntary construction of our Antahkarana.

The Tibetan Wisdom states that the Solar Angels are in permanent meditation, waiting for the minimal movement from the lower vehicles to start happening, to then

implement the ascension process of the lower self to the higher realms. Only when there is a minimum rate of integration that the Solar Angel awakes forms his own meditation and draws his attention to those beings that until then were just functioning as his shadows.

INVOCATIONS OF THE HOLY SOLAR ANGEL

The intent the establish contact with the solar angel is a spiritual necessity, because it is said that one minute of contact with your solar angel can impact a human soul so incredibly deeply with the pure emanation of Divinity that is, in itself, worth more experience of understanding and Union, than lifetimes of experiences on the common wheels of Karma. In the language of mysticism, this is a perfect Union with God.

The Tibetan tradition states that the way of contact this being is through the Vajrasattva Meditation and through the recitation of the ancient mantra with 100 syllables formed with 49 devanagari letters used in Sanskrit and 26 roman letters. The Vajrasattva is known to be the white entity or deity that appears during the meditations as sitting above the mediator’s head. For those that have problems or limitations with performing these mantras, we highly recommend the use of its “short” version as a personal blessing: *“Om Benza Satto Hung”*, with the proper use of the intention to connect with this higher being. State your name before you perform this mantra.

Many other schools of wisdom recommend invocations as a resource to awaken your solar angel from his deep meditation state.



Before starting any mantras or spiritual exercises and work, we highly recommend the following:

- Slow down your energies through breathing exercises that will facilitate the shift of frequencies in your Auric field
- Activate your soul star, through the invocation/recitation of the soul mantra three times
- When you are done, chant the opening of the doors of your Divine Sacred Temple of the Heart by reciting the ancient Mantra: Kodoish, Kodoish, Kodoish Adonai, Tsebayoth³⁶.



KODOISH, KODOISH, KODOISH, ADONAI TSEBAYOTH

This mantra is recommended to be recited at least 12 times, or in multiples of 12. It is said to unite and harmonize the lower vibrations of a being with the higher levels of creation from the 9th dimension up as invokes the descending of the Holy Spirit upon you.

The reason we indicate this mantra for the opening of your heart's gates is because its rhythm encompasses the vibrational beating of your human heart. Each cycle of your

cardio-movement starts through the frequency of Kodoish.

This vibrational signature, when performed as a decree, allows the connection between your circulatory system (physical blood vessels and extra-physical meridians) to receive directly and openly the direct emanations from the Ascended Masters of pure Light.

One should strive to make a practice to recite this mantra internally and with alignment with one's heart when entering sacred grounds and places, or whenever the presence of the Divine is perceived.

Kodoish is a powerful tool to increase discernment and perception when there are negative forces at play. They tend to disperse themselves as this is a frequency signature that resonates with the Mother/Father's throne, and they cannot prevent the Light to expand when it is coming from this point in the universe. Negativity and fear cannot exist in the frequency of this vibration.

This is the sacred code of divinity and it is said that the heavenly host of Seraphic beings chant this mantra melodically and incessantly before the throne through eternity and beyond.

Kodoish is a vibrational element encoded on your third eye through the Love and Light decrees from the Divine mind, to allow the rise of the seed of your crystal temple from your heart chakra to the higher hierarchies of Light on planes of existence that are both infinite and unknown by us at this time.

The power of the trinity of Kodoish can create a hyper-vortex of Light, igniting the

³⁶ This translates as: Holy Holy Holy is the Lord of the Hosts.



internal Pillar of Light that can bend the limitations of time/space and space/time. Its vibration incites the higher functioning of our pineal and pituitary glands.

KODOISH, KODOISH, KODOISH should be recited from this stage on, three time before you go to sleep and three times as you wake up.

THE INVOCATION OF THE TRUE SELF USED BY THE TIBETAN

"Come forth unto me³⁷ Thou that art my true Self: my Light: my Soul! Come forth unto me: Thou that art crowned with Glory: That art the Changeless: The Unnameable: the Immortal Godhead, whose Place is in the Unknown: and whose Dwelling is the Abode of the Undying Gods. Heart of my Soul; self- shining Flame, Glory of Light, Thee I invoke. Come forth unto me, my Lord: to me, who am Thy vain reflection in the mighty sea of Matter! Hear Thou, Angel and Lord! Hear Thou in the habitations of Eternity; come forth; and purify to Thy Glory My mind and Will! Without Thee am I nothing; in Thee am I All-self existing in Thy Selfhood to eternity!"

Close now the channels to the sensitivity of the material senses: endeavoring at the same time to awaken the Inner sight and hearing. Thus seated, strive to grasp the same ray of the Divine Glory of the selfhood: meditating upon the littleness and worthlessness of the natural man: the vanity of his desires, the feebleness of his boasted

Intellect. Remember that without That Light, naught can avail thee to true progression: and that alone by purity of Mind and Will canst thou ever hope to enter into that Glory.

Pray then for that purification, saying in thy heart:] "First purification and consecration of the seeker by Fire and Water."

"Water:"

Purify me with hyssop, and I shall be clean: Wash me, and I shall be whiter than snow.

"Fire:"

O send forth Thy light and Thy Truth, let them lead me, let them guide me unto Thy Holy Hill, to Thy Dwelling-place! I stand before the Beautiful Gate: before the mighty Portal of the Universe: at my Right Hand a Pillar of Fire; and at my left a Pillar of Cloud. At their bases are the dark-rolling clouds of the Material Universe: and they pierce the Vault of the Heavens above. And ever upon their summits flame the Lamps of their Spiritual Essence! Thou that livest in the Glory beyond that Gate: Heart of my Soul; Thee I Invoke! Come Thou forth unto me, who art my very Selfhood; mine Essence, my Light: and do Thou guard me and guide me through the Manifold Paths of Life: that I may at length become one with Thine Immortal and Imperishable Essence! Unto Thee, Sole Wise, Sole Mighty, and Sole Eternal one, be Praise and Glory for Ever.

The second part is a declaration and an affirmation of self sacrifice and courage to

³⁷ According to the Formula of the Book of the Voice of Thoth.



take the next step of evolution and detachment.

“Unto Thee, Sole Wise, Sole Mighty, and Sole Eternal one, be Praise and Glory for Ever; Who hast permitted me to enter so far in the Sanctuary of Thy Mysteries. Not unto me, but unto Thy name be the Glory! Let the influence of Thy Divine Ones descend upon my head, and teach me the value of Self-Sacrifice: so that I shrink not in the hour of trial; but that my Name may be written upon High, and that my Genius may stand in the Presence of the Holy One: in that hour when the Son of Man is evoked before the Lord of Spirits; and His Name in the presence of the Ancient of Days”.

It is said that as the individual invokes his or her Solar Angels, the Angel will respond, at first sporadically, but then continuously.

One of the ancient solar angels symbols is the egg with wings³⁸, the Phoenix that reappears miraculously after a period of repose, through a magical rebirth. The Initiate Israel Regardie refers to the winged Egg as a vital element to be incorporated in the exercises of the Middle Pillar, a very similar esoteric exercise as the one we regularly use: the Soul Star Triangulation, but with Kabbalistic overtones.

Another is the winged heart. The symbol was chosen to represent the all inclusive and dedicated love that emanates from the Angel of the Presence.

³⁸ To ancients in all lands, the egg was the symbol of generation and immortality. In Scandinavia and Russia clay eggs were put in tombs to ensure life after death. A similar idea was signified in ancient Egypt by the winged egg floating above the mummy, carrying the soul to another birth.

*“Only from the heart
Can you touch the sky.”*

~Rumi

Through time, the winged heart became the emblem for the Sufi movement, a spiritual discipline within Islam. Sufism is known as “Islamic Mysticism,” in which Muslims seek to find Divine Love and knowledge through direct personal experience of God.

The heart is considered to be a bridge between the body and soul, a channel between spirit and material. The symbol was chosen by Hazrat Inayat Khan who introduced Sufism to the Western World, and he had this to say about the symbol: *“In brief, the meaning of the symbol is that the heart responsive to the light of God is liberated.”*

The Solar Angels are citizens of the solar system, rather than of one planet or location. They have their own lives on their own dimensional reality, and thus, they are considered to be the Fire Devas of the mental planes³⁹. Nevertheless, their energies are strong enough to organize our physical, mental and spiritual bodies and keep them in perfect alignment. Even being master organizers and incubators of human souls; coming to service to assist humanity during the Lemurian times, as per request of our solar logos, the angels of the presence are not “the human soul”. Solar Angels came and indwelt in man as Guides and, for a long time, it was the Solar Angels which acted as man. The Monad was concealed, and the human soul was in preparation for birth. It is important to

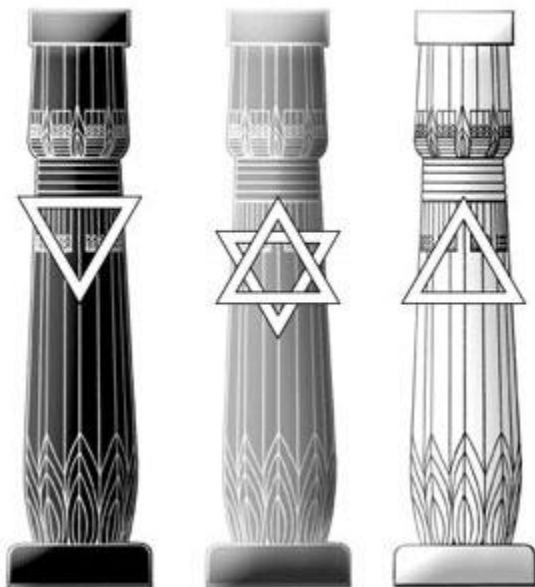
³⁹ Treatise of the Cosmic Fire-Alice Bailey



reassure that these Beings of pure Light had perfected their manas or mind in previous manvantaras⁴⁰, but for their unconditional love of service, took upon human incarnation one more time. They took residence on the mental plane of men, becoming their causal bodies.

Their goals were to subsidize and accelerate the development of the higher mind of Men.

THE MIDDLE PILLAR EXERCISE



The Middle Pillar Exercise⁴¹ is a powerful self-initiated procedure that will allow you to establish a personal connection with the

⁴⁰ Manvantaras: are cycles or periods of active evolution and ascension of beings.

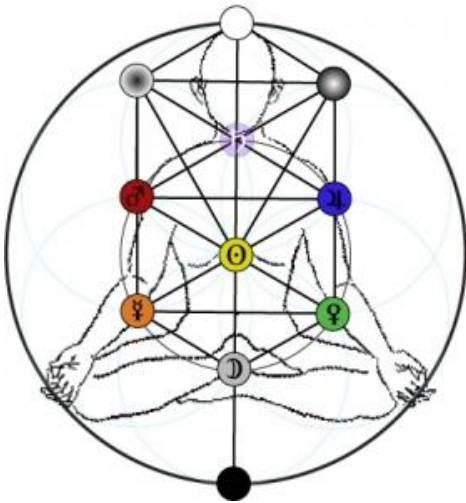
⁴¹ The ritual was first published by Israel Regardie in 1938 and has become a standard practice in modern Western Magic. It is generally considered to be a beginner exercise that helps center the practitioner while teaching how to circulate aetheric energy and take the first steps towards building a "Body of Light".

higher energies of your Soul group, or family of light, and the Solar Angel.

The middle pillar is a reference to our Central Channel as it presents itself to be attuned to the frequencies of the higher spheres⁴². The center of this pillar is represented by the Heart center, and it is the aggregation of the symbols of both pillars: the Star of David.

The seeker should perform the Middle Pillar Exercise slowly and with great care and attention. It is a most effective magical method for awakening the higher currents within, and must be used with great patience and earnest aspiration. This cathartic exercise purifies and nourishes the Aura or Sphere of Sensation with the Divine Light from above. This is an exercise of Identification and will progressively fuse our lower nature with the higher nature of the Transcendent spheres.

⁴² The basic ritual can be performed standing, or seated, or in any asana pose. It is a two part ritual beginning with establishing Sefirot along the central column and then circulating the light. There are often confusions as to the exact location of each Sefirot, particularly when different postures are used. Some practitioners tend to correlate them to the Chakras of the Eastern traditions. However, Sefirot does not correspond to Chakras on a one to one basis. There is definitely some overlap, but generally speaking the Chakras tend to be more internal and closer to the spine, whereas the Sefirot are much less bound to the physical body.



Before starting this process, stabilize your energies through rhythmic breathing. Start any practice though the warming of your heart center and the newly materialized Crystal Temple of your heart. See a white sphere of light above your head. This white sphere is light and should be about the size of a plate. See it glowing and pulsating. As you breathe see it increase in energy. Breathe in and see it whirling and energizing. This is powerful, because you will hear the sound coming out of the sphere, while the sphere itself increases in energy.

1. Stand facing West in your Temple or working area, or imagine you are if you are elsewhere.

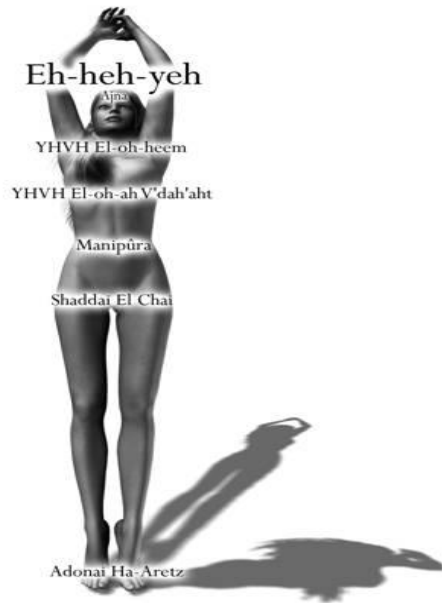
Begin visualizing on your right side the black feminine pillar, while on your left side the white masculine pillar, and yourself in the center of both.

If you choose to sit, it is fine but try to "see" yourself standing up. The Pillars of Mercy and Severity should be to your left and right, with the

White Pillar⁴³ of Mercy on your left, and the Black Pillar of Severity on your right hand side. You form, or become, the Middle Pillar as you stand between them.

2. Imagine that the Black Pillar is reflected into your right side and the White Pillar reflected into your left side. Breathing in and holding the energy within you for 5 seconds, acknowledge the presence of the Columns, performing a little ritual of appreciation, since these pillars are the representation of Mother / Father God's supporting energies through your process of ascension. Letting the air into your lungs saying Jakin and exhale, repeat the same procedure for Boaz.
3. Now raise your consciousness to the Light of your Kether (the Crown): the area just above the crown of your head. Formulate in your mind a sphere of Brilliant White Light there. Immerse yourself in the vibration of the I AM. This is the divine core of your Being. When you can see it and

⁴³ Boaz and Jachin, the pillars of the Temple. In Hebrew, from my understanding, Boaz is literally "in Strength" and Jachin is "God will establish". Boaz was a great grandfather to David, Solomon's father, and his story is elaborated in the romance of Ruth. Thus, Boaz may be especially associated with spiritual strength, and strength of virtue or the strength to be virtuous. The allusions to Beauty and Strength, Severity and Mercy, Feminine and Masculine, Black and White, active and passive, and other dualistic ideals for the pillars are elaborated on in the Zohar and Sefir Yetzirah, and that is where most esoteric traditions find the foundation for this Knowledge in regard to the Pillars.



feel it in your mind strongly enough,
Vibrate ⁴⁴ 3 or 4 times slowly
"Eheieh" (Eh-HEH-yeh)⁴⁵ or "I will
be". Vibrate this word until it is the
only thought in your conscious
mind.

⁴⁴ The vibration of the divine names can be performed out loud or "in the greater voice". For starters it is best to vibrate the names out loud; in time you will learn how to vibrate the names silently and imprint the astral/aetheric plane with the appropriate intention. This is however very hard to accomplish without first feeling the vibrations physically.

⁴⁵ Translation of Hebrew Divine Names

Eheieh - (Eh-HEH-yeh) = "I will be."

YHVH Elohim - (Yod-Heh-Vav-Heh Eh-loh-heem) = "the Lord God."

YHVH Eloah ve-Daath - (Yod-Heh-Vav-Heh Eh-loh-ah veh-Dah-Ath) = "Lord God of Knowledge."

Shaddai El Chai - (Shah-dye El Chai) = "Almighty Living God."

Adonai ha-Aretz - (Ah-doh-nye ha-Ah-retz) = "Lord of Earth."

Keter

On the fourth counted in-breath, see the creation of Keter as contraction of the nothingness.

On the fourth counted hold, feel and contemplate the sphere.

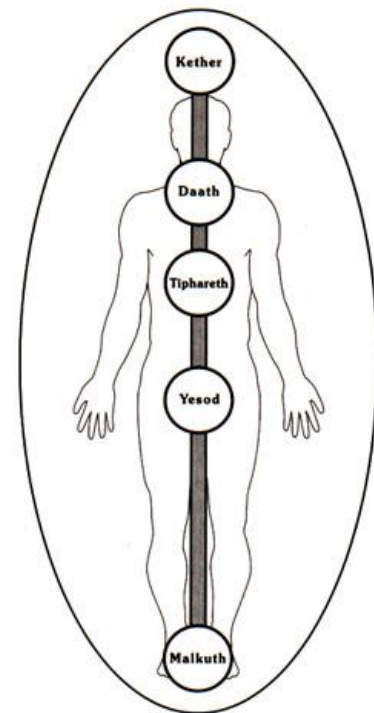
On the fourth counted exhale vibrate EHYH

On the fourth counted hold, feel and contemplate the sphere.

Hold this visualization for five breaths.

Repeat as necessary

4. Imagine a shaft of light beaming down your pranic tube, the Middle



Pic 1 - The Middle Pillar



Pillar, from your Kether into the energy center about the level of the nape of your neck/throat. Here, visualize another sphere of Light similar to your Kether, though smaller in size. This is your Daath center. It forms the conscious link between your divinity and your ego. When you can feel this sphere strongly, vibrate 3 or 4 times slowly, "YHVH Elohim." (Yod-Heh-Vav-Heh Eh-loh-heem), I AM "the Lord God."

Da'at

On the fourth counted in-breath create Da'at drawing from the tension between Keter and Malkut

On the fourth counted hold, feel and contemplate the sphere.

On the fourth counted exhale, vibrate YHVH Elohim

On the fourth counted hold, feel and contemplate the sphere.

Hold this visualization for five breaths.

Repeat as necessary.

5. Bring a shaft of Light from your Daath center straight down your pranic tube again, until it reaches the level of your Heart. This is your Tiphareth center. Visualize a sphere of Light similar to the others.⁴⁶ When you can feel this sphere

⁴⁶ Regardie says in The Middle Pillar, "from there warmth and a quite different sense of power will gently radiate as though from an interior sun."

strongly, vibrate slowly, "YHVH Eloah Ve-Daath." (Yod-Heh-Vav-Heh Eh-loh-ah Veh-Dah-Ath), I AM the "Lord God of Knowledge."

Tiferet

On the fourth counted in-breath, see the creation of Tiferet as the center.

On the fourth counted hold, feel and contemplate the sphere.

On the fourth counted exhale, vibrate YHVH Eloah ve-Da'at

On the fourth counted hold, feel and contemplate the sphere.

Hold this visualization for five breaths.

Repeat as necessary.

6. Bring the shaft of Light from your Tiphareth center straight down your pranic tube again, until it reaches the Yesod center in the genital region. Imagine another sphere of Light there. When you can feel it strongly, vibrate slowly as before, "Shaddai El Chai." (Shah-dye-El-Chai, with 'Ch' being a phlegmy 'H' sound as in the German 'Ch'), I AM "Almighty Living God."

Yesod

On the fourth counted in-breath, descend the light to Yesod.

On the fourth counted hold, feel and contemplate the sphere.

On the fourth counted exhale, vibrate Shaddai El Chai



On the fourth counted hold, feel and contemplate the sphere.

Hold this visualization for five breaths.

Repeat as necessary.

7. Imagine the shaft of light descending from Yesod into your Malkuth center at your feet and ankles. When you can feel this sphere strongly, vibrate slowly as before, "Adonai ha-Aretz." (Ah-doh-nye ha-Ah-retz), I AM the Lord of Earth.

Malkut

On the fourth counted in-breath, accumulate the light in Malkut.

On the fourth counted hold, feel and contemplate the sphere.

On the fourth counted exhale, vibrate Adonai he-Aretz

On the fourth counted hold, feel and contemplate the sphere.

Hold this visualization for five breaths.

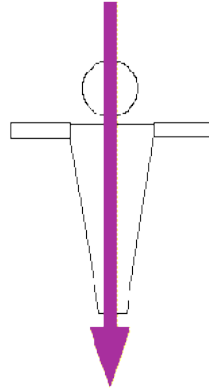
Repeat as necessary.

8. At this point, you may "make the Qabalistic Cross to indicate that you have called the Light of your Kether and balanced it in your aura."⁴⁷. The next step will be to include the circulation of the Body of Light.

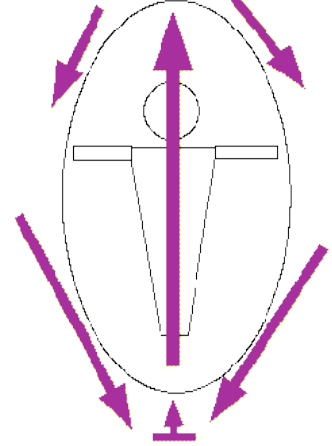
⁴⁷ Quote from Israel Regardie the author of this exercise.

THE CIRCULATION OF LIGHT

Energy Down



Energy Around



The Circulation of the Light⁴⁸ are some additional energy circulation exercises⁴⁹ that are very good to perform following the Middle Pillar exercise. Employing rhythmic breathing throughout, perform each several times before moving on to the next one.

- Circulation 1. Exhale and visualize the Light from your Kether traveling down the left side of your body and into Malkuth. Inhale and bring it from Malkuth up the right side of your body back into Kether.
- Circulation 2. Imagine a ribbon of light descending from your Kether and going down along the front of

⁴⁸ Note from the Ciceros' The Balance between Mind and Magic: "The direction of circulation (down the left and up the right) has a tendency to energize power in the Middle Pillar, resulting in a feeling of energy increase and a swelling in the Body of Light. The other direction (down the right and up the left) tends to relax the energy body, possibly resulting in a trance-state."

⁴⁹ Note from the Ciceros' The Balance between Mind and Magic: "This direction of circulated energy tends to cleanse the Subtle Body."



your body to Malkuth, and then going up along your back and returning to Kether.

- Circulation 3. Bring the Light up your Middle Pillar, the pranic tube, and when it reaches your Kether, imagine it showering down along the outside of your body as it returns to Malkuth.
- Circulation 4. Spiral the energy around the outside of your body from Malkuth to Kether.

The next step will be to include the circulation of the Body of Light.

On the four counted hold feel and contemplate the light in Malkut

Repeat as necessary.

- Circulation 5

On the fourth counted in-breath, draw the accumulated light from Malkut to Kether up the back side of the body.

On the fourth counted hold, feel and contemplate the light in Kether

On the fourth counted exhale, draw the light from Kether to Malkut down the front side of the body.

On the fourth counted hold, feel and contemplate the light in Malkut

Repeat as necessary.

- Circulation

On the fourth counted in-breath, draw the accumulated light from Malkut to Kether up the Middle Pillar.

On the fourth counted hold, feel and contemplate the light in Kether.

On the fourth counted exhale, allow the light to spill out from Kether, like a fountain and envelope the sphere.

On the fourth counted hold, feel and contemplate the blazing light of the Sphere and the strength of its Center.

Repeat as necessary.

Once the circulation is complete, bring awareness back to Tiferet as the central Fire of your being. From here you may choose to build a body of Light and go on to perform other rituals in the astral, or just sit back and bask in the glory of the Divine Light.

COSMIC HEART EXERCISE: THE JEWEL IN THE HEART OF THE LOTUS, OR THE BLESSING OF THE HOLY GRAIL





FIRST EXERCISE: LIGHTPRAYER

In a quiet place, take a moment to meditate for some minutes. Do preparation for this step by doing breathing exercises, especially the ones you feel more comfortable with, but in the same fashion as the light prayers.

BREATHING PREPERATION

This Lightprayer will be the “secret” nourishment of our life. The reincarnation-cycle might be transformed through this power into eternal life in Oneness.

1. Breath-in physically and visualize.
2. You do not need to see anything, just think that God’s Breath, like a White Haze or Mist, is coming down from the Ultimate Source you have connected yourself with.
3. This Breath touches your body, just a bit above the Solar Plexus and wraps around your physical body all the way down.
4. Hold your physical breath and visualize how this Mist is tightening itself around your skin all the way down into The Figure of Light of Wholeness. Draw back this Mist, while still holding your physical breath, to the spot where it touched your body.
5. Breathe out physically and visualize how Gods Breath is returning to the Ultimate Source.

During this entire process you have to take care that God’s Breath is freely flowing down rhythmically and do not absorb this Mist into your body at all.

LIGHTPRAYER

This Lightprayer is a rhythmic process that creates harmony in your biological rhythm and is experienced differently by everybody. In the beginning this might seem contrary, but proceed and it will happen. When you are tense or tired, you cannot sleep, or any other kind of agitation, this Lightprayer is the solution to bring back harmony.

With your mind’s eyes, visualize a big golden heart filled in all its might with the most pure golden light. Try to see how it is formed as you are looking at a three dimensional figure.

Locate this heart as a floating island in the vast Cosmos.

As you work your way around it, you will see from the top that inside of this heart there are many hearts; you can count twelve hearts in one; they are harmonic, and they beat as one.

Even noticing that some are still to be developed to surrender their internal beauty, you feel inside of your heart, the perfection of their creation and beauty.

They are twelve little hearts, twelve different colors and hues, each with a special sound, like a soft melody of a lullaby.

The twelve vibrate in subtle movements, but they all have an incredible frequency of pure love that emanates from the higher heart.

The diverse colors weave themselves and integrate themselves inside of the little hearts, and they irradiate back to the bigger heart in a never ending symphony of love.



As you contemplate these hearts, their energy starts to irradiate also into all the cells of your being, taking all the spaces between organs, between all the tissues and slowly emerging in all the fluids of your physical and extra-physical bodies.

Do not fight this wave of energy through the marriage of colors, and allow them to work their blessings of pure light inside of your own heart.

Allow it to regenerate and rejuvenate your body, transmuting, alchemizing the psychic remains, Karmic residues, intrusive energies, thought forms, false beliefs and addictions. Allow your Matrix to be activated and re-imprinted with the pure codes of your solar angel, again, now in a more conscious way.

Let go of all pains, memories of pain, ancient fears, resentments, and old contracts that no longer serve you in this stage of your journey.

Feel the heart beat of the twelve hearts entrain the rhythm of your own heart and feel gradually the pulsing becoming more intense and lighter keep coming inside of your heart.

At this point you can feel the expansion of your heart, and the enlightenment of all the chambers of your heart.

You now feel a warm sensation of love and the presence of your trine flame is felt clearly.

Holding this feeling throughout your body, visualize the trine flame of your heart now transcendently bright incorporating all the colors of the cosmic heart.

Rest on this love that is all patience, hope and dedication, and it is the ultimate expression of the creation of Mother / Father God.

Try to exercise with this meditation when it is possible, the benefits are an expansion on your Auric field, and an increase of protection, and once that you will be permanently vibrating into higher realms and development of a self-aware participation on the life and decisions of your Family of Light, or the Council of Twelve.

As their light expands through all your centers, voluntarily try to send the energy gathered through the vortexes throughout all your physical body. You do this through the rhythmic contraction of your sphincter. This is a process that demands training; you contract the sphincter and try to send the energy through other parts of your body trying to emulate horripilation⁵⁰. This is the way one can transfer and move the energy through the meridians voluntarily through the modulation of your pores; expanding the effects of the lightprayers and the vibration of sounds and colors. This is a very powerful practice and should be developed as a skill gradually.

⁵⁰ Known colloquially as goose bumps, a temporary local change in the skin when it becomes rougher due to erection of little muscles, as from cold, fear, or excitement



SECOND EXERCISE: INVOCATION AND PREPARATION FOR DNA ASCENSION

INTUNEMENT AND CLEANSING DECREES

This is just one of the multiple exercises that we will start to work with from now on, to anchor the development of what is called 12 chakra system of the bodhisattva

INVOCATION FOR THE ASCENSION OF DNA

I invoke, decree, and see the fully cellular ascension of my physical, mental, emotional and spiritual bodies in the now.

With the complete support of God and Goddess, Mother/Father God and the ascended masters (Our Higher Self, The Monad, Master Saint Germaine, Master Sananda, Mother Mary, Quan Yin, the goddess of Mercy, Archangel Michael, and his legions, Ashtar and his command, Master Babaji, Raphael, Gabriel, host of Holy Angels, shamans, Goddess of Fortune, Holy Army of the voice, angels of pure light, Elohim, Lord Shiva and all the Beings from the frequencies of Christ consciousness, Power Animals, Totem animals, Devic beings, from the four elements: Fire, water, air and earth; all the beings of Light, love and ascension, hereby designated or not, to activate all the cells of my entire being, which are your righteous complement inside of the unified Law of one.

I decree and dream awake for my highest good, to be always operating in this present, now.

I decree and dream awake that grace and mercy is on action in my life now.

I decree, invoke and dream awake and I see consciously the real truth and the reality of my ascension now.

I invoke and I see every breath as I breathe in the Sacred Violet flame, transmuting all my being into pure light.

I decree, invoke and dream awake and I see the current of ascension in all the cells of my being.

I am ascended now.

I decree, invoke and dream awake and I see the expanded Divine consciousness completely self-realized in my being now, realizing completely every rightful intention and needs with unlimited abundance and grace.

I decree, invoke and dream awake the end of procrastination, tiredness, blockages, obstacles and sick systems of beliefs.

I decree, invoke and dream awake the immediate abundance in my life, now.

I decree, invoke and dream awake my liberation of the wheels of karma, and all my karmic debt.

I am the expression of purity and infinite Grace.

I invoke and see my personal power at each instant when another being impacts me, my Being and my creations.

I invoke and see the Infinite power of my sexual, spiritual, and mental, emotional, physical and financial relationships in this life.



I invoke and dream awake sacred sexuality, as I express the sacred vigor for creativity and healing.

I invoke and dream awake the world liberation of all the manipulative forces and beings that tries to control humanity, past, present and future.

I invoke and dream awake the help , assistance and support of all angels, archangels and angelic beings, ascended masters to realign all the energies that have been misused to complete the complete and unconditional restructuring of our DNA.

I invoke the transmutation of all negative projections, thought forms and belief system that judges and limits humanity.

I invoke and see my constant ability to be centered and balanced in my psychic perceptions, those of empathic nature, those that can oppress my being are now liberated in myself in all my multidimensionality, easily, without efforts and sufferings.

I invoke and decree lucid dreams, every night while I sleep; now I have complete remembrance of my dreams when I wake up.

I invoke and visualize the infinite harmony between myself and Mother/Father God and my presence I am.

I invoke and decree the full expression of my miraculous power of healing.

I see my life multidimensionally as a continuous influx of marvelous miracles.

I invoke and see my infinite availability and being openly disponible to receive all the blessings in my life.

I invoke a constant attitude of gratefulness in my heart for all my life, for all my realizations, transforming them into blessings for all beings and the entire Universe.

I invoke and see the plentiful blessings pouring from Mother/Father God, the Ascended Masters, Angelic Beings, Guides and all beings of light that praises and send benedictions towards our planet.

I invoke, dream awake, and decree that all my decrees, invocations, and prayers are now liberated to the universe, and I completely decree the opening of my rightful intentions to be manifested for the greater good of all.

I invoke and decree the liberation of all my reincarnational selves, past present and future, all the promises, contracts, pledges and vows that bonded me to limitation, to idea of lack, to density, or any factor that could endanger our ascension.

I invoke and see the complete recovery, recuperation and self-realization of my eternal being through the powerful love that permeates eternity and its beings, with the complete alignment with Christ-consciousness, and the divine abundant mind.

I invoke and I see the dissolution of all the powers that manipulate energies in this planet and that foment all manifestations of fear.

I invoke and I see the sacred influence of the Ascended Masters and the angelic kingdoms



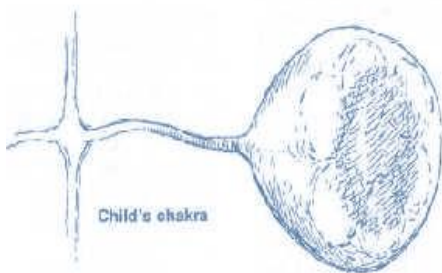
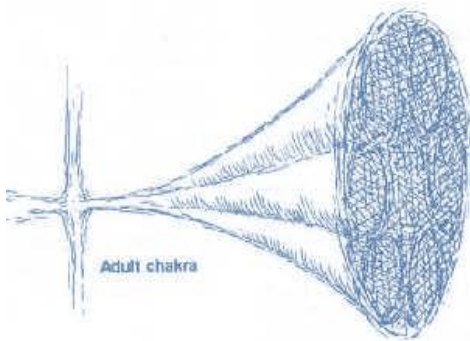
to elevate the vibration of our planet to bring an increase of light love and transformational energies to all earth and its beings,

unconditionally.

In increasing the divine frequencies of love and Christ-consciousness, I invoke, dream awake, and decree the ascension of Planet Earth in this sacred moment, now.

EXPLANATION

The opening, development and awakening



of multiple levels of the chakras in your body will cause each chakra to grow in size and shape from a spinning cone energy system to a multi-petaled lotus character.

Each of these petals represents the new filaments for the strands of the DNA that are being rebuilt.

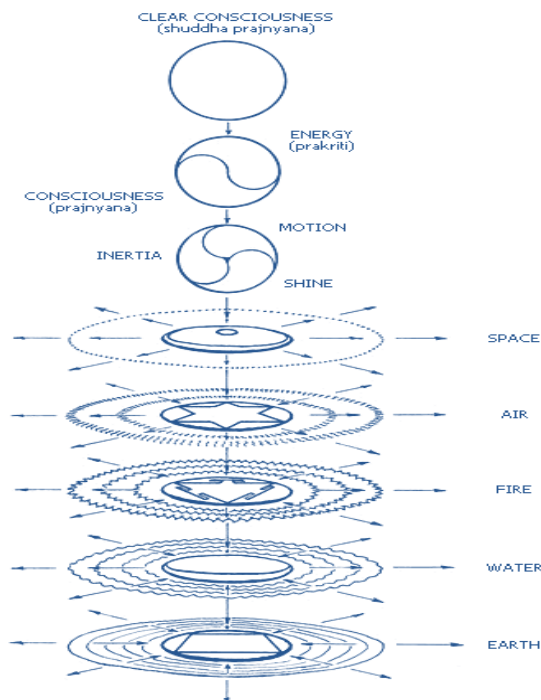
As the lotus spins, the chakra appears as a single sphere. There are three layers of spheres that develop by the increasing of absorption of light as viewed from the side; a top layer that is related to the conscious daily physical life, a middle layer related to the subconscious or that which is coming to conscious understanding; and a bottom layer that represents the unconscious.

By the opening out of our Antahkarana through the stellar energies, the codes of light all three layers will appear as a multi-petaled lotus when not moving; or three spheres when moving. Those spheres in time will rotate, from the normal position sideways to an upper position which will, in its turn, align with the other vortexes points, creating the Pillar of Light inside of your central channel, and, therefore, generating enough Divine energy and gathering “grace”, being finally then, able to activate the Merkabah energy.

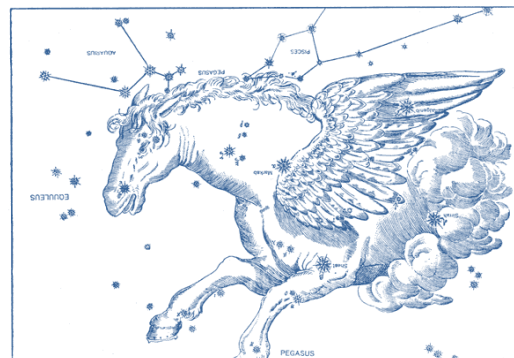
The light body becomes a multifaceted merka-ba with 1024 panels or petals on top and 1024 panels or petals on the bottom. This light body energizes the entire form and field to stabilize the vibration at 1800 strands of DNA.

These at 1800 will tend to have two subtle bodies that are enlarged, and two that are barely present if not non-existent. This is so as the repair of all four subtle bodies

The process of ascension here is defined a bit differently from the common process described by the new age movement. In each of the Stellar Light Codes, and through the process of anchoring and attunements, one works through the major chakra system to bring the ascension of the energy of Kundalini. This awakening has to occur not only in the physical body but also in all the extra-physical bodies. And the ascending fiery energy of the “serpent” must find a point of balance around the base of the nose of all the human bodies.



STELLAR CODE PEGASUS



38 | Page



and even occasionally as having golden wings. His name is possibly derived from “springs of the ocean” or “of the wells”, or “fountain horse”.

In the Denderah Zodiac, there are two characters immediately below the horse, Pe and Ka. Peka or Pega, is in Hebrew *the chief*, and Sus is *horse*.

There are conjectures that ascribe the origin of the horse Pegasus to Pihassassa, the ancient god of thunderstorms in Hittite mythology.

In Greco-Roman mythology, Pegasus is the winged horse that was fathered by Poseidon with Medusa. When her head was cut off by the Greek hero Perseus, the horse sprang forth from her pregnant body. His galloping created the well Hippocrene on the Helicon (a mountain in Boeotia).

Pegasus is the fabled horse whose galloping created the well Hippocrene on Mount Helicon, a mountain in Boeotia. This became the fountain of the Muses and was sacred to the nine muses. Pegasus became a symbol of knowledge, glory, and inspiration. Pegasus is the subject of a very rich iconography, especially through the ancient Greek arts, especially pottery, paintings and sculptures, and through the Renaissance epoch. He can be at the same time the personification of the water of the fountain, in itself a representation of a solar myth, and the archetype of the human soul relieved

from the grip of Ego.

This winged creature is seen as the symbol for the immortality of the soul and as the carrier and protector that guards the spirit in its journey to the stars.

The Pegasus constellation is group of faint stars that is visible from August through December and is located in the Northern Hemisphere near Aquarius, sharing the northeast corner of the square with Andromeda. The star delta Pegasus was given to the constellation Andromeda, to provide the lady with a head. Even having their light dimmed, the constellation still is the seventh-largest constellation. Its body is represented by the famous Square of Pegasus whose corners are marked by four stars.

Carl Jung saw in Pegasus a profound esoteric symbol of the spiritual energy that allows access to the realm of the gods on Mount Olympus.

Sages of the ancient astrology believed that all the stars of Pegasus protected horsemen in battle, especially the one in the eye of the Horse, the star Markab.

Being a representative of the wild energy of the spirit released from the cardinal cross of Matter, we believe that Pegasus also represents the activation of the royal steed of Merkabah, or the divine chariot. The Star Markab or Merkab can be just one of the clues that indicate the similarity



Pegasus or Pegazos.



of these two transcendental concepts. The activation of the Codes of Pegasus can greatly facilitate the opening of the higher channels, and therefore assisting with astral voyages.

But there is something even more magical that occurs when we connect Pegasus and the Muses. The word Muse means *the art of meditation*. Pegasus is the white horse that caused the fountain of the Muses to activate on Mount Helicon. Consider meditation and the spiral energy called Kundalini or the coiled serpent which rises up from the base of the spine to the Pineal Gland of the brain.

Helicon, the sacred mountain of the Muses means “spiral”. Helicon symbolizes the spiraling energy which rises in meditation (Kundalini) to bring us to the place of enlightenment. Consciousness spirals above and below to experience in different frequencies.

With time and after many adventures, Pegasus became the servant of the gods. There he was the mount of Eos to help bring the dawn, or was ridden by Apollo to bring the sun. Pegasus also served Zeus by bringing to him the thunder and lightning needed for the thunderbolts. For all his noble services, Pegasus was honored by a constellation in the autumn sky.

The Stellar Code™ – Pegasus is one of transcendent nature, which bridges the connections with the higher self, enabling us to receive Divine inspiration and to rise above the clutch of a life anchored in duality.

STELLAR CODE BETELGEUSE

“Then Jacob departed from Beersheba and went toward Haran...He came to a certain place and spent the night there, because the sun had set; (...)He had a dream, and behold, a ladder was set on the earth with its top reaching to heaven; and behold, the angels of God were ascending and descending on it.

*Then Jacob awoke from his sleep and said, “Surely the LORD is in this place, and I did not know it.”He was afraid and said, “How fearsome is this place! This is none other than the house of God, and this is the gate of heaven.” (...)He called the name of that place *Bethe*⁵¹; however, previously the name of the city had been *Luz*⁵².”*

~Genesis 28:10-19

Betelgeuse⁵³ is one of the larger stars that can be seen in the night sky. It is the brightest orange or “ruddy” star in Orion constellation and marks its western shoulder of the Hunter, or Giant. It is the ninth brightest star in the sky.

⁵¹ The Pre Aramaic word Beth (house) El (God): Gates of Heavens

⁵² LUZ means Light in Latin

⁵³ Betelgeuse is from Ib al Jauzah, the Armpit of the Central One; degenerated (from transcriptions of Arabic texts) into Bed Elgueze, Beit Algueze, Bet El-geuze, Beteigeeze, etc., down to the present title, which itself also is written Betelgeuse, Betelguese, Betelgueze, Betelgeux, etc. The Alfonsine Tables had Beldengenze, and the Italian astronomer Riccioli (1598-1671), Bectelgeuze and Bedalgeuze. The star also was designated by various Arabian authors as Al Mankib, the Shoulder; Al Dhira, the Arm; and Al Yad al Yamna', the Right Hand, —all of the Giant Orion; but English writer on globes John Chilmead (circa 1639) wrote “Ied Algeuze, — that is, Orion’s Hand.”



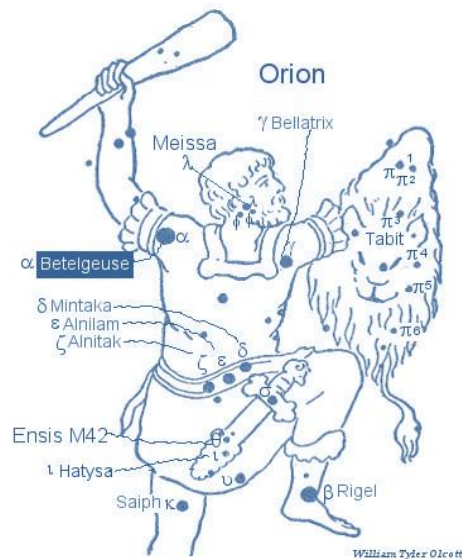
Orion is the master of the winter skies. He lords over the heavens from late fall to early spring, with his hunting dog Sirius trailing at his feet.

Vast streams of stars encompassing many light years all reside within an arm of the Milky Way Galaxy. To be exact, it is not an official arm like the Sagittarius or Perseus arm, but a smaller offshoot called a spur. In this case, the Orion Spur, because it juts out from the Orion Arm of the galaxy.

At the junction point where the Orion Spur meets with the larger galactic arm can be found one of the largest stars known in the galaxy, Betelgeuse.

Betelgeuse, the right arm of Orion, or "armpit" as the name suggests, glows with a dull red. Although labeled alpha Orionis, it is less bright than beta Orionis, or Rigel, in the opposite corner of the constellation to the southwest. Yet if slightly less bright, it is much larger, estimated at around 700 Suns. If one were to replace our Sun with Betelgeuse, its size would completely engulf the Earth and extend as far as Mars.

We are capable of understanding now the origin of the astrologer's idea that Betelgeuse heralds fortune, martial honors, wealth, and other kingly attributes. Betelgeuse alone comprises the fourth Nakshatra, the Hindu Moon Mansion, Ardra with Rudra, the storm-god as its presiding divinity. This is, perhaps, the origin of the long established stormy character of Orion.



Betelgeuse is one of the largest known Elder Stars and is approximately the combined size of the orbits of Mars and Jupiter around our sun. That is a diameter about 700 times the size of the Sun or 600 million miles.

It emits almost 7,500 times as much energy as the Sun. The combination of size and temperature tells astronomers that the star is of the classification called a red super giant. Red super giants are stars that are close to the end of their life. Within the next ten to hundred thousand years Betelgeuse will probably end its life in a supernova explosion.

Betelgeuse is a highly evolved star whose central hydrogen fuel supply has run out. As a result, the core has contracted into a hot dense state, and the outer portions swelled outward. We do not really know the star's condition at the moment, but the odds are that it is now in the process of fusing helium into carbon and oxygen in its core.

The core will then collapse, causing the star to blow up as a supernova, most likely leaving a compact neutron star about the size of a small town behind. If it were to explode today, it would become as bright as a gibbous Moon and would cast strong shadows on the ground and be seen easily in full daylight.

The name Betelgeuse (Alpha Orionis) is a corruption of the Arabic "yad al jauza," which means the "hand of al-jauza". Al-jauza refers to the ancient Arabs' "Central



One", a mysterious woman. For us, it marks the upper left hand corner of the figure of the Greek's ancient hunter, Orion. Bullinger, a biblical writer, called it "The Coming of the Branch". Betelgeuse is also known as the fiery star, the royal jewel, and the Lotus flower of the Cosmos; the name also suggests a magical glow with somber red tones.

Betelgeuse has no equal in sheer volume or area of influence and emanates a tremendous amount of magnetic force from its fiery heart, which beats regularly. Ageless Wisdom teaches that there are potent and influential forces flowing from this star. Its magnetic energy field can stimulate the heart centers and aid in the service of those who are spiritually attuned. This star is one of the more important Cosmic Star Gates.

The Tibetan teacher Dhjwal Khul has written volumes about the innumerable forces and emanations we encounter as we spin through space, and how Humanity and the entire solar system are influenced by conditioning "rays" that come from the stars. While he speaks that the Big Dipper registers a paramount effect on all forms of life here on Earth, he also mentioned the "potent forces" reaching us from the star Betelgeuse.

The Mayans, who also spoke of "stabbing beams that penetrate from the heavens", had an understanding of these realities with their amazing knowledge of wave harmonics and resonance theories.

Continuing with the premise that the human energy system is modeled after the great Stellar Beings described earlier through other Stellar Codes Modules, it is

implied that each of the chakras resonate and attune to a specific star field. For example, if you want to open your heart chakra, meditate on the Sun or Betelgeuse and be prepare to receive the vast energies that will emanate from these Stellar Beings. Open your heart and spirit to the qualities and attributions of Betelgeuse. As we identify this incredible Stellar Code with Cosmic Love, the guiding force of our universe, we can actively partake in bringing forward humanity's Divine Destiny.

The Stellar Code Betelgeuse represents the vibrational signature of the mature love that emanates from the elder souls of this galaxy towards those that are just starting the stellar ascension process.

The power of Betelgeuse has the tones of a maternal love that emanates from a higher Being that understand the growing pains of the expansion of consciousness, as she now reaches the limits of development in the present condition. It is one of the most powerful stargates on this Solar system, serving as a patient Chela and silent guide, or universal lighthouse, for those travelers that have also completed their pursuit of wisdom through the many strands of the cosmic web of life and are coming back home.



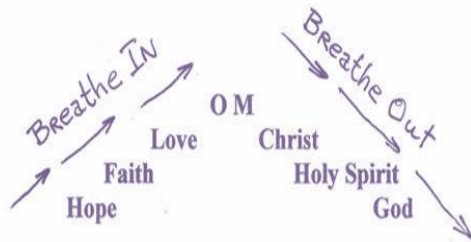
PART II: FOMALHAUT ATTUNEMENT AND INITIATION

THE BREATHS OF THE ELOHIM

The Two Breaths of the Elohim are truly One Breath that helps us become One with Our Creator.

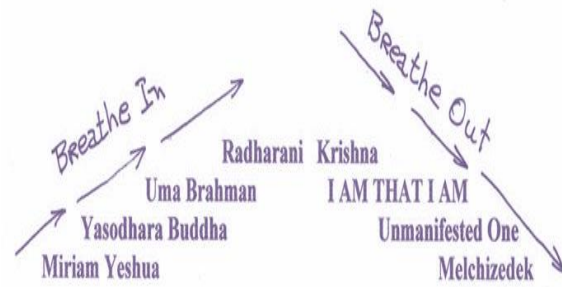
1ST BREATH

This breath of the Elohim is a very easy and gentle there is no need to breathe in a strenuous manner. As you breathe in and out say the names of the Seven Spirits silently. In time the practice of this breath will become very relaxed and easy.



2ND BREATH

This Elohim Breath of the Godhead is an also very easy and gentle. There is no need to breathe in a strenuous manner. You will notice that the Elohim Breath of the Godhead is a little deeper than the Breath of the Elohim, the first breath. As you breathe in and out say the names of the Seven Personalities of the Godhead silently. In time the practice of this breath will become very relaxed and easy.



3RD BREATH

Once you have learned both breaths separately you are ready for the third breath. The third breath is a little more difficult but miraculous. It is the combining of the two breaths into one breath. Begin by breathing the 2nd breath until it is smooth and comfortable then begin to add the names of the Seven Spirits into the Elohim Breath of the Godhead.

As you say the names of:

1. Miriam /Yeshua, also hear the name of Hope along with them.
2. Yasodhara/Buddha, also hear the name of Faith along with them.
3. Uma/Brahman, also hear the name of Love along with them.
4. Radharani/Krishna, also hear the name of OM along with them.
5. I Am That I Am, also hear the name of Christ along with them.
6. Unmanifested One, also hear the name of the Holy Spirit along with them.
7. Melchizedek ,also hear the name of God along with them.



The next step is to add the names of the Elohim. Silently say one name on each beat of your heart like this:

Breathe In:

- Hope- first beat
- Faith- second beat
- Love- third beat
- Om- fourth beat
- Christ- fifth beat
- Holy Spirit- sixth beat
- God- seventh beat

Breathe Out:

- Hope- first beat
- Faith- second beat
- Love- third beat
- Om- fourth beat
- Christ- fifth beat
- Holy Spirit- sixth beat
- God- seventh beat

The use of the Elohim Breath greatly increases the flow of Ki. With a little practice it becomes quite natural to breathe in this way in hands on healing, distant healing and passing of attunements. It is also a great breath for meditation and in ascending Ki energy and connecting with "The Highest Source." It is not about belief systems but about direct experience. Try for yourself and see.

Another step is to bring in the Kundalini Yoga influence. This is done by using the seven names with the seven chakras. Start with the base of the spine and proceed upward to the crown on the in breath and repeat this sequence from the base of the spine to the crown on the out breath. This is a gentle process that does not force the Kundalini current to open. It is a natural unfoldment.

It is highly recommended that a person working with the Elohim Breath become familiar with the teachings of the Masters.

PRAYER OF THE ELOHIM

*Our Mother and Father of Heaven Holy are
Your Names Your Kingdom come, Your
Will be done on earth as it is in Heaven
Give us this day our daily bread Forgive us
our trespasses as we forgive those who
trespass against us Lead us from
temptation and deliver us from illusion For
yours is the Kingdom, the Power and the
Glory forever,*

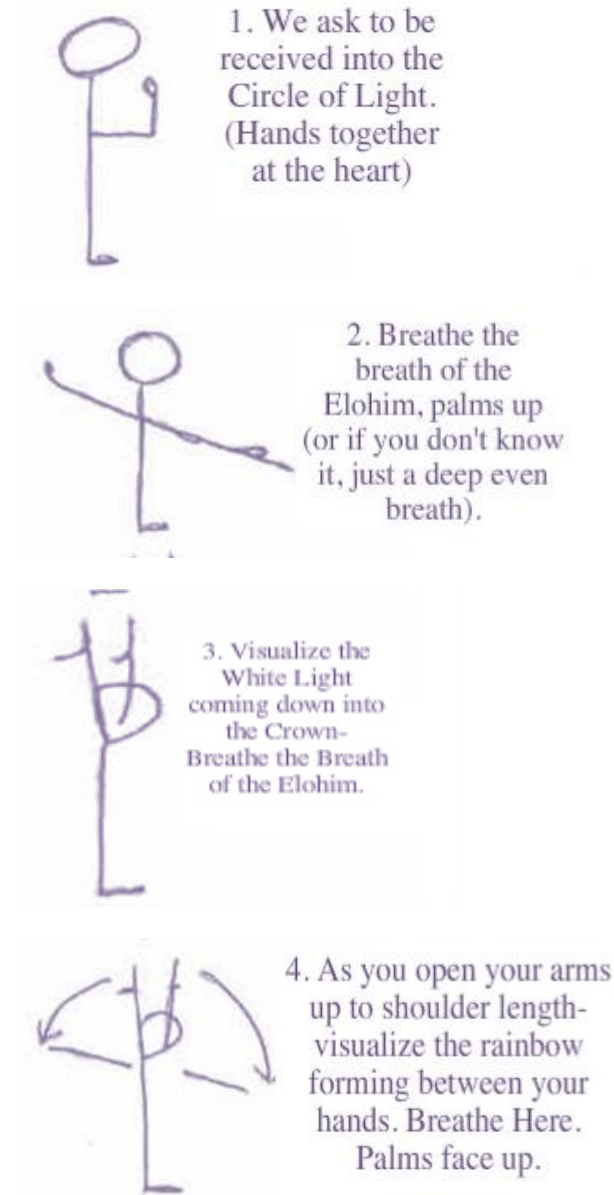
Amen

ATTUNEMENT PROCEDURE

The time spent in each position below is only a general guideline to give you an idea of the attunement. Use your intuition as to how long to spend in each position. This is an easy thing and just let it flow naturally. Don't let yourself concentrate on how long to stay in a position. That will distract you. Just feel your way through it. The whole attunement takes about an hour. It can last a little longer. It is a good idea to allow another hour of time to remain in a quiet space and experience the attunement energy, shifts in consciousness, adjustments



to your energy fields, etc. that may happen in this opening of the Heart and the Whole Subtle Anatomy.

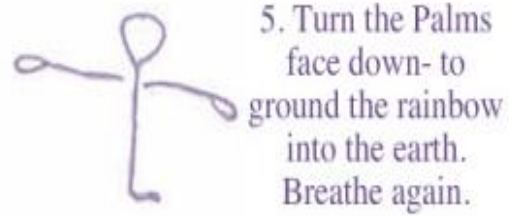


1. We ask to be received into the Circle of Light. (Hands together at the heart)

2. Breathe the breath of the Elohim, palms up (or if you don't know it, just a deep even breath).

3. Visualize the White Light coming down into the Crown- Breathe the Breath of the Elohim.

4. As you open your arms up to shoulder length- visualize the rainbow forming between your hands. Breathe Here. Palms face up.



5. Turn the Palms face down- to ground the rainbow into the earth. Breathe again.



6. Brings hands back to the heart and say "Namaste" and bow to that light that dwells within us all.

"Then the LORD God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being."

~Genesis 2.7

ASPIRANT PREPARATION

The Attunement and Initiation takes approximately an hour. It is important that the Aspirant be in a comfortable position and puts themselves in a receptive meditative state. A seated position is preferred.

The Aspirant then activates their Soul Star by reciting the Soul Mantra three times:

*I am the Monad,
I am the Soul,
I am Light Divine.
I am Love,
I am Will,
I am Fixed Design.*



ATTUNEMENT PROCESS

Choose a quiet place for the attunement.

The attunement process need not be memorized but can be read aloud.

The Student should be seated in a comfortable chair.

Read the Following Prayer out loud.

AFFIRMATION OF THE HIGHER SELF *Unmanifested ONE,*

*We ask to be channels of Your Presence
Your Guidance,*

Your Blessing, Your Anointing,

*Your Love in this healing and attunement
process,*

My sincere gratitude,

Amen.

PREPARATION

*Our One Creator, through our Faith in You,
We pray that you open and establish an
Attunement Link with us.*

Om Shanti Ohm

(Pause for the link to be established)

*Our One Creator, We thank you for
opening and establishing the Attunement
Link with us. We pray that you also
establish a permanent connection
with Students Name.*

*Our One Creator, through our Faith in You,
We pray that you give to Students Name,
Spica Code, the First Degree Attunement of
Stellar Code at this time.*

Om Shanti Ohm

Spend some time in meditation, with your eyes closed. At this point, the three Empowerments of the Fomalhaut Attunement – Fomalhaut, Pegasus and Betelgeuse, will take place. In your mind's eye, visualize the Fomalhaut Symbol, or Syllable⁵⁴, being drawn with letters of golden liquid Light. While doing this, with your right hand, trace the Symbol in front of you. Slowly and deliberately do this three times. Visualize the Symbol becoming a Thread connecting your Heart Chakra to your Higher Self, your I AM Presence. Feel the energetic vibration being received through your Heart Chakra and radiating out through your body, traveling up and down your Central Channel. Take a few minutes to receive and experience the Empowerment Energy into your whole being, raising your energetic signature.

Repeat this with the Pegasus and Betelgeuse Empowerments.

When the three threads are finished, visualize the Threads braiding themselves into a single Strand. When they are braided, fuse them together into a undivided whole by using the symbol of the Harmonizer. Feel the magnified flow of Light and Love for you from your I AM Presence increase. Feel the Light safely filling you as water in a vessel and when you can hold no more, feel the Light gently being absorbed into every fiber of your Being.

⁵⁴ In writing, a syllable is a written representation of a sequence of sounds, or audible vibrations. In the same way, the Symbols of the Empowerments are also Syllables, as they are representative of energetic vibratory signatures.



When you are ready, open your eyes and come back to yourself. Complete the process with the following Prayer of Gratitude

Our One Creator, I acknowledge and we thank you for the full attunement and activation of Spica Code, the chord of the Stellar Code in and through my whole being.

We thank you for establishing this permanent attunement and connection with and through you.

Om Shanti Ohm

I AM grateful for your continual Presence, Guidance, Blessing, Anointing and Love in this healing and attunement process.

Our One Creator, I AM sincerely Thankful for your continual Healing, Peace, Abundance, Joy, Love and Happiness and enlightenment in my Life.

I AM fully aware and receptive to receive the attunement offered by the Teachers of Humanity Healing at this time.

Fiat Lux,

Om Shanti Ohm

THE INITIATION

After the Teacher has made the initial Bridge and the Student the resultant conduit (the Empowerment) for the three energetic frequencies of the Fomalhaut Stellar Code™ and they have woven together into the Fomalhaut Strand. The Teacher will Seal the Strand to prevent unraveling and the resultant disconnection. The Teacher does this by impressing upon the Strand the esoteric Symbols of the Star

and its corresponding Angel. The braiding and Sealing process is also aided by the Harmonizing Symbol.

The techniques and symbols for this are part of the Teaching Certification for the Stellar Codes™, which is available to all that complete the Stellar Code™ Matrix Mastery program.

USING THE SYMBOLS

The Stellar Code™ Attunements and Initiation are done through the realignment and rewiring of the basic energetic points in our subtle bodies. A syllable (Greek: συλλαβή) is a unit of organization for a sequence of speech sounds, audible vibrations of a wave frequency. The Stellar Code™ is a collection of these syllables that carry the tie between humans and the “Music of the Spheres⁵⁵”. They are more than a symbol; they are the pictographic representation of the Vibration of each one of the Stars.

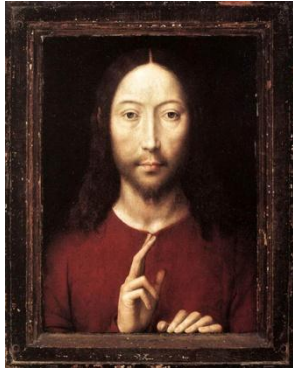


The Symbols may be drawn, calligraphy style, or visualized in their entirety, but they are most effective when traced in the air. They are a visual representation of a Blessing, or Benediction. When this is done, they should be traced with the first two fingers of the right hand. This position will feel intuitively correct as it has

⁵⁵ An ancient Greek (Pythagorean) doctrine postulating harmonious relationships among the planets governed by their proportionate speeds of revolution and their fixed distance from the earth.



been the hand position for Benedictions in various Faiths throughout history.



FOMALHAUT ATTUNEMENT SYMBOLS

Stellar Code™ - Fomalhaut This is actually a hybrid Strand with elements in both the Lightwarrior and Lightmaker Cords. Through the Empowerments of this Stellar Code™, the Gifts of the Spirit that you have received can be woven into your integral being and begin to work in syntony with each other

FOMALHAUT

Fomal provides the path to acquire the power of spoken words and attainment of right speech; and the power of Blessing, or Darshan, through the exercise of Purity of Intention.

PEGASUS

The Stellar Code™ – Pegasus is one of transcendent nature, which bridges the connections with the higher self, enabling us to receive Divine inspiration and to rise above the clutch of a life anchored in duality.

BETELGEUSE

The Stellar Code Betelgeuse represents the vibrational signature of the mature love that

emanates from the elder souls of this galaxy towards those that are just starting the stellar ascension process. As we identify this incredible Stellar Code with Cosmic Love, the guiding force of our universe, we can actively partake in bringing forward humanity's Divine Destiny.

HARMONIZING SYMBOL

The symbol of the Harmonizer brings the possibility of inclusion of all elements of reality. The Energy of the Cosmic Mother/Earthly Mother, passive energy merges with the energy of the Father, an active one to bring to fruition the energy of manifestation. This symbol is a representation of the diverse energetic frequencies of the Universe expressed in the 3D matrix. It is a useful symbol for closing ceremonies, rituals and healing processes, as a seal, where not only cleansing power can be perceived, but the certainty that the divine will be done and the Universe will provide the sequential follow up for the action.

It is also an important enabler for the weaving of the Threads of the different Empowerments into the single Strand of each Stellar Code™.



FOMALHAUT EMPOWERMENT SYMBOL

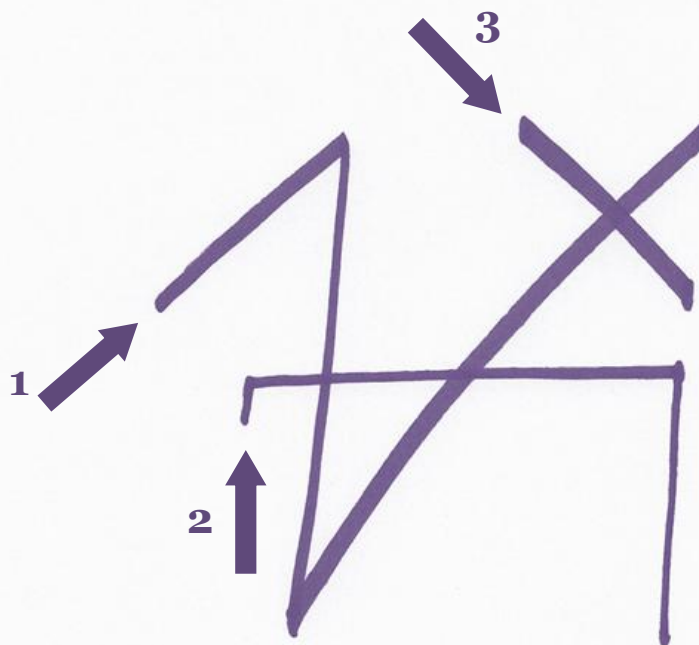


Note:

The circle is drawn from
the center out in a
clockwise fashion

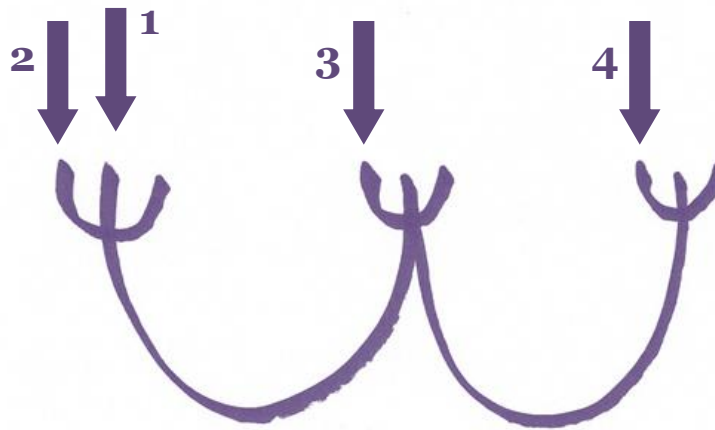


PEGASUS EMPOWERMENT SYMBOL





BETELGEUSE EMPOWERMENT SYMBOL





HARMONIZING SYMBOL

