



Earth Star Inttunement

Clearing of the
Incarnation Point Vortex

Introduction

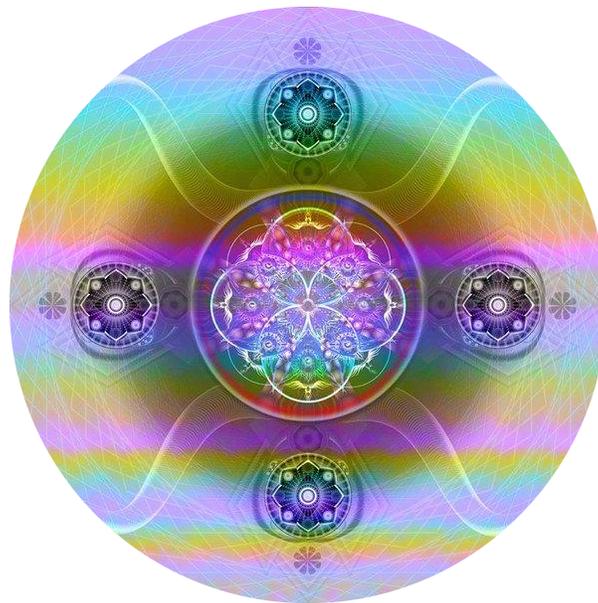
“The Code of the Samurai stated that every decision must be made within the space of seven breaths”

The Earthstar Chakra holds all of our ancestral and race histories, all of our current incarnation's family secrets, cycles as well as all generational issues. It is also the seal keeper of all past life incarnations and karmic lessons. It is believed to coordinate the "grounding cord" for one's Lightbody that leads to the center of the earth and, when functioning properly in coordination with the first chakra, the Muladhara chakra), allows one to be grounded and centered.

The first level of attunement of the Earthstar¹ is done in one of its vortex points called the *Incarnational point*. This point is located only a few inches below the feet and is the area responsible for the keeping of practical implementation of the soul's journey for the current lifetime.

The process of the development of the complete Earth Star chakra is a process of blossoming that develops itself in process vis à vis with the entirety of your spirituality. Usually the advancement of Earth Star chakra is intimately associated with the development of the Soul Star.

The incarnational point is the translator of our preterit memories, while being an interdimensional portal that allows us to have access to the necessary energy to live our life experiences today. It functions in unison along with the other coordinated points of the Earth Star; and, as a system, they function as organs through which the ancestral information and earthly energies enter your energetic matrix of subtle bodies. These energies are then absorbed and retransmitted through your entire physical body through the endocrine glandular system.



When clearing out and balancing the Earthstar, it is possible not only to heal yourself, but also all of the people in your ancestry, current family and generation. Time is not unidirectional, and therefore Light and healing can travel back in time and release old images, impressions, thought forms and samskaras.

All karmic lessons are stored in the Earthstar and all of the past life issues. Clearing this chakra will allow you to transcend karma and heal all past life blocks. You will no longer be bound by karmic law and forced to relive situations again and again. Karma will end.

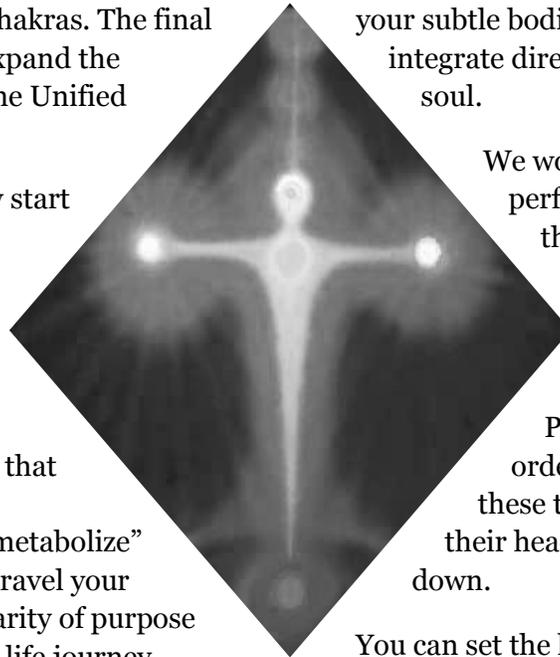
It is important to develop an intimate relationship with your Transpersonal chakras, being then sub-personal or not. The reason being is that the real key of enlightenment resides in the expansion and integration of these Chakras into our

¹ or Earth Star



original system of seven chakras. The final objective is to grow and expand the regular system to create the Unified Chakra Matrix.

Objectively, we will slowly start the Inttunement process through the implementation of the spiritual exercise of the Seven Breaths. It is important, in order to develop the Earth chakra, that you have all your chakras prepared to receive and “metabolize” the information that will travel your energy matrix, to bring clarity of purpose and soul guidance to your life journey.



your subtle bodies to receive, retain and integrate directly the energies of your soul.

We would prefer that you perform the initial stages of this process sitting down, because, you are going to be activating some of the vital glands of your system such as your Pineal and Pituitary. In order to properly activate these two glands, one has to have their head up, instead of lying down.

You can set the higher frequency of an environment through chanting, listening to meditative music, and breathing calmly. If you prefer, you may use any personal method to induce the shift of your brain waves. For the sake of a suggestive procedure, we would recommend the technique below.

Before the activation of your Soul Star, chant the words:

*Kadoish Kadoish Kadoish, Adonai
Tsebayoth*

Preferentially, we would recommend it to be done 12 times. This way you amp up the frequencies of all your chakra system, the subtle bodies and the 2 strands of DNA, creating an aura of protection and Light that will isolate any outside energy to access the energies of the ritual.

Breathe rhythmically performing the 4x4 breathing method: inhaling for 4 seconds, holding for 4 seconds, exhaling for 4 seconds, and holding for 4 seconds. This is

The Activation of the Soul Star

Any process leading to the stimulus of the transpersonal chakras will pass necessarily through the activation of the Soul Star; since this is a vital point of contact with the Higher Self and where all your personal guidance and all of the “outside” energies should be managed from now on.

To activate the Soul Star, visualize with your mind’s eye a small sun above the top of your head, more or less eight inches above your crown chakra. Usually this small sun, when activated, will expand rays that are very similar to the bronze rays we currently know in our earth experience. But there is no limitation for the soul to expand and express itself through the various “frequencies”, rays and shades of light. Before you start, choose a quiet place where you will need at least 15 minutes to prepare



not a contest of performance, so please do not hurry up this phase. Just empty your mind of immediate concerns and breathe to a point where you gather enough confidence to know that through your breathings, you did create a point of stillness in the center of your heart.

You will know when you reach this point. Start reciting in a small voice the following mantra. It is important to recite it, because you will need the sound vibration of the words to awaken your Soul Star.

Recite three times:

I am the Monad

I am the Soul,

I am Light Divine,

I am Love,

I am Will,

I am Fixed Design.

As you recite these words, try to keep your eyes closed but with your internal vision directly to the place between your eyebrows. With practice and time, you will be able to physically feel the side effects of this activation, such as a heating of your crown chakra, the sensation of something in your scalp being pushed, or “goose bumps²” on the neck and head areas.

² The reflex of producing goose bumps is known as horripilation, piloerection, or the pilomotor reflex.



The Purple Sun

Again, do not hurry the process. Try to maintain an image of the Violet Ray on your 3rd eye, or if you feel it might be easier, transform the bronze metallic light of your Soul Star into a burning purifying flame of the Violet Flame - a purple sun.

The Violet Ray is one of the higher ceremonial vibrational rays we can work with the certainty of safety and efficiency.

When imagining the Purple Sun above your head, try to bring down its rays through your central channel, through each chakra slowly, imagining as you do that you are receiving directly from the Council of your Soul all the necessary tools and upgrades to fully receive this cleansing Inttunement.

Stop the journey of the Rays of the Purple Sun when you reach your heart. Once it reaches your heart, give it the mental command to expand and to envelop your physical body. Take the time to feel the warmth and vibration that pertains to this



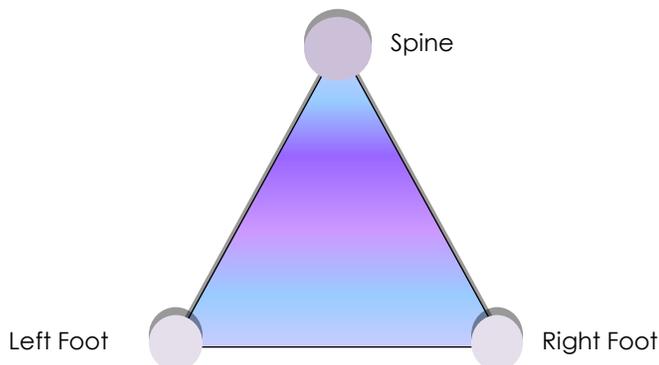
Ray. Breathe deeply, until you feel all your cells receiving the purification, cleansing and removal of all the genetic material, karmic or not karmic, that no longer serves you in your new template. Try to breathe in calmly, but do a medium forcing exhale of it. Repeat the same procedure now focusing on your ethereal, emotional and mental bodies.

This technique is called “The Seven Breaths” and should be performed uniformly through all the seven energy centers of your body. If you prefer just to expand this energy, you can imagine yourself expanding it to a 5 feet diameter area around your physical body.

The Incarnational Triangle

Breathe slowly, again using the 4x4 breathing pattern.

(You may feel lightheaded at this point. Make sure you are calm, centered and grounded to continue this Inttunement.



The next step is to project in your mind’s eyes, a triangle, using your two feet as two point’s reference and an imaginary point achieved by the projection of your spine, as of it would extend itself down wards towards the ground. This is your immediate grounding earth. This is the base from

where you will access your Incarnational Point and bring all the stored data from previous lives and ancestral registry.

Now, slowly try to bring the entire Soul Star down, from its normal position of 6-8 inches above the head downwards, in a spiral clockwise manner through your central channel.

Continue in the downward trajectory, while your purple Soul Star travels through all your chakras from the top, Seventh or Crown, to the bottom, First, Root or Muladhara.

Once you arrive at the First chakra, make sure that you are still comfortable, since every time your Soul Star, the main tool of your soul, is brought down for the first few times of your volition, you may feel a bit strange. You may feel like lying down, which is ok.

You will need, nevertheless, to imagine a replica of yourself standing up, in order to continue doing this Inttunement. Again, it is necessary to keep the energy activated by the pineal/pituitary sources straight up.

The next step is to try to send downwards from your first chakra the energy of your Soul Star, the Violet Ray, towards your Incarnational Triangle. It is imperative that in this first work with your Earth Star chakra that you do not try to create variations, nor mentally move the positioning of your grounding triangle. Allow your Soul through your Soul Star and the Violet Ray to purify, transform transmute and alchemize all the holographic residues that are in need of quantum assistance.



You may want to graduate the intensity in which the Violet Ray is directed towards your grounding triangle. If you know that you have a heavy family history, with addictions or tragic events, you would benefit from repeating this exercise on more than one occasion.

The main objective of this Inttunement exercise is to open consciously the pathways of Chi towards your incarnational point. This way your Soul Star will be able to actively interact with your Earth Star, through your grounding triangle, opening greatly the possibilities of manifesting your life purpose, Divine mission and your co-creator abilities.

You may choose to only breathe, send a different type of energy and ray in conjunction with the violet ray, such as a pink ray of acceptance, or mother of pearl ray of ascension, or even the platinum ray for uniform energy upgrade. This is a very intimate and powerful moment. The importance of this moment and the consequences of this exercise may reveal itself through dreams, visions, and intuition. Not all of them may be of a pleasant nature, because these are records of life history, the anxieties, dreams, and failures of ancestral generations of yours. But the rule is, in order to be Healed, the wound has to be known. So, if you have bad dreams or impressions, do not be afraid of them, just accept them, bless them and let them go.

If you feel that they may have gotten out of control, you should use the first chant that we recommended in the beginning of this exercise associated with the Violet Flame, stating:

I am purified by the Violet Flame;

I am an image of God's pure desires.

Once it is done, and your Soul Star concludes your exercise, slowly allow it to go back to its original point above your crown chakra in the upwards clockwise motion, again breathing the "Seven Breaths".

During the upwards journey, contract your HUI-YIN point, which is the medium point in your perineum. This will facilitate the circulation of the chi through all the circulatory systems of your physical and extra-physical bodies. Once your Soul Star is again at the top of your head, be grateful for the soul service from your Family of Light. Close this meditation by chanting three times:

*Kadoish Kadoish Kadoish, Adonai
Tsebayoth*

Seal this Intunement with Om , Shanti
AUM!



Using the Hui-Yin Point

